JUNIOR HIGH

ROCKET NEWSLETTER

NOV. 22ND, 2026

WEEKLY REMINDERS:

Mon Nov. 23rd
- **GBB IESA Regionals @ Sherrard**
- **BBB @ Monmouth Roseville**

Tue Nov. 24th

Wed Nov. 25th
- **No School**

Thur Nov. 26th
- **No School**
- **HAPPY THANKSGIVING**

Fri Nov. 27th
- **No School**

IMPORTANT LINKS

- Lumen
- JH Morning Announcements
- Student handbook
- Music Newsletter
- JH/HS Event Calendar

Dear Parents and Guardians,

We have a short, two-day week ahead before Thanksgiving Break! School is in session on Monday, November 23rd, and Tuesday, November 24th, with no school from Wednesday, November 25th, through Friday, November 27th.

On Monday, November 23rd, our Lady Rockets basketball team begins IESA Regionals at Monmouth-Roseville. Best of luck to our team! If you need winter spirit wear or holiday gifts, the Rockridge Boosters have opened a new online apparel store linked below.

Please also take a moment to review our School Health Guidelines in this issue to help keep everyone healthy this season, along with Mrs. Hoover's counseling update.

We are grateful for your ongoing partnership and wish your family a wonderful Thanksgiving!

Sincerely,
Mrs. Corlett

The Rockridge Boosters opened up another store! Check it out here: https://stores.inksoft.com/rockridge_boosters_apparel_2026/shop/home



JUNIOR HIGH

ROCKET RIPPLE EFFECT

REFLECTIONS FROM THE SCHOOL COUNSELOR

We all have the need to be **Known**, Seen, & Loved to experience **belonging** and **feel safe.**

Hello Parents and Guardians,

As we've all settled back into our normal school year behaviors, attitudes and schedules, it may seem like some our goals and habits have become fuzzy or mundane, but we don't ever want to lose sight of what's important! This month we talked a lot about Organization & Time Management and the difference between what needs to get done, what we want to accomplish and what we do with the time left over. A few questions you can ask your child are: "Is your locker clean? What's on your to-do list, and what takes priority?" Hopefully it won't look out of order, but it may be a great opportunity to communicate expectations if your lists don't match. While we didn't take the time to review individual screen time, I believe some students' eyes were opened to how much time they were spending on screens instead of something more productive. If you don't regularly check, take a moment right now to take a peek at your child's screen time (phone, gaming systems, TV, etc.) Collaboratively come up with a goal to decrease that time, if it feels excessive. Decide what habits may need a jump start and which ones seem to be proving to lead to success. Also, take a moment to tell them what you're proud of! We ALL have a NEED to be seen, known & loved.

Character Dares:

Make Their Day: Send a message to 3 people with the goal of making their day. This could be a fun memory, a thoughtful compliment, or an inside joke.

Offline Escape: Set a timer for your phone or computer screen time, and turn off the screen when the timer goes off. Use the time you save to engage in an activity that you enjoy, like reading, drawing, or going for a walk.

Actual Rockridge Jr. High student data





Actual Rockridge Jr. High Principal!





November is: National Gratitude Month

Gratitude is more than simply saying "thank you." Gratitude's amazing powers have the ability to shift us from focusing on the negative to appreciating what is positive in our lives. Practicing daily gratitude gives us a deeper connection to ourselves and the world around us.





Academic Corner

It's a good idea to start having conversations about what your child wants to do in the future! You can navigate interests together! Click the link to explore!

https://onetinterestprofiler.org/



SCHOOL HEALTH GUIDELINES: STAYING HEALTHY AT SCHOOL

MONITORING STUDENT WELLNESS

Monitor your students closely for contagious illnesses and follow the guidelines below. If you have any questions, please do not hesitate to call the school and talk to the health office.

Symptom	Stay Home If	Go Back to School After
Cough and Cold Symptoms	Too sick for regular activities	Fever is gone for 24 hours without medication and your child feels better
Eye Discharge	Yellow or green pus appears	24 hours after the first dose of antibiotic drops have been given.
Fever	Temperature reads 100°F or higher	No fever above 100°F with using fever reducing medication for 24 hours.
Flu Like Symptoms	Body aches, fever, severe fatigue, persistent cough, excessive nasal drainage	No fever above 100°F with using fever reducing medication for 24 hours. Feels well enough to participate in classroom.
Rash	Please ensure that any new onset of a rash is evaluated by a healthcare provider before your student comes to school	24 hours after medication started (if needed) and doctor gives okay to return to school.
Sore Throat	Strep throat diagnosis	24 hours after beginning antibiotics.
Stomachache	Vomited more than once or had diarrhea more than twice in last 24 hours	24 hours after no vomiting or diarrhea without medication.

Amanda Lewis RHS, RJHS
Jesssica Stubbs, Andalusia & Taylor Ridge
Kristin Tucker, Illinois City Elementary

Rockridge JH

YEARBOOK

$25 each 26/27 yearbook

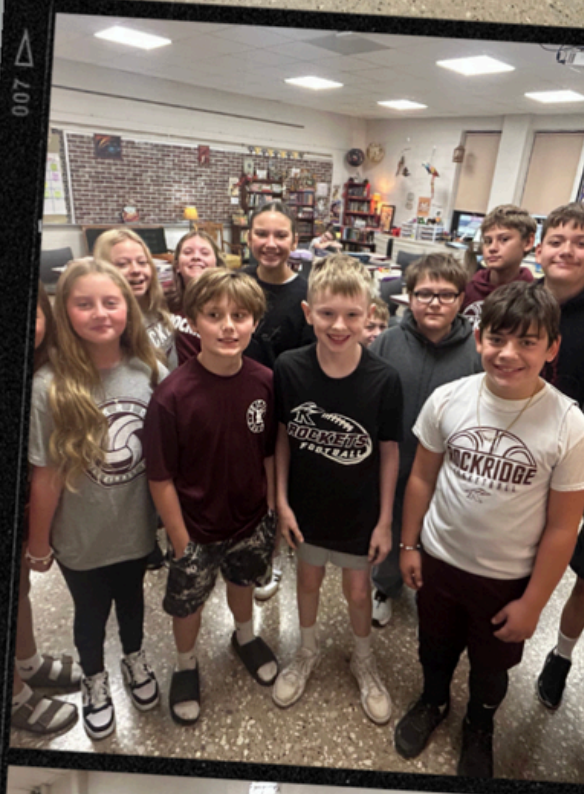
https://www.inter-state.com/YearbookEntry/0715VB

Scan me

Orders Open through March 2027









ATTENDANCE MATTERS

ALL DAY. EVERY DAY

It adds up...

EVERY Tardy

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EVERY Absence

EVERY MINUTE COUNTS

ONE DAY	→ ONE WEEK	→ ONE MONTH	→ ONE YEAR
15 MINUTES	= 1.25 HOURS	= DAYS 1	= DAYS 8
30	= 2.5 HOURS	= DAYS 2	= DAYS 16

EVERY MINUTE COUNTS!

ROCKRIDGE

School Break Planner

2026-2027 SCHOOL YEAR

Labor Day	**3 DAY WEEKEND** SEPT 5-7 - NO SCHOOL
Columbus Day	**3 DAY WEEKEND** OCT 10-12 - NO SCHOOL
P/T Conferences	**4 DAY WEEKEND** OCT 30-NOV 2 - NO SCHOOL
Thanksgiving Break	**5 DAY WEEKEND** NOV 25-29 - NO SCHOOL
Christmas Break	**14 DAY BREAK** DEC 23-JAN 6 - NO SCHOOL
MLK Day	**3 DAY WEEKEND** JAN 16-18 - NO SCHOOL
President's Day	**3 DAY WEEKEND** FEB 13-15 - NO SCHOOL
Spring & Easter Break	**8 DAY BREAK** MAR 22-29 - NO SCHOOL

14110 134TH ST. TAYLOR RIDGE, IL 61284 | WWW.RR300.ORG

Rockridge Junior High School
Upcoming Events

Nov 25, 2026	**No School – Thanksgiving Break**
Dec 11, 2026	**School Improvement Day – 11:30 dismissal**
Dec 15, 2026	**JH Winter Concert**
Dec 22, 2026	**End of Second Grading Period – 1:30 dismissal**
Dec 23, 2026	**No School – Holiday Break**
Jan 6, 2027	**No School Teacher Institute**
Jan 7, 2027	**School Resumes**
Jan 11, 2027	**Quarter 2 Report Cards Sent Home**
Jan 15, 2027	**School Improvement Day – 11:30 dismissal**
Jan 18, 2027	**No School – M.L. King's Birthday**



CLICK HERE FOR THE DISTRICT CALENDAR!