

August Breakfast Menu

**Menu Subject to
Change Without
Notice**

*School breakfast is
free to all TK - 8th
grade students!*

A la carte water or milk =
50 cents



www.etiwanda.org/page/child-nutrition

USDA Breakfast requires
students to take at least 3
food items, with at least
one being a fruit or fruit
juice.

Current Menu Options are
Pork Free

****This institution is an equal
opportunity provider****

Monday

Tuesday

Wednesday

Thursday

Friday



10

**Vanilla Belgian
Waffle**

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

11

**Honey Cheerios
Cereal**

String Cheese
Wildberry Juice & Fresh Fruit
1% Milk/NF Choc. Milk

12

Cinnamon Swirl

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

13

**French Toast Sticks
w/ Syrup**

String Cheese
Wildberry Juice & Fresh Fruit
1% Milk/NF Choc. Milk

14

Trix Cereal
(25% less sugar & No artificial
colors!)

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

17

**Egg & Cheese
Breakfast Scrambler**

String Cheese
Wildberry Juice & Fresh Fruit
1% Milk/NF Choc. Milk

18

Pan Dulce

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

19

**Cinnamon Toast
Crunch Cereal**
(25% less sugar!)

String Cheese
Wildberry Juice & Fresh Fruit
1% Milk/NF Choc. Milk

20

**Maple Pancake
(Chicken) Sausage
Sandwich**

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

21

**Golden Grahams
Cereal**

String Cheese
Wildberry Juice & Fresh Fruit
1% Milk/NF Choc. Milk

24

**Honey Cheerios
Cereal**

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

25

**Turkey Ham, Egg &
Cheese on English
Muffin**

String Cheese
Wildberry Juice & Fresh Fruit
1% Milk/NF Choc. Milk

26

Cinnamon Swirl

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

27

**French Toast Sticks
w/ Syrup**

String Cheese
Wildberry Juice & Fresh Fruit
1% Milk/NF Choc. Milk

28

Trix Cereal
(25% less sugar & No artificial
colors!)

String Cheese
Apple Juice & Fresh Fruit
1% Milk/NF Choc. Milk

31

**Yogurt Variety w/
Strawberry Crème
Simply Chex**

String Cheese
Wildberry Juice & Fresh Fruit
1% Milk/NF Choc. Milk

