



Garrison ISD Student/Parent Athletic Handbook

Do What is Right

Do Your Best

Treat Others The Way You Want to be Treated

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Introduction

The Garrison Independent School District believes that the district athletic program should be an integral part of the total educational process.

The purpose of the GISD Athletic program is to ensure and enhance the quality of life for youth by providing competitive activities as an extension of the classroom environment. The pitting of one's skills, knowledge, and talent against an opponent is a means of learning one's own strengths, weaknesses, how to battle adversity, and how to remain humble in victory.

Good contests are properly supervised, give youthful competitors the opportunity to gain self confidence, improve skills, exhibit good sportsmanship, ethical behavior and integrity. Sports programs help the participant to develop the physical, moral and mental skills required to be successful in life.

Athletic offerings within the district are competitive and diversified, thereby allowing students the opportunity to realize their full potential relative to growth and development. All programs are designed not only to teach athletic skills, but also to instill good character and teach sound values.

It is felt that the success of the athletic program sets the tone for the entire school year. It builds a positive self-image for the individual athlete, the team, the school, the community, and most importantly, for GISD.

It is our final goal that sports activities will produce young men and women who will be able to enter the community and become constructive contributing members of society. Our hope and goal is that through our athletic program we will produce citizens that will leave their mark on this world by making it a better place for future generations.



ATHLETICS MISSION STATEMENT

“Our mission is to give students of Garrison ISD the opportunity to reach their full individual athletic potential. By building and molding team unity, we will give our students a strong understanding of value and importance regarding academics, integrity, leadership, attitude, and school pride.”

EXPLANATION OF ATHLETICS

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of the child's program.

Communication you should expect from your child's coach:

- Philosophy of the coach
- Locations and times of practices and contests
- Team rules and requirements, e.g., practices, special equipment, off season conditioning

Communication coaches expect from parents:

- Concerns expressed directly to the coach
- Notification of any schedule conflicts well in advance

As your children become involved in the programs at Garrison, they will experience some of the

most rewarding moments of their lives. It is important to understand that there may be times when things do not go the way you or your child wishes. At these times, encourage your athlete to have a discussion with the coach. If your child is going to be successful in life beyond high school they need to learn how to advocate for themselves. Our coaches have an open door policy for any student at GISD. We would like to speak with them about their concerns and give advice for improvement in any area they are struggling in.

If your child is not satisfied with the outcome of meeting with the coach then schedule a time to talk with the head coach of the sport they are in. Examples of these situations include the treatment of your child, ways to help your child improve, concerns about your child's attitude, or academic support.

It is very difficult to accept your child not playing as much, when, or where you may desire. It will be the coach's discretion to make all decisions about playing time or position for individual student-athletes, regardless of the score of the game or the personal feelings of the student athlete's parents.

Coaches are professionals. They make judgments based on what they believe to be best for all students involved and the team. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things should be left to the discretion of the coach. **Examples include team strategy, other student-athletes, playing time, etc.**

There are situations that may require a conference between the coach and the parent. Conferences are encouraged. It is important that both parties involved have a clear understanding of the other's position.

When these conferences are necessary, the following procedures should be followed to help promote resolution: **(If the correct order of chain of command is not followed you will not be able to proceed to the next step.)**

Step 1

Call the coach to set up an appointment. If the coach cannot be reached, call the Athletic Office. A meeting will be set up for you.

*****Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.*****

Step 2

If the meeting with the coach does not provide a satisfactory resolution, the next step is to set up an appointment with the Boy's/Girl's Coordinator.

Step 3

If the meeting with the Boy's/Girl's Coordinator does not provide a satisfactory resolution, the next step is to set up an appointment with the Athletic Director.

Girls Coordinator: BreAnn Clinton; clintonb@garrisonisd.com

Boys Coordinator: Ritchie Pinckard; pinckardr@garrisonisd.com

Athletic Director: Brandon Alvarez; alvarezb@garrisonisd.com

BULLDOG ATHLETICS

According to University Interscholastic League rules, being in athletics is a privilege not a right. Only those students who abide by school and athletic policies will be allowed to represent Garrison I.S.D.

When young men and women sign up for athletics and become a member of a team, they make a commitment. Athletes are obligated to follow the rules and regulations of the program. They are not forced to participate. Athletics is voluntary; therefore, they are expected to follow rules of order.

Parents should strive to help their son or daughter to achieve success in athletics. Success is defined as participating at 100% of the individual's ability. We can never expect athletes to do more than they are capable; however, we do want them to obtain their fullest potential. Supportive parents can instill this desire in student athletes long after their playing days are over by seeing that the student is on time, attends practices and games, and follows the rules and regulations.



REQUIREMENTS TO PARTICIPATE

The following items must be turned in to the Athletic Department before participating in any practice or game of any extracurricular athletic activity.

A. Physical Examination

A current physical examination is required every year for all students. The physical form is available from the athletic department. Use only the approved UIL form to record physical examinations. Club or organization forms will not be accepted.

Covid-19 Exemption: All students participating in UIL marching band and/or UIL athletic activities will be required to complete the UIL Medical History Form. Any “yes” answer to any of questions 1-6 on the Medical History Form will require a student to receive further medical evaluation, which may include a physical exam, and receive written clearance from a physician, physician assistant, chiropractor, or nurse practitioner before any participation in UIL practices, games, performances, or matches. Only those students with “yes” answers to those questions are required to receive written clearance through further medical evaluation.

Any participant in athletics or marching band, in any grade level, who has not previously completed a Pre-Participation Physical Evaluation (PPE), and been cleared for participation, will be required to complete the Medical History Form as noted above, as well as a PPE prior to participation in any UIL practices, games, performances, or matches.

Please note that this is only for the 2020-21 school year, and local school district policies still

apply.

B. Athletic Department Forms RankOneSport

The online forms through rankonesport.com should be filled out completely. Do not leave any requested information blank. There are 7 online forms that have to be completed by the student and parent along with the physical and medical history before participation is allowed. Students and parents should be aware of the dangers and laws related to:

Steroids

Supplement abuse and dietary supplements

Sudden Cardiac Arrest

Concussions

Heat Related Injury

Pin needed for RankOne is your students 4 digit student ID

C. Acknowledgement of Garrison ISD Athletic Handbook

The student-athlete and the parent/guardian will sign the Handbook Acknowledgement card. It should then be returned to the Athletic Department. This shows receipt of the Athletic Handbook and acknowledges that the student-athlete and parent/guardian will comply with the rules and policies contained in the Athletic Handbook. These signatures will also acknowledge and agree to Garrison ISD media releases, transcript releases, drug testing authorization and parent/student athletic handbook.

D. Academic Eligibility

A student in grades 9 –12 may participate in extracurricular activities on or off campus at the beginning of the school year only if the student has earned the cumulative number of credits in state-approved courses:

- a. Beginning the ninth-grade year – must have been promoted from the eighth to the ninth.
- b. Beginning the tenth-grade year – must have at least 5 credits towards graduation.
- c. Beginning the eleventh-grade year – must have at least 10 credits toward graduation or during the preceding 12 months, he/she must have earned 5 credits.
- d. Beginning the twelfth-grade year – must have 15 credits toward graduation or during the preceding 12 months, he/she must have earned 5 credits.

COVID-19 Exemption: For the 2020-2021 school year, UIL eligibility requirements for the first six weeks of school have been modified to allow a student to be eligible for the first six weeks if they accumulated at least two and a half credits since the start of the 2019-2020 school year. Schools may impose additional requirements.

A student participating in UIL activities will be suspended from participation in games after a

grading period in which the student received a grade lower than a 70 on a scale of 100 in any academic class (other than an identified honors or advanced class). This suspension continues for three weeks. The grades will be reviewed at the end of each three-week period; the suspension will be removed if the student is passing all classes with a grade equal to or greater than 70.

E. Athletic Period Requirements

All Team sport athletes; (which includes Football, Volleyball, Basketball, Track, Softball, and Baseball) must be in the athletic period.

Individual sport athletes, (which includes Cross Country, Powerlifting, Tennis, and Golf) will not be allowed in athletics unless they play a team sport.

All athletes must be in athletics one semester prior to the start of their sport. The summer may count as a semester if a contract is issued to the student trying to regain entry and at least 90% attendance is included in the contract.

***Seniors are encouraged to get out of athletics at the end of the 1st Semester if they are not competing in any other sports the remainder of the year.**

F. Drug Testing

All students grade 7-12 participating in extracurricular activities at Garrison ISD must be drug tested before being permitted to participate in extracurricular activities. *See Garrison ISD Student Handbook*

ADMINISTRATION OF THE PROGRAM

The administration of the Athletic Program should provide every boy and girl the opportunity to participate in any sport. Each head coach is responsible for making sure that all students are knowledgeable of tryout procedures and individual requirements for being in all sports. No student in any grade should be deprived of the opportunity to try out or participate in any sport if he/she has met the head coach's off-season and previous participation requirements. The general administration of the Athletic Program is the direct responsibility of the Athletic Director. This includes the approval of all schedules, time and place of playing games, selection of officials and the general management of all matters pertaining to the Athletic Program.



ATHLETIC DEPARTMENT POLICIES

1. Respect for others

Coaches should receive “Yes Sir / Ma’am” and “No Sir / Ma’am” responses from players when communicating. Players in return will be treated with respect by their coaches. Coaches and players will show respect for the opposing players, coaches, officials, spectators and support groups. Treat others as you would want to be treated.

2. Coaches’ Rules

Coaches may establish additional rules and regulations with the approval of the Athletic Director for their respective sports. The rules pertaining to a particular sport must be explained in writing by the coach at the start of the season. The coach shall administer penalties for violation of team rules. Copies of all team rules are on file in the Athletic Office.

3. Discipline Techniques

Discipline yourself, so that others won’t have to!!!

Each situation may require a different type of discipline. Whatever type of discipline is required, the purpose is to help athletes improve themselves, and to become better people. Failure to accept this on the part of the athlete or parent/guardian may result in dismissal from the team and/or athletic program. The different discipline techniques listed below may be used alone or in combination for Student Code of Conduct and non-Student Code of Conduct violations. The listing is not intended to be a list of progressive sanctions or all encompassing, but merely a guide of what can be expected for violations. Coaches do not want to spend time dealing with discipline issues, and it is often a last resort after attempts at counseling and communicating expectations have failed. Dealing with discipline takes away from valuable time on the field or court, so please talk to your athletes about being positive role models and doing the right thing in situations that may arise.

Ø Verbal Correction

Ø Counseling by coaches

- Ø Home-visits by head coach
- Ø Parent-Coach conference with Athletic Director
- Ø Extra Conditioning
- Ø Corporal Punishment
- Ø Behavioral contracts
- Ø Withdrawal of privileges such as participation
- Ø Dismissal from team or program

4. Academics

All Students are required to remain academically eligible to participate. Remember **“No Pass – No Play.”** Repeated academic ineligibility may result in dismissal from the team and/or athletic program.

5. Attendance

Be in class. Be on time. If you must miss an athletic period or practice, be sure that it can't be avoided. If you must be absent, call and talk to one of the coaches, before the athletic period or practice. You will be required to make up missed work. Repeated absences may result in dismissal from the team and/or athletic program.

6. Promptness

Always be on time. On trips, the bus will not wait. After the final bell rings, you do not have time to waste; go directly to your sport. Tardiness will result in disciplinary action.

7. Injury or Illness

If you must leave school because of illness, contact or come by the Athletic Office, coaches' office. If you are ill or injured, we don't expect you to work out, but if you are at school, we expect you to be in the athletic period, wear the uniform of the day and accompany your group or team unless given special permission by your head coach. If your sport is in season you are required to attend all practices unless you have approval from your head coach. If you are ill or injured and miss practice without permission it will be considered an unexcused practice and you will have to make up for the missed practices before being able to play. Consistent violations and missed practices could result in your dismissal from the program.

8. Conflict in Activities

All student-athletes that choose to participate in team sports must be enrolled in the athletic

class period. The only exceptions will be for academic requirements. Clubs and other electives do not fall under the academic exception.

An individual student who attempts to participate in several extracurricular activities will, undoubtedly, be in a position of a conflict of obligations. The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in extracurricular activities, and to this end, will attempt to schedule events in a manner to minimize conflicts.

Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about participation in too many activities where conflicts are inevitable. It also means immediately notifying the faculty sponsor and coaches involved when a conflict does arise.

When a conflict arises, the coaches will work out a solution, so the student does not feel caught in the middle. If a solution cannot be found, the Athletic Director, Principal, Parent and Student will make the decision considering the following:

1. The importance of each event to the school
2. The importance of each event to the student
3. The relative contribution the student can make
4. How long each event has been scheduled

Once a decision has been made and the student has followed the decision, he/she will not be penalized in any way by either faculty sponsor or coach. If it becomes obvious that a student cannot fulfill the obligation of a school activity, he/she should withdraw from that activity in a timely fashion so as not to place an unreasonable burden on the team, coach or sponsor.

9. Clubs

A club is a program outside of school that is not affiliated with U.I.L. We are very fortunate to live in a community where high school can be the focus. We feel our athletes' obligations are to their school team first. We will not excuse our athletes to miss a school contest or practice for a club event. If an athlete pursues club participation he/she must:

A. Contact all head coaches of sports at the school in which he/she is participating in.

B. Be willing to assume the consequences related to their status on the squad as a starter, 2nd string, or even dismissal for the time participating in club activities without approval of all head coaches involved at the school.

10. Vacations

A vacation by an athletic team member during a sports season is discouraged. While family values will always take precedence over program requirements, parents and athletes in conflict

between vacations and program requirements may wish to reassess their commitment to being involved in athletics. We urge parents not to plan their vacations during times when there will be possible conflicts.

11. Dress and Appearance

Athletic participation is voluntary by the student, and by entering the program the athlete agrees to abide by the spirit, rules, and regulations set forth by Garrison ISD and the UIL. You should be professional in uniform and out. Your appearance away from the field house or gym, especially at school, should reflect the same class and pride that you show in our program. According to UIL, everyone will wear his/her uniform in the same manner. Men and women will wear attire requested by the head coach. Grooming and dress will be explained in detail to the athletes and will be enforced by the coaches. No jewelry of any kind will be worn during practice or games.

12. Travel

All athletes represent the community, school, and coaches. Therefore, it is expected that all will dress in an acceptable manner on trips and conduct themselves in a proper manner. **When missing classes because of an athletic event, it is the responsibility of the athlete to see his/her teacher the day before the missed classes.** All work shall be made up at the convenience of the teacher. All athletes making a school sponsored trip shall be required to ride in transportation provided by the school to and from the event. Students may return home with the parent or guardian when the parent or guardian presents a written request to the coach. On school athletic trips, students will only be released in person to their parent or guardian.

13. Squad Selection

In our philosophy of athletics we desire to see as many students as possible participate in the athletic program. We encourage coaches to keep as many students as they can without sacrificing the integrity of their sport. Time, space, facilities, equipment, personal preference and other factors will place limitations on the most effective squad size for any particular sport.

14. Cutting

Choosing members of athletic squads is the sole responsibility of the coaches of those squads. Prior to tryouts, the coach shall provide the following information to all candidates for the team:

- A. Extent of tryout period
- B. Criteria used to select the team
- C. Number to be selected

- D. Practice commitment if they make the team
- E. Game commitments

15. Skipping

Skipping will not be tolerated. Athletics is a privilege not a right. If you sign up to be in athletics you will be required to be in athletics every day, if you skip it looks like you do not want to be in athletics. If an athlete misses an athletic period to make up work for another class they must get prior permission from a coach or it will be considered skipping (With the exception of school sponsored events.) Skipping will result in extra conditioning and may even lead to removal from the athletic program.

16. Quitting

A. Anyone quitting a sport after a trial period (14 days) will not be allowed to participate in the next sport until the season of the sport they quit has concluded and will also be required to run 10 miles before starting the next sport. During this time of ineligibility the athlete will only be allowed to participate in off-season activities and will not be allowed to make up the running until the prior season has concluded. All running must be completed before the athlete can participate in the new sport. (Unless mutually agreed on by the head coach of each sport involved and the AD, if it is in the best interest of the athlete. The athlete will still be required to make up all running.) The athlete can be allowed to remain in the off-season program for the duration of the season if seen fit by the Athletic Director and head coach involved. We do not and will not promote quitting in this program. It hurts all other sports in its wake. There are always extenuating circumstances and those will be dealt with at the discretion of the Athletic Director.

B. If you quit a sport you must complete a re-entry contract to be eligible to get back in that program.

17. Criminal Activity

Any activity that brings disgrace or dishonor to the Garrison Athletic Program will not be tolerated. Such activity may result in dismissal from the program.

18. Theft

Stealing will not be tolerated. A player caught may be dismissed from the team. (See accountability contract) We ask that you do not bring valuables or large sums of money to the dressing room. **Lock your lockers at all times!!!** If needed, coaches are available to hold these items. ***Trust among teammates is of utmost importance within a TEAM.***

19. Electronic Devices

NO cell phones or personal electronic recording devices will be permitted in the locker room. Coaches will monitor the times students may have and use their devices on trips, at games etc.

20. Social Media

A. Be careful with how much and what kind of identifying information you post on social networking sites. It is unwise to make available information such as full date of birth, social security number, address, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All of these can facilitate identity theft or stalking. Remember - once posted the information becomes the property of the website.

B. Be aware that potential current and future employers and college admissions offices often access information you place on online social networking sites. Realize that any information you post will provide an image of you to prospective employers and/or schools. The posting is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.

C. Be careful in responding to unsolicited emails asking for passwords or PIN numbers. Reputable businesses do not ask for this information online.

D. Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. Social networking sites are NOT a place where you can say and do whatever you want without repercussions.

E. Remember that photos once put on the social network site's server become the property of the site. You may delete the photo from your profile, but it still stays on their server. Internet search engines like Google or Yahoo may still find that image long after you have deleted it from your profile. Think long and hard about what type of photo you want to represent you.

One of the biggest lessons social networking users can learn is that anything you post online enters the public record. High school students should carefully consider their profiles and ask themselves how they would look to a future college admissions officer or potential employer.

*****All athletes are subject to discipline through our Athletic Code of Conduct and may be dismissed from the team and/or program for any information posted on the internet or social media sites.*****

21. HAZING

Hazing is against the law and will not be tolerated in the Athletic Department. "Hazing" means any intentional, knowing, or reckless act occurring on or off school property directed against a student, by one person alone, or acting with others, that endangers the mental or physical health or the safety of a student for the purpose of pledging, being initiated into, affiliating with, holding office in, or maintaining membership in any organization whose members are to include

other students. Under Education Code 37.152 a person commits an offense if the person commits any of the following:

- A. Engages in hazing
- B. Solicits, encourages, directs, aids, attempts to aid another in engaging in hazing
- C. Recklessly permits hazing to occur
- D. Has firsthand knowledge of the planning of a specific hazing incident involving a student, or first-hand knowledge that a specific hazing incident has occurred, and knowingly fails to report that knowledge in writing to the Principal, Athletic Director, or designee.

22. Disciplinary Removal

If it becomes necessary to consider removing a student from a team or the athletic program, the coach of that team will notify the Athletic Director. The student will have an opportunity to confer with the coach and the Athletic Director. Parents will receive notification and be invited to attend the conference. Removal from an athletic team could result in a 1-year suspension from all athletic activities in all sports.



AWARD POLICIES

U.I.L rules prohibit athletes from accepting anything of value other than as listed in these policies. All athletes must strictly adhere to all training, attendance, conduct, discipline and appearance rules set forth by the coaches for the entire school year before being considered for an athletic award. All scholastic eligibility rules established by the School Board, the University Interscholastic League and Texas Education Agency must be met. It must be clearly understood

that the coach recommends an athlete for an award. Award criteria will be set in each sport. Letters of recommendation for awards will be submitted to the Director of Athletics for final approval. The Garrison Athletic Department will fit for jackets and order twice per school year. This procedure will be done in May.

*****Schools may give one major award jacket, not to exceed \$60.00 in value, to a student during high school enrollment at the same school for participation in one of the U.I.L. inter school competitions. One additional symbolic award, not to exceed \$10.00 in value, may be presented for participation in each additional U.I.L. activity. The \$10.00 award shall not be given to a student for an activity during the same year that the major award is given for that activity.**



DRUG TESTING

Mission Statement:

GISD and this athletic department strive for a drug free environment for our student athletes. Random drug testing is not done to “catch” our athletes but to “prevent” our athletes from making poor choices.

The purpose of the mandatory drug testing program is to serve as a deterrent to the use of drugs

by our student athletes. Implementing this program is intended to send a message to the students that we care about them.

Process: All GISD athletes will be tested on a mandatory basis both at the junior high and high school levels. The athletes may be tested at any time during the calendar year. Through the use of urine samples, we will be able to detect the presence of any drug taken prior to the test. If an athlete has been taking a prescribed medication, he/she will have to provide documentation of the type of medication taken.

The athlete and parent will be required to release the GISD as well as the drug testing providers from any and all liability arising from the drug testing program. A "chain of custody" program will be used to monitor the identity and integrity of the sample throughout the collection, transportation and testing process. (For more information; see the GISD student handbook)

Disciplinary Guidelines: The following guidelines will be used in assessing penalties against student athletes in the event of a positive test for drug use, **other than the use of legally prescribed medications taken under the direct supervision of a physician.**

Any of these infractions will result in a positive drug screen and the second violation of the disciplinary guidelines will then take effect.

First Violation

1. A conference will be set up with the student, the student's parents/guardians, the athletic director, and the head coach of the sport.
2. The student will become ineligible to participate in competition, as soon as the athletic director is notified of a positive result (for a period of six weeks).
3. A parent or guardian may appeal a positive test result by following the procedures described in board policy FNG (local)
4. Students must complete a face to face or online drug education program at the expense of the student. (Documentation upon completion will be required)
5. A letter of intent to remain in extra-curricular programs must be signed by the student and parent. Students will remain in school programs to practice but will not be allowed to participate in any competition and/or performance until the student has met all guidelines for reinstatement.
6. The student will be reinstated upon completion of and documentation of steps 1 through 5 and participation in another conference with the student, the student's parents/guardians, the athletic director and the coach of the sport in which the student is involved.

Second Violation

1. A conference will be set up with the student, the student's parents/guardians, the athletic director, and the head coach of the sport
2. The student will become ineligible to participate in all athletic activities for the remainder of the semester or 85 school days, whichever is longer; as soon as the athletic director is notified of

a positive result.

3. A parent or guardian may appeal a positive test result by following the procedures described in board policy FNG (local)

4. Students must be retested at least twice during the suspension period--once randomly and once at the end of the suspension period.

5. Students must complete a face to face or online drug education program at the expense of the student. (Documentation upon completion will be required)

6. A letter of intent to remain in extra-curricular programs must be signed by the student and parent. Students will remain in school programs to practice but will not be allowed to participate in any competition and/or performance until the student has met all guidelines for reinstatement. 7. The student will be reinstated upon completion of and documentation of steps 1 through 6 and participation in another conference with the student, the student's parents/guardians, the athletic director and the coach of the sport in which the student is involved.

Third Violation

1. A conference will be set up with the student, the student's parents/guardians, the athletic director, and the coach of the sport in which the student is involved. The student's situation will be discussed, and the use of the specific substance will be outlined.

2. Suspension from extra-curricular activities and campus parking for the remainder of the student's high school career of the positive results of a drug test.

3. The student will be placed in another class or study hall and will not be allowed into an athletic class for the remainder of his/her junior high/high school years.

Refusal

After being notified to test, any refusal to provide a sample (which includes but is not limited to the following):

- *refusal to test,

- *refusal to sign the custody and control form,

- *failure to appear at the testing site without proper justification,

- *failure to provide a proper urine sample at body temperature,

- *leaving the drug test area,

- *attempting to alter the urine sample,

- *failure to void (urinate) within 3 hours from time of notification.

GARRISON ISD ATHLETIC CONTRACT

The Garrison Independent School District provides an athletic program for the benefit of the students in this school district. We believe that participation in a competitive athletic program can provide students an opportunity to learn responsibility, dedication, leadership, hard work, and respect for rules, respect for authority and many other qualities. The rules are established to promote these qualities and to help build and maintain a strong athletic program. A respected and competitive athletic program provides the best opportunity for our students. It is recognized that some of the expectations for athletes exceed the

expectations for the general student body. Athletes are expected to follow the established rules. Violations of the rules will result in corrective and/or disciplinary action. The facts and circumstances will be taken into consideration when determining what actions will be taken. Students may be dismissed from the athletic program for violation of the rules.

I. Any activity which is considered disrespectful on the field or in the school environment that brings disgrace to the athletic program will not be tolerated, including but not limited to, ISS, Detention, and in-game behavior. The consequences for the above action will be:

1st Offense: Extra conditioning and written apology

2nd Offense: 1 week suspension from the sport

3rd Offense: Expulsion from that sport for the remainder of the season.

*Students returning from DAEP might not be allowed to compete in the first contest upon return.

II. Use of alcohol and vaping will not be condoned. This includes, but is not limited to, being issued a citation for Minor in Possession, Driving While Intoxicated, Under the Influence, etc.

***If you are arrested or charged with any criminal activity that brings disgrace or dishonor to the Garrison Bulldog Athletic program, the consequences for the above actions will be:**

1st Offense – 2 week suspension from the sport and extra conditioning. The conditioning must be complete before the athlete will be eligible to participate in the next contest.

2nd Offense– Expulsion from that sport for the remainder of the season.

III. If you are arrested or charged for possession of or under the influence of an illegal drug, the consequences for the action(s) will be:

1st Offense – Suspension from the athletic program for one (1) calendar year.

(This is a “NO TOLERANCE” policy)

IV. If you are caught stealing from a teammate you will be dismissed from the program for 1 calendar year.

2nd Offense – removed from the program for the remainder of his or her High School Career.

*** Any athlete that is serving suspension must attend and participate in all practice activities.**

*** Re-entry to the Garrison Athletic programs will be decided by the Head Coach and AD. ***

All discipline must be completed before the athlete is eligible to return to the team.



I have read and agree to the above Athletic Contract and Handbook

Date: _____
Student

Signature _____ Parent

Signature _____

Parent's Phone Number _____

Brandon Alvarez

Athletic Director

******The Student Handbook and Board Policy supercede the GISD Athletic Handbook******