Ask A THERAPIST Live

How to Support your Kids' Mental Health

Dec. 15
8 pm Eastern
7 pm Central
6 pm Mountain
5 pm Pacific

Scan or Visit cookcenter.info/ATLDec15

Don't miss the opportunity to ask questions from a licensed family therapist about your child's mental health.

Ask a therapist questions about youth mental health or parenting

Participation is anonymous

Register for the **live event** to get access to the replay



Answers from Dr. Kevin Skinner

Clinical Director and Co-Founder of Noble Health and ParentGuidance.org, Dr. Skinner is the author of several books on family relationships.