

Centralia High School Cheerleading Clinic 2025

The Centralia High School Cheerleaders are hosting a cheerleading clinic for students for grades PreK-8!!

The purpose of this clinic is to teach age appropriate cheerleading skills. Participants will focus on motion technique, stunt safety, and basic cheerleading fundamentals. They will learn a routine that will be performed at halftime of the JV Basketball game on Friday Dec 19, 2025 against Cahokia.

Cost of Clinic

\$40 (includes camp shirt & bow) each additional child \$35

Clinic Dates/location/time

Location- CHS Cafetorium, enter through main entrance of building

Dates- December 17(Wednesday), 18(Thursday)

Times- Pre-k-3rd grade 5:00pm-6:00pm check-in 4:45pm

4-8 grades 6:30pm-7:30pm check-in 6:15pm

Attire for Clinic

Tennis Shoes, sweatpants/shorts, tee shirt

Wednesday- crazy sock & hair day

Thursday- show CHS spirit, wear your best red and white

Performance Night

Friday Dec 19 at _____ in Trout Arena

Participants need to wear black shorts, camp shirts and bows, and tennis shoes

Show time is _____ in the CHS cafetorium

Contact Coach Brooke Simonton at

bsimonton@centraliahs.org with any questions.

CHS Cheer Clinic Information and Waiver

Each participant needs to fill out this form

Name of participant: _____

Parent/Guardian: _____

Mailing Address: _____

Phone

number: _____

Emergency contact &

number _____

If applicable, name of sibling doing the
camp _____

School Child Attends _____

Grade level in school _____ Shirt Size _____

I authorize _____ to participate in the 2025
CHS Cheerleading Clinic and release Centralia High School, coaches,
cheerleaders, and staff from any injuries obtained during the clinic or
the performance.

Parent signature _____

Date: _____

Please make checks payable to CHS Cheerleading.

Mail to:

Centralia High School

% Coach Brooke Simonton

2100 East Calumet St.

Centralia, IL 62801

Drop off:

Main Office Counter basket

*Please note for forms and fees dropped off in the Main Office: we are
unable to make change or give receipts.

** Registration form and check/cash must be received no later than
Friday, Dec 12, 2025. Tee shirts are not guaranteed if you don't
preregister.

