OWEGO APALACHIN CENTRAL SCHOOL DISTRICT

Athletic Office | 3 Sheldon Guile Blvd. Owego, NY 13827

Ryan Hallenbeck
Director of Physical Education, Health & Athletics

607-687-7301 x7061
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OA Parents, Athletes, and Community,

I hope this letter finds you doing well, enjoying the start of the school and ready to continue the success from the fall seasons. OA athletics had a great previous year with many teams adding Sectional titles, STAC titles and more importantly building relationships and lifelong skills through athletic competition. This letter is to provide you information on the upcoming Winter season with important information and dates.

Important dates and reminders:

Winter 2026-2027 Season

Family ID registration: Registration dates by sport are below:

For your student to be cleared to play, you must:

- Complete FamilyID Form which includes important health information reviewed by the Nurses office prior to each season; as well as mandatory policies and agreements.
- Provide a Current Physical: Either upload the current image of physical to the FamilyID sports registration form or bring a copy to the Nurse's office. Physicals expire 12 months after the date of the health exam. No athlete will be permitted to play or tryout with an expired physical.
- *Please make appropriate plans with your Primary Care Physician to have these physicals completed*
- *** Health Updates are a NY state mandate and are a different form than the sports physical. These are mandatory for each season of competition and are not subject to a waiver. This form is included on your FamilyID online registration.*
- *** No student-athlete will be allowed to participate on the first day of practice unless ALL of the required documents are reviewed and signed; and all health forms are current.*

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Physicals: All athletes must have a current up to date physical prior to starting practice. UHS can help with providing physicals at school on Wednesday in the OAMS/OFA nurses office.

Registration Information- Please pay attention to the dates for each level.

Family ID Registration Opens for:

- **All Varsity/JV Sports Monday 10/19/2026**
- **All Other Modified Sports: Monday 11/2/2026**

**Registration dates are based on the start date for each level/sport. Health updates cannot be submitted more than 30 days prior to the first practice. This is why there are different registration open dates for different sports/levels.*

Official Winter Season Start Dates:

- **All Varsity/JV Sports: Monday 11/16/2026**
- **All Modified Sports: Monday 11/30/26**

Please contact the athletic's office directly with any questions by calling (607) 687-7302 ext. 7061

Sincerely,

Ryan Hallenbeck