UNDERWOOD PUBLIC SCHOOL
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UNDERWOOD, MN 56586
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UNDERWOOD COMMUNITY NEWSLETTER

Newsletter is published by Underwood School District 550

www.underwood.k12.mn.us 218-826-6101

BACK TO SCHOOL 2026

Vol. 2026 No. 1

Superintendent's News

Mr. Jeff Wilson

Dear Underwood Families and Community Members,

As we prepare to begin another school year, I want to welcome our students, families, staff and community members back to Underwood Public School. There is always a renewed sense of energy as students return to the building and we are excited about the opportunities ahead for the 2026–27 school year. Underwood has a long and proud history of providing a strong education in a small-school environment. Our students benefit from dedicated staff, strong relationships and opportunities to participate and succeed in academics, activities, athletics and the arts. Maintaining those opportunities remains one of our highest priorities.

As we begin this school year, our district is also facing an important financial challenge. Over the past several years, declining enrollment and rising costs have placed increasing pressure on our operating budget. Last year, the district addressed a shortfall of more than $642,000 through reductions to staff and programming. We worked hard to make those decisions thoughtfully while protecting our classrooms and programs as much as possible. Without additional revenue, continued reductions will be necessary and will become increasingly difficult to make without impacting staffing, class sizes, programs and the opportunities available to our students.

For that reason, the Underwood School Board has placed an operating referendum before voters this November. Based on current estimates, approximately 45% of the referendum revenue would be funded through state equalization aid, with the remaining portion funded locally.

Continued on page 2

SCHOOL BOARD

CHRIS WALTZ, Chair 651-434-9282 cwaltz@underwood.k12.mn.us
REBEKAH MEDER, Vice-Chair 218-589-7550 rmeder@underwood.k12.mn.us
JENNIFER ALBJERG, Clerk 218-731-2429 jalbjerg@underwood.k12.mn.us
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ADAM BAKER, Director 317-748-2640 abaker@underwood.k12.mn.us
KYLE SEM, Director 218-731-2719 ksem@underwood.k12.mn.us

OPEN HOUSE AND SCHOOL START SCHEDULE

August 26th is 7-12 Open House from 5-7pm

Scheduled Back to School Conferences for K-6 students will be held on August 26th.

K-6 parents/guardians should schedule conferences using the Conference Sign Up under the For Parents tab on our school website.

First day of school for all K-12 students will be on Monday, August 31st.

SCHOOL ADMINISTRATION

JEFF WILSON, Superintendent
jwilson@underwood.k12.mn.us

CHAD GILBERTSON, K-12 Principal
cgilbertson@underwood.k12.mn.us

BRIAN HOVLAND, Activities Director, Dean of Students, Community Ed Director
bhovland@underwood.k12.mn.us

SUPERINTENDENT'S NEWS

Continued from Page 1

If approved, the additional funding would help stabilize the district's finances and maintain manageable class sizes, strong academic and student programs, experienced teachers and support staff, and safe, well-maintained facilities.

We recognize that asking taxpayers for additional support is a significant decision. Over the coming weeks and months, we will continue to share information about why the district is seeking additional funding, the tax impact of the proposal and what the referendum would mean for the future of Underwood Public School. Our goal is to make sure residents have the facts they need to make an informed decision when they vote in November.

As we begin another school year, I want to thank our families, staff and community for the continued support you provide our students. Underwood is a special place because of the people who invest their time, energy and care into our school. We look forward to welcoming our Rockets back and having another successful year together.

THE SCHOOL DAY

This year our school day begins at **8:20am** with doors opening at 7:50am. The school buses are scheduled to arrive at the school between 7:55 and 8:05am. It is asked of parents/guardians not to drop off their children to the school prior to 7:50am due to the fact there will be no supervision for the students until that time. It is understood there will be occasions where the students must arrive a little early. If that is the case, students should go to the commons area and remain there until breakfast is served.

The school day ends at **3:03 pm**. At that time all students should leave the building and go to their homes unless they are under direct supervision by a school employee. It is also requested that on the nights of evening activities that the students go home after school and then return for the event. The cooperation of the parents is greatly appreciated. As always, call the school if you have questions, concerns, comments or suggestions.

UNDERWOOD SCHOOL PICTURE DAY

TUESDAY, SEPTEMBER 22, 2026.

RETAKES ARE NOVEMBER 17th.

UNDERWOOD EVENTS AND ACTIVITIES CALENDARS

There are many events and activities happening at Underwood School on a daily basis. The best way to keep up with them is on our Underwood website, which is: *www.underwood.k12.mn.us*

On our website the bottom of the homepage lists our events for the week, and by clicking the "See All Events" it will appear in calendar form.

There is an option to watch indoor activities in our large gym thru T1Sports.com. It can be found at the top of our school webpage at the "Live Event Links" tab. Clicking that tab will bring you directly to the current event. Some past events may also be viewed. Give it a try!

Check our Underwood School Website

The Underwood school website has information such as sports schedules, teacher information, activities, and food service menus. You can also read the daily announcements, pay for student fees on School Pay, look for community ed programs, and also check your student's attendance and grades.

The web address is
www.underwood.k12.mn.us

FROM THE PRINCIPAL'S DESK

Chad Gilbertson, Principal

A New Year, A Fresh Start — Welcome Back, Rockets!

Dear Underwood School Families and Community,

There's something special about the start of a new school year — new classrooms, new faces, and new opportunities ahead. Our staff has spent the summer preparing, and we couldn't be more ready to welcome your students back to Underwood School!

Mark Your Calendar

Wednesday, August 26 is a big day for us! Here's how it breaks down by grade level:

- **Grades 7–12 Open House, 5:00–7:00 p.m.** — Stop by to meet teachers, walk through schedules, and get comfortable before day one.
- **New to the High School? Join us at 5:30 p.m. in the big gym.** This session is designed for our incoming 7th graders and any family new to Underwood High School — a quick, friendly orientation to help you navigate the first weeks with confidence.
- **Elementary Back-to-School Conferences** run throughout the day, with morning, mid-day, and evening options so families can find a time that works. Use the Conference Sign-Up link on our website to reserve your spot.

The first day of school for all students is Monday, August 31. We can't wait to see everyone back in the halls!

Staying Connected This Year

Communication is a two-way street, and we want to make it easy. Keep an eye on the school website, email, and social media for updates throughout the year. Before the school year starts, take a few minutes to log into ParentVUE to review and confirm your child's information. Our office staff is always happy to help if you run into any questions.

Setting the Tone Together

A positive, respectful learning environment starts with all of us working together. We ask that students follow the expectations outlined in the student handbook — it helps every classroom run smoothly and every student feel supported.

Attendance & Keeping Our Building Safe

Showing up matters. If your child will be absent, a quick call to the office before 8:20 a.m. helps us keep accurate records. For everyone's safety, our doors stay locked throughout the day — please use the main entrance at Door B and check in at the office when visiting.

Here's to a Great Year Ahead

We're proud of this school and this community, and we're honored to partner with you in your child's education. Thank you for trusting us with another year of learning, growth, and connection. Let's make 2026–2027 a great one!

Sincerely,
Chad Gilbertson, Principal

HANDBOOKS ARE ONLINE

The Underwood Student Handbooks can be found online at the school's website. If you wish to receive a hard copy of the handbook, please contact Mr. Gilbertson and one will be given to your child.



The lost and found bin is in the commons area near the vending machines, and also the end of the elementary hallway. Please remind your students to check for their missing items frequently, as items will only be kept for two weeks. After that time the lost and found will be donated.

Please label items and clothing if possible, it helps to return items to the owners. Winter clothing is the most common lost and found items, so labeling is very helpful.

FOOD SERVICE NEWS



We are so excited to welcome everyone back for another great school year!

The kitchen team has been hard at work preparing fresh, balanced, and delicious meals to fuel learning, play, and growth. Whether you're a returning student or joining us for the first time, we're here to make sure every plate is filled with care, nutrition, and a smile. We're trying to incorporate more from scratch meals for a more homestyle experience. We do have to follow school nutrition standards with added sugars (so far this only includes cereal, yogurt & milk) and sodium which is: K-5 1110 mg, gr 6-8 1225mg & gr 9-12 1280mg for lunch. This is an average over a week, not per day.
We would also like to remind Parents and students that Breakfast is offered every day – ALL are welcome.
First servings for breakfast and lunch are free again this year for enrolled students. Second servings are the full rate of $5.30 for lunch, and extra milk is .45. Adult lunches are $5.30. Adult breakfast is $2.55.

What Makes a Reimbursable Meal?
For a school lunch to count as a reimbursable meal under the National School Lunch Program, it must include the five required components: fruit, vegetable, grain, meat or meat alternate, and fluid milk. Under Offer Versus Serve (the way most schools serve meals), students must take at least three of these five components, and one of them must be at least 1/2 cup of fruit and/or vegetable. This ensures every reimbursable meal is balanced, nutritious, and eligible for federal reimbursement. If a student is requesting a second meal there are no requirements- they can have only what they want.

Keeping Milk Safe:
Milk is a key part of a reimbursable school meal, and we take its quality seriously. All milk is kept refrigerated at safe temperatures from delivery through service, rotated using the "first in, first out" method, and checked regularly. Any leaking or compromised cartons are removed immediately. If you ever have a concern about a milk carton, please speak with cafeteria staff so we can replace it right away.

Our goal is simple: happy, healthy, well-fed students ready to take on the day. We can't wait to serve you.

If you have any concerns regarding your child's diet, please call 218-826-6101 ext. 155 to speak to Dawn Hess, or send an email to: *dhess@underwood.k12.mn.us*.

PRESCHOOL

You can still enroll your 3 or 4 year old in preschool at Underwood!
3 year old preschool classes have two options:
Monday/Thursday full days only OR Tuesday/Friday full days and half day option.
Children must be three by September 1st.
4 year old preschool classes have the following option:
Monday/Thursday every other Wednesday full days.
Children must be four by September 1st.
Please note children must be potty trained.

Scholarships and reduced fees are available for those who qualify so that all can attend. We are very proud of our preschool program and how it gives kids a great start on their education. We are a 4 Star Parent Aware program with an Early learning corps embedded into our program. Registration and information forms are available on our web page or contact Kali Peterson in our preschool area at *kpeterson@underwood.k12.mn.us* for more information.

Underwood School District Homeless Student Services Information

As part of the McKinney Vento Homeless Assistance Act (42U.S.C.11431 et seq.) the Underwood School understands its responsibility to educate homeless students and has a plan in place to provide support to any students identified as homeless. The plan includes how decisions are made on intake/eligibility, school placement, and transportation arrangements. Students and their families will also receive guidance and assistance with food service, physical, academic and state reporting needs.
For more information on this program, please contact Chad Gilbertson, School Principal at cgilbertson@underwood.k12.mn.us



Do We Have Everyone?

Are you new to the district? Have you moved? Do you have an addition to your family? If you have children Birth to Kindergarten in your household, be sure that all your children are included in our school census.

Submit the following information via email to Roxanne Thompson: *rthompson@underwood.k12.mn.us* or by calling the school to verify that your babies, toddlers & preschoolers are included on the school district census. This information helps our district plan for the future and identify children who are eligible for early childhood screening, preschool, and kindergarten.

* Child's First Name and Last Name
* Child's Date of Birth
* Male or Female
* Parent(s) / Guardians(s)
* Phone number
* Address
* Email Address

K-12 Tax Benefit Information for Families

As you prepare for the upcoming school year, the Minnesota Department of Revenue would like to inform families about the Minnesota K-12 Education Credit and Subtraction (https://www.revenue.state.mn.us/k-12-education-subtraction-and-credit). Many families do not know about, or take advantage of, these valuable tax benefits. These benefits can reduce parents' taxes and increase their refund, but only if they save receipts for their qualifying education expenses. Most Minnesota parents qualify for the K-12 Education Subtraction, which reduces their taxable income. Parents may also qualify for the K-12 Education Credit under certain income limits. The credit can refund up to 75% of parents' costs - even if they do not owe tax.

Most expenses for educational instruction or materials qualify, including: 1) Paper, pens and notebooks; 2) Textbooks; 3) Rental or purchases of educational equipment, including musical instruments; 4) Computer hardware and educational software (up to $200 for the subtraction and credit); and 5) After-school tutoring and educational summer camps taught by a qualified instructor.

Check the above listed website for more information on these educational tax benefits.

COMMUNITY FLU SHOT CLINIC

Otter Tail Public Health will be offering a flu shot clinic at Underwood School for our students and community sometime in October. All ages are welcome to attend. Students in 4th grade and lower should be accompanied by a parent/ guardian. Please bring your insurance card.

Watch for the date and time to be announced.

Find us on: facebook

FACEBOOK—ANOTHER FORM OF SCHOOL COMMUNICATION

If you are a Facebook user, please 'like' the *Underwood Public School* page.

Fitness center information, music events, sports, and more will be posted on this page. This is one more way to keep the community up-to-date with our school happenings.

STUDENT WELLNESS

In our parent link on the school web page, we have great ideas for healthy snacks to bring to school, healthy celebrations, and ways to encourage your children to get plenty of exercise. Teach children the importance of physical activity from a young age and they will have the tools to remain healthy throughout their lives.

Our district wellness policy is posted on the school website under board policies.

Please be aware that Underwood School is a Peanut and Tree-Nut Allergy Aware School. Please do not bring peanuts, tree-nuts in the school building.



UNDERWOOD YOUTH FOOTBALL

The Underwood Youth Football program is now starting team practices. Games are played with other towns through the fall. To find out more information, check out their Facebook page, titled Underwood Youth Football. There is a fee to participate, and it includes the equipment and uniform.



SAVING TO SUPPORT YOUR SCHOOL

Please save your grocery receipts from Service Food in Fergus Falls and turn them in to the school office. Service Food will donate 1% of total sales to our school! We have received over $56,000 since this program started. Receipts must not be more than one year old.

*Please note we no longer accept Campbell's Soup labels or Box Tops for Education.

PARENT TEACHER CONFERENCES

The 2026 Fall Conferences are scheduled for the week of November 2nd.

Parents of elementary students will be notified of their scheduled conference time sign-up with their student's teacher.

Parents of grades 7-12 are welcome at any time that evening to visit with their student's teachers.

ATHLETICS NEWS

BOUND

Underwood School is among the many schools in Minnesota switching to an all-in-one system called Bound for sports event ticket sales, schedules and activity registration.

Fans who will attend games will now purchase digital tickets through Bound for all our home athletic events. Tickets may be purchased ahead of time on the Bound app, or at the door with a card. **No cash will be accepted for tickets.**

Ticket prices this year are Adults $7, Grades K-12 $5. Age 65 and older and military and veterans are free. Season passes will be sold online on the Bound app for Adults ($80) and Students ($50).

Before the school year begins, we encourage families to explore Bound and become familiar with the platform.

Visit gobound.com/mn and search for Underwood school to reach our home page.

Please contact Brian Hovland, Athletic Director, with any questions. He may be reached at bhovland@underwood.k12.mn.us

UNDERWOOD COMMUNITY EDUCATION

Brian Hovland, Director

218-826-6101 ext 102

bhovland@underwood.k12.mn.us

SENIOR DEFENSIVE DRIVING

Persons ages 55 and over who complete this course qualify for a ten percent discount on their auto insurance premiums for three years. First time participants must complete the 8 hour class. A refresher course is required every three years for the insurance discount. The class will be held in the science lab and is taught by Sheri Siira. You will learn information to keep up with the new technology and new rules on the road. Please register.

Refresher classes: Fee: $25

Wednesday, September 30th from 5-9pm

(We are not offering the 8 hr class because of low enrollment the last few years)

CHILD CARE AT UNDERWOOD SCHOOL

Your child can be in an enriching, fun and learning environment after school. Plan to enroll your son or daughter for this year's program. Call for the enrollment forms, or email Brian Hovland.

Our program supervisors plan fun activities as well as playground time and nutritious snacks. The hours are 3-5pm Monday thru Friday during the school year. Children will meet on the stage after school. Our cost is $8/day with a one-time registration of $20. Be sure to enroll as we need to know who will attend each day. Enrollment may be limited this year.



COMMUNITY FITNESS CENTER

The school year hours for the community use of the fitness center are from 530am to 7am and from 5:30pm to 10pm Monday thru Friday on school days only.

You must be trained and registered to be a user of the facility to be given access.

DANCE FITNESS CLASSES

Join the dance party! This fun fitness class is great for all ages and will give you a great cardio workout. Be sure to wear comfortable shoes, lightweight clothing and bring a water bottle.

Monday from 5:30 p.m.-6:30 p.m. in gym

Saturday from 7:30 a.m.-8:30 a.m. in gym (resumes 9/6/25)

Fee for each class is $5/class or $15/month

Instructors: Missy Hexum & Sharon Heifort

WEIGHTS WEDNESDAYS

Strength. Confidence. Community.

This empowering class is designed specifically for women who want to build strength, improve muscle tone, and boost metabolism in a supportive and energizing environment. Using a mix of dumbbells, kettlebells, and targeted core exercises, each session focuses on full-body strength training with an emphasis on form, function, and fun.

Expect a dynamic blend of upper and lower body circuits, kettlebell flows, and functional core training to sculpt lean muscle, improve posture, and enhance everyday movement. Modifications are provided for all fitness levels, so whether you're new to lifting or ready to level up, you'll feel strong, challenged, and unstoppable.

What to bring: Water bottle, towel, and a positive attitude. We'll handle the rest.

Wednesday from 5:30 p.m.-6:30 p.m. in the small gym (during fall & winter)

Fee for each class is $5/class or $15/month

Instructors: Alternating

FIREARMS SAFETY COURSE

The emphasis of this class is all about safety. Youth will learn about how to keep themselves and others safe around firearms.

The DNR has modified firearms safety certification requirements by allowing students to complete an online classroom course and a one day field course. Find the links on the MN DNR website under the education and safety link or go to: www.huntercourse.com. This must be completed before the field day and it takes several days to complete.

You must have this certification to participate in the spring Trap Shooting League.



HEALTH OFFICE NEWS

Greetings from the Underwood School Health Office! The following is a list of important reminders for the upcoming 2026-27 school year:

— If your child has any health concerns or needs any special health related accommodations please complete the "Health Screening" form and return it to the school as soon as possible.

— Underwood School is a Peanut and Tree-nut allergy awareness school. Please do not bring peanuts, tree nuts, or any products made with peanuts into the building. The school nurse does have a list of peanut and nut free snack foods. For a copy, please email her at vrode@underwood.k12.mn.us.

— Per district policy, students are not permitted to carry any prescription or over the counter medications. The few exceptions are life-saving medications such as Epi-pens, inhalers, and diabetic medications. If your child has a medical need that requires (or may require) medication during school hours, an "Authorization for Medication" form needs to be completed and signed by health care provider and a parent/guardian.

— All medications must be in the original bottle with proper labeling and will remain securely stored in the health office.

— Please call the main office if your child is absent for any reason. If due to illness we ask you please provide a brief description of symptoms (fever, sore throat, vomiting, diarrhea, etc.). Student absences and illnesses are tracked for infection control purposes and I am required by the Minnesota Department of Health to follow reporting guidelines.

— All students with a fever of 100 degrees or greater are required to stay home and will be sent home if the fever presents during school hours. They may not return to school until they are fever free for 24 hours without the use of fever reducing medications (Tylenol, Motrin, etc.). Students with vomiting or diarrhea may not return until all symptoms have been resolved for 24 hours. This is to promote the health and well-being of all students and staff members.

— If you child had a sports physical or immunizations over the summer please send a copy to school or have your health care provider fax us a copy. Please make sure your child is up to date on all immunizations. If you choose not to vaccinate your child, please provide an exemption form with either a medical exemption, signed by a physician or a personal exemption form, which can be found on the MDE website, both need to be signed and notarized. State law requires schools to track this information and meet state requirements on vaccinations.

The health forms discussed above can be located on the school website under the Parent tab and then by clicking on the Health Office Information and documents link or can be sent home with your child if requested. I wish for a healthy and successful 2026-2027 school year for your children! Please do not hesitate to contact me by email *vrode@underwood.k12.mn.us* or by phone (218)826-6101 ext. 122 if you have any health concerns, or if I can be of any assistance with your child's healthcare needs.

Vicki Rode, School Nurse

vrode@underwood.k12.mn.us

Importance of Student Attendance

From our Dean of Students

Brian Hovland bhovland@underwood.k12.mn.us

Encouraging regular school attendance is one of the most powerful ways a parent can prepare their child for success—both in school and in life. When you make school attendance a priority, you help your child get better grades, help you child develop healthy life habits, and help your child better prepare for life after high school. Research clearly shows that your child's regular attendance at school may be the greatest factor influencing his/her academic success. By attending class regularly, your child is more likely to keep up with daily lessons and assignments and take quizzes and tests on time.

When students are absent for fewer days, their grades and reading skills often improve. Students who attend school regularly also feel more connected to their school and community; develop important social skills and friendships; and are significantly more likely to graduate from high school, setting them up for a strong future. Research supports that when kids are absent for an average of just two days of school per month — even if the absences are excused – it can have a negative impact. An example of this is at the elementary level when students who miss an average of just two school days per month, research shows that these students will have difficulty keeping up with their peers academically and will tend to fall behind in the area of reading.

10 Helpful Tips for Parents to Assist with their Child's Attendance:

1. Follow the school's guidelines and attendance policy and report excused absences immediately.
2. Take an active role. Stay involved with your child's daily experiences at school by asking how the school day went, and then listening carefully to what your child shares with you — both the successes and struggles. Make it a point to meet your child's teacher(s).
3. Locate potential sources of anxiety. If your child frequently appears upset or reluctant to go to school and cannot tell you why, schedule an appointment with his or her teacher or a member of your child's student support team (Principal, School Psychologist, School Counselor, School Nurse) to talk about possible sources of the anxiety.
4. Ensure that your child gets enough quality sleep. Getting enough sleep will help him/her get up on time, be refreshed in the morning, and feel ready for a full day of learning ahead.
5. Keep updated on school events and announcements. Read the school documents that your child brings home and take note of important announcements and dates, such as parent-teacher conference dates.
6. Try to limit the amount of time that your child misses school due to medical appointments or illness. If possible, avoid scheduling doctor's appointments during the school day. Allow your child to stay home only in the case of contagious or severe illnesses.
7. Schedule family events with your child's school schedule in mind. Plan holiday celebrations or family trips during weekends or school vacations. In the case of family emergencies or unexpected trips, talk to your child's teacher(s) as far in advance as possible and set up a way that your child can work ahead or bring important homework on the trip.
8. Plan ahead. Encourage your child to prepare for the next school day by laying out clothes the night before and by organizing other items such as lunches and signed forms that need to be returned to school.
9. Help your child get to school on time every day. Teach your child how to use and an alarm clock, and keep the television turned off in the morning.
10. Promote the importance of education: Teach your child how important education is to their future success by stressing the importance of regular school attendance. Let your child know that attending school regularly will assist him/her in developing good habits that they will need for life after high school, whatever direction they pursue.

Every day COUNTS!

School success starts with attendance

SEPTEMBER 2026

UNDERWOOD SCHOOL LUNCH CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 **Breakfast**: Cereal or Cereal Bar, Fruit, Toast, Milk **Lunch**: Hot Dog on a bun, Chips, Potato Salad, Baked Beans, Applesauce, Milk	1 **Breakfast**: Cereal Fruit, Cheese Stick, Milk **Lunch**: Taco in Bag, Bread Stick, Fresh Veggies, Peaches, Milk	2 **Breakfast**: Cereal or Cereal Bar, Fruit, Toast, Milk **Lunch**: Cheeseburger on Bun, Fries, Corn, Pears, Milk	3 **Breakfast**: Bagel, Gogurt, Cream Cheese, Fruit, Milk **Lunch**: Popcorn Chicken, Parmesan Butter Noodles, Green Beans, Dinner Roll, Fruit Salad, Milk	4 NO SCHOOL
7 NO SCHOOL	8 **Breakfast**: Mini Pancakes, Cheese Stick, Fruit, Milk **Lunch**: Tatchos, Toppings, Garlic Toast, Green Beans, Pineapple, Milk	9 **Breakfast**: Smoothie, Graham Crackers, Fruit, Milk **Lunch**: Brat on bun, Baked Beans, Carrots, Pears, Milk	10 **Breakfast**: Cereal or Cereal Bar, Fruit, Toast, Milk **Lunch**: Chicken Burrito Bowl, Corn, Rice, Black Beans, Fresh Veggies, Mandarin Oranges, Milk	11 **Breakfast**: Donut, Gogurt, Cheese Stick, Fruit, Milk **Lunch**: Italian Dunkers, Romaine Lettuce, Fresh Veggies, Apple Slices, Milk
14 **Breakfast**: Cereal, Toast, Fruit, Milk **Lunch**: Sloppy Joe on a bun, Waffle Fries, Baked Beans, Coleslaw, Applesauce, Milk	15 **Breakfast**: Tornados or Cereal, Fruit, Milk **Lunch**: Tacos, Toppings, Tri-Taters, Fresh Veggies, Graham Crackers, Peaches, Milk	16 **Breakfast**: Parfait, Granola, Toast, Fruit, Milk **Lunch**: Chicken Breast on bun, Mayo, Lettuce/Tomato, Veggie Salad, Green Beans, Strawberries, Milk	17 **Breakfast**: Breakfast Sandwich or Cereal, Fruit, Milk **Lunch**: Pepperoni Pizza Sub, French Fries, Fresh Veggies, Pears, Milk	18 **Breakfast**: Cinnamon Roll, Cheese Stick, Fruit, Milk **Lunch**: Garlic Cheese Bread, Marinara Sauce, Romaine Lettuce, Fresh Veggies, Pineapple, Milk
21 **Breakfast**: Cereal or Cereal Bar, Toast, Fruit, Milk **Lunch**: Chicken Nuggets, Mashed Potatoes, Gravy, Corn, Garlic Toast, Banana, Milk	22 **Breakfast**: Chocolate Muffin or Cereal Bar, Yogurt, Fruit, Milk **Lunch**: Super Nachos with Cheese, Beef or Buffalo Chicken, Pretzel, Fresh Carrots, Grapes, Milk	23 **Breakfast**: Smoothie, Toast or Tiger Bites, Fruit, Milk **Lunch**: French Toast, Sausage Patty, Breakfast Potatoes, Green Beans, Peaches, Milk	24 **Breakfast**: Breakfast Nuggets, Breakfast Potatoes, Fruit, Milk **Lunch**: Chicken Alfredo, Steamed Broccolli, Bread Stick, Melon, Milk	25 **Breakfast**: Long John, Cheese Stick, Gogurt, Fruit **Lunch**: Big Daddy's Pizza, Romaine Lettuce, Fresh Veggies, Apple, Milk
28 **Breakfast**: Cereal or Cereal Bar, Toast, Fruit, Milk **Lunch**: Ham/Cheese Cold Sub or Caesar Chicken Wrap, Chips, Baked Beans, Peas, Pears, Milk	29 **Breakfast**: Breakfast Burrito or Cereal, Fruit, Milk **Lunch**: Taco in bag, Breadstick, Fresh Veggies, Orange Slices, Milk	30 **Breakfast**: Parfait, Granola, Toast, Fruit, Milk **Lunch**: Orange Chicken, Rice, Broccoli, Dinner Roll, Mandarin Orange, Milk		

Menu subject to change.
Alternate Salad Bar offered daily unless noted.

PK-12 lunch FREE
Seconds at the adult rate.
Adult Lunch $5.30
Extra Milk.45

Lactose Free milk with written request.
8 oz fat free or chocolate milk is available.

This institution is an equal opportunity provider.