# CHATHAM CENTRAL SCHOOL DISTRICT

## Over-the-Counter Medication Orders

If you wish to have your child receive any of these over-the-counter medications during the school year, please **check the box** next to the medications you wish them to receive. ***You AND your child's physician MUST sign and date this form.***

**Students Name:**_____ **DOB:**_____ **Allergies:**_____

### Standing Physician's Orders- VALID FOR ONE SCHOOL YEAR

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|---|---|---|
| ☐ | **Acetaminophen/ Tylenol**<br>fever, pain, headache, menstrual cramps | **Q4-6hrs PRN during the school day**<br>**Liquid or Chewable:** 24–35 lbs: 5 mL OR 1 tab, 36–47 lbs: 7.5 mL OR 1.5 tabs, 48–59 lbs: 10 mL OR 2 tabs, 60–71 lbs: 12.5 =mL or 2.5 tabs, 72-95 lbs 15ml OR 3 tabs<br>**Pills:** 1 tab- 325mg, 2 tabs- 650mg |
| ☐ | **Ibuprofen, Motrin, Advil**<br>fever, pain, headache, menstrual cramps | **Q4-6hrs PRN during the school day**<br>**Liquid or Chewable:** 24–35 lbs: 5 mL OR 1 tab, 36–47 lbs: 7.5 mL OR 1.5 tabs, 48–59 lbs: 10 mL OR 2 tabs, 60–71 lbs: 12.5 mL or 2.5 tabs, 72-95 lbs 15ml OR 3 tabs<br>**Tablets:** 1 tab- 200mg, 2 tabs- 400mg |
| ☐ | **Benadryl (diphenhydramineHCL/antihistamine)** allergy symptoms-hives<br>**1 time dose-**<br>Parents will be contacted before administering the dose. | **Liquid:12.5/5mls:** 6-11 y.o 5-10mls,<br>**Chewable: 12.5mg/tab:** 6-11 y.o 12.5-25mg- 1-2 tabs, >12 y.o. 25-50mg- 2-4 tabs<br>**Pills: 25mg/tab:** 6-12 y.o 1 tab, > 12 y.o 1-2 tab |
| ☐ | **Caladryl/Calmine/Benadryl cream:**<br>for inflamed skin, skin rash from poison ivy, bug bites | Topical use for inflamed skin during school day 1-2 |
| ☐ | **Bacitracin/Neosporin/antibiotic Ointment:** for infected skin lesions/wounds | Topical use for infected skin/wounds during the school day |
| ☐ | **Hydrocortisone cream 0.5 to 1.0%:** For topical use for poison ivy, sunburn, and/or atopic dermatitis on skin: | Topical use for inflamed skin during: apply up to 2 times during the school day. |
| ☐ | **Skin lotion/Vaseline/ Petroleum jelly**: For cracked skin, dry skin | Topical use for dry skin during the school day: apply to the affected area as needed during the school day. Vaseline can be used to protect minor cuts/burns. |
| ☐ | **Sting relief/bite swabs: (Benzocaine wipes/swabs)**<br>Pain and itching associated with but bites. | Topical use for bug bites: may be used on the affected area up to 4 times per day. |
| ☐ | **Cough drops/lozenges:** | For sore/scratchy throat, cough: 1 lozenge Q2H during the school day. |
| ☐ | **TUMS chewable:**<br>for stomach upset, acid indigestion, heartburn, sour stomach, | 12 years and older- 2-4 tabs as needed during school day |
| ☐ | **Lubricating Eye drops:** Relief of burning, irritation, discomfort due to dryness of the eyes or exposure to wind, sun, or allergies | 1-2 drops in eyes, PRN during the school day |
| ☐ | **Chapstick:** For dry/chapped lips | Apply to the affected area as needed during the school day |

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**PHYSICIAN'S SIGNATURE**_____ **Date:**_____

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**PARENT/GUARDIAN CONSENT: I authorize Chatham Central school nurses to administer OTC medications as ordered and to treat my child during the school day.**

**Parent/Guardian signature:**_____ **Date**_____

***Return to the school nurse after all sections of the form have been completed.***
***M.E.D fax: 518-392-2795, CMS fax :518-392-1559, CHS fax: 518-392-08***