



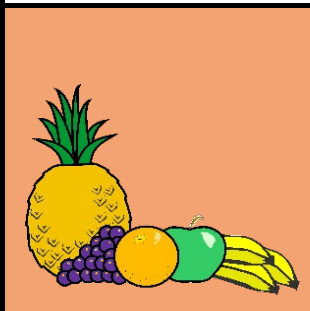
September Breakfast Menu



**Menu Subject to
Change Without
Notice**

*School breakfast is
free to all TK - 8th
grade students!*

A la carte water or milk
= 50 cents



[www.etiwanda.org/page/
child-nutrition](http://www.etiwanda.org/page/child-nutrition)

USDA Breakfast
requires students to
take at least 3 food
items, with at least one
being a fruit or fruit
juice.

Current Menu Options are
Pork Free

****This institution is an equal
opportunity provider****

Monday	Tuesday	Wednesday	Thursday	Friday
 No School - Labor Day	2 Honey Cheerios Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	3 Oatmeal Chocolate Chip Breakfast Round String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	4 French Toast Sticks w/ Syrup String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	5 Blueberry Chex Cereal String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk
 Non-Student Day	9 Pan Dulce String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	10 Cinnamon Toast Crunch Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	11 Maple Pancake (Chicken) Sausage Sandwich String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	12 Frosted Mini-Wheats Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk
15 Egg & Fiesta Cheese Croissant String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	16 Honey Cheerios Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	17 Cinnamon Swirl String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	18 French Toast Sticks w/ Syrup String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	19 Blueberry Chex Cereal String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk
22 Turkey Sausage, Egg & Cheese Bagel String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	23 Pan Dulce String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	24 Cinnamon Toast Crunch Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	25 Maple Pancake (Chicken) Sausage Sandwich String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	26 Frosted Mini-Wheats Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk
29 Egg & Fiesta Cheese Croissant String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	30 Honey Cheerios Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk			

