



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



BREAKFAST

PrK-2

MONDAY



Pop-Tart
Yogurt Cup
Fruit
Fruit Juice Choice
Milk Choice

05

TUESDAY



Cini Mini
Fruit
Fruit Juice Choice
Milk Choice

06

WEDNESDAY



Banana Bread
Fruit
Fruit Juice Choice
Milk Choice

07

THURSDAY

Oatmeal Breakfast Round
Fruit
Fruit Juice Choice
Milk Choice

01

FRIDAY

No School

02

**Teacher In-Service
No School**

12

WG Cereal
String Cheese
Fruit
Fruit Juice Choice
Milk Choice

13

Oatmeal Breakfast Bar
Fruit
Fruit Juice Choice
Milk Choice

14

Uncrustable
Fruit
Fruit Juice Choice
Milk Choice

15

Kitchen's Choice
Fruit
Fruit Juice Choice
Milk Choice

16

Cereal Bar
Yogurt Cup
Fruit
Fruit Juice Choice
Milk Choice

19

Mini Blueberry Loaf
String Cheese
Fruit
Fruit Juice Choice
Milk Choice

20

Oatmeal Breakfast Round
Fruit
Fruit Juice Choice
Milk Choice

21

Cini Mini
Fruit
Fruit Juice Choice
Milk Choice

22

Kitchen's Choice
Fruit
Fruit Juice Choice
Milk Choice

23

Pop-Tart
Yogurt Cup
Fruit
Fruit Juice Choice
Milk Choice

26

Banana Bread
Fruit
Fruit Juice Choice
Milk Choice

27

WG Muffin
Fruit
Fruit Juice Choice
Milk Choice

28

Oatmeal Breakfast Bar
Fruit
Fruit Juice Choice
Milk Choice

29

Kitchen's Choice
Fruit
Fruit Juice Choice
Milk Choice

30



School Information:

This institution is an equal opportunity provider.

Menus are subject to change.

You must take 3 items.

You MUST take ½ cup of fruit or vegetable.

OCTOBER 2026



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



BREAKFAST

MONDAY



Mini Waffles w/ syrup
Fruit
Fruit Juice Choice
Milk Choice

05

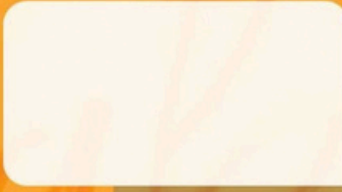
TUESDAY



Cini Mini
Scrambled Eggs
Fruit
Fruit Juice Choice
Milk Choice

06

WEDNESDAY



Pancakes
Sausage Patty
Fruit
Fruit Juice Choice
Milk Choice

07

THURSDAY

Quick Blueberry Bubble Bread
Fruit
Fruit Juice Choice
Milk Choice

01

FRIDAY

No School

02

**Teacher In-Service
No School**

12

WG Cereal
Sausage Patty
Fruit
Fruit Juice Choice
Milk Choice

13

Breakfast Bites
Fruit
Fruit Juice Choice
Milk Choice

14

Fairy Breakfast Bread
Fruit
Fruit Juice Choice
Milk Choice

15

French Toast Sticks
Fruit
Fruit Juice Choice
Milk Choice

16

Chicken & Waffles
Fruit
Fruit Juice Choice
Milk Choice

19

Uncrustable
Cheese Stick
Fruit
Fruit Juice Choice
Milk Choice

20

Breakfast Pizza
Fruit
Fruit Juice Choice
Milk Choice

21

Excellent Egg Taco
Fruit
Fruit Juice Choice
Milk Choice

22

WG Muffin
Yogurt Cup
Fruit
Fruit Juice Choice
Milk Choice

23

Cereal Bar
Yogurt Cup
Fruit
Fruit Juice Choice
Milk Choice

26

Chicken Biscuit
Fruit
Fruit Juice Choice
Milk Choice

27

Oatmeal Breakfast Round
Fruit
Fruit Juice Choice
Milk Choice

28

Biscuits & Gravy
Fruit
Fruit Juice Choice
Milk Choice

29

Pancake on a Stick
Fruit
Fruit Juice Choice
Milk Choice

30



School Information:

This institution is an equal opportunity provider.

Menus are subject to change.

You must take 3 items.

You MUST take ½ cup of fruit or vegetable.

OCTOBER 2026



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY



Chicken Nuggets
Roll
Mashed Potatoes w/ gravy
Fresh Broccoli Florets
Fresh Baby Carrots
Fruit
Milk Choice

05

TUESDAY



Hamburger on a Bun
Oven Fries
Leaf Lettuce
Tomato Slice
Chocolate Chip Cookie
Fruit
Milk Choice

06

WEDNESDAY



Baked Ham
Biscuit
Green Beans
Glazed Carrots
Fruit
Milk Choice

07

THURSDAY

Stromboli Square
Garlic Breadstick
Salad
Cucumber Slices
Celery Sticks
Fruit
Milk Choice

01

FRIDAY

No School

02

**Teacher In-Service
No School**

12

Yummy Sloppy Joe
Roasted Red Potatoes
Romaine Lettuce
Cherry Tomatoes
Fruit
Milk Choice

13

Cheese Pizza
Roasted Cauliflower
Fresh Baby Carrots
Fresh Broccoli Florets
Cherry Crisp
Fruit
Milk Choice

14

Beef & Noodles
Roll
Mashed Potatoes
Salad
Red Bell Pepper Strips
Fruit
Milk Choice

15

White Chicken Chili
Cornbread
Romaine Lettuce
Cherry Tomatoes
Cucumber Slices
Fruit
Milk Choice

16

Salisbury Steak
WW Bread
Mashed Potatoes w/ brown gravy
Fresh Broccoli Florets
Fresh Baby Carrots
Fruit
Milk Choice

19

Grilled Chicken on a Bun
Tater Tots
Leaf Lettuce
Tomato Slice
Fruit
Milk Choice

20

Pepperoni Pizza
Cheese Breadstick
Steamed Carrots
Fresh Broccoli Florets
Fruit
Milk Choice

21

Spaghetti w/ meat sauce
Garlic Breadstick
Salad
Cucumber Slices
Cherry Tomatoes
Fruit
Milk Choice

22

Mexicali Chicken Casserole
Tortilla Chips
Refried Beans
Romaine Lettuce
Red Bell Pepper Strips
Fruit
Milk Choice

23

Chicken Wrap
Spanish Brown Rice
Romaine Lettuce
Cherry Tomatoes
Fruit
Milk Choice

26

Turkey & Cheese Sub
Potato Smiles
Leaf Lettuce
Tomato Slice
Cookie
Fruit
Milk Choice

27

Chicken Crispito
Tortilla Chips
Refried Beans
Romaine Lettuce
Red Bell Pepper Strips
Fruit
Milk Choice

28

Chicken & Noodles
Roll
Mashed Potatoes
Cherry Tomatoes
Cucumber Slices
Fruit
Milk Choice

29

Pig in a Blanket
Roasted Red Potatoes
Broccoli w/ cheese
Dirt Cup
Fruit
Milk Choice

30



School Information:

This institution is an equal opportunity provider.

Menus are subject to change.

You must take 3 items.

You MUST take ½ cup of fruit or vegetable.

OCTOBER 2026