

November BREAKFAST menu

**Menu Subject to
Change Without
Notice**

*School breakfast is
free to all TK - 8th
grade students!*

A la carte water or milk
= 50 cents

Monday

Tuesday

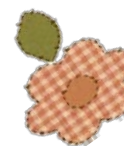
Wednesday

Thursday

Friday



Fall



**Yogurt Variety w/
Granola**

Orange Juice & Fresh Fruit
1% Milk/NF Choc. Milk

Pan Dulce

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**Cinnamon Toast
Crunch Cereal**

String Cheese
Orange Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**Maple Pancake (Chicken)
Sausage Sandwich**

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**Frosted Mini-Wheats
Cereal**

String Cheese
Orange Juice & Fresh Fruit
1% Milk/NF Choc. Milk



Non-Student Day



Veterans Day

Cinnamon Swirl

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**French Toast Sticks
w/ Syrup**

String Cheese
Orange Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**Blueberry Chex
Cereal**

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**Turkey Sausage, Egg
& Cheese Bagel**

String Cheese
Orange Juice & Fresh Fruit
1% Milk/NF Choc. Milk

Pan Dulce

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**Cinnamon Toast
Crunch Cereal**

String Cheese
Orange Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**Maple Pancake (Chicken)
Sausage Sandwich**

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

**Frosted Mini-Wheats
Cereal**

String Cheese
Orange Juice & Fresh Fruit
1% Milk/NF Choc. Milk



Happy Thanksgiving



[www.etiwanda.org/page/
child-nutrition](http://www.etiwanda.org/page/child-nutrition)

USDA Breakfast
requires students to
take at least 3 food
items, with at least one
being a fruit or fruit
juice.

Current Menu Options are
Pork Free

**This institution is an equal
opportunity provider**