

Lubbock-Cooper K-5 Breakfast Menu- South, North, West,
Central and East Elementary School Breakfast Program

Lubbock-Cooper ISD

1 Breakfast Entrée Breakfast Pizza Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit 100% Apple Juice Cup Mixed Fruit Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	2 Breakfast Entrée Grape-Filled Crescent Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit 100% Fruit Punch Cup Fresh Apple Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	3 Breakfast Entrée Cinnamon Roll w/ Sausage Patty Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Sliced Peaches 100% Grape Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	4 Breakfast Entrée Warm Breakfast on a Stick Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Sliced Peaches 100% Orange Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	5 Breakfast Entrée Homemade Kolache Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Unsweetened Applesauce 100% Apple Cherry Juice Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet
6 Breakfast Entrée Mini Pancake Sausage Wraps Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Fresh Apple 100% Fruit Punch Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	7 Breakfast Entrée Scrambled Eggs w/ Cheese & Buttery Biscuit Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Sliced Peaches 100% Grape Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	8 Breakfast Entrée Turkey Sausage Breakfast Pizza Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Unsweetened Applesauce 100% Orange Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	9 Breakfast Entrée Potato & Turkey Sausage Breakfast Burrito Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Fresh Apple 100% Fruit Punch Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	10 Breakfast Entrée Turkey Sausage, Egg & Cheese Big Bite Sandwich Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Unsweetened Applesauce 100% Orange Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet

11 Breakfast Entrée Double Cocoa Muffin Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit 100% Apple Juice Cup Mixed Fruit Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	12 Breakfast Entrée Double Berry Yogurt Parfait Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit 100% Fruit Punch Cup Fresh Apple Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	13 Breakfast Entrée Homemade Biscuit & Gravy w/ Turkey Sausage Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Sliced Peaches 100% Grape Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	14 Breakfast Entrée Warm Breakfast on a Stick Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Sliced Peaches 100% Orange Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	15 Breakfast Entrée Egg & Turkey Sausage Bagel Sandwich Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Unsweetened Applesauce 100% Apple Cherry Juice Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet
16 Breakfast Entrée Cinnamon & Sugar Donut Holes Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit 100% Fruit Punch Cup Fresh Apple Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	17 Breakfast Entrée Egg & Ham Big Bite Sandwich Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Sliced Peaches 100% Grape Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	18 Breakfast Entrée French Toast Sticks w/ Sausage Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Sliced Peaches 100% Orange Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	19 Breakfast Entrée Turkey Sausage Breakfast Pizza Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Unsweetened Applesauce 100% Apple Cherry Juice Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet	20 Breakfast Entrée Fluffy Pancakes w/ Sausage Patty Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Fruit Fresh Apple 100% Fruit Punch Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet

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Breakfast Entrée

Potato, Egg and Cheese
Breakfast Burrito
Cocoa Puffs Cereal w/ Toast
Lucky Charms Cereal w/ Toast
Froot Loops Cereal w/ Toast
Trix Cereal w/ Buttery Toast
Frosted Flakes Cereal w/ Toast
Cinnamon Toast Crunch w/ Toast
Sliced Peaches
100% Orange Juice Cup
Jelly Packet

Lubbock-Cooper 6-8 Breakfast Lubbock-Cooper Middle School
& Laura Bush Middle School Breakfast Program

1	2	3	4	5
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
French Toast Sticks Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Fluffy Pancake w/ Turkey Sausage Link Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Breakfast on a Stick w/ String Cheese Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Powdered Sugar Donut Holes Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Turkey Sausage Breakfast Pizza Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos
Fruit	Fruit	Fruit	Fruit	Fruit
100% Apple Juice Cup Mixed Fruit	Fresh Apple 100% Fruit Punch Cup	Unsweetened Applesauce 100% Orange Juice Cup	Fresh Apple 100% Grape Juice Cup	Sliced Peaches 100% Apple Cherry Juice
Milk	Milk	Milk	Milk	Milk
1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk
Misc.	Misc.	Misc.	Misc.	Misc.
Jelly Packet	Jelly Packet Pancake Syrup Packet	Jelly Packet Pancake Syrup Packet	Jelly Packet Pancake Syrup Packet	Jelly Packet Pancake Syrup Packet

6	7	8	9	10
Breakfast Entrée Turkey Sausage, Egg & Cheese Big Bite Sandwich Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Breakfast Entrée Warm Breakfast on a Stick Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Breakfast Entrée Homemade Biscuit & Gravy w/ Turkey Sausage Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Breakfast Entrée Fluffy Pancakes w/ Turkey Bacon Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Breakfast Entrée Scrambled Eggs w/ Waffles Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos
Fruit Fresh Apple 100% Grape Juice Cup	Fruit Applesauce 100% Orange Juice Cup	Fruit Sliced Peaches 100% Apple Cherry Juice	Fruit Fresh Apple 100% Grape Juice Cup	Fruit Sliced Peaches 100% Apple Cherry Juice
Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk
Misc. Jelly Packet Pancake Syrup Packet	Misc. Jelly Packet Pancake Syrup Packet	Misc. Jelly Packet Pancake Syrup Packet	Misc. Jelly Packet Pancake Syrup Packet	Misc. Jelly Packet Pancake Syrup Packet

11	12	13	14	15
Breakfast Entrée Blueberry Muffin w/ Cheese stick Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast	Breakfast Entrée French Toast Sticks w/ Turkey Sausage Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Breakfast Entrée Cinnamon & Sugar Donut Holes Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Breakfast Entrée Egg & Cheese Biscuit Sandwich Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Breakfast Entrée Chocolate-Filled Crescent Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos
Fruit 100% Apple Juice Cup Mixed Fruit	Fruit Fresh Apple	Fruit Fresh Apple 100% Grape Juice Cup	Fruit Sliced Peaches 100% Apple Cherry Juice	Fruit Fresh Apple 100% Grape Juice Cup
Milk 1% Low Fat White Milk Fat Free Chocolate Milk				
Misc. Jelly Packet				

	100% Grape Juice Cup	Milk	Milk	Milk
	Milk	1% Low Fat White Milk	1% Low Fat White Milk	1% Low Fat White Milk
	1% Low Fat White Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk
	Fat Free Chocolate Milk			
	Misc.	Misc.	Misc.	Misc.
	Jelly Packet	Jelly Packet	Jelly Packet	Jelly Packet
	Pancake Syrup Packet	Pancake Syrup Packet	Pancake Syrup Packet	Pancake Syrup Packet

16	17	18	19	20
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Glazed Cinnamon Rolls	Warm Cinnamon Oatmeal	Scrambled Eggs w/ Cheese & Buttery Toast	Fluffy Jumbo Waffles w/ Turkey Sausage	Grape-Filled Crescent
Cocoa Puffs Cereal w/ Toast	Cocoa Puffs Cereal w/ Toast	Cocoa Puffs Cereal w/ Toast	Cocoa Puffs Cereal w/ Toast	Cocoa Puffs Cereal w/ Toast
Lucky Charms Cereal w/ Toast	Lucky Charms Cereal w/ Toast	Lucky Charms Cereal w/ Toast	Lucky Charms Cereal w/ Toast	Lucky Charms Cereal w/ Toast
Froot Loops Cereal w/ Toast	Froot Loops Cereal w/ Toast	Froot Loops Cereal w/ Toast	Froot Loops Cereal w/ Toast	Froot Loops Cereal w/ Toast
Trix Cereal w/ Buttery Toast	Trix Cereal w/ Buttery Toast	Trix Cereal w/ Buttery Toast	Trix Cereal w/ Buttery Toast	Trix Cereal w/ Buttery Toast
Frosted Flakes Cereal w/ Toast	Frosted Flakes Cereal w/ Toast	Frosted Flakes Cereal w/ Toast	Frosted Flakes Cereal w/ Toast	Frosted Flakes Cereal w/ Toast
Cinnamon Toast Crunch w/ Toast	Cinnamon Toast Crunch w/ Toast	Cinnamon Toast Crunch w/ Toast	Cinnamon Toast Crunch w/ Toast	Cinnamon Toast Crunch w/ Toast
Egg & Bacon Breakfast Tacos	Egg & Bacon Breakfast Tacos	Egg & Bacon Breakfast Tacos	Egg & Bacon Breakfast Tacos	Egg & Bacon Breakfast Tacos
Turkey Sausage, Egg & Cheese	Turkey Sausage, Egg & Cheese	Turkey Sausage, Egg & Cheese	Turkey Sausage, Egg & Cheese	Turkey Sausage, Egg & Cheese
Taco	Taco	Taco	Taco	Taco
Cheesy Egg & Potato Breakfast	Cheesy Egg & Potato Breakfast	Cheesy Egg & Potato Breakfast	Cheesy Egg & Potato Breakfast	Cheesy Egg & Potato Breakfast
Tacos	Tacos	Tacos	Tacos	Tacos
Fruit	Fruit	Fruit	Fruit	Fruit
Fresh Apple	Fresh Apple	Sliced Peaches	Fresh Apple	Sliced Peaches
100% Grape Juice Cup	100% Grape Juice Cup	100% Apple Cherry Juice	100% Grape Juice Cup	100% Apple Cherry Juice
Milk	Milk	Milk	Milk	Milk
1% Low Fat White Milk	1% Low Fat White Milk	1% Low Fat White Milk	1% Low Fat White Milk	1% Low Fat White Milk
Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk
Misc.	Misc.	Misc.	Misc.	Misc.
Jelly Packet	Jelly Packet	Jelly Packet	Jelly Packet	Jelly Packet
Pancake Syrup Packet	Pancake Syrup Packet	Pancake Syrup Packet	Pancake Syrup Packet	Pancake Syrup Packet

21
Breakfast Entrée
Double Cocoa Muffin w/ Cheese stick
Cocoa Puffs Cereal w/ Toast
Lucky Charms Cereal w/ Toast
Froot Loops Cereal w/ Toast
Trix Cereal w/ Buttery Toast
Frosted Flakes Cereal w/ Toast
Cinnamon Toast Crunch w/ Toast
Egg & Bacon Breakfast Tacos
Turkey Sausage, Egg & Cheese
Taco
Cheesy Egg & Potato Breakfast
Tacos
Sliced Peaches
100% Orange Juice Cup
Jelly Packet

Lubbock-Cooper 9-12 Breakfast Menu
Lubbock-Cooper High School, New Hope
Academy
School Breakfast Program

Lubbock-Cooper ISD

1 Breakfast Pizza Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos Fruit Fresh Apple 100% Fruit Punch Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet Pancake Syrup Packet	2 Breakfast Entrée Mandarin orange Parfait Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos Fruit Applesauce Cup 100% Fruit Punch Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet Pancake Syrup Packet	3 Breakfast Entrée Breakfast on a Stick w/ String Cheese Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos Fruit Fresh Banana Orange Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet Pancake Syrup Packet	4 Breakfast Entrée Powdered Sugar Donut Holes Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos Fruit Fresh Apple 100% Grape Juice Cup Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet Pancake Syrup Packet	5 Breakfast Entrée Scrambled Eggs & Toast Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos Fruit Sliced Peaches 100% Apple Cherry Juice Milk 1% Low Fat White Milk Fat Free Chocolate Milk Misc. Jelly Packet Pancake Syrup Packet
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Mon	Tue	Wed	Thu	Fri
6 Breakfast Entrée	7 Breakfast Entrée	8 Breakfast Entrée	9 Breakfast Entrée	10 Breakfast Entrée

Turkey Sausage, Egg & Cheese Big Bite Sandwich Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Warm Breakfast on a Stick Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Homemade Biscuit & Gravy w/ Turkey Sausage Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Fluffy Pancakes w/ Turkey Bacon Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Scrambled Eggs w/ Waffles Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos
Fruit	Fruit	Fruit	Fruit	Fruit
Mixed Fruit 100% Grape Juice Cup	Fresh Apple 100% Grape Juice Cup	Sliced Peaches 100% Apple Cherry Juice	Fresh Apple 100% Grape Juice Cup	Sliced Peaches 100% Apple Cherry Juice
Milk	Milk	Milk	Milk	Milk
1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk
Misc.	Misc.	Misc.	Misc.	Misc.
Jelly Packet	Jelly Packet Pancake Syrup Packet	Jelly Packet	Jelly Packet Pancake Syrup Packet	Jelly Packet Pancake Syrup Packet

11 Banana Loaf w/ Strawberry Yogurt Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	12 Breakfast Entrée Homemade Kolache Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	13 Breakfast Entrée French Toast Sticks w/ Turkey Sausage Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	14 Breakfast Entrée Cinnamon & Sugar Donut Holes Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	15 Breakfast Entrée Egg & Cheese Biscuit Sandwich Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos
Fruit	Fruit	Fruit	Fruit	Fruit
Applesauce Cup 100% Grape Juice Cup	Applesauce Cup 100% Grape Juice Cup	Fresh Apple 100% Apple Cherry Juice Cup	Diced Pears 100% Orange Juice Cup	Sliced Peaches 100% Apple Juice
Milk	Milk	Milk	Milk	Milk
1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk

	Misc.	Fat Free Chocolate Milk	Misc.	Misc.
	Jelly Packet	Misc.	Jelly Packet	Jelly Packet
		Jelly Packet		
		Pancake Syrup Packet		

16	17	18	19	20	21
Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée	Breakfast Entrée
Chocolate-Filled Crescent Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Glazed Cinnamon Rolls Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Warm Cinnamon Oatmeal Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Scrambled Eggs w/ Cheese & Buttery Toast Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Fluffy Jumbo Waffles w/ Turkey Sausage Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos	Double Cocoa Muffin w/ Cheese stick Cocoa Puffs Cereal w/ Toast Lucky Charms Cereal w/ Toast Froot Loops Cereal w/ Toast Trix Cereal w/ Buttery Toast Frosted Flakes Cereal w/ Toast Cinnamon Toast Crunch w/ Toast Egg & Bacon Breakfast Tacos Turkey Sausage, Egg & Cheese Taco Cheesy Egg & Potato Breakfast Tacos Sliced Peaches 100% Orange Juice Cup Jelly Packet
Fruit	Fruit	Fruit	Fruit	Fruit	
Fresh Apple 100% Grape Juice Cup	Fresh Apple 100% Grape Juice Cup	Fresh Apple 100% Grape Juice Cup		Fresh Apple 100% Grape Juice Cup	
Milk	Milk	Milk	Milk	Milk	
1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	
Misc.	Misc.	Misc.	Misc.	Misc.	
Jelly Packet Pancake Syrup Packet	Jelly Packet Pancake Syrup Packet	Jelly Packet Pancake Syrup Packet	Jelly Packet Pancake Syrup Packet	Jelly Packet Pancake Syrup Packet	

Lubbock-Cooper PreK Lunch Menu
 South,Central,West,North,East Elementary
 National School Lunch Program

1 Lunch Entrée Cheeseburger Vegetables Tater Tots Fresh Baby Carrots Fruit Diced Pear Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser	2 Lunch Entrée Delicious Cheese Pizza Vegetables Steamed Corn Fruit Sliced Peaches Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser	3 Lunch Entrée Chicken Nuggets w/Roll Vegetables Seasoned Curly Fries Fresh Celery Sticks Fruit Fresh Orange Slices Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser	4 Lunch Entrée Golden Chicken Corn Dog Vegetables Vegetarian Baked Beans Fruit Unsweetened Applesauce Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser	5 Lunch Entrée Breaded Chicken Patty Sandwich Vegetables Seasoned 5 Way Mixed Vegetables Fresh-Cut Cucumber Slices Fruit Fresh Apple Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser
6 Lunch Entrée Turkey Hot Dog Vegetables Crispy Tater Tots Fresh Baby Carrots Fruit Cherry Applesauce Milk 1% Low Fat White Milk Misc. Ketchup Packet Mustard Packet	7 Lunch Entrée Delicious Cheese Pizza Vegetables Fresh Romaine Leaf & Spinach Salad Mix Fruit Sliced Peaches Milk 1% Low Fat White Milk Misc. Ranch Packet Ketchup Packet	8 Lunch Entrée Grande Cheesy Nachos Vegetables Vegetarian Refried Beans Fresh Celery Sticks Fruit Fresh Orange Slices Milk 1% Low Fat White Milk Misc. Ranch Packet Ketchup Packet	9 Lunch Entrée Classic Pepperoni Pizza Vegetables Fresh Celery Sticks Fruit Unsweetened Applesauce Milk 1% Low Fat White Milk Misc. Ranch Packet Ketchup Packet	10 Lunch Entrée Creamy Macaroni & Cheese Vegetables Peppered Broccoli Florets Fresh-Cut Cucumber Slices Fruit Fresh Apple Milk 1% Low Fat White Milk Misc. Ranch Packet Ketchup Packet

11 Lunch Entrée Ham & Cheese Sub Vegetables Steamed Corn Fresh Spinach Salad Mix Fruit Mixed Fruit Milk 1% Low Fat White Milk Misc. Ranch Packet Ketchup Packet Mustard Packet Mayo Packet	12 Lunch Entrée Delicious Cheese Pizza Vegetables Crispy Tater Tots Fresh Baby Carrots Fruit Cherry Applesauce Milk 1% Low Fat White Milk Misc. Ketchup Packet Mustard Packet	13 Lunch Entrée Down Home Chicken & Waffles Vegetables Hash Brown Sticks Fruit Sliced Peaches Milk 1% Low Fat White Milk Misc. Maple Syrup Cup Ranch Packet Ketchup Packet	14 Lunch Entrée Mini Corn Dogs Vegetables Vegetarian Baked Beans Celery Sticks Fruit Fresh Orange Slices Milk 1% Low Fat White Milk Misc. Ranch Packet Ketchup Packet Mustard Packet	15 Lunch Entrée Chicken Tenders w/Macaroni & Cheese Vegetables Fresh Baby Carrots Fruit Unsweetened Applesauce Milk 1% Low Fat White Milk Misc. Ranch Packet Ketchup Packet
16 Lunch Entrée Cheesy Chicken Quesadilla Vegetables Seasoned Refried Beans Fresh Baby Carrots Fruit Cherry Applesauce Milk 1% Low Fat White Milk Misc. Ketchup Packet Mustard Packet	17 Lunch Entrée Delicious Cheese Pizza Vegetables Fresh Romaine Leaf & Spinach Salad Mix Fresh Broccoli Fruit Sliced Peaches Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser	18 Lunch Entrée Beef BBQ Rib Sandwich Vegetables Steamed Corn Fresh Celery Sticks Fruit Fresh Orange Slices Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser	19 Lunch Entrée Classic Pepperoni Pizza Vegetables Zingy Fries Fresh Romaine Leaf & Spinach Salad Mix Fruit Unsweetened Applesauce Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser	20 Lunch Entrée Turkey Hot Dog Vegetables Crispy Tater Tots Fresh-Cut Cucumber Slices Fruit Fresh Apple Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser

21 Cheeseburger Tater tots Fresh Baby carrots Birthday cake Applesauce 1% low fat white milk Ketchup Packet Mustard Packet
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1	2	3	4	5
Grilled Cheese Sandwich Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Vegetables Peppered Broccoli Florets Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Lunch Entrée Spaghetti Marinara w/ Meatballs & Breadstick Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Vegetables Peppered Broccoli Florets Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser Fruit	Lunch Entrée Creamy Macaroni & Cheese w/ Chicken Nuggets Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Vegetables Spiced Green Beans Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Seasoned Curly Fries Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser Fruit	Lunch Entrée Chicken Teriyaki w/Noodles Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Vegetables Seasoned 5 Way Mixed Vegetables Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser Fruit Fresh Orange Slices	Lunch Entrée Homemade Turkey Hot Dog Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Vegetables Crispy Tater Tots Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser Fruit Fresh Apple

Fruit Fresh Apple Sliced Peaches	Fresh Pear Applesauce Cup	Fresh Banana Mixed Fruit	Diced Pears	Applesauce Cup
Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk

6	7	8	9	10
Lunch Entrée Creamy Garlic Chicken Penne Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée BBQ Glazed Beef Dipper Slider Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Chili Dog Hot Dog Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Golden Chicken Corn Dog Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Chicken Tenders w/Roll Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza
Grain Fluffy Garlic Breadstick	Vegetables Zingy Crinkle Fries Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Vegetables Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh Celery Sticks	Vegetables Steamed Corn Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Vegetables Seasoned Curly Fries Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh Celery Sticks Fresh-Cut Cucumber Slices
Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser
Fruit Fresh Orange Slices Sliced Peaches	Fruit Fresh apple Mixed Fruit	Fruit Fresh Banana Diced Pear	Fruit Fresh Orange Slices Unsweetened Applesauce	Fruit Fresh Apple Sliced Peaches
Milk 1% Low Fat White Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk

Fat Free Chocolate Milk		1% Low Fat White Milk Fat Free Chocolate Milk		Fat Free Chocolate Milk
11	12	13	14	15
Chili Cheese Fries w/ Pretzel Rods Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Homemade Pig in a Blanket Breakfast for Lunch - Eggs, Pancakes & Sausage Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Seasoned Chicken Parmesan with Whole Wheat Dinner Roll Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Down Home Chicken & Waffles Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Breaded Beef Fingers w/Roll Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza
Vegetables Steamed Corn Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Vegetables Hash Brown Sticks Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Vegetables Peppered Broccoli Florets Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Vegetables Crispy Tater Tots Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Vegetables Vegetarian Mashed Potatoes Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices
Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser				
Fresh Banana Diced Pears	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser Peppered Gravy
1% Low Fat White Milk Fat Free Chocolate Milk	Fruit Fresh Orange Slices Sliced Peaches	Fruit Fresh Apple Mixed Fruit	Fruit Fresh Banana Birthday cake Applesauce	Fruit Fresh Orange Slices Pineapple Tidbits
	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk	Milk 1% Low Fat White Milk Fat Free Chocolate Milk

16	17	18	19	20	21
Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée
Savory Salisbury Steak w/ Roll & Rice Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Creamy Macaroni & Cheese w/ Chicken Nuggets Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Mini Corn Dogs Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Homemade Beef & Bean Burrito Homemade Bean & Cheese Burrito Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Chicken Alfredo w/Breadstick Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	BBQ Beef Rib Patty Sandwich Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
		Seasoned Curly Fries Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix		Steamed Corn Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Steamed Corn Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices

Seasoned Mashed Potatoes Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Spiced Green Beans Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Fresh-Cut Cucumber Slices	Seasoned Curly Fries Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices		
Misc.	Misc.	Misc.	Misc.	Misc.	Misc.
Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Fresh Orange Sliced Peaches	Fresh Banana Pineapple Tidbits	Fresh Apple Blueberry Applesauce	Fresh Orange Slices Diced Pears	Fresh Banana Sliced Peaches	Fresh Apple Mixed Canned Fruit
Milk	Milk	Milk	Milk	Milk	Milk
1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk

Lubbock-Cooper K-5 Lunch Menu Lunch South,Central,West,North,East Elementary National School Lunch Program					Lubbock-Cooper ISD
1	2	3	4	5	
	Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée	
	Delicious Cheese Pizza Classic Pepperoni Pizza	Country Fried Steak w/ Roll w/ Gravy Homemade Bean & Cheese Burrito	Classic Pepperoni Pizza Golden Chicken Corn Dog	Breaded Chicken Patty Sandwich Fresh Turkey & Cheese Sub	

Lunch Entrée Cheeseburger Chicken Nuggets w/ Roll	Vegetables Steamed Corn Fresh Broccoli Florets Fresh Kale & Spinach Salad Mix	Vegetables Mashed Potatoes Fresh Baby Carrots Fresh Romaine Leaf & Spinach Salad Mix	Vegetables Vegetarian Baked Beans Fresh Romaine Leaf & Spinach Salad Mix Fresh Celery Sticks	Vegetables Seasoned 5 Way Mixed Vegetables Fresh Broccoli Florets Fresh Baby Carrots
Vegetables Tater Tots Fresh Baby Carrots Cucumber Slices	Fruit Juicy Pineapple Tidbits Unsweetened Applesauce	Fruit Fresh Apple Sliced Peaches	Fruit Fresh Orange Slices	Fruit Sweet Diced Peaches Unsweetened Applesauce
Fruit Diced Pear	Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk
Milk 1% Low Fat White Milk	Misc. Ranch Dispenser Ketchup Dispenser	Misc. Ranch Dispenser Ketchup Dispenser	Misc. Ranch Dispenser Ketchup Dispenser	Misc. Creamy Ranch Dressing

6	7	8	9	10
Lunch Entrée Turkey Hot Dog Cheesy Chicken Burrito	Lunch Entrée Delicious Cheese Pizza Grilled Cheese Sandwich	Lunch Entrée Cheesy Nachos Cheesy Beef Nachos	Lunch Entrée Classic Pepperoni Pizza Turkey & Cheese Croissant	Lunch Entrée Macaroni & Cheese w/ Roll Orange Chicken w/ Brown Rice
Vegetables Crispy Tater Tots Fresh Broccoli Florets Fresh Baby Carrots	Vegetables Mixed Veggies Fresh Cucumber Slices Fresh Kale & Spinach Salad Mix	Vegetables Vegetarian Refried Beans Fresh Salsa Fresh Romaine Leaf & Spinach Salad Mix	Vegetables Steamed Corn Fresh Romaine Leaf & Spinach Salad Mix Fresh Celery Sticks	Vegetables Peppered Broccoli Florets Fresh Lettuce & Spinach Mix Fresh Baby Carrots
Fruit Juicy Pineapple Tidbits Unsweetened Applesauce	Fruit Mixed Fruit Fresh Banana	Fruit Fresh Apple Sliced Peaches	Fruit Fresh Orange Slices Diced Pear	Fruit Sweet Diced Peaches Unsweetened Applesauce
Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk
Misc. Ranch Dispenser Ketchup Dispenser	Misc. Ranch Dispenser Ketchup Dispenser	Misc. Ranch Dispenser Ketchup Dispenser	Misc. Ranch Dispenser Ketchup Dispenser	Misc. Ranch Dispenser Ketchup Dispenser

11	12	13	14	15	
Lunch Entrée Breaded Chicken Patty Sandwich Fresh Turkey & Cheese Sub Vegetables Seasoned 5 Way Mixed Vegetables Fresh Broccoli Florets Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fruit Sweet Sliced Peaches Fresh Apple Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Lunch Entrée Delicious Cheese Pizza Chicken Alfredo w/Breadstick Vegetables Spiced Green Beans Fresh Baby Carrots Fresh-Cut Cucumber Slices Fruit Fresh Banana Mixed Fruit Milk Fat Free Chocolate Milk 1% Low Fat White Milk Misc. Creamy Ranch Dressing Ketchup Packet	Lunch Entrée Down Home Chicken & Waffles Chicken Fried Steak Burger Vegetables Potato Wedges Cucumbers Fresh Baby Carrots Fruit Frozen Blueberries Birthday Cake Applesauce Milk Fat Free Chocolate Milk 1% Low Fat White Milk Misc. Creamy Ranch Dressing Ketchup Packet Maple Syrup Cup	Lunch Entrée Classic Pepperoni Pizza Mini Corn Dogs Vegetables Seasoned Curly Fries Fresh Celery Sticks Fruit Fresh Orange Slices Diced Pears Milk Fat Free Chocolate Milk 1% Low Fat White Milk Misc. Ketchup Packet Creamy Ranch Dressing	Lunch Entrée BBQ Glazed Beef Dipper Slider Creamy Macaroni & Cheese w/ Chicken Tenders Vegetables Broccoli with Cheese Sauce Fresh Lettuce & Spinach Mix Fresh Sliced Tomatoes Fruit Fresh Apple Unsweetened Applesauce Milk Fat Free Chocolate Milk 1% Low Fat White Milk Misc. Ketchup Packet Creamy Ranch Dressing BBQ Sauce	
16	17	18	19	20	21
Lunch Entrée Cheesy Chicken Quesadilla Breaded Chicken Patty Sandwich Vegetables Classic Refried Beans Fresh Salsa Fresh Broccoli Florets Fruit Juicy Pineapple Tidbits Unsweetened Applesauce	Lunch Entrée Delicious Cheese Pizza Chili Cheese Fries w/ Pretzel Rods Vegetables Zingy Crinkle Fries Seasoned Peas & Carrots Fresh Broccoli Florets Fruit Juicy Pineapple Tidbits Unsweetened Applesauce	Lunch Entrée BBQ Beef Rib Sandwich Creamy Macaroni & Cheese w/ Chicken Nuggets Desserts Dessert, Apple Crisp, Homemade Vegetables Fresh Baby Carrots Fresh Romaine Leaf & Spinach Salad Mix	Lunch Entrée Cheesy Chicken Tender Sliders Classic Pepperoni Pizza Vegetables Fresh Romaine Leaf & Spinach Salad Mix Fresh Celery Sticks Fruit Fresh Orange Slices Milk	Lunch Entrée Turkey Hot Dog Cheesy Chicken Flour Tacos Vegetables Steamed Corn Fresh Lettuce & Spinach Mix Fresh Baby Carrots Fresh Salsa Fruit Sweet Diced Peaches Unsweetened Applesauce Milk Fat Free Chocolate Milk 1% Low Fat White Milk	

Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Fruit Fresh Apple Sliced Peaches	Fat Free Chocolate Milk 1% Low Fat White Milk	Milk Fat Free Chocolate Milk 1% Low Fat White Milk	Misc. Creamy Ranch Dressing Ketchup Packet
Misc. Ranch Dispenser Ketchup Dispenser	Misc. Ranch Dispenser Ketchup Dispenser	Milk Fat Free Chocolate Milk 1% Low Fat White Milk Misc. Ranch Dispenser Ketchup Dispenser	Misc. Ranch Dispenser Ketchup Dispenser	Misc. Creamy Ranch Dressing Ketchup Packet	

Lubbock-Cooper SY 9-12 Lunch Lubbock-Cooper High School & New Hope Academy NSLP					
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1	2	3	4	5
Lunch Entrée Popcorn Chicken Snowbowl w/ Roll Fresh Ham & Cheese Sub Fresh Turkey & Cheese Sub Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Vegetables Sliced Cooked Carrots Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Seasoned Curly Fries Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix	Lunch Entrée BBQ Glazed Beef Dipper Slider Chicken Nachos w/Spanish Rice Italian Beef Penne in Pomodoro Sauce Beefy Nachos w/Spanish Rice Italian Chicken in HM Pomodoro Sauce over WW Penne Creamy Garlic Chicken Penne Creamy Pesto Italian Beef Penne Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Spaghetti Marinara w/ Homemade Meatballs & Breadstick Fresh Ham & Cheese Sub Fresh Turkey & Cheese Sub Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Supreme Pizza Vegetables Peppered Broccoli Florets Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes	Lunch Entrée Creamy Macaroni & Cheese w/ Chicken Nuggets Italian Chicken in HM Pomodoro Sauce over WW Penne Italian Beef Penne in Pomodoro Sauce Creamy Garlic Chicken Penne Creamy Pesto Italian Beef Penne Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Country Fried Steak w/ Roll Fresh Ham & Cheese Sub Fresh Turkey & Cheese Sub Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Lunch Entrée Country Fried Steak w/ Roll Fresh Ham & Cheese Sub Fresh Turkey & Cheese Sub Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Vegetables Corn on the Cob Mashed Potatoes Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes

Fresh-Cut Cucumber Slices

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser
Mayo Dispenser
Mustard Dispenser

Fruit

Fresh Orange Slices
Sliced Peaches
1% Low Fat White Milk
Fat Free Chocolate Milk

Vegetables

Seasoned Mashed Potatoes
Classic Refried Beans
Homemade Salsa
Fresh Shredded Lettuce
Fresh Diced Tomatoes
Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh Celery Sticks

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser
Mayo Dispenser
Mustard Dispenser

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser
Mayo Dispenser
Mustard Dispenser

Fruit

Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh-Cut Cucumber Slices

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser
Mayo Dispenser
Mustard Dispenser

Fruit

Fresh Apple
Sliced Pears

Milk

1% Low Fat White Milk
Fat Free Chocolate Milk

Vegetables

Spiced Green Beans
Classic Refried Beans
Homemade Salsa
Fresh Shredded Lettuce
Fresh Diced Tomatoes
Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh Celery Sticks
Fresh-Cut Cucumber Slices

Misc.

Country style Gravy
Sour Cream
Ranch Dispenser
Ketchup Dispenser
Mayo Dispenser
Mustard Dispenser

Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh-Cut Cucumber Slices

Vegetables

Corn on the Cob
Mashed Potatoes
Classic Refried Beans
Homemade Salsa
Fresh Shredded Lettuce
Fresh Diced Tomatoes
Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh-Cut Cucumber Slices

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser
Mayo Dispenser
Mustard Dispenser
Peppered Gravy

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser
Mayo Dispenser
Mustard Dispenser
Peppered Gravy

Fruit

Fresh Orange Slices
Sliced Peaches
Unsweetened Applesauce

1% Low Fat White Milk
Fat Free Chocolate Milk

Fruit

Fresh Orange Slices
Sliced Peaches
Unsweetened Applesauce

Birthday cake applesauce
Fresh banana

Milk

1% Low Fat
White Milk
Fat Free Chocolate
Milk

Fruit

Fresh Orange Slices
Sliced Peaches
Sweet Mixed Fruit

Milk

1% Low Fat White Milk
Fat Free Chocolate Milk

1% Low Fat White Milk
Fat Free Chocolate Milk

6

Lunch Entrée

Homemade Turkey Hot Dog
Chicken Nachos w/Spanish Rice
Beefy Nachos w/Spanish Rice
Grilled Cheeseburger
Spicy Chicken Patty Sandwich
Breaded Chicken Patty Sandwich
Classic Pepperoni Pizza
Delicious Cheese Pizza

Vegetables

Crispy Tater Tots
Classic Refried Beans Homemade
Salsa
Fresh Shredded Lettuce
Fresh Diced Tomatoes
Fresh Pico
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh-Cut Cucumber Slices

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser

7

Lunch Entrée

Creamy Garlic Chicken Penne w/
Breadstick
Chicken Nachos w/Spanish Rice
Beefy Nachos w/Spanish Rice
Grilled Cheeseburger
Spicy Chicken Patty Sandwich
Breaded Chicken Patty Sandwich
Classic Pepperoni Pizza
Delicious Cheese Pizza

Vegetables

Peppered Broccoli Florets
Classic Refried Beans
Homemade Salsa
Fresh Shredded Lettuce
Fresh Diced Tomatoes
Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach Salad
Mix
Fresh-Cut Cucumber Slices

Misc.

Light Sour Cream

8

Lunch Entrée

BBQ Glazed Beef Dipper Slider
Chicken Nachos w/Spanish Rice
Beefy Nachos w/Spanish Rice
Grilled Cheeseburger
Spicy Chicken Patty Sandwich
Breaded Chicken Patty Sandwich
Classic Pepperoni Pizza
Delicious Cheese Pizza

Vegetables

Zingy Crinkle Fries
Classic Refried Beans Homemade
Salsa
Fresh Shredded Lettuce
Fresh Diced Tomatoes
Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh-Cut Cucumber Slices

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser

9

Lunch Entrée

Ultimate Grilled Cheese Sandwich
Pepperoni Grilled Cheese Sandwich
Chicken Nachos w/Spanish Rice
Beefy Nachos w/Spanish Rice
Grilled Cheeseburger
Spicy Chicken Patty Sandwich
Breaded Chicken Patty Sandwich
Classic Pepperoni Pizza
Delicious Cheese Pizza
Chicken Fajita Pizza

Vegetables

Seasoned Peas & Corn
Classic Refried Beans
Homemade Salsa
Fresh Shredded Lettuce
Fresh Diced Tomatoes
Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh Celery Sticks

Misc.

10

Lunch Entrée

Golden Chicken Corn Dog
Chicken Nachos w/Spanish Rice
Beefy Nachos w/Spanish Rice
Grilled Cheeseburger
Spicy Chicken Patty Sandwich
Breaded Chicken Patty Sandwich
Classic Pepperoni Pizza
Delicious Cheese Pizza

Vegetables

Steamed Corn
Classic Refried Beans Homemade
Salsa
Fresh Shredded Lettuce
Fresh Diced Tomatoes
Fresh Pico
Seasoned Curly Fries
Fresh Baby Carrots
Fresh Broccoli Florets
Fresh Romaine Leaf & Spinach
Salad Mix
Fresh-Cut Cucumber Slices

Misc.

Light Sour Cream
Ranch Dispenser
Ketchup Dispenser

Mayo Dispenser Mustard Dispenser	Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Mayo Dispenser Mustard Dispenser	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Mayo Dispenser Mustard Dispenser
Fruit	Fruit	Fruit	Fruit	Fruit
Fresh Orange Slices Sliced Mango Applesauce	Fresh Apple Mixed Fruit	Fresh Banana Canned Peaches	Fresh Orange Slices Sweet Birthday cake Aplesauce	Fresh Apple Canned Pear
Milk	Milk	Milk	Milk	Milk
1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk

11	12	13	14	15
Chili Cheese Fries w/ Pretzel Rods Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Chicken Tenders w/Roll Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Orange Chicken w/ Brown Rice Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza Taco Pizza	Lunch Entrée Italian Pulled Beef in Homemade Pomodoro Sauce w/ Spaghetti Creamy Garlic Chicken Penne Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Lunch Entrée Seasoned Chicken Parmesan with Whole Wheat Dinner Roll Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza
Vegetables Steamed Corn Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Vegetables Seasoned Curly Fries Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh Celery Sticks Fresh-Cut Cucumber Slices	Vegetables Steamed Baby Carrots Classic Refried Beans Italian Veggie Blend Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh Celery Sticks Fresh-Cut Cucumber Slices	Vegetables Seasoned Green beans Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Vegetables Peppered Broccoli Florets Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices
Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser		Misc. Light Sour Cream Ranch Dispenser	Misc. Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser
Fresh Banana Diced Pears				
1% Low Fat White Milk				

Fat Free Chocolate Milk	Mustard Dispenser	Misc.	Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Mustard Dispenser
	Fruit	Savory Beef Gravy Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Fruit	Fruit
	Diced Pear Fresh Banana		Fresh Apple Diced Peaches	Fresh Apple Canned Pears
	Milk		Milk	Milk
	1% Low Fat White Milk Fat Free Chocolate Milk		1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk
		Fruit		
		Fresh Orange Slices Sweet Mixed Fruit		
		Milk		
		1% Low Fat White Milk Fat Free Chocolate Milk		

16	17	18	19	20	21
Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée	Lunch Entrée
Down Home Chicken & Waffles Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Breaded Beef Fingers w/Roll w/Gravy Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Savory Salisbury Steak w/ Roll & Rice Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Creamy Macaroni & Cheese w/Chicken Nuggets Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Mini Corn Dogs Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza	Chicken Parmesan w/ Breadstick Chicken Nachos w/Spanish Rice Beefy Nachos w/Spanish Rice Grilled Cheeseburger Spicy Chicken Patty Sandwich Breaded Chicken Patty Sandwich Classic Pepperoni Pizza Delicious Cheese Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Crispy Tater Tots Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix	Vegetarian Mashed Potatoes Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach			Seasoned Curly Fries Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix	Peppered Broccoli Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix

Fresh-Cut Cucumber Slices	Salad Mix Fresh-Cut Cucumber Slices	Seasoned Corn Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Spiced Green Beans Classic Refried Beans Homemade Salsa Fresh Shredded Lettuce Fresh Diced Tomatoes Fresh Pico Fresh Baby Carrots Fresh Broccoli Florets Fresh Romaine Leaf & Spinach Salad Mix Fresh-Cut Cucumber Slices	Fresh-Cut Cucumber Slices	Fresh-Cut Cucumber Slices
Misc.	Misc.		Misc.	Misc.	Misc.
Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser			Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser
Fruit	Fruit	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser Brown Gravy	Light Sour Cream Ranch Dispenser Ketchup Dispenser Mayo Dispenser Mustard Dispenser	Fruit	Fruit
Fresh Apple Diced Peaches	Fresh Orange Slices Sliced Mixed Fruit	Fruit	Fruit	Diced Pear Fresh Banana	Diced Pear Fresh Banana
Milk	Milk	Applesauce Fresh Pear	Fresh Orange Slices Sliced Peaches	Milk	Milk
1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk	Milk	Milk	1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk
		1% Low Fat White Milk Fat Free Chocolate Milk	1% Low Fat White Milk Fat Free Chocolate Milk		