BUSD PARENT SERIES

BUSD parents, guardians, and caregivers of children of all ages are welcome & encouraged to attend this free parent series. Attend one or all sessions.
Led by Erin Dews, Child Development Specialist, Child/Parent Educator and Youth Advocate and **Northstar Counseling therapists**, Vincent Miller & Meredith Schmitz.

MONDAY
12
JAN



FAMILY VALUES

Understanding family values, why do they matter as the foundation that guides and protects your children throughout life.

5:30 - 6:30PM IN THE BUHS STUDENT CENTER (BSC)

WEDNESDAY
4
FEB



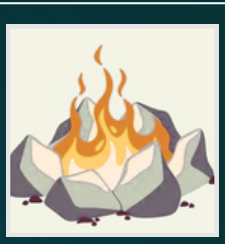
DEVELOPMENTAL STAGES

Investigating our developmental stage as adults and where our children are in development. How do we gauge whether or not we are seen as trustworthy parents, teachers, mentors? Why is consistency and authenticity vital to supporting our children's health, well-being, and good decision making? How do adults strengthen bonds with young people?

5:30 - 6:30PM IN THE BES LIBRARY

Cookies & childcare provided!

WEDNESDAY
11
FEB



BOUNDARIES

What are boundaries? How do adults set them, what are they based on, what's the difference between a boundary and a rule? Are we noticing our children rebelling, acting out, sneaking around or being dishonest? Boundaries create safety.

5:30 - 6:30PM IN THE HSMS LIBRARY

Childcare provided!

WEDNESDAY
25
FEB



CONNECTION

Getting our youth back into community and recognizing the challenges and causes of disconnect, emotional withdrawal, virtual "socializing", isolation, reports of boredom, low motivation, fear and avoidance in our youth. How can we help them reconnect?

5:30 - 6:30PM AT C5 STUDIOS - 210 S. WARREN

Childcare provided!

SI DESEA ASISTIR Y NECESITA UN TRADUCTOR AL ESPAÑOL, COMUNÍQUESE CON MARÍA MERCEDES JIMÉNEZ – MMJIMENEZ@BISHOPSCHOOLS.ORG / (760) 872-1381 X2656

FOR MORE INFO OR TO ASK A QUESETION AHEAD OF TIME:

Erin Dews, C5 Studios - erinc5studios@gmail.com / (760) 258-1059
Katie Kolker, BUSD Superintendent - kkolker@bishopschools.org / (760) 872-3680