

November Elementary Lunch Menu

Wednesday

Cheese Quesadilla

Refried Beans & Side Salad

Fruit Variety

Blue Raspberry-Lemon Ice Cup

(Made with 100% Fruit Juice!)

1% Milk/NF Choc. Milk

12

19



Friday

Menu subject to **Change without Notice**



School lunch is free to all TK-8th grade students!



Mini Chicken Corn Dogs

Monday

Baked Beans Side Salad Fruit Variety 1% Milk/NF Choc. Milk



Non-Student Day No School

Bean & Cheese Burrito

Broccoli & Side Salad Fruit Variety

Strawberry-Mango Ice Cup Made with 100% Fruit Juice! 1% Milk/NF Choc. Milk

Beef Hamburger on a Bun

Tuesday

Crinkle Cut Fries Tomato & Shredded Lettuce Fruit Variety 1% Milk/NF Choc. Milk

1 1

Cheese Pizza Crunchers w/ Marinara

> Romaine Side Salad Fruit Variety

1% Milk/NF Choc. Milk

Thanksgiving Feast:

Breaded Drumstick with Mashed Potatoes, Side Salad, Fresh Fruit, Cinnamon Apple **Cup and Pumpkin Cookie**

1% Milk/NF Choc. Milk

Beef Ravioli Garlic Bread Stick

> Romaine Side Salad Fruit Variety

Thursday

1% Milk/NF Choc. Milk

13

20

Chicken Nuggets

Mixed Berry Cookies Baked Beans & Side Salad **Fruit Variety**

1% Milk/NF Choc. Milk

Beef Soft Taco

Baby Carrots Shredded Lettuce Fruit Variety 1% Milk/NF Choc. Milk Bites W/ Marinara **Brookie**

Mozzarella Cheese

Baby Carrots & Side Salad **Fruit Variety** 1% Milk/NF Choc. Milk

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Macaroni & Cheese

Corn Muffin Star Baby Carrots & Side Salad Fruit Variety

1% Milk/NF Choc. Milk

Italian (Turkey) Combo Sandwich w/ Cheese

Brookie

Green Beans & Shredded Lettuce Fruit Variety

1% Milk/NF Choc. Milk



A la carte water or milk = 50 cents

www.etiwanda.org/page/ child-nutrition

USDA Lunch requires students to take 3 of 5 food groups, one being a fruit or vegetable. Lunch includes your choice of Non-Fat Chocolate or 1% White Milk.

Current Menu Options are Pork Free

This institution is an equal opportunity provider



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Baked Beans Side Salad Fruit Variety 1% Milk/NF Choc. Milk

Veterans Day - No School





