

Newton-Conover City Schools

Family Resource Guide



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Redhawk Publications

The Catawba Valley Community College Press

2550 US Hwy 70 SE

Hickory NC 28602

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Introduction

Newton-Conover City Schools' mission is to provide family and community support and a personalized education for all students. One of NCCS core values is being a good steward of resources. This guide was compiled to provide resources to improve the overall well-being of children and families in the Newton-Conover communities.

Dedication

Dedicated to those impacted by suicide, substance abuse, or any form of trauma. Continue pushing forward.

NC Harm Reduction Programs



- Naloxone is a FDA approved medication used to reverse the effects of an opioid overdose
- Can be purchased over the counter at most local pharmacies
- safe syringe programs available



<https://naloxonesaves.org/>

<https://olivebranchministry.org/>

— DIAL 988 —
SUICIDE
PREVENTION

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Addiction & Behavioral Health

The Cognitive Connection

Conover:

4431 County Home Rd., Conover, NC

828-256-3436

Hickory:

929 15th St NE, Suite 100, Hickory, NC 28601

828-327-6026

The Cognitive Connection provides resources, education, training, preventative measures, and treatments for individuals and families suffering the effects of addiction.

Services available:

- Alcohol, Drug & DWI Assessments
- Outpatient Alcohol & Drug Treatment Programs
- Individual Alcohol & Drug Treatment Programs
- Family Alcohol & Drug Counseling
- Cognitive Behavioral Intervention and Rehabilitation.
- Suboxone and Dual Diagnosed Medication Assisted Treatment (MAT) Program
- Telehealth Services

Integrated Care of Greater Hickory

741 5th St. SW, Hickory, NC 28602

828-322-5915

<https://www.integratedcarehickory.com/>

Integrated Care of Greater Hickory provides patient-centered care through integrated recovery programs, including those suffering from depression, anxiety, trauma, and addiction.

Services available include,:

- Behavioral Health Counseling
- Onsite Laboratory Testing
- Licensed medical team
- Onsite Pharmacy (low-cost)
- Certified Peer support specialists
- Substance Abuse Intensive Outpatient
- 12-step Facilitation Model
- Transitional housing

Olive Branch Ministry/Points of HOPE

3730 N. Center Street, Hickory, NC 28601

828-291-7023; 704-674-5780; 828-412-1095

<https://olivebranchministry.org/>

olivebranchgals@gmail.com

Monday, Tuesday, Thursday- 9am-4pm; Wednesday- 9am-3pm;

Friday- 9am-12pm

Points of HOPE is a faith-based organization serving Catawba and surrounding counties by providing Harm Reduction Outreach and Homeless Outreach centered around love without judgment.

**services by appointment*

Services available include:

- Peer-led harm reduction programs
- Low-barrier HepC testing/treatment*
- Low-barrier Suboxone treatment*
- Homeless Outreach



Social and Emotional Resources

Council on Adolescents of Catawba County

1120 Fairgrove Church Rd. SE, Suite 22, Hickory, NC 28602

828-322-4591

coacatawba.org

Council on Adolescents provides children and families with Health Education, Mentoring, and Teen programs.

Programs available include:

- Teen Talk pregnancy prevention and awareness
- Healthy Youth puberty and reproduction
- Smart Moms and Dads adolescent parenting (by school referral only)
- Distracted Driving for teens
- Parent Chat Program

Conflict Resolution Center

218-A Main Ave East, Hildebran, NC 28637
828-397-2566

Conflict Resolution Center provides mediation programs for adolescents ages 11-17 demonstrating serious behaviors resulting in out-of-school suspension.

Programs available include*:

- Mediations at school- only after an OSS
- Anger management classes at CRC office- only after a mediation
- Teen court- school referral
- RJ Circles- school referral, after school hours, all parties present

*by referral only (LEA, DJJ, SRO)

Children's Advocacy & Protection Center of Catawba County

4360 County Home Rd. Conover, NC 28613
828-465-7664

In response to and to prevent child abuse and neglect, CAPC of Catawba County provides education and training for children and adults, while also serving children suffering abuse/neglect.

Programs available include:

- Darkness to Light Staff Training: Stewards of Children
- Services and resources for victims of abuse
- Support groups for non-offending parent
- Mental health
- Child Safety Matters Curriculum for students & Training for staff & Yello Dyno

Catawba County 4-H Program-Cooperative Extension

1175 S. Brady Ave, Newton NC, 28658

828-465-8240

<https://nc4h.ces.ncsu.edu/youth-3/>

4-H serves youth ages 5-18, offering quality clubs and educational programs designed for long-term participation, at little to no cost. Programs focus on leadership, citizenship, and life skills.

4-H Programs include:

- Teen Programs
- Electric Programs
- Citizenship Programs & 4-H clubs
- AIRE Program
- Juntos Program for Hispanic students, 8th-12th grades
- Summer Programs
- School-based programs- Health Rocks, Real World-Real Money, Embryology
- Empowering Youth & Families- free parenting classes
- Youth Council

OUTright Youth of Catawba Valley

748 4th St. SW Hickory NC 28601

828-320-1937

outrightyouthcv.com

OUTright Youth of Catawba Valley provides services to LGBTQ youth ages 12-21 experiencing poor self-image and/or challenges related to cyberbullying, peers, and family. Youth learn valuable skills through art, group activities, and movement to manage the mind and body.

Programs available include:

- Bi-weekly meetings
- Wise Mind Skills Academy
- Support Groups at schools for students
- After school clubs
- Training for staff

The Cognitive Connection

Adult Services

929 15th St. NE Suite 100, Hickory NC 28601

828-327-6026

www.thecogcon.com

The Cognitive Connection provides substance abuse education, treatment and recovery programs for adults suffering from addiction.

Services available include:

- Cognitive Behavioral Intervention and Rehabilitation
- Alcohol, Drug, & DWI Assessments
- Outpatient and Individual Alcohol & Drug Treatment
- Family Alcohol and Drug Counseling
- Suboxone & Dual Diagnosed Medication Assisted Treatment (MAT) Program
- Telehealth Services

Cognitive Connection Corporation

Adolescent Services

4330 Viola Sipe Dr., Conover NC 28613

828-256-3436

www.cogconcorp.org

Cognitive Connection Corporation provides programs and services focused on preventing substance abuse in adolescents while also providing treatment for those already suffering addiction using evidence-based practices. *Referral only (LEA)

Programs include:

- Early Childhood STEP Program
- Teen STEP Program
- PAYC Parent & Youth Connection*

- Employment Resources
- Individual/Family Counseling
- Medication Management
- Small group classes at schools

Support, Inc.

Main Office

175 West Franklin Blvd., Gastonia NC

704-865-3525

supportinc.org

24 Hour Crisis Number: 980-329-9200

Support, Inc. provides a continuum of mental health, developmental disabilities and substance abuse services, with offices in Hickory, Lincolnton, Shelby, Dallas, and Gastonia.

Services include:

- School Based Therapies
- Day Treatment Programs
- Individual, Family, & Group Therapies
- Diagnostic Evaluations
- Intensive In-Home Treatment
- Medication Management
- Substance Abuse Outpatient Program
- Therapeutic Foster Care
- High-Fidelity Wraparound Services

Shining Hope Farms

Main Office

6347 St. Peter's Church Road Conover, NC 28613

704.827.3788

shininghopefarms.org

Our mission is to enable children and adults to reach their full potential through the use of equine assisted activities and therapies.

Services include:

- Occupational, Physical, and Speech Therapy incorporate the hippotherapy
- Mental Health incorporates equine assisted psychotherapy
- Therapeutic Riding Lessons- program for ALL ages
- Saddles & Salutes- program for veterans

Carolina Caring
828.466.0466
CarolinaCaring.org

- FREE grief counseling with students- group or individual
- FREE summer camp program at Shining Hope Farms



Dedicated to providing a clear road to recovery.

Samurai Institute

Where more than just fighting is taught!

LEARNING ALTERNATIVES TO VIOLENCE

SAMURAI BULLY BUSTERS

Join us and see how to stop being picked on and never have to fight the bully. We teach 12 alternatives and give you choices to distract the bully. CALL TODAY FOR AN APPOINTMENT TO GET A FREE TRIAL CLASS.



704-775-3401

BENEFITS OF OUR PROGRAMS

- Increased awareness
 - Self-protection skills
 - Confidence and courage
 - Respect and Integrity
 - Discipline and Honor
- DEFEAT THE BULLY THE S.M.A.R.T. WAY
- S- sensitivity to situation
 - M- manage emotion
 - A- acquire space
 - R- respect the bully
 - T- treat them as you want to be

LOCATED IN THE
HICKORY HUB
375 MAIN AVE NE



www.martialartshickory.com



Exceptional Children Services

Family Support Network/HOPE

828-256-5202

Spanish: 828-449-9927

Hmong: 828-403-1286

vickiedieter@fsnhope.org

<https://www.fsnhope.org>

The HOPE Family Support Network serves families in the Foothills of Western North Carolina, who have children, of any age, with exceptional needs/disabilities.

Services include:

- The HOPE Parent Resource Center
- Support & Education groups
- Advocacy
- Family to family connections

Children's Developmental Services

145-A West Parker Rd, Morganton, NC 28655

828-433-5171

Wilson Hamer

<https://beearly.nc.gov>

CDSA serves families in Alexander, Burke, Caldwell, Catawba, and McDowell counties, regardless of ability to pay. The NC Infant-Toddler Program assists and supports families with special needs children, ages zero to three.

Services offered:

- Service coordination
- Physical, Occupational, & Speech/Language therapies
- Family Support
- Specialized Instruction
- Assistive Technology

Autism Society of North Carolina

State office: 5121 Kingdom Way, Ste 100, Raleigh, NC 27607

800-442-2762

<https://www.autismsociety-nc.org>

ASNC serves to improve lives of individuals with Autism and their families through advocacy, community education, and further support.

Catawba County ASNC

Autism Resource Specialists

- Vickie Dieter
828-256-1566
vdieter@autismsociety-nc.org
- Mariela Maldonado (Statewide Hispanic Affairs Liaison)
919-865-5066
mmaldonado@autismsociety-nc.org

CVCC- ABE Program

1880 2nd Avenue NW

Hickory, NC 28601

828-327-7000 x4268

Email: vvinson@cvcc.edu

Adult Basic Education (ABE) is a program of instruction designed for adults who function below the high school level. Instruction is offered in reading, writing, math, oral and written communication, and technology. ABE Academy offers consistent and intensive classroom instruction which meets these requirements with a focus on career exploration and workforce preparation. Students enrolled in ABE Academy will share a common goal of transitioning into the workforce or additional educational programs.

Vocational Rehabilitation Services
Catawba County Department of Social Services
3030 11th Ave. Dr. SE, Hickory, NC 28602
828-695-5600
Monday-Friday 8-5

The Vocational Rehabilitation department serves individuals with mental, emotional, sensory, physical, and/or learning difficulties to find and keep a job. Application process

Adult Life Program, Inc
226 2nd St NW,
Hickory, NC 28601
828-329-9120
www.adultlifeprograms.com

Services offered:

- Adult day care services for participants aged 18 years and older at 3 different locations: Hickory, Maiden & Conover
- Day placement available after graduation
- Senior services & memory care

Walkin' Roll Activities League, Inc.
202 South Center Street Hildebran, NC 28637
Phone: (828) 228-0616
<http://www.walkinroll.org>

Supports and nurtures individuals with developmental disabilities by providing team building opportunities through T-ball, game nights, swimming, dancing and other group activities. The league's focus is to build self-esteem and confidence in individual performance in a nurturing atmosphere based on abilities not disabilities.

Foothills Disability Law
200 1st Ave NW, Ste. 611, Hickory, NC 28602
828-394-9657
Office Hours: Tuesday/Thursday 10 am-2 pm
All other hours are by appointment only.

Shining Hope Farms

6347 St. Peter's Church Road Conover, NC 28613
704.827.3788

Our mission is to enable children and adults to reach their full potential through the use of equine assisted activities and therapies.

Services include:

- Occupational, Physical, and Speech Therapy incorporate the hippotherapy
- Mental Health incorporates equine assisted psychotherapy
- Therapeutic Riding Lessons- program for ALL ages
- Saddles & Salutes- program for veterans

Care Coordination for Children (CCAC)

Catawba County Public Health
3070 11th Avenue Drive SE, Hickory, NC 28602
Phone: (828) 695-5800

CCAC care managers help with locating a medical home for your child, help locating childcare, and provide information about family-oriented resources to help ensure that children reach their developmental potential, are raised in healthy, safe environments, and are able to connect with programs, services, and resources the family needs.

Children's Developmental Services Agency (CDSA)

1985 Tate Blvd. SE, 4th Floor Hickory, NC
(828) 267-6464
www.beeearly.nc.gov

Through a team approach from several professionals, this agency provides an in- depth evaluation of a child's medical, psychological, educational, physical, and speech/language needs. Early Intervention service coordinators assist families in locating services and therapies (such as speech, occupational or physical) as well as other support resources.

Children's Neurotherapy Services (CNS)

1087 13th St SE Hickory, NC
(828) 267-1688
www.cnsclinic.com

Children's Neurotherapy Services mission is to help patients and families reach maximum potential based on individual needs and abilities.

Services provided include:

- Occupational therapy
- Physical therapy
- Speech/language therapy
- Community Based Rehabilitation Services (CBRS)

ComServ, Inc.

105 Scroggs Court Morganton, NC 28680
(828) 438-6026
<https://www.comserve.org/>

ComServ, Inc. enhances the lives of persons with disabilities and their families by expanding opportunities of maximum growth and independence; promoting self-determination in inclusive and diverse environments; and providing services/supports for successful achievement of positive desired outcomes through individualized services, natural supports and participation in the community in which they live.

J. Iverson Riddle Developmental Center

300 Enola Rd. Morganton, NC 28655
(828) 433-2731

Riddle Developmental Center provides services and support to individuals with intellectual and developmental disabilities (IDD), complex behavioral challenges and/or medical conditions whose clinical treatment needs exceed the level of care available in the community.



Financial Resources

Eastern Catawba Cooperative Christian Ministries (ECCCM)

245 East N St, Newton, NC 28658

828-465-1702

www.ecccm.org

Monday-Friday 8am-4:30pm

ECCCM provides programs and services to assist families in need during crisis situations, including income supports and hunger relief.

Programs & Services include:

- Crisis Assistance (Application & Interview process)-
- Hunger Relief and Prevention
- Clothing Assistance
- Crisis Coaching
- Transportation
- Utility & Mortgage/Rent Assistance

Catawba County United Way

2760 Tate Boulevard SE., Hickory, NC 28603

828-327-6851

<https://www.ccunitedway.com>

In collaboration with individuals, non-profit organizations, and other local resources, Catawba County United Way provides assistance for children, education to develop a healthy lifestyle, and promotes financial independence.

Services include:

- Improving Health
- Income Support
- Financial Coaching
- Affordable Housing Assistance
- School Readiness
- Healthcare access

Salvation Army-Transitional Shelter

750 3rd Ave PI SE, Hickory, NC 28602

828-322-8061

<https://www.salvationarmycarolinas.org/hickory/>

The Salvation Army provides assistance and services to individuals and families during times of hardship. Programs are available in Alexander, Ashe, Burke, Catawba, Caldwell, McDowell, and Watauga Counties. Some programs require identification and a utility bill to receive assistance.

Programs in Catawba County include:

- Shelter of Hope-Transitional Housing
- **Crisis Help Center**
- **Disaster Assistance**
- Boys and Girls Club
- Family Stores



Housing Assistance

Family Care Center of Catawba Valley, Inc.

2875 Highland Ave. N.E.

Hickory, NC 28601

828.324.9917

www.familycare-center.org

Family Care Center serves homeless families with dependent children, providing stable and safe housing as well as other resources to assist families in regaining self-sufficiency.

Services include:

- Transitional Housing
- Education
- Social-Emotional Support

Salvation Army

750 3rd Ave PI SE, Hickory, NC 28602

828-322-8061

<https://www.salvationarmycarolinas.org/hickory/>

The Salvation Army provides assistance and services to individuals and families during times of hardship. Programs are available in Alexander, Ashe, Burke, Catawba, Caldwell, McDowell, and Watauga Counties. Some programs require identification and a utility bill to receive assistance.

Programs in Catawba County include:

- Shelter of Hope-Transitional Housing
- Crisis Help Center
- Disaster Assistance

- Boys and Girls Club
- Family Stores

Safe Harbor Rescue Mission
Chloe Waldrop Taylor Renewal Center
 112 2nd Ave., SE, Hickory, NC 28602
 828-326-7233

Safe Harbor provides services to women, children, and youth experiencing hardship in the community.

Services Available:

- Safety, shelter, & programs for homeless women and children
- Transitional housing

Sipes Orchard Home
 4431 County Home Rd., Conover, NC 28613
 828-256-5056
sipes@sipesorchardhome.org
www.sipesorchardhome.org

Sipes Orchard Home serves at-risk children in the community, providing education, housing, resources for independent living.

Programs Available include:

- NC-Pre-kindergarten at The Tyndall Center (age 4)
- Huckleberry Summer Camp (ages 5-12)
- Transitional Living Program (ages 16-21)



Family Services

Children's Resource Center

738 4th St. SW, Hickory, NC 28602

828-695-6565

Monday-Friday 8am-5pm

Children's Resource Center connects families with children to services and resources in the community.

Services available include:

- Childcare options and referrals (birth-5 years)
- Child Development services
- Triple P (Positive Parenting Program) for ages 3-5
- Triple P for school-age children and teens (online program)
- Parents as Teachers
- Diaper Bank
- Early Childhood Support Team

Family Guidance Center

17 Hwy 70 SE, Hickory, NC 28602

Office: 828-322-1400

Crisis Line: 828-228-1787

Family Guidance Center serves families in four areas,

- Financial & Housing Resources
- Domestic Violence & Shelter Assistance
- Individual & Family Counseling
- Nurturing Adolescents Program
- Young People of Integrity Mentoring Program

FamilyNET

3050 11th Ave Dr. SE, Hickory, NC 28602

828-695-6500

www.catawbacountync.gov/dss/familynet

FamilyNET provides mental health and behavioral health services to children and adolescents, in office, in the home, school, or community.

Council on Adolescents of Catawba County

1120 Fairgrove Church Rd. SE, Suite 22, Hickory, NC 28602

828-322-4591

coacatawba.org

Council on Adolescents provides children and families with Health Education, Mentoring, and Teen programs.

Programs available include:

- Teen Talk pregnancy prevention and awareness
- Healthy Youth puberty and reproduction
- Smart Moms and Dads adolescent parenting (by school referral only)
- Distracted Driving for teens
- Parent Chat Program

Family Support Network/HOPE

828-256-5202

Spanish: 828-449-9927

Hmong: 828-403-1286

vickiedieter@fsnhope.org

<https://www.fsnhope.org>

The HOPE Family Support Network serves families in the Foothills of Western North Carolina, who have children, of any age, with exceptional needs/disabilities.

Services include:

- The HOPE Parent Resource Center
- Support & Education groups
- Advocacy
- Family to family connections

Catawba County 4-H Program-Cooperative Extension

1175 S. Brady Ave, Newton NC, 28658

828-465-8240

<https://nc4h.ces.ncsu.edu/youth-3/>

4-H serves youth ages 5-18, offering quality clubs and educational programs designed for long-term participation, at little to no cost.

Programs focus on leadership, citizenship, and life skills.

4-H Programs include:

- Teen Programs
- Electric Programs
- Citizenship Programs & 4-H clubs
- AIRE Program
- Juntos Program for Hispanic students, 8th-12th grades
- Summer Programs
- School-based programs- Health Rocks, Real World-Real Money, Embryology
- Empowering Youth & Families- free parenting classes
- Youth Council



Pregnancy Resources

Pregnancy Care Center of Catawba Valley

421 Main Ave SW., Hickory, NC 28602

828-322-4272

<https://www.pcchickory.com/>

Pregnancy Care Center provides free and confidential services to those experiencing an unplanned pregnancy.

Free Services available:

- Pregnancy Test
- Education Classes (parenting, pregnancy options, etc))
- Limited Ultrasound
- Male Client Advocates/Men's Groups
- Pregnancy loss support
- Placing for adoption support

Council on Adolescents of Catawba County

1120 Fairgrove Church Rd. SE, Suite 22, Hickory, NC 28602
828-322-4591
coacatawba.org

Council on Adolescents provides children and families with Health Education, Mentoring, and Teen programs.

Programs available include:

- Teen Talk pregnancy prevention and awareness
- Healthy Youth puberty and reproduction
- Smart Moms and Dads adolescent parenting (by school referral only)
- Distracted Driving for teens
- Parent Chat Program

Women, Infants, and Children Program Catawba County

3070 11th Ave. Dr. SE, Hickory, NC 28602
828-695-5884
Monday-Friday 8-5

The WIC program provides supplemental food assistance for infants and children up to age 5, pregnant women, and breastfeeding mothers meeting WIC eligibility requirements.

Children's Resource Center

738 4th St. SW, Hickory, NC 28602
828-695-6565
Monday-Friday 8am-5pm

Children's Resource Center connects families with children to services and resources in the community.

Services available include:

- Childcare options and referrals (birth-5 years)
- Child Development services
- Triple P (Positive Parenting Program) for ages 3-5
- Triple P for school-age children and teens (online program)
- Parents as Teachers
- Diaper Bank
- Early Childhood Support Team



Food Assistance

The Corner Table

122 North Main Ave., Newton, NC 28658

828-464-0355 ext. 104

Office: Monday-Thursday 7:30-2:30, Friday 7:30-1:00

Community Kitchen: Monday-Friday 11:30-12:30

The Corner Table mission is to provide meals with compassion, respect, and dignity to those in our community affected by hunger.

Programs include

- Community Kitchen
- Bag Lunches
- Debbie Payseur Frozen Meals
- School backpack program
- Summer Lunch & Learn
- Summer Food Bags
- Christmas on the Corner

Eastern Catawba Cooperative Christian Ministries (ECCCM)

245 East N St, Newton, NC 28658

828-465-1702

www.ecccm.org

Monday-Friday 8am-4:30pm

ECCCM provides programs and services to assist families in need during crisis situations, including income support and hunger relief.

Programs & Services include:

- Crisis Assistance*
- Hunger Relief and Prevention
- Clothing Assistance
- Crisis Coaching
- Transportation
- Utility & Mortgage/Rent Assistance

*Application & Interview Process

In My Father's House

Community Support Services Network

108 East 1st St. Newton, NC 28658

704-418-9012

<https://inmyfathershousecssn.org>

In My Father's House provides comprehensive services to people of all ages, races, and religions in the Piedmont Region. ALL are welcome!

Programs available include

- Ascension Higher Learning Center- afterschool & summer programs
- Masters Table Meals- free community meals every Saturday
- Thrift Store
- Food Pantry
- Ascension Youth Center & Bookstore

Food and Nutrition Services

Catawba County Department of Social Services

3030 11th Ave. Dr. SE, Hickory, NC 28602

828-695-5600

Monday-Friday 8-5

The Food and Nutrition department serves low-income families* to improve overall well-being through access to proper nutrition.

*Application process

Hickory Soup Kitchen

110 2nd Street Pl SE, Hickory, NC 28602

828-327-4828

Monday-Friday 11:30-12:30

<https://hickorysoupkitchen.org/>

Hickory Soup Kitchen provides free meals, groceries, hygiene products, and a lending library to people in the community.

Services available include:

- Daily Lunch
- Shower facilities
- Library
- Groceries

Food Pantry at Hickory Church of Christ

1218 Fairgrove Church Rd. SE, Conover, NC 28613

828-464-4983

1st & 3rd Tuesday 4:30-6pm

Hickory Church of Christ provides income-based food assistance (food stamp/other supplemental assistance recipients automatically qualify)

St. Johns Lutheran Church

2126 St. Johns Lutheran Church Rd., Conover, NC 28613

828-464-4071

Wednesdays 10am-12pm

Anyone is eligible to receive a bag of food each week

Salvation Army Pathway of Hope

771 4th Ave. Pl. SE, Hickory, NC 28602

828-322-8061

Monday 1-4 pm

Pathway of Hope provides food to Catawba County residents each Monday until food resources run out*.

*Identification and utility bill needed

Women, Infants, and Children ProgramCatawba County

3070 11th Ave. Dr. SE, Hickory, NC 28602

828-695-5884

Monday-Friday 8-5

The WIC program provides supplemental food assistance for infants and children up to age 5, pregnant women, and breastfeeding mothers meeting WIC eligibility requirements.



Providing meals with compassion, respect, and dignity to those in our community affected by hunger.

BACKPACK PROGRAM

Serves the entire county in all three school systems. Food is sent home weekly with students to provide meals for the weekends. The mission of this program is to eliminate hunger as a barrier to a good education.



FREE LUNCH MEALS

Monday-Friday 11:30AM-12:30PM

We boast a family-friendly restaurant style atmosphere with greeters, waiters, and a side of respect!

**Take home food is provided daily.*

FROZEN MEALS

Donated catered food and extras from our daily meals are packaged, heat-sealed, labeled, and then frozen. The meals are dispersed throughout the community. The goal of this program is to reach hungry people who can't reach us.



thecornertable.org | 828.464.0355



In My Father's House Community Support Services Network Inc.

108 East 1st Street Newton, NC 28658

Making An Impact One Family At A Time

FOOD | CLOTHING | EDUCATION | MENTORSHIP

Programs

Eating From the Masters Table

In My Fathers Food Warehouse

Love Trian Outreach Program

Higher Learning After School Program



For More Info-Ivey Robinson(704)418-9012 /Tina McDowell (704)576-9542
inmyfathershousecssn.org

Made with PosterMyWall.com



Clothing Resources

Eastern Catawba Cooperative Christian Ministries (ECCCM)

245 East N St, Newton, NC 28658

828-465-1702 ext.123

www.ecccm.org

Monday-Thursday 9am-4pm

ECCCM provides programs and services to assist families in need during crisis situations, including income support and hunger relief.

Programs & Services include:

- Crisis Assistance*
- Hunger Relief and Prevention
- Clothing Assistance
- Crisis Coaching
- Transportation
- Utility & Mortgage/Rent Assistance

*Application & Interview Process

In My Father's House-Thrift Store Community Support Services Network

108 East 1st St. Newton, NC 28658

704-418-9012

Tues-Thur by appointment

<https://inmyfathershousecssn.org>

In My Father's House provides comprehensive services to people of all ages, races, and religions in the Piedmont Region. ALL are welcome! Shop free once per month for new/used clothing items.

Programs available include

- Ascension Higher Learning Center- afterschool & summer programs
- Masters Table Meals- free community meals every Saturday
- Thrift Store
- Food Pantry
- Ascension Youth Center & Bookstore

Highways and Hedges

3675 Herman Sipe Rd., Conover, NC 28613

828-781-8095

Monday evenings

Highways and Hedges Ministry provides assistance to those who are homeless or in need.

Resources available include

- Clothes closet
- Groceries
- Household items
- Utility/rent assistance

Salvation Army

750 3rd Ave PI SE, Hickory, NC 28602

828-322-8061

<https://www.salvationarmycarolinas.org/hickory/>

The Salvation Army provides assistance and services to individuals and families during times of hardship.

St Luke's United Methodist Church

52 16th Ave. NW Hickory, NC 28601

828-327-9837 Office

Tina Lowman, Coordinator

tinalowman812@gmail.com

Grace Space Clothing Closet- in which we partner with schools and local agencies to provide clothing by referral for anyone in need

TheWell- N-CCS Resource Room

605 N Ashe Ave, Newton, NC

FREE clothing items, shoes, socks, underwear, accessories,
school supplies,
hygiene, feminine products, food, etc for **ALL** N-CCS students.



Education Resources

Live Well Catawba

3070 11th Ave. Dr. SE, Hickory, NC 28602
828-695-5800 (Ashley Rink)

Live Well Catawba serves Catawba County residents to support healthy choices and provide access to healthy options.

Patrick Beaver Learning Resource Center

926 2nd St. NE Ste 100, Hickory, NC 28601
828-624-2012
www.patrickbeaverlrc.org

Patrick Beaver Learning Resource Center provides information and resources for learning differences, such as, but not limited to, ADHD, Dyslexia, and Autism.

- Free individualized tutoring available

Catawba County Library

115 West C Street, Newton, NC 28658

828-465-8664

Director: Siobhan Loendorf

Catawba County Libraries provide early childhood, elementary, and teen resources and opportunities for learning to members of the Catawba County community.

Programs available:

- Homework Helper & Tutoring
- STEAM
- Paws to Read
- Battle of the Books
- Volunteer

Ascension Higher Learning Youth Center

108 East 1st St., Newton, NC 28658

Monday-Friday 3:45-6:00 pm

Tina McDowell

704-576-9542

higherlp2020@gmail.com

Ascension Youth Center provides community services to surrounding communities and schools for school-age children.

Programs available include:

- Free Afterschool for South Newton Elementary students
- Tutoring
- Enrichment
- Holiday
- Summer

Catawba County 4-H Program-Cooperative Extension

1175 S. Brady Ave, Newton NC, 28658

828-465-8240

<https://nc4h.ces.ncsu.edu/youth-3/>

4-H serves youth ages 5-18, offering quality clubs and educational programs designed for long-term participation, at little to no cost. Programs focus on leadership, citizenship, and life skills.

4-H Programs include:

- Teen Programs
- Electric Programs
- Citizenship Programs
- AIRE Program
- Juanitos Program
- Summer Programs
- School-based programs

NCWorks Career Center- Catawba County

403 Conover Station, SE Ste C, Conover, NC 28613

828-466-5535

Days/Hours of operation: M-TH 8am-4:30pm; F 8am-12pm

ncworks.4400@nccommerce.com

NCWorks Career Centers assist job seekers to gain access to tools necessary to be successful.

Services offered include:

- Career assessment/guidance
- Job training & education
- Workshops
- Job search & application assistance
- Practice job interviews
- Free computer and Internet access
- NCWorks Online
- Special programs for veterans, migrant farm workers, & former offenders

Programs offered:

- NEXTGEN- training & scholarship program for 16-24 yrs advisors help with training, employment, assistance, resumes, transportation, childcare, etc

**CVCC-Workforce Development Innovation Center
WIOA youth programs**

1880 2nd Avenue NW Hickory, NC 28601

828.485.4253

www.westernpiedmontworks.org

Donna Gilbert, Program Administrator-Workforce Development

Catawba Valley Community College

2550 Hwy. 70 SE Hickory, NC 28602

Contacts for Services & Programs offered:

K64 Program

Chris Reese / ED of K64

creese147@cvcc.edu

(828) 327-7000 ext. 4635

Martha Carrillo

Business Engagement Coord

mcarrillo789@cvcc.edu

(828) 327-7000 ext. 4577

Renee L. Neal

Student Help Director

(828) 327-7000 ext. 4408

rneal@cvcc.edu

Bo Glenn

Dir of Campus Tours & Events

mzimmermann@cvcc.edu

(828) 327-7000 ext. 4598

Laurie Wegner / Dir of Admiss

lwegner@cvcc.edu

(828) 327-7000 ext. 4618



Latino Services

Centro Latino

2259 12th Ave NE, Hickory, NC 28601

828-330-0477

Monday-Friday 10am-2pm

www.centralatinohickory.com

Centro Latino provides resources, services, and advocacy for the Hispanic/Latino populations in Hickory and surrounding areas. Opportunities are available for all ages in a family.

Services available include:

- English as a Second Language classes for adults
- Afterschool Tutoring for Grades K-5
- Parent education
- Employment Assistance
- Childcare Resources
- Community Events

Children's Resource Center

738 4th St. SW, Hickory, NC 28602

828-695-6565

Monday-Friday 8am-5pm

Children's Resource Center connects families with children to services and resources in the community.

Services available include:

- Parents as Teachers- agency under Partnership, Leonor Tobar serves Latino community, home visit program, Birth - 4 yrs
- Work with teen moms, housed thru Hickory city schools
- Triple P classes for Latino families
- Super Moms Cafe- every Wed 10:30-12 at local church- playdate for parents & children, age 0-4 yrs, works on social skills

*Spanish/English Available

Catawba County 4-H Program-Cooperative Extension

1175 S. Brady Ave, Newton NC, 28658
828-465-8240
<https://nc4h.ces.ncsu.edu/youth-3/>

4-H serves youth ages 5-18, offering quality clubs and educational programs designed for long-term participation, at little to no cost. Programs focus on leadership, citizenship, and life skills in a diverse learning environment.

4-H Programs include:

- Juntos Program- Bring parents, students & community together to help students be successful and graduate
- Summer Programs
- School-based program

St Luke's United Methodist Church

52 16th Ave. NW Hickory, NC 28601
828-327-9837 Office

St. Luke's UMC provides ministry for individuals and families with Spanish speaking needs.

NC Harm Reduction Programs



- Naloxone is a FDA approved medication used to reverse the effects of an opioid overdose
- Can be purchased over the counter at most local pharmacies
- safe syringe programs available



<https://naloxonesaves.org/>

<https://olivebranchministry.org/>

— DIAL 988 —
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GROUND **ED** **& GROWING**

Published by Newton-Conover City Schools

Redhawk Publications

The Catawba Valley Community College Press

Printed in the United States of America by CVCC Print Resources