



October Breakfast Menu

**Menu Subject to
Change Without
Notice**

*School breakfast is
free to all TK - 8th
grade students!*

A la carte water or milk
= 50 cents

In 2023, over 2.5
billion breakfasts
were served to
students nationwide
under the federal
**School Breakfast
Program!**



[www.etiwanda.org/page/
child-nutrition](http://www.etiwanda.org/page/child-nutrition)

USDA Breakfast
requires students to
take at least 3 food
items, with at least one
being a fruit or fruit
juice.

**Current Menu Options are
Pork Free**

****This institution is an equal
opportunity provider****

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Oatmeal Chocolate Chip Breakfast Round String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	2 French Toast Sticks w/ Syrup String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	3 Blueberry Chex Cereal String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk
 Non-Student Day	7 Pan Dulce String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	8 Cinnamon Toast Crunch Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	9 Maple Pancake (Chicken) Sausage Sandwich String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	10 Frosted Mini-Wheats Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk
13 Egg & Fiesta Cheese Croissant String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	14 Honey Cheerios Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	15 Cinnamon Swirl String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	16 French Toast Sticks w/ Syrup String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	17 Blueberry Chex Cereal String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk
20 Turkey Sausage, Egg & Cheese Bagel String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	21 Pan Dulce String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	22 Cinnamon Toast Crunch Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	23 Maple Pancake (Chicken) Sausage Sandwich String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	24 Frosted Mini-Wheats Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk
27 Egg & Fiesta Cheese Croissant String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	28 Honey Cheerios Cereal String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	29 Oatmeal Chocolate Chip Breakfast Round String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk	30 French Toast Sticks w/ Syrup String Cheese Orange Juice & Fresh Fruit 1% Milk/NF Choc. Milk	31 Blueberry Chex Cereal String Cheese Apple Juice & Fresh Fruit 1% Milk/NF Choc. Milk