The CHS PRESS

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MLB is underway

Baseball is here and Opening Day in Major League Baseball marks the beginning of a new season, filled with hope, dreams, excitement, and the promise of a fresh start for teams and fans alike. This annual tradition is much more than just a game; it's a celebration of baseball's rich history and its significance in American culture. Opening day will begin on March 26, the earliest it has ever been scheduled in MLB history. The first game, though, will be on March 25, between the San Francisco Giants and the New York Yankees in a highly anticipated wait for the first pitch of the season. The top 5 favorites for winning the World Series are the LA Dodgers, New York Yankees, Seattle Mariners, New York Mets, and Philadelphia Phillies. Just like the MLB young Canistota and Sticks teams will begin practicing soon!

Prom Schedule

Canistota Prom Schedule
Saturday, April 11th

When you arrive at school, please bring your change of clothes and personal items with you. They will be put into locked girls' and boys' locker rooms.

The school will be open starting at 5:30 pm for pictures.

Meet in the barn, please be early/on time for your scheduled time.
5:45 - Freshman
6:00 - Sophomores
6:15 - Juniors
6:30 - Seniors

7:15 Lineup for Grand March
- Meet in the hallway by the gym doors (entrance to the stage) for lineup, starting with seniors and dates.

7:30 Grand March

8:30 Banquet
- Directly after the grand march the banquet will start
- **No one will be admitted if they leave the building**
- Filter back to the dance after eating

11:45 Dance Over
- Move/take down necessary items.

12:00 Transition to After Prom
- For after-prom questions, please reach out to a junior parent.

12:00-3:00 After Prom at School

If you have any questions, email me at morgan.e.larson@k12.sd.us.

Mark Your Calendar

April 9
Field Events: 1 pm, Running Events: 2:45, JH Track Meet in Scotland
April 11
Prom
April 12
FBLA State Leadership Conference in Pierre
April 13
FBLA State Leadership Conference in Pierre
Field Events: 2 pm, Running Events: 3 pm, JH Track and Field Meet in Salem
7 pm School Board Meeting
April 14
FBLA State Leadership Conference in Pierre
12 pm - 7 pm Rasmussen Track Relay in Salem

The CHS PRESS Staff

The CHS PRESS staff includes Co-Editors: Ellie Becker and Malachi Weber. Staff Reporters Miles Belt-Hanson, Ty Jacobsen, , Ellia Hjermstad, Clara Remacle, Emma Carter, Roo Acheson, Ambur Haag, Alina Bertleson, Lilli Schenkel, Lola Conn, Abigail Keller, Amelia Remacle, and Robert Knochennus; Advisor: April Marquardt. The opinions expressed in The CHS PRESS editorials do not necessarily reflect the Canistota School District views. The CHS Press is a student-run newspaper, providing staff members the opportunity to practice ethics and responsible journalism practices and activities.

Senior Spotlight: Michelle Seitz

By Staff Reporter: Lilli Schenkel

This week, we are proud to present Michelle Seitz for our Senior Spotlight. Born in Sacramento, California from Katie and Gerry Seitz, Michelle has four siblings named Shyloh, Mathew, Colby, and Cameron. She also has five other step siblings. After high school, Michelle plans to complete her apprenticeship and pursue her tattoo career as an independent artist. Her dream job is to be a tattoo artist and mentor. Michelle shared that she feels as though she has a good hold on her future and has set herself up to an easy path for reaching her goals. Her favorite class in high school was her composition class in her Junior year with Mr. Schumacher. She told us that she loved the way he taught and made her excited to read and encouraged her to keep writing her own stories. She shared that her girlfriend Kaydence has made the biggest impact on her life because she has been so supportive and patient throughout every hard patch. "Kaydence is one of the most generous and caring person I have ever met and I would not be where I am now if I hadn't met Kaydence." Her favorite quote is, "You were born an original, don't become a copy."- Coco Chanel. Some of her hobbies are practicing tattoos, hiking, playing guitar, and skateboarding. She is involved in Once Act, FBLA, Skills USA and Educators Rising. She said the thing she will miss most about high school is being able to easily have social opportunities that could greatly benefit her life. The advice she would give to underclassmen is to seize the moment and do what makes you happy instead of always focusing on the books. She also says, "focus on things that will make you memories." Her favorite things are lasagna and garlic knots, summer, fourth of July, sand volleyball in the summer and watching hockey in the winter. The last piece of advice she shared was that high school isn't about being the smartest in the classroom or the best on the team, because when we all leave school it won't matter how good your game was or the score you got on that test. She said if you aren't a good person at heart and don't carry yourself with confidence and respect others, you won't find people that will make you feel good. Focus on yourself and the picture you have of yourself instead of focusing on what everyone else sees and thinks of you.

Paraprofessional Appreciation

By Staff Co-Editor: Ellie Becker

April 1st was Paraprofessional Day! We thank all of our paras at Canistota for all that they do. They all put in time and effort to ensure every student has a great education and experience at school!

Back row L to R: *Jill Egan, Wendy Kleinsasser, Kirsten Kostboth, Kim Marquardt, Melanie Eichmann. Front row L to R: Lynda Kludt, Erin Church, Tracy Huggins, Cassie Mehlbrech. Missing from the photo are Megan Weber and Susie Schroeder*

The Power of Music

By Staff Reporter: Lola Conn

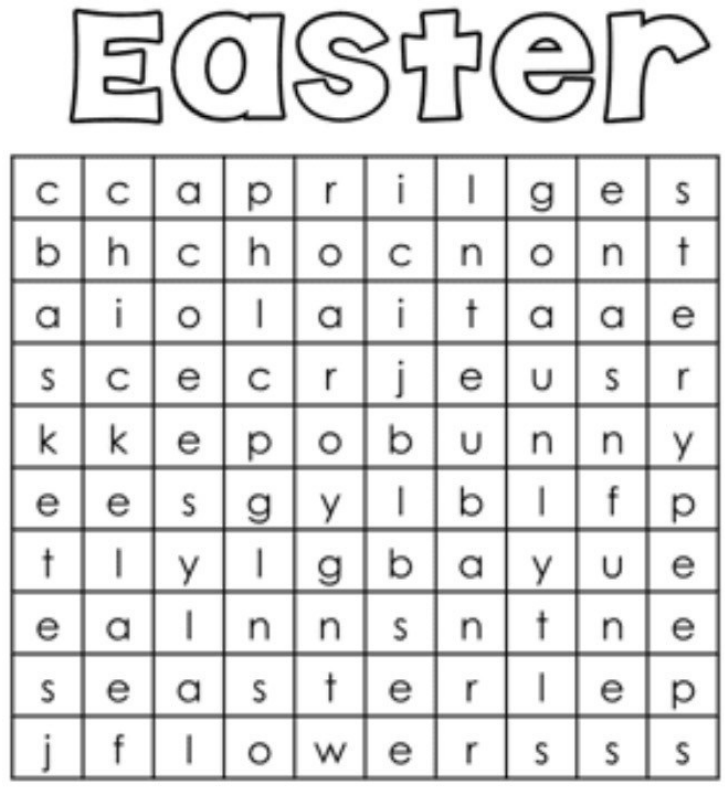
Music matters because it connects people in ways words cannot. It can shape moods, help you process emotions, and even bring back memories from just a few words. Whether it's a song that hypes you up before a big moment or one that helps you get through a tough day, music becomes part of each student's story. It also brings cultures together, letting people share experiences and ideas across the world without needing the same language. In a lot of ways, music isn't just entertainment—it's a powerful form of expression that helps us understand ourselves and each other better.

here is the top 10 music playlist from the Canistota school students

1-All night by Beyoncé
2-The Show Goes On
3– Just the Way You Are
4-Beautiful Girls
5-Mr. Brightside
6-Appetite
7-Nokia
8- Good Days
9-True
10-You Da One

Easter Traditions

By Staff Reporter: Roo Acheson

Easter weekend is often looked forward to by many individuals at Canistota school. With Easter comes fun traditions! Below is a list of CHS students favorite Easter traditions they like to do.

- One family tradition is that everyone wakes up and gets ready to head to their uncle's house for easter baskets.
- A tradition another student does is that the family goes to church, then when they get home, opens Easter baskets, and then around lunch time goes to their grandparents' house.
- Another one is that their immediate family goes to worship and sing to the Lord!
- Another student's family likes to have a giant feast and play card games.