BREAKFAST

OCTOBER 2026

Griggs County Central

Items highlighted on the menu will be charged as seconds if another serving is wanted.

"This institution is an equal opportunity provider."



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Danish Cereal Fruit	2 Long John Cereal Fruit
5 Cereal Yogurt Fruit	6 Scrambled Eggs Ham Fruit	7 French Toast Cereal Fruit	8 Muffin Cereal Fruit	9 Cinnamon Roll Cereal Fruit
12 Cereal Yogurt Fruit	13 Cheese Omelet Cereal Fruit	14 Pancakes Cereal Fruit	15 Poptart Cereal Fruit	16 Donut Cereal Fruit
19 Cereal Yogurt Fruit	20 Egg Patty Sausage Cereal Fruit	21 Waffle Cereal Fruit	22 No School	23 No School
26 Cereal Yogurt Fruit	27 Breakfast Sandwich Cereal Fruit	28 French Toast Cereal Fruit	29 Bagel Cereal Fruit	30 Long John Cereal Fruit

Skim, 1%, or Chocolate Skim Milk is served daily with breakfast. Juice is served daily with breakfast. Federal Regulations require that students take a serving of fruit each day with breakfast – juice meets that fruit requirement. On Friday's students may have the choice of cereal instead of the muffin or roll being served but will be charged for seconds if they choose both.