



# January



## Elementary Lunch Menu

Menu Subject to Change without Notice



Monday

Tuesday

Wednesday

Thursday

Friday



Bring on the  
NEW YEAR!



School lunch is free to all TK-8th grade students!



5  
**Bean & Cheese Burrito**  
Golden Corn & Side Salad  
Fruit Variety  
Strawberry-Mango Ice Cup  
(Made with 100% Fruit Juice!)  
1% Milk/NF Choc. Milk

6  
**Orange Chicken w/ Rice**  
Crispy Chow Mein Noodles  
Broccoli & Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

7  
**All-Beef Hot Dog on a Bun**  
Baked Beans  
Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

8  
**Beef Soft Taco**  
Baby Carrots  
Shredded Lettuce  
Fruit Variety  
1% Milk/NF Choc. Milk

9  
**Italian (Turkey) Combo Sandwich w/ Cheese**  
Brookie  
Green Beans & Shredded Lettuce  
Fruit Variety  
1% Milk/NF Choc. Milk

12  
**Chicken Patty on a Bun**  
Baked Beans  
Tomato & Shredded Lettuce  
Fruit Variety  
1% Milk/NF Choc. Milk

13  
**Teriyaki Chicken w/ Rice**  
Crispy Chow Mein Noodles  
Broccoli & Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

14  
**Chicken Nuggets**  
Goldfish Crackers  
Golden Corn & Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

15  
**Beef Taco Salad w/ Chips**  
Baby Carrots  
Salsa Cup  
Fruit Variety  
1% Milk/NF Choc. Milk

16  
**Deep Dish Cheese Pizza**  
Cool Cucumbers  
Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

19  
*Martin Luther King Day*  
Holiday

20  
**Beef Hamburger on a Bun**  
Oven Fries  
Tomato & Shredded Lettuce  
Fruit Variety  
1% Milk/NF Choc. Milk

21  
**Cheese Quesadilla**  
Snickerdoodle Cookie  
Refried Beans & Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

22  
**Pasta with Meat Sauce**  
Garlic Knot  
Romaine Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

23  
**Cheesy Pull-Aparts w/ Marinara**  
Brookie  
Baby Carrots & Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

26  
**Baked Beef and Cheese Taco Roll-Up**  
Golden Corn  
Shredded Lettuce  
Fruit Variety  
1% Milk/NF Choc. Milk

27  
**Chicken Patty on a Bun**  
Cool Cucumbers  
Tomato & Shredded Lettuce  
Fruit Variety  
1% Milk/NF Choc. Milk

28  
**Macaroni & Cheese**  
Corn Muffin Star  
Baby Carrots & Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

29  
**Chicken Nuggets**  
Mixed Berry Cookies  
Baked Beans & Side Salad  
Fruit Variety  
1% Milk/NF Choc. Milk

30  
  
No School

A la carte water or milk = 50 cents

[www.etiwanda.org/page/child-nutrition](http://www.etiwanda.org/page/child-nutrition)

USDA Lunch requires students to take 3 of 5 food groups, one being a fruit or vegetable. Lunch includes your choice of Non-Fat Chocolate or 1% White Milk.

Current Menu Options are Pork Free

\*\*This institution is an equal opportunity provider\*\*