Bernard & Millie Duker Children's Hospital
ALBANY MED Health System

Pediatric Injury Prevention & Outreach

SUMMER SAFETY BUNDLE

SAFE SUMMER STARTS HERE

with Safe Kids Capital Region & Albany Medical Center's Pediatric Trauma Injury Prevention Program

INJURY PREVENTION TIPS INSIDE:

- SWIM, POOL & BOATING SAFETY
- BIKE & HELMET SAFETY
- DOG BITE PREVENTION
- BURN & FALL PREVENTION
- PLAYGROUND SAFETY
- DRIVEWAY & LAWNMOWER SAFETY
- E-BIKE, SCOOTER & E-BIKE SAFETY



Larry the Pediatric Trauma Llama's

Safety Tips & Tricks

SAFE KIDS CAPITAL REGION

Questions? Contact Ashley Bayly, Coalition Coordinator at grossa@amc.edu

Safe Summers start with Supervision!

E-BIKE & E-SCOOTER SAFETY

PROTECT YOUR CHILD EVERY TIME THEY RIDE



NO HELMET. NO RIDE.

E-bikes and e-scooters are fun—but they can cause serious injuries if used improperly. Follow these simple safety tips every ride.

1 HELMET EVERY RIDE



NO HELMET. NO RIDE.

- ✔ Wear a properly fitted, certified helmet
- ✔ Helmets can reduce serious head injuries by up to **85%**
- ✔ Buckle the chin strap every time

2 USE THE RIGHT RIDE FOR THEIR AGE



E-BIKES: Recommended for riders **16** years and older



E-SCOOTERS: Recommended for riders **12** years and older

- ✔ Follow manufacturer recommendations
- ✔ Younger children should use pedal bikes or non-motorized scooters

3 KNOW THE RULES OF THE ROAD



- ✔ Ride in the same direction as traffic
- ✔ Stop at stop signs and obey traffic signals
- ✔ Yield to pedestrians
- ✔ Use bike lanes when available

4 NO DISTRACTIONS



- ✘ No texting
- ✘ No headphones
- ✘ No phone use while riding

KEEP YOUR EYES AND EARS ON THE ROAD.

5 BE SEEN. BE SAFE.







- ✔ Wear bright or reflective clothing
- ✔ Use front and rear lights
- ✔ Ride during daylight whenever possible

6 WEAR PROTECTIVE GEAR



- ✔ Closed-toe shoes
- ✔ Knee and elbow pads
- ✔ Gloves for extra protection
- ✘ Avoid loose clothing or backpacks that can get caught in wheels

7 SUPERVISION & PRACTICE



- ✔ Practice in low-traffic areas
- ✔ Start slow and learn braking skills
- ✔ Supervise new riders until they consistently ride safely

HEAD INJURIES ARE THE MOST COMMON SERIOUS INJURY SEEN IN E-BIKE AND E-SCOOTER CRASHES.

SAFE RIDING STARTS WITH YOU!

Protect your head. Follow the rules. Ride responsibly.



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SCAN ME

Questions?
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DOG BITE PREVENTION



SIMPLE STEPS TO KEEP KIDS SAFE AROUND DOGS



Did You Know?

Every year, hundreds of thousands of people seek medical care for dog bites—and children are at the highest risk.

Most dog bites happen from a dog the child already knows.

ASK FIRST, PET SECOND

1 ASK FIRST, PET SECOND



- ✓ Always ask the owner's permission before petting a dog.
- ✓ Let the dog come to you.
- ✓ If the dog walks away, let them go.
- ✗ **Never** approach a dog without permission.

2 LET DOGS REST

Never bother a dog when they are:



Eating or drinking | Chewing a bone or toy | Sleeping or resting

Dogs may bite if they are startled or protecting something important to them.

3 LEARN DOG WARNING SIGNS

A dog may be uncomfortable if you see:



- Growling
- Showing teeth
- Stiff body
- Lip licking
- "Whale eyes" (showing the whites of their eyes)

If you see these signs, give the dog space.

4 SAFETY RULES FOR KIDS



- ✓ Use a calm voice around dogs
- ✓ Pet gently
- ✓ Give dogs space
- ✓ Tell an adult if a dog seems upset

- ✗ Don't hug, climb on, or chase dogs
- ✗ Don't take a dog's food, toys, or treats

5 TIPS FOR PARENTS

- Never leave young children alone with a dog.
- Use baby gates when needed.
- Feed dogs in a quiet area away from children.
- Teach children how to safely interact with pets.
- Supervise all interactions between children and dogs.

6 IF AN UNKNOWN DOG APPROACHES

- **STOP.**
- **STAND STILL.**
- **LOOK AWAY.**
- Speak firmly: **"GO AWAY DOG!"**



Find an adult and move to a safe place when possible. Do not run.

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SAFE SLEEP EVERY SLEEP. EVERY TIME.

A SAFE SLEEP ENVIRONMENT CAN SAVE YOUR BABY'S LIFE.



SAFE SLEEP REDUCES THE RISK OF SUDDEN INFANT DEATH SYNDROME (SIDS) AND OTHER SLEEP-RELATED DEATHS.

Follow these simple steps for every sleep—naps and at night.

THE ABCs OF SAFE SLEEP

A Alone

Babies should sleep alone, not with others.

Keep baby's sleep area separate from parents, siblings, and pets.



ALONE means no pillows, blankets, toys, bumpers, or stuffed animals.

B Back

Always place your baby on their back to sleep, for every sleep.



BACK is the safest position for sleep.

C Crib

Your baby should sleep in a safe sleep space, every time.



CRIB means a firm, flat mattress in a safety-approved crib, bassinet or play yard.

USE A FIRM, FLAT MATTRESS



Use a fitted sheet designed for the mattress.

KEEP IT CLEAN & CLEAR



Keep pillows, blankets, toys, bumpers and other soft items out of baby's sleep area.

SHARE A ROOM, NOT A BED



Keep baby's crib or bassinet in your room close to your bed for at least 6 months, ideally up to 12 months.

BREASTFEED YOUR BABY



Breastfeeding reduces the risk of SIDS.

KEEP BABY COOL



Dress your baby in light sleep clothing. Avoid overheating.

AVOID SMOKE, ALCOHOL & DRUGS



Avoid smoking during pregnancy and after birth. Avoid alcohol and drugs.

SAFE SLEEP IS SIMPLE. IT'S POWERFUL. IT WORKS.

EXTRA TIPS

- ✓ Place baby to sleep drowsy, but awake.
- ✓ Use a pacifier at nap time and bedtime.
- ✓ Follow safe sleep guidelines for every sleep—day and night.
- ✓ As baby grows, transition to a sleep sack instead of blankets.

WHEN CAN BABY SLEEP DIFFERENTLY?

Once your baby can roll over both ways (front to back, back to front) on their own, your baby can continue sleeping in the safest position they choose.



SAFE SLEEP TODAY FOR A HEALTHIER TOMORROW.

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SWIM SAFETY

WATCH. PROTECT. ENJOY.

Simple steps today can prevent tragedy tomorrow.



DROWNING IS THE LEADING CAUSE OF UNINTENTIONAL INJURY DEATH FOR CHILDREN 1–4 YEARS OLD.

IT CAN HAPPEN IN SECONDS AND IN JUST A FEW INCHES OF WATER.

ACTIVE SUPERVISION SAVES LIVES

Always watch children in and around water.
Stay within arm's reach of young children.

- ✓ Designate a Water Watcher
- ✓ Remove distractions
- ✓ No phones, reading or alcohol

1 ALWAYS WATCH YOUR CHILD



- Stay within arm's reach of young children.
- Never leave children unattended, not even for a second.
- Designate a Water Watcher.

2 LEARN TO SWIM



Swimming lessons save lives! Teach children water skills early.

- Start swim lessons as early as age 1.
- Build skills and confidence.
- Practicing water safety is important too!

3 WEAR A LIFE JACKET



Life jackets save lives when used the right way.

- Choose a U.S. Coast Guard–approved life jacket.
- Make sure it fits snugly.
- Wear it every time in open water, on boats, and near water.

4 SECURE THE POOL & SPA



- Install 4-sided fencing around pools and spas.
- Gates and doors should self-close and self-latch.
- Remove toys and climbable objects from the pool area.

5 KNOW THE WATER RULES

- Walk, don't run.
- No diving in shallow water.
- Swim in safe areas with lifeguards.
- Buddy up—never swim alone.



6 BE PREPARED



- Learn CPR.
- Keep a phone and emergency numbers nearby.
- Know how to respond in an emergency.

IF YOU SEE SOMEONE IN TROUBLE, YELL, REACH, THROW, DON'T GO!

DROWNING CAN HAPPEN ANYWHERE, ANYTIME.

Pools · Bathtubs · Buckets · Lakes · Toilets

WATER SAFETY STARTS AT HOME

- ✓ Empty and store buckets, tubs, and kiddie pools.
- ✓ Keep toilet lids closed and use toilet locks.
- ✓ Supervise bath time—never leave a child alone.
- ✓ Teach children to ask permission before getting near water.

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BOATING SAFETY

BOAT SMART. BOAT SAFE.
EVERY RIDE. EVERY TIME.

Boating is fun for the whole family—but safety comes first. Follow these simple steps to help protect everyone on board.



DROWNING IS PREVENTABLE.

Most boating drownings happen from falls overboard and not wearing a life jacket.

WEAR IT. DON'T RISK IT.

LIFE JACKETS SAVE LIVES | WEAR IT RIGHT. EVERYONE. EVERY TIME.

Make sure it fits, is buckled, and Coast Guard–approved.

1 WEAR A LIFE JACKET EVERY TIME



- ✔ Wear a U.S. Coast Guard–approved life jacket.
- ✔ Children 12 and under must wear a life jacket while the boat is moving.*
- ✔ Make sure it fits snugly and is buckled.

IT ONLY WORKS IF YOU WEAR IT!

*Check your state laws.

2 KNOW BEFORE YOU GO



- Check the weather forecast.
- Tell someone your boating plans.
- Know local boating rules and water conditions.
- Bring the right safety equipment.

3 OPERATE THE BOAT SAFELY



- Designate a sober, responsible adult to operate the boat.
- Never boat under the influence of alcohol or drugs.
- Go at a safe speed.
- Stay alert and avoid distractions.

BOATING AND ALCOHOL DON'T MIX. IT'S ILLEGAL AND DANGEROUS.

4 KEEP EVERYONE ON BOARD



- Don't overload the boat.
- Stay seated while the boat is moving.
- Hold on to rails and handholds.
- Never sit on, stand on, or lean over gunwales.

ONE WRONG MOVE CAN SEND YOU OVERBOARD.

5 KEEP KIDS SAFE



- Children should always wear a life jacket.
- Never leave children unattended on the boat.
- Supervise children in and around water at all times.

ACTIVE SUPERVISION SAVES LIVES.

6 BRING ESSENTIAL SAFETY GEAR



- Life jackets for everyone.
- Fire extinguisher.
- Sound signaling device (horn or whistle).
- First aid kit.
- Throwable flotation device.

CHECK YOUR GEAR BEFORE EVERY TRIP.

EXTRA SMART TIPS

- Follow posted speed limits and no-wake zones.
- Give other boats plenty of space.
- Avoid rough water and shallow areas.
- Use sunscreen, wear a hat, stay hydrated.

IN AN EMERGENCY

- Call 911 or your local emergency number.
- Know where you are and what help you need.
- Stay with the boat if possible.



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BIKE SAFETY

RIDE SMART. RIDE SAFE. EVERY TIME.

Biking is a fun, healthy way to get around! Follow these simple steps to help keep every ride safe and enjoyable.



A HELMET CAN REDUCE THE RISK OF HEAD INJURY BY UP TO 85%.

WEAR A HELMET. IT COULD SAVE YOUR LIFE.

SAFETY STARTS WITH YOU.

- ✓ Wear a helmet.
- ✓ Follow the rules.
- ✓ Be visible.
- ✓ Stay alert.
- ✓ Respect others.
- ✓ Make smart choices.

1 WEAR A HELMET EVERY TIME



- ✓ Wear a properly fitted helmet every time you ride.
- ✓ Make sure it sits level on your head and straps are snug.
- ✓ Replace helmets after a crash or damage.

2 RIDE ON THE RIGHT SIDE



- Ride with traffic, not against it.
- Use bike lanes when available.
- Keep as far right as is safe.

3 OBEY TRAFFIC RULES



- Stop at red lights and stop signs.
- Signal your turns with your arm.
- Look left, right, and left again before crossing.
- Follow all road signs and signals.

4 BE VISIBLE BE PREDICTABLE



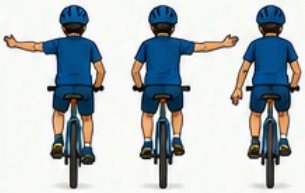
- Wear bright or reflective clothing.
- Use front white and rear red lights at night.
- Make eye contact and let others know where you're going.

5 CHECK YOUR BIKE



- Check brakes, tires, and chain.
- Make sure the seat is tight and at the right height.
- Check tire pressure and lights before you ride.

6 USE HAND SIGNALS



LEFT TURN | RIGHT TURN | SLOW OR STOP

Let drivers and other riders know what you plan to do.

7 BE ALERT AND AWARE



- Avoid distractions—no headphones or phone use.
- Watch for cars, doors opening, pedestrians, and road hazards.
- Stay focused and ride defensively.

8 RIDE WITH FRIENDS—SAFELY!



- Ride in a single file.
- Don't weave in and out.
- Talk about safety rules before you ride.

< RULES FOR KIDS >

- Ask an adult if your bike fits you.
- Stay on your street and in safe areas.
- Never ride with someone you don't know.
- Tell an adult where you're going.

SAFE CHOICES TODAY LEAD TO MORE RIDES TOMORROW.

112 IN AN EMERGENCY

- Call 911 if you are hurt or see a serious crash.
- Get to a safe place.
- Give your location and ask for help.



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BURN & SCALD SAFETY FOR CHILDREN

PREVENT BURNS. PROTECT THEIR FUTURE.

Burns are a leading cause of injury for children. A few simple steps at home can prevent a lifetime of pain.



MOST BURNS AND SCALDS HAPPEN AT HOME—AND CAN HAPPEN IN SECONDS.

BE SAFE. CREATE A BURN-FREE ENVIRONMENT.

HOT THINGS, LITTLE HANDS DON'T MIX.

Supervise, set limits, and create safe spaces.

- ✓ Be aware of hot hazards.
- ✓ Teach children what's hot.
- ✓ Keep a safe distance.

1 PREVENT SCALDS IN THE KITCHEN.



- Turn pot handles toward the back of the stove.
- Use back burners when possible.
- Keep children at least 3 feet away from the stove.
- Never hold a child while cooking or carrying hot liquids.
- Test bath water—should be warm, not hot. (Below 120°F)

2 KEEP HOT LIQUIDS OUT OF REACH.



- Place hot drinks, soup, and other liquids away from counter edges.
- Use travel mugs with secure lids.
- Never place a child on counters or tables.

3 SET YOUR WATER HEATER SAFELY.



- Set your water heater to 120°F or lower.
- This helps prevent serious scalds in the bath or shower.
- Check the temperature before bath time.

4 KEEP FLAMMABLES AWAY.



- Store lighters, matches, and flammable liquids up high and locked away.
- Keep candles out of reach and never leave them unattended.
- Keep space heaters at least 3 feet away from kids and anything that can burn.

5 BE CAREFUL WITH ELECTRICALS.



- Use safety outlet covers.
- Keep cords out of reach.
- Unplug appliances when not in use.
- Never use damaged cords or outlets.

6 TEACH KIDS ABOUT "HOT."



- Teach children that hot things can hurt.
- Don't let them touch stoves, ovens, irons, or space heaters.
- Encourage them to tell an adult if something feels hot.

7 CHECK FOOD TEMPERATURES.



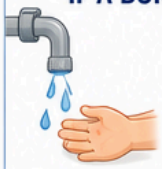
- Let foods and drinks cool before giving them to children.
- Test baby food and milk before feeding.
- Microwave food and stir—hot spots can cause burns.

8 CREATE A SAFE HOME.



- Install smoke alarms on every level and test monthly.
- Have a fire escape plan. Practice it with your family.
- Keep exits clear and doors unlocked.

IF A BURN HAPPENS:



1. Cool the burn with cool (not cold) running water for 20 minutes.
2. Remove jewelry or tight items near the burn.
3. Do NOT use ice, butter, or ointments.
4. Cover with a clean, dry cloth or bandage.

GET MEDICAL HELP IF:

- The burn is larger than 3 inches.
- The burn is on the face, hands, feet, joints, or genitals.
- The burn is deep, white, or charred.
- The child is in pain or has trouble breathing.
- You are unsure how serious the burn is.

REMEMBER:

SAFETY TODAY, HEALTHY TOMORROW.

BURN FACTS:

- Scalds from hot liquids cause most burns in young children.
- Children under 5 are at the highest risk.
- Most burns happen at home.

TOP PLACES BURNS HAPPEN:

Kitchen · Bathroom · Food & Drinks · Electrical · Fire & Flames

SUPERVISION + PREVENTION = PROTECTION

A few minutes of attention can prevent a lifetime of injury.

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PLAYGROUND SAFETY

PLAY SAFE. HAVE FUN. EVERY TIME.

Playgrounds are for fun, fitness, and friendship! A few simple safety tips can help prevent injuries so kids can enjoy playtime.



MOST PLAYGROUND INJURIES CAN BE PREVENTED WITH SUPERVISION AND SMART CHOICES.

YOU CAN HELP KEEP PLAYTIME SAFE AND FUN!

SAFE PLAY STARTS WITH YOU.
Supervise. Teach. Protect.

- ✓ Watch children at all times.
- ✓ Choose age-appropriate equipment.
- ✓ Teach safe play.
- ✓ Report unsafe conditions.

1 SUPERVISE AT ALL TIMES.



- Actively watch children while they play.
- Avoid distractions like phones or conversations.
- Stay close—young children need you near.

2 USE AGE-APPROPRIATE EQUIPMENT.



- Use equipment designed for your child's age and size.
- Older children should not play on equipment made for younger kids.

3 CHECK THE PLAYGROUND.



- Check that the surface is soft and in good condition.
- Look for hazards like broken equipment, sharp edges, or loose parts.
- Report problems to the playground owner or manager.

4 DRESS FOR SAFE PLAY.



- Wear proper shoes that fit well—no flip-flops or crocs.
- Dress for the weather and use sunscreen.
- Avoid clothing with drawstrings near the neck.

5 TEACH SAFE PLAY RULES.



- No pushing, shoving, or rough play.
- Take turns and be respectful.
- Use equipment the right way.
- Slide feet-first, one at a time.

6 CHECK HANDS AND POCKETS.



- Remove items that can get caught or cause injury.
- Empty pockets of toys and hard objects.

7 BE AWARE OF WEATHER.



- Playgrounds can get hot—check surfaces before play.
- Avoid play during storms, high winds, or extreme heat.
- Stay hydrated!

8 USE EQUIPMENT THE RIGHT WAY.



- Go down slides, don't climb up.
- Use swings while sitting.
- Keep hands and feet inside equipment.
- No standing on swings.

THE RIGHT SURFACE MATTERS

Soft surfaces help reduce injuries from falls.



DID YOU KNOW?

Falls are the most common cause of playground injuries.

Most injuries happen on equipment, not from equipment.

KEEP PLAYGROUNDS SAFE AND FUN!

- ✓ Follow the rules.
- ✓ Look out for others.
- ✓ Speak up if something doesn't look right.
- ✓ Together, we can keep everyone safe!

IN AN EMERGENCY:

Call 911 or your local emergency number. Stay with the child and provide first aid if trained.

A LITTLE PREVENTION TODAY LEADS TO A LIFETIME OF HEALTHY PLAY!

REMEMBER:

You play a big part in your child's safety!

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WINDOW SAFETY
KEEP KIDS SAFE

PREVENT FALLS. PROTECT YOUNG LIVES.



CLOSE WINDOWS. LOCK WINDOWS. SAVE LIVES.

WINDOW FALLS ARE ONE OF THE LEADING CAUSES OF INJURY-RELATED DEATHS IN CHILDREN UNDER 5.

Children can fall from windows in just seconds.

1 KEEP WINDOWS CLOSED & LOCKED



- Keep windows closed when children are around.
- Use window locks to prevent accidental openings.

A screen is NOT strong enough to stop a child from falling.

2 USE WINDOW SAFETY DEVICES



- Install window stops or limiters to allow windows to open no more than 4 inches.
- These devices are inexpensive and easy to install.

3 MOVE FURNITURE AWAY FROM WINDOWS



- Keep cribs, beds, chairs, dressers and toys away from windows.
- Children can climb furniture to reach an open window.

4 INSTALL WINDOW GUARDS OR SCREENS



- Window guards and special safety screens prevent children from falling out.
- Make sure they are properly installed and cannot be removed from the inside.

Window guards should have quick-release features for emergencies.

5 TEACH & SUPERVISE



- Teach older children about window safety.
- Supervise young children at all times.
- Never leave a child alone in a room with windows.

6 BE ALERT IN ALL SPACES



- Check windows in every room—bedrooms, living rooms, bathrooms, and basements.
- Don't forget windows above stairs and those in apartments or multi-story homes.

WINDOW FALLS CAN HAPPEN:

ANY TIME
Day or night

ANYWHERE
Home, apartments, hotels & more

IN SECONDS
It takes less time than you think

TO CHILDREN
Of all ages – not just toddlers

EXTRA SAFETY TIPS



- ✓ Never rely on window screens.
- ✓ Keep windows on upper floors closed and locked.
- ✓ Open windows from the top when possible.
- ✓ Regularly check that locks and safety devices are secure.

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LAWNMOWER SAFETY TIPS

PROTECT CHILDREN. PREVENT INJURIES.

Lawnmowers are powerful machines, not toys. Always follow these safety tips to keep children safe.



LAWNMOWERS CAN CAUSE SERIOUS INJURY IN SECONDS.

BE ALERT. BE SAFE. KEEP KIDS OUT OF HARM'S WAY.

SAFE YARDS START WITH YOU.

Plan ahead. Stay alert. Protect children.

- ✓ Keep children away from mowing areas.
- ✓ Supervise children at all times.

1 KEEP CHILDREN AWAY FROM MOWING AREAS.



- Keep children indoors or in a safe, supervised area.
- Never allow children to play in the yard while mowing.
- Mow when children are not at home whenever possible.

2 TEACH CHILDREN: MOWERS ARE NOT TOYS.



- Explain that lawnmowers are dangerous machines.
- Teach children to stay away from mowers and attachments.
- Never allow children to ride on a lawnmower.

3 BEFORE YOU MOW, CHECK THE AREA.



- Remove toys, balls, sticks, rocks, and other objects.
- Check for pets and wildlife.
- Clear the area to prevent trips, slips, and thrown objects.

4 USE MOWERS WITH SAFETY FEATURES.



- Use a mower with a blade brake clutch (BBC) that stops the blade when you let go.
- Keep guards and shields in place and in good condition.
- Never disable safety devices.

5 STAY ALERT AND FOCUSED.



- Avoid distractions like phones, music, or talking.
- Watch for children, pets, and obstacles.
- Mow across slopes, not up and down.

6 NEVER LEAVE A MOWER RUNNING.



- Turn off the mower and wait for the blade to stop completely.
- Remove the key or spark plug wire before leaving.
- Store mowers out of reach of children.

7 USE THE RIGHT EQUIPMENT.



- Wear sturdy shoes, long pants, and eye protection.
- Use hearing protection if needed.
- Never mow barefoot or in sandals.

8 MAINTAIN YOUR MOWER.



- Keep blades sharp and in good condition.
- Check for loose parts, leaks, or damage.
- Follow the manufacturer's maintenance instructions.

YARD SAFETY ZONE

Create a safe zone where children can play far away from mowing and yard equipment.



DID YOU KNOW?

Each year, thousands of children are injured by lawnmowers.

Most injuries happen when children are too close or when mowers roll unexpectedly.

PARENTS & CAREGIVERS:

- ✓ Set clear rules about safe play areas.
- ✓ Supervise children every time.
- ✓ Lead by example—follow all safety practices.
- ✓ A few extra minutes of caution can save a lifetime of tears.

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Stronger Families. Safer Communities.

GUN VIOLENCE PREVENTION



SAFE STORAGE. STRONGER FUTURES.

Every day, children and teens are at risk. Safe gun storage is one of the most effective ways to prevent tragedy.

WHY IT MATTERS

- FIREARMS ARE THE LEADING CAUSE OF DEATH FOR CHILDREN AND TEENS IN THE U.S.
- 4 OUT OF 5 YOUTH FIREARM DEATHS ARE PREVENTABLE.
- MOST YOUTH ACCESS FIREARMS THAT ARE UNLOCKED AND UNSECURED.

GUN SAFETY LOCKS *Save Lives*

Gun safety locks are simple to use and can help keep firearms out of the wrong hands.

HOW IT WORKS

1. Open the action of the firearm.
2. Insert the lock through the action.
3. Lock it and remove the key.



BENEFITS OF GUN SAFETY LOCKS

- ✓ Helps prevent unauthorized access, especially by children and teens.
- ✓ Easy to use and affordable.
- ✓ Adds a critical layer of protection.
- ✓ Recommended by pediatricians, law enforcement, and health organizations.

LOCK IT. SECURE IT. PROTECT OUR KIDS.

LOCK IT EVERY TIME

Safe storage is important whenever firearms are not in use—at home or anywhere else.



BEYOND THE LOCK

- Talk to your kids about gun safety. Start the conversation early and often.
- Know the facts. Education saves lives and builds safer communities.
- Be part of the solution. Together, we can reduce violence and protect our future.

IMPORTANT REMINDER

Gun safety locks are one piece of a comprehensive approach. Always store firearms unloaded and locked, with ammunition stored separately.

WE CAN ALL MAKE A DIFFERENCE.

Your actions today can save a life tomorrow.

NEED A FREE GUN SAFETY LOCK?

Contact your local law enforcement agency or visit: www.projectchildsafe.org

CRISIS SUPPORT

If you or someone you know needs help, call or text **988** or visit **988lifeline.org**

Safe Homes. Safe Choices. Safe Kids.

SAFE KIDS CAPITAL REGION

Questions? Contact Ashley Bayly, Coalition Coordinator at grossa@amc.edu

Together, we can build a safer, healthier Capital Region.

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Pediatric Injury Prevention & Outreach



Capital Region's Safe Kid Coalition's SUMMER SAFETY BUNDLE

REMEMBER THESE TIPS FOR A SAFE SUMMER!



IF EVERYONE IS WATCHING, NO ONE IS WATCHING.



ANY DOG CAN BITE, ANY ANY TIME.



ALWAYS WEAR A HELMET!



NEVER LEAVE A CHILD UNATTENDED NEAR HOT AREAS



NEVER LET A CHILD RIDE OR NEAR A MOWER WHEN IN USE.



BE SMART, STAY ALERT & FOLLOW THE RULES

Safe Summers start with Supervision!

SAFE KIDS CAPITAL REGION