



January



Elementary Lunch Menu

**Menu Subject to
Change without
Notice**



**School lunch is free
to all TK-8th grade
students!**

Monday

Tuesday

Wednesday

Thursday

Friday



**Bring on
the
NEW YEAR!**



5
Bean & Cheese Burrito
Golden Corn & Side Salad
Fruit Variety
Strawberry-Mango Ice Cup
(Made with 100% Fruit Juice!)

6
**Orange Chicken w/
Rice**
Crispy Chow Mein Noodles
Broccoli & Side Salad
Fruit Variety

7
**All-Beef Hot Dog on a
Bun**
Baked Beans
Side Salad
Fruit Variety

8
Beef Soft Taco
Baby Carrots
Shredded Lettuce
Fruit Variety

9
**Italian (Turkey) Combo
Sandwich w/ Cheese**
Brookie
Green Beans & Shredded Lettuce
Fruit Variety

12
**Chicken Patty on a
Bun**
Baked Beans
Tomato & Shredded Lettuce
Fruit Variety

13
**Teriyaki Chicken w/
Rice**
Crispy Chow Mein Noodles
Broccoli & Side Salad
Fruit Variety

14
Chicken Nuggets
Goldfish Crackers
Golden Corn & Side Salad
Fruit Variety

15
**Beef Taco Salad w/
Chips**
Baby Carrots
Salsa Cup
Fruit Variety

16
**Deep Dish Cheese
Pizza**
Cool Cucumbers
Side Salad
Fruit Variety

19
Martin Luther King Day
Holiday

20
**Beef Hamburger on a
Bun**
Oven Fries
Tomato & Shredded Lettuce
Fruit Variety

21
Cheese Quesadilla
Snickerdoodle Cookie
Refried Beans & Side Salad
Fruit Variety

22
Pasta with Meat Sauce
Garlic Knot
Romaine Side Salad
Fruit Variety

23
**Cheesy Pull-Aparts w/
Marinara**
Brookie
Baby Carrots & Side Salad
Fruit Variety

26
**Baked Beef and Cheese
Taco Roll-Up**
Golden Corn
Shredded Lettuce
Fruit Variety

27
**Chicken Patty on a
Bun**
Cool Cucumbers
Tomato & Shredded Lettuce
Fruit Variety

28
Macaroni & Cheese
Corn Muffin Star
Baby Carrots & Side Salad
Fruit Variety

29
Chicken Nuggets
Mixed Berry Cookies
Baked Beans & Side Salad
Fruit Variety

30

No School

A la carte water or milk
= 50 cents

[www.etiwanda.org/page/
child-nutrition](http://www.etiwanda.org/page/child-nutrition)

USDA Lunch requires
students to take 3 of 5
food groups, one being a
fruit or vegetable. Lunch
includes your choice of
Non-Fat Chocolate or 1%
White Milk.

**Current Menu Options are
Pork Free**

****This institution is an equal
opportunity provider****