

September Breakfast Menu



**Menu Subject to
Change Without
Notice**

*School breakfast is
free to all TK - 8th
grade students!*

A la carte water or milk
= 50 cents

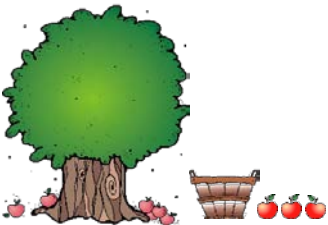


[www.etiwanda.org/page/
child-nutrition](http://www.etiwanda.org/page/child-nutrition)

USDA Breakfast requires
students to take at least
3 food items, with at
least one being a fruit or
fruit juice.

Current Menu Options are
Pork Free

***This institution is an equal
opportunity provider***

Monday	Tuesday	Wednesday	Thursday	Friday
	Pan Dulce String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Cinnamon Toast Crunch Cereal (25% less sugar!) String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Maple Pancake (Chicken) Sausage Sandwich String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Golden Grahams Cereal String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk
 Labor Day No School	Honey Cheerios Cereal String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Cinnamon Swirl String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	French Toast Sticks w/ Syrup String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Trix Cereal (25% less sugar & No artificial colors!) String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk
Egg & Cheese Breakfast Scrambler String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Pan Dulce String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Cinnamon Toast Crunch Cereal (25% less sugar!) String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Maple Pancake (Chicken) Sausage Sandwich String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	 Non-Student Day No School
Honey Cheerios Cereal String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Turkey Ham, Egg & Cheese on English Muffin String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Cinnamon Swirl String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	French Toast Sticks w/ Syrup String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Trix Cereal (25% less sugar & No artificial colors!) String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk
Yogurt Variety w/ Strawberry Crème Simply Chex String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Pan Dulce String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	Cinnamon Toast Crunch Cereal (25% less sugar!) String Cheese Wildberry Juice & Fresh Fruit 1% Milk/NF Choc. Milk		