

# EXTRACURRICULAR ACTIVITIES

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# **EXTRACURRICULAR ACTIVITIES CODE OF CONDUCT**

Rochester CUSD 3A is committed to providing all students with a variety of opportunities to learn the skills necessary for them to reach their potential as student leaders and citizens. The extracurricular program expands the learning opportunities available to students and enhances the academic program.

The district offers an extensive and diverse extracurricular program to provide expanded learning opportunities to students who wish to develop special skills and talents to a higher level. While involvement in these activities is voluntary, it is also a privilege and not a right to participate; and students choosing to participate take on extended responsibilities as special representatives of their school and community. These responsibilities hold the student to a higher standard of conduct as a condition of participation.

The goal of extracurricular programs is to offer students direction in developing healthy living habits, discipline, leadership, teamwork, citizenship skills and respect for structure, rules and responsibility. Individual initiative, character and teamwork can only be developed when there is team cooperation with established procedures.

This code outlines the expectations for those who choose to be involved in the extracurricular program. The code is in effect for 365 days a year for all students who choose to participate. It also defines the rights of our students that will accompany such responsibilities. These rights include a due process which is designed to be consistent and fair to all concerned.

The school expects that all students who choose to participate in the extracurricular program will honor these guidelines. The school must clearly communicate the expectations of this code to all students and respond to violations in a fair and expedient manner within the guidelines defined in this code.

We believe these rights and responsibilities for students and the school will help make participation in our extracurricular program a stronger and enduring learning experience. We hope that the experience will be meaningful and enjoyable for all involved and will increase learning opportunities for all students.

## **Student Athlete Concussions and Head Injuries**

**Pursuant to board policy, 7.305, the Concussion Oversight Team has established a return-to-play protocol governing a student's return to interscholastic athletics practice or competition following a force of impact believed to have caused a concussion. The Director of Activities shall supervise an athletic trainer or other person responsible for compliance with the return-to-play protocol.**

**The Concussion Oversight Team has also established a return-to-learn protocol governing a student's return to the classroom following a force of impact believed to have caused a concussion. The building principal shall supervise the school nurse or other person responsible for compliance with the return to learn protocol.**

**While the determination of return to play and return to learn are mutually exclusive, a student athlete must be cleared to return to learn before returning to play.**

Extracurricular activities covered under this code include:

### **Middle /Junior High Schools**

#### **IESA Sanctioned Activities:**

Baseball, Softball, Basketball, Speech, Cheerleading, Track, Cross Country, Volleyball, Scholastic Bowl, Wrestling

**Fine Arts Activities:** Jazz Band, Jazz Choir

**Clubs, Organizations & Activities:** Literary, Student Council, Yearbook

## **High School**

### **IHSA Sanctioned Activities:**

Baseball, Basketball, Cheerleading, Cross Country, Football, Golf, Scholastic Bowl, Soccer, Softball, Bass Fishing, Tennis, Track, Volleyball, Wrestling

### **Fine Arts Activities:**

Flag Corps, Jazz Band, Jazz Choir, School Play

### **Clubs, Organizations & Activities**

Art Club, Big Buddies, Chemistry Club, Class Officers, Club U, FCCLA, German Club, Homecoming Court, National Honor Society, Pom Pons, Prom Court, Science Club, Spanish Club, Student Council, WYSE and any other school sponsored clubs, organizations, and activities.

All items placed in this handbook will be subject to a yearly evaluation by the administration, coaches, faculty and student body with the purpose of making changes as required by new circumstances and conditions.

## **PRINCIPLE I. OBJECTIVES OF THE EXTRACURRICULAR PROGRAM**

- A. To encourage the development of good sportsmanship and fair play through competitive experiences with other participants
- B. To exemplify the highest standards of moral integrity and good citizenship both in and out of school
- C. To stress fundamentals of all sports at all levels and to raise the skill level through additional practice
- D. To increase enjoyment and social growth through participation
- E. To develop an overall team concept through disciplined competition
- F. To develop a competitive spirit through participation

## **PRINCIPLE II. ADMINISTRATION**

- A. Principals
  1. The administrative heads of extracurricular activities are responsible to the Superintendent of Schools and to the State Association for the conduct of the school's activities.
  2. Implement policies as stipulated by the Board of Education and the Superintendent of Schools

## **PRINCIPLE III. EXTRACURRICULAR COMMITTEES**

- A. Purpose - To help foster better communication between coaches, parents, participants and the student body in governing the extracurricular program through the written policy.
- B. Membership - All senior high and junior high school coaches and sponsors, principals and the president or representative from each class. Presiding over this committee will be the Activities Director.
- C. Committee Function - This committee will serve to improve policy, interpret rules, enforce rules and in matters of discipline, those members of the extracurricular committee who will participate will include the Principal, Activities Director and coaches involved.

## **PRINCIPLE IV. STUDENT INFORMATION**

- A. Interscholastic Teams are in compliance with Title IX. Students will be eligible to participate on an interscholastic team according to participation requirements approved by the I.E.S.A. and the I.H.S.A.
- B. Eligibility Requirements – No pass/No play Policy: To be eligible to participate in any extracurricular activity, club or organization, Rochester High School students may not be failing more than one class. Students must maintain a cumulative passing grade for the semester for seven courses, in which he or she is enrolled, with no more than 1 failing grade OR 1 F and 3 or more Ds."

In addition, a student is eligible for participation the following semester if he or she passes seven classes with no more than one failing grade or 1 F and 3 or more Ds for their previous semester final grades."

Cumulative shall be defined as the semester grade that a student would be assigned if they transferred to another school on the date of eligibility verification.

In addition, a student is eligible for participation the next semester if he/she passes seven classes, with only one failed class and no more than two classes below "C".

All Junior High School participants must fulfill the requirements as stated in the I.E.S.A. Eligibility Rules (NO exceptions). (Passing all subjects).

C. Additional Eligibility Rules:

1. Any student who is absent from school the entire day may not be permitted to attend practice or participate in a contest that day or night, with the exception being a doctor/dentist appointment. Students may use one of their five mental health days as an excused absence for extracurricular participation purposes. Students must be signed in by 11:40 am, and the absence must be excused in order for them to participate in after school extracurricular activities. Validation of a medical appointment must be received by the student services office upon return to school. Other excused absences, such as a family funeral, may also be pre-excused with the approval of the principal or athletic director.
2. Any participant who is truant from school the day following an athletic contest will not be permitted to participate in the next contest.
3. Any participant who is truant from school on Friday preceding a Saturday contest will not be allowed to participate on Saturday.
4. In case of injury, the coach may require the participant to attend practice, but participation is not mandatory.
5. If a participant goes to a doctor for an injury, he or she must obtain a written release from the doctor before he or she may return as a participant.
6. Students suspended in school will be eligible for practice and games during the suspension.
7. Students suspended from school will not be eligible to participate in games or practice.
8. Participants must have permission from the coach or sponsor to be excused from missing a practice or contest.
9. Students who participate in sports or clubs that require eligibility will not be permitted to participate while homebound.
10. Students receiving homebound may participate in non-eligibility based clubs and school events if medically able.

**PRINCIPLE V. EXTRACURRICULAR RULES AND REGULATIONS**

- A. The coach may reduce the number of team members to the number the I.H.S.A. or I.E.S.A. allows to dress for a tournament.
- B. The coach may reduce the number of members of the squad to a lower number than specified by state organization (I.H.S.A. - I.E.S.A.) because of disciplinary action.
- C. If another school activity conflicts with practice or a game, the coach should be notified immediately so the conflict may be resolved. Activities outside the school should not conflict with practices or games unless cleared through the coach.
- D. A student's appearance, including dress and hygiene, must not disrupt the educational process or compromise standards of health and safety. The school does not prohibit hairstyles historically associated with race, ethnicity, or hair texture, including, but not limited to, protective hairstyles such as braids, locks, and twists. Students who disrupt the educational process or compromise standards of health and safety must modify their appearance.

E. Practice and Games

1. Before their first practice, students must have a current (within 395 days) physical on file with the school nurse in their building, have a signed extra-curricular form on file with the athletic office, and the IHSA PED testing policy and agreement form signed and on file in the Athletic Office. An activity fee of \$75 for each season (fall, winter, spring) is to be collected by the coach or turned in at the activities office prior to the first contest. If the fee presents a financial hardship, please speak to the activities director. No one will be excluded from activities because of inability to pay.
2. No participants with an unexcused absence from school will be allowed at games or practice sessions.
3. If there is any reason why participants have to miss a practice, he or she should notify the coach personally. Notifications must be as far in advance as possible.

4. All participants must cooperate in seeing that equipment is not damaged or lost.
5. All participants are responsible for their equipment and must pay for each item damaged or lost.
6. All managers will keep medical equipment clean and in good repair.
7. The coaches' offices and training room are off limits to students unless the coach invites them in.
8. Squads may lift weights only if the coach is present in the weight room.
9. Locker rooms should be left in an orderly fashion.
10. No cleats or spikes are to be worn in the building or on the bleachers.
11. If a participant does not ride on school transportation (bus/van) to or from an away contest, students must have a completed transportation waiver on file with the athletic office.
12. When in route to and from scheduled contests, and in the presence of the public, athletes not attired in team uniforms should dress to the standards set by the respective coaches.
13. When the school is closed due to inclement weather, athletic practices shall be held only with the consent of the respective school principal or athletic director. (If an athlete cannot participate, no recourse will be taken).
14. Students quitting or dismissed from the squad after the first contest will not be allowed to participate in open gym or start a new sport season until the previous season ends for that sport in which they were involved without the permission of the administration and both coaches involved.
15. Students failing a class may not be allowed to miss that class for early dismissal for contests.
16. The teacher and coach will confer on what is in the best interest of both programs.
17. **In order for the consequences from a suspension due to handbook violations to count, a student must complete the entire season in good standing. If a student drops from the team and then desires to participate in a future activity, the student will start the original consequences over that were in effect for previous activity.**

#### F. Injuries

1. All participants in the athletic program must be covered by school insurance or a signed insurance waiver stating they have comparable insurance. Student participants will not be allowed to participate in extracurricular practices or activities until a signed student/participation form is received by the Activities Director.
2. Any school-connected injury shall be immediately reported to the coach, the school nurse and athletic director as soon as possible.
3. If an individual has any special medical problems, the athletic director, coach, and nurse shall be informed. Paperwork may need to be filed with the IHSA for certain medical conditions.
4. It is the responsibility of the athlete to bring the coach a written release from the doctor if that athlete has received a disabling injury. The Athletic Director will keep such releases on file. G.

#### Uniforms

1. All equipment and uniforms issued will be the responsibility of each individual team member with respect to care and maintenance.
2. No awards will be given until the equipment and uniforms have either been turned in or paid for by the athlete.
3. Equipment and uniforms are not to be worn at any time other than the athletic contest or at the direction of the coach.
4. The district allows a student to modify his or her athletic or team uniform for the purpose of modesty in clothing or attire that is in accordance with the requirements of his or her religion, cultural values, or modesty preferences. A student is not required to receive the prior approval of the school board for such modification

## **PRINCIPLE VII. ATHLETIC AWARDS**

Senior High School Guidelines for Athletic Awards - Appropriate awards will be made in all sports for those meeting the requirements stipulated as follows:

### **A. General Requirements for all participants**

1. Academic good standing
2. Attendance at practice
3. Team Spirit
4. Desire to show improvement
5. Cooperation and dependability
6. Finish the sports season

### **B. Award applying to all sports:**

If an athlete has participated in a particular sport for three (3) years, but has not received a major letter in that sport prior to his/her senior year, he/she shall be awarded a major letter his/her fourth year of participation in that sport.

Athletes at Rochester High School may earn a varsity chenille letter by meeting certain requirements for participation. An athlete may receive only one chenille letter award. If he/she meets requirements for a second varsity award he/she will receive a certificate along with a gold pin.

Athletes meeting award requirements as freshmen shall receive numbers for the anticipated year of graduation.

Athletes that meet award requirements during their sophomore year shall receive a chenille patch. Athletes may receive only one Rocket patch. Athletes meeting requirements for a second sophomore award may only receive the certificate.

Managers will receive similar awards as their level of participation by meeting the coaches' requirements. Freshman managers will receive numbers and sophomore managers will receive a junior varsity chenille patch. Varsity managers will receive a varsity chenille letter, certificate and gold pin.

## **EXTRACURRICULAR PRE-SEASON MEETING**

The Board of Education, administration, and coaching staff of Rochester Community School District Are requesting your assistance in improving our extracurricular programs. We feel communication between the school and parents is imperative for good programs. Rochester Junior and Senior High School administrators and coaches feel it is extremely important to maintain an open line of communication between the home and the school. To facilitate this communication, each coach will hold a pre-season meeting for all members of the teams representing Rochester in the Illinois High School Association, Illinois Elementary School Association, and the Illinois Music Educators Association. Parent/guardian and students will also be required to sign an extracurricular form. The form provides proof of insurance, serves as an emergency medical treatment release form, media release consent form, and shows acceptance by parents/guardians and students of the rules and regulations set forth in this handbook.

The pre-season meeting allows the coach the opportunity to communicate the rules and procedures for Rochester teams to the parents of participating students. All participating students, parents, guardians, or principal/athletic approved person, **MUST** attend a preseason meeting before the student may participate in a contest (unless there are extenuating circumstances). If the parent/guardian or approved person cannot attend the announced preseason meeting, he/s he must contact the district coach to receive information on the time and the place of a make-up meeting.

This meeting is not intended as a punishment, but a way to guarantee that all parents and participants understand the rules and requirements for participation in the Rochester extracurricular program. School and association rules on attendance, grades, practice, contests, behavior, drug and alcohol policies, and team regulations will be covered.

## **ATHLETIC TICKET PRICES**

High School Football, Boys Soccer, Girls Volleyball, Boys Basketball, Girls Basketball, Wrestling, Girls Soccer

Varsity Level Contests		Freshman Only Contests	
Adults	\$8.00	Adults	\$5.00
K-12 Students	\$6.00	K-12 Students	\$3.00
Sr. Citizens (55+)	\$6.00	Sr. Citizens (55+)	\$3.00
Veterans/Active Military	\$6.00	Veterans/Active Military	\$3.00

Middle School & Junior High Boys Basketball, Girls Basketball, Volleyball

Adults	\$5.00
Students	\$3.00
Sr. Citizens (55+)	\$3.00
Veterans/Active Military	\$3.00

- **Rochester students will not be charged admission to events at the school in which they are a student OR if they attend the event with their parents.**
- **The maximum admission fee per family (parents and children) is \$30 per event.**

## **ATHLETIC SEASON PASSES**

Annual sports passes are offered that are good for admission to all sporting events for that particular school year. The cost of a family pass is \$200, and the cost of an individual pass is \$100. Tournaments and post season play are not included. For more information contact the Director of Activities at 498-9761

## **GUIDELINES FOR INDOOR SPORTING EVENTS**

Students are encouraged to attend extracurricular contests at Rochester. There are certain guidelines that need to be reviewed with all students from elementary through high school.

Students should stand for the National Anthem and the school song. Good sportsmanship should be displayed at all times.

Students must wear shirts at all times

## **SPORTSMANSHIP CODE**

Never dispute the decision of an official. Never "boo" the opponents. Win without boasting. Lose without apologizing.

## **Pom Pon**

The Pom Pon squad provides half-time entertainment at the home basketball and football games. Members of the squad are chosen in the spring of the year. Pom Pon squad members are chosen on the basis of dance ability, coordination, mastery of routine, rhythm, appearance, and enthusiasm. The members of the Pom Pon Squad must abide by the rules and regulations of the athletic handbook in addition to the rules set by the Pom Pon squad sponsor.

## **Central State Eight Conference**

RHS is a member of the Central State Eight Conference along with Chatham Glenwood, Decatur MacArthur, Decatur Eisenhower, Jacksonville, Normal U High, Lincoln, Springfield High School, Springfield Lanphier, Springfield Sacred Heart Griffin, and Springfield Southeast.

## IHSA/IESA SANCTIONED ACTIVITIES CODE OF CONDUCT

### Level I

- Use or possession of tobacco or tobacco products.
- A conference with the parent(s), coach & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from team(s) or squad(s) for up to 25% of season
  - Development and completion of an approved school/community service plan for up to 20 clock hours may be considered in conjunction with or as an alternative to suspension

### Level II

- Repeated Level I Offense Being present at a place where underage drinking or illegal drug use takes place
- A conference with the parent(s), coach & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from team(s) or squad(s) for up to 50% of season
  - Development and completion of an approved school/community service plan for up to 40 clock hours may be considered in conjunction with or as an alternative to suspension

### Level III

- Repeated Level II Offense
- Use or possession of cannabis, a controlled substance, an inhalant, look-alike substances, or drug paraphernalia.
- Use or possession of alcohol
- Actions detrimental to the team, athletic program, and/or school (including but not limited to theft, vandalism, fighting, hazing, unsportsmanlike conduct, and insubordination)
- Inappropriate statements or symbols in written or spoken form including, but not limited to, name calling, profanity, obscenity, racial or ethnic slurs, or other derogatory statements or gestures
- A conference with the parent(s), coach & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from team(s) or squad(s) for up to 100% of season
  - Development and completion of an approved school/community service plan for up to 80 clock hours may be considered in conjunction with or as an alternative to suspension

### Level IV

- Repeated Level III Offense
- Sale or distribution of cannabis or a controlled substance
- Actions detrimental to the team, athletic program, and/or school (including but not limited to theft, vandalism, fighting, hazing, unsportsmanlike conduct, and insubordination)
- Actions leading to the student-athlete's arrest in which criminal charges are filed.
- Use or possession of a weapon
- A conference with the parent(s), coach & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)

- Removal from team(s) or squad(s) for up to two years
  - Development and completion of an approved school/community service plan for up to 160 clock hours may be considered in conjunction with or as an alternative to suspension.
- A student may be removed from an extracurricular/athletic activity if certain conduct is engaged in. This includes engaging in criminal activities, hazing and any activity that did cause or could cause serious bodily injury on school property or a school related organization or event.

## **FINE ARTS CODE OF CONDUCT**

### **Level I**

- Use or possession of tobacco or tobacco products.
- A conference with parent(s), sponsor & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from activities for up to 25% of season
  - Development and completion of an approved school/community service plan for up to 20 clock hours may be considered in conjunction with or as an alternative to suspension

### **Level II**

- Repeated Level I Offense
- Being present at a place where underage drinking or illegal drug use takes place
- A conference with parent(s), sponsor & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from activities for up to 50% of season
  - Development and completion of an approved school/community service plan for up to 40 clock hours may be considered in conjunction with or as an alternative to suspension

### **Level III**

- Repeated Level II Offense
- Use or possession of cannabis, a controlled substance, an inhalant, look-alike substances, or drug paraphernalia.
- Use or possession of alcohol
- Actions detrimental to the fine arts program, and/or school (including but not limited to theft, vandalism, fighting, hazing, unsportsmanlike conduct, and insubordination)
- A conference with parent(s), sponsor & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from activities for up to 100% of season
  - Development and completion of an approved school/community service plan for up to 80 clock hours
  - may be considered in conjunction with or as an alternative to suspension.

### **Level IV**

- Repeated Level III Offense
- Sale or distribution of cannabis or a controlled substance
- Actions detrimental to the fine arts and/or school (including but not limited to theft, vandalism, fighting, hazing, unsportsmanlike conduct, and insubordination)
- Actions leading to the student's arrest in which criminal charges are filed. Use or possession of a weapon
- A conference with parent(s), sponsor & Activities Director will be held. In addition consequences will include one or more of the following:

- Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
- Removal from activities for up to two years
- Development and completion of an approved school/community service plan for up to 160 clock hours may be considered in conjunction with or as an alternative to suspension

## **CLUBS, ORGANIZATIONS & OTHER ACTIVITIES CODE OF CONDUCT**

### **Level I**

- Use or possession of tobacco or tobacco products.
- A conference with parent(s), sponsor & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from activities for up to 25% of season
  - Development and completion of an approved school/community service plan for up to 20 clock hours may be considered in conjunction with or as an alternative to suspension

### **Level II**

- Repeated Level I Offense
- Being present at a place where underage drinking or illegal drug use takes place
- A conference with parent(s), sponsor & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from activities for up to 50% of season
  - Development and completion of an approved school/community service plan for up to 40 clock hours may be considered in conjunction with or as an alternative to suspension

### **Level III**

- Repeated Level II Offense
- Use or possession of cannabis, a controlled substance, an inhalant, look-alike substances, or drug paraphernalia
- Use or possession of alcohol
- Actions detrimental to the club(s), organization(s), activity and/or school (including but not limited to theft, vandalism, fighting, hazing, unsportsmanlike conduct, and insubordination)
- A conference with parent(s), sponsor & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Suspension from activities for up to 100% of season
  - Development and completion of an approved school/community service plan for up to 80 clock hours may be considered in conjunction with or as an alternative to suspension

### **Level IV**

- Repeated Level III Offense
- Sale or distribution of cannabis or a controlled substance
- Actions leading to the student's arrest in which criminal charges are filed.
- Actions detrimental to club(s), organization(s), activity and/or school (including but not limited to theft, vandalism, fighting, hazing, unsportsmanlike conduct, and insubordination)
- Use or possession of a weapon
- A conference with parent(s), sponsor & Activities Director will be held. In addition consequences will include one or more of the following:
  - Recommended participation in an approved counseling program when appropriate at the expense of the parent(s) or guardian(s)
  - Removal from activities for up to two years

**Fulfillment of Obligations-** Any suspension that cannot be fulfilled by the conclusion of the current season will be carried over with the balance of the suspension served during the student's next sport and/or activity. All suspensions and school/community service hours must be completed prior to a student regaining his/her eligibility. All school/community service hours are in addition to any required for graduation or by the judicial system.

**Self-Report Provision-** A first time violator, not caught in the act by a school administrator, teacher, coach, or staff member, who notifies the activities director or principal within 48 hours of the violation will have a reduction in his/her consequences of 50%.

**Honesty Clause - If honest the first time questioned, students found to be in violation of the extracurricular code of conduct may be given some leniency when consequences are issued.**

**Second Chance Provision-** A one time violator of levels I, II, or III who completes an approved counseling program & does not have a second violation at any level within one calendar year from the date of the first infraction would regain his/her status as having no previous violations. A student is eligible to exercise this provision only once.

**Due Process-** Following a reported violation the activities director will investigate the alleged violation. The student involved will have an opportunity to talk with the activities director and provide information regarding the alleged violation.

Following the activities director's investigation and subsequent meeting(s) with the student, the activities director will determine whether or not a violation occurred. In situations in which the activities director decides that a violation did occur he/she will administer consequences that are consistent with those listed in the Code of Conduct.

**Extracurricular Council of Appeals-** If the student & his/her parent(s) do not agree with the activities director's decision they may appeal to the Extracurricular Council of Appeals. The council, appointed by the Superintendent of Schools or his designee, will consist of an administrator, a member of the fine arts department, a coach (not the student's current coach), an organization/club sponsor, (not the student's current sponsor) & a counselor.

**Appeal Process-** Any student found in violation of the policy & his/her parent(s) not in agreement with the decision rendered by the activities director have the right to appeal, in writing, within three (3) days to the building principal. The principal will notify the council and the council will meet within one week of the receipt of the letter of appeal to make a determination. Violations that occur during the summer or breaks during the school year will be heard within 5 days of school reconvening. The student and parent(s) will have the opportunity to appear before the council and present information regarding the alleged infraction and the ruling by the Director of Activities.

**Community Service Option -** This may only be considered upon a student's first infraction of the extracurricular code.

## **ILLINOIS HIGH SCHOOL ASSOCIATION ELIGIBILITY ELIGIBILITY RULES**

When you become a member of an interscholastic team at your high school, you will find that both your school and the IHSA will have rules you must follow in order to be eligible for interscholastic participation. The IHSA's rules have been adopted by the high schools which are members of IHSA as part of the Association's constitution and by-laws. They must be followed as minimum standards for all interscholastic athletic competition in any member high school. Your high school may have additional requirements, but they may not be less stringent than these statewide minimums. The principal/official representative of your school is responsible to see that only eligible students represent the school in interscholastic competition. Any question concerning your eligibility should be referred to your principal/official representative, who has a complete copy of all IHSA eligibility rules, including the Association's due process procedure. Only the IHSA Executive Director is authorized to make formal rulings on eligibility, so if your principal/ official representative has questions or wishes assistance in answering your questions, the principal/ official representative should contact the IHSA Office. Information contained here highlights only the most important features of the IHSA bylaws regarding interscholastic eligibility. It is designed to make you aware of major requirements you must meet to be eligible to compete in interscholastic competition. You may lose eligibility for interscholastic competition if you are not in compliance with IHSA by-laws. Remember, if you have any questions regarding IHSA rules, please contact your principal/official representative.

**The complete set of IHSA By-laws and Policies is available at [www.ihsa.org](http://www.ihsa.org).**