https://www.gobound.com/ia/schools/benton

BENTON ACTIVITIES

FALL NEWSLETTER



Fall sports seasons are just around the corner and here is some important information to help the 2026-2027 activities school year start smoothly.

Fall Shuttle Times

Monday, Tuesday, and Thursday - 6:00 PM

Friday - 5:30 PM

No Shuttle on Wednesday

IMPORTANT DATES:

July 26-August 2:
Family Week/No Contact Period

August 10:
HS Football, Volleyball and Cross Country Practice Start

August 21:
Benton Boosters Fall Kick-Off
5:00 PM at the Football Stadium
(HS fall athletes, cheerleaders and marching band introduced)

August 24:
MS Football, Volleyball and Cross Country Practice Start

PHYSICALS AND ACTIVITY REGISTRATION

All MS and HS students that will be participating in a sport or activity during the 2026-2027 school year need to register for those activities on Bound.

- Go to Bound
- Click on Registration, then Activities to get started
- All physicals will be uploaded here
- (**must be uploaded prior to the start of practice**)
- Concussion form will be signed electronically
- Find a step by step guide here.

ALL SEASON ACTIVITY PASSES

NEW FOR 2026-2027
ALL ADULT & STUDENT PASSES WILL BE A QR CODE SCANNED AT EACH REGULAR SEASON EVENT

Adult All Season Pass: $125
Student All Season Pass: $70
Senior (60+) Out of District Pass: $70

Passes can be purchased online or in the Activities Office

2026-2027 ADMISSION PRICES

HS Events: Adults $7, Students $7
MS Events: Adults $5, Students $2

Fall Head Coaches:

Football: Jeff Zittergruen & Kal Goodchild
jzittergruen@benton.k12.ia.us
kgoodchild@benton.k12.ia.us
Volleyball: Mike Embretson
membretson@benton.k12.ia.us
Cross Country: Marty Thomae
mthomae@benton.k12.ia.us
Cheerleading: Bethannie Draman & Brittany Reid
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