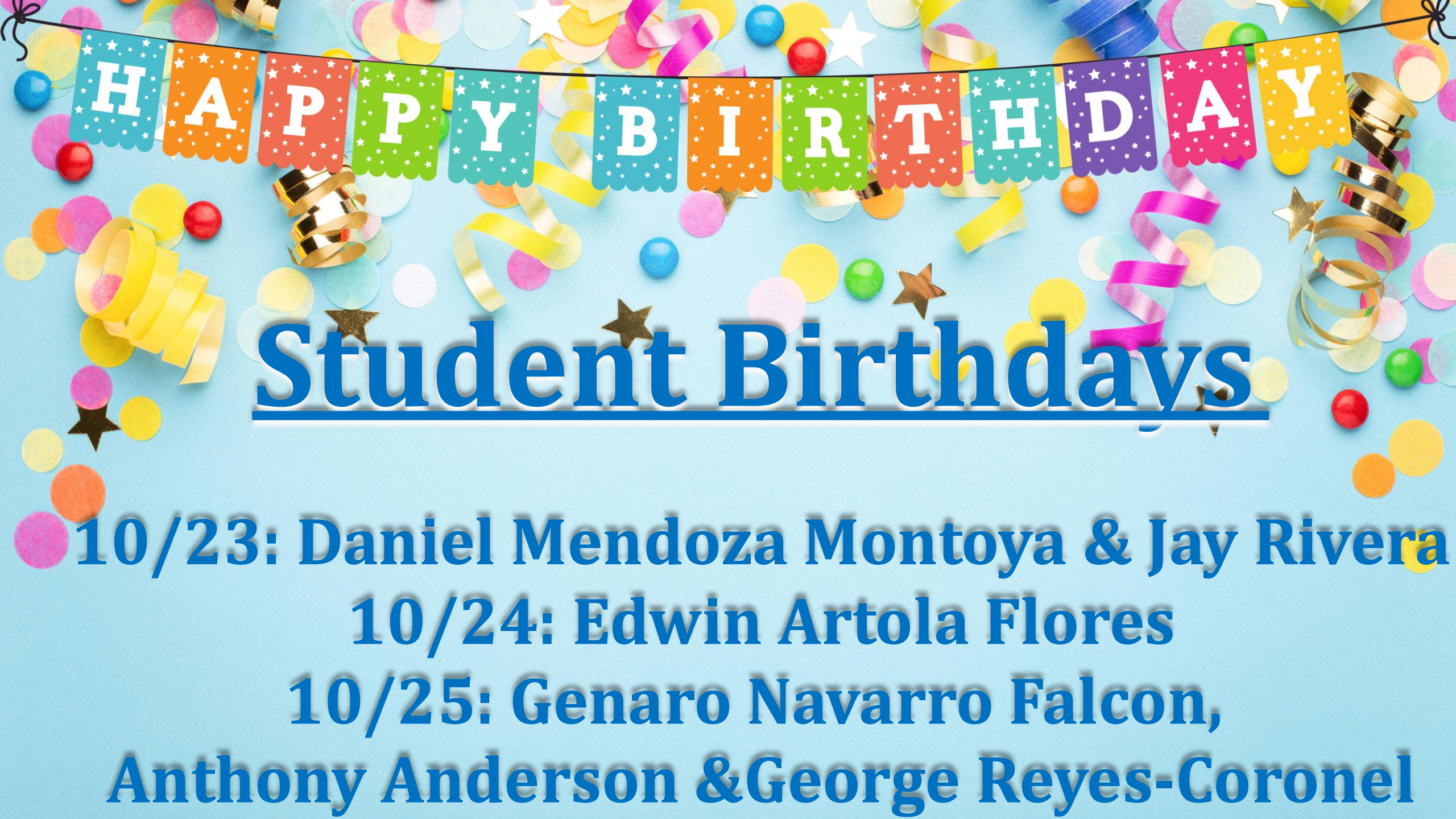




Friday
October 23, 2026





HAPPY BIRTHDAY

Student Birthdays

10/23: Daniel Mendoza Montoya & Jay Rivera

10/24: Edwin Artola Flores

**10/25: Genaro Navarro Falcon,
Anthony Anderson & George Reyes-Coronel**



BREAKFAST

OCTOBER 2026

MIDDLE SCHOOLS

***All Students Eat FREE
Again This School Year!***

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Biscuit,
Glazed Honey Bun,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

5

Sausage Biscuit,
Mini Maple Pancakes,
Fruit Smoothie, Cereal,
Pop-Tarts, Raisels,
Fresh Fruit, Choice of Milk

6

Homestyle Breakfast
Plate, Chocolate Muffin,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

7

Breakfast Burrito,
Blueberry Muffin,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

1

Bacon Biscuit, Apple
Cinnamon Texas Toast,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

2

Cinnamon Biscuit &
Sausage Link, Donut Holes,
Pop-Tarts, Cereal,
Peach-Mango Applesauce,
Fresh Fruit, Choice of Milk

8

Bacon Biscuit,
Mini Cinnis,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

9

12

13

14

15

16

Have a Great Fall Break!

Chicken Biscuit,
Egg & Cheese Biscuit,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

19

Sausage Biscuit,
Strawberry Overnight Oats,
Chocolate Muffin, Raisels,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

20

Ham & Cheese Biscuit,
Mini Powdered Donuts,
Pop-Tarts, Cereal,
Peach-Mango Applesauce,
Fresh Fruit, Choice of Milk

21

Breakfast Burrito,
Blueberry Muffin,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

22

Bacon Biscuit, Apple
Cinnamon Texas Toast,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

23

Chicken Biscuit,
Glazed Honey Bun,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

26

Sausage Biscuit,
Mini Maple Pancakes,
Fruit Smoothie, Cereal,
Pop-Tarts, Raisels,
Fresh Fruit, Choice of Milk

27

Homestyle Breakfast
Plate, Chocolate Muffin,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

28

Cinnamon Biscuit &
Sausage Link, Donut Holes,
Pop-Tarts, Cereal,
Peach-Mango Applesauce,
Fresh Fruit, Choice of Milk

29

Bacon Biscuit,
Mini Cinnis,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

30

Menus are subject to change.

Find all menus online at

<https://www.gcbe.org/page/menus>



USDA is an equal opportunity provider,
employer, and lender.



OCTOBER 2026
MIDDLE SCHOOLS

Menus are subject to change.
USDA is an equal opportunity provider,
employer, and lender.

Monday

Tuesday

Wednesday

Thursday

Friday

Our popular PBJ Pack is also available
every day (jelly flavors vary).



Oven-Fried Chicken,
Steak Strips, Country Gravy,
Biscuit, Mashed Potatoes,
Pinto Beans, Craisins,
Fresh Fruit, Choice of Milk

5

NATIONAL TACO DAY

6

Beef Soft Taco & Toppings,
Chicken Chunks & Roll,
Pinto Beans, Mac & Cheese,
Fresh Fruit,
Fruit Juice, Choice of Milk

Asian Flatbread Pizza,
Cheese Quesadilla, Asian
Rice, Seasoned Broccoli,
Cucumbers & Ranch,
Fresh Fruit, Choice of Milk

7

Beef & Cheese Nachos,
Chicken Tenders & Roll,
Corn, Tropical Fruit Salad,
Black Beans, Churro Cookie,
Fresh Fruit, Choice of Milk

1

Chicken Wrap,
Chicken Sandwich,
Buffalo Chicken Dip & Chips,
French Fries, Raisels,
Fresh Fruit, Choice of Milk

2

Hot Dog,
Cheeseburger,
Baked Beans, Chips,
Creamy Cole Slaw,
Fresh Fruit, Choice of Milk

9

Ravioli with Pink Sauce,
Homemade Pepperoni
Pizza, Garlic Knot, Corn,
Green Beans, Side Salad,
Fresh Fruit, Choice of Milk

8

12

13

14

15

16

Have a Great Fall Break!

Popcorn Chicken &
Soft Pretzel, Cheese Sauce,
Corn Dog, Onion Rings,
Green Beans, Applesauce,
Big Top Blueberries,
Fresh Fruit, Choice of Milk

26

Hawaiian Roll Chicken
Slider, Ringmaster Riblet
Sandwich, Potato Smiles,
Baby Carrots with
Homemade Ranch,
Fresh Fruit, Choice of Milk

27

Chicken & Waffles,
Cheeseburger, BBQ Baked
Beans, Corn on the Cob,
Clown Nose Fruit Salad,
Pineapple, Churro,
Fresh Fruit, Choice of Milk

28

Smoked Turkey Leg,
Loaded Cheesy Tots,
Honey Glazed Carrots,
Fresh Veggie Cup, Roasted
Asparagus, Caramel Apple,
Fresh Fruit, Choice of Milk

29

Dill Pickle Pizza, Hot Dog,
Corn in a Cup, Roasted
Cauliflower, Slaw, Fries,
Stars & Stripes Sidekick,
Animal Crackers,
Fresh Fruit, Choice of Milk

30

Oven-Fried Chicken,
Steak Strips, Country Gravy,
Biscuit, Mashed Potatoes,
Pinto Beans, Craisins,
Fresh Fruit, Choice of Milk

Chicken Chunks & Roll,
Manager's Choice Sub
Sandwich, Mac & Cheese,
Honey Glazed Carrots,
Fresh Veggie Cup,
Fresh Fruit, Choice of Milk

NATIONAL CHOCOLATE DAY
Asian Flatbread Pizza,
Cheese Quesadilla, Asian
Rice, Seasoned Broccoli,
Cucumbers & Ranch,
Fresh Fruit, Choice of Milk

Ravioli with Pink Sauce,
Homemade Pepperoni
Pizza, Garlic Knot, Corn,
Green Beans, Side Salad,
Fresh Fruit, Choice of Milk

Cheeseburger, Hot
Dog, Baked Beans, Chips,
Creamy Cole Slaw,
Special Halloween Treat!
Fresh Fruit, Choice of Milk



**National School Lunch Week Oct 19-23: Cafeteria Circus!
Special Circus Menus and Fun Treats**

TAKE CENTER STAGE
OCT 19-23



**CAFETERIA
CIRCUS**



NATIONAL SCHOOL LUNCH WEEK
OCT 19-23 ★2026 ★

Voluntary Action Center

FOOD DRIVE

Top 3 Homerooms win a Pizza Party!

We need donations of non-perishable items like vegetables, soups, beans, tomatoes, Ramen noodles, etc.



OCT 19 -23



FCA SCHEDULE

FALL

HUDDLE

ALL GRADES INVITED

AMSGYM

8AM

**FRI
SEPT
25**

**FRI
OCT
23**

**FRI
NOV
13**

**FRI
DEC
11**

PICTURE RETAKE DAY

OCT 26th





vs. Woodland

OCT 28th

JV Girls - 4:30

V Girls - 5:30

@ AMS

OCT 26-30

A **RED RIBBON WEEK**
MAKE A DIFFERENCE.
BE A HERO.
STAY DRUG FREE.

OCTOBER 26-30



MONDAY
OCTOBER 26



SUPER COMFY HEROES!
Wear your school-appropriate pajamas!

TUESDAY
OCTOBER 27



HEROES INSPIRE!
Dress as your favorite hero!

WEDNESDAY
OCTOBER 28



RED-Y TO BE A HERO!
Wear red and crazy hair or crazy socks!

THURSDAY
OCTOBER 29



TEAM UP FOR A BRIGHTER TOMORROW!
Wear your favorite sports team!

FRIDAY
OCTOBER 30



HALLOWEEN COSTUME DRESS UP DAY!
Wear a school-appropriate costume!

BE KIND ★ BE BRAVE ★ MAKE GOOD CHOICES ★ STAY DRUG FREE!



OCTOBER

30th

\$5.00

ORDER YOUR

YEARBOOK

\$35 UNTIL OCT 31



vs. Armuchee

NOV 2nd

JV Boys - 4:30

V Girls – 5:30

V Boys – 6:30

@ AMS



@ Eastbrook

NOV 3rd

JV Girls - 4:30

V Girls - 5:30



vs. Chattooga

NOV 9th

JV Girls - 4:30

V Girls – 5:30

V Boys – 6:30

@ AMS



@ Unity
NOV 10th

V Girls - 4:30

JV Boys - 5:30

V Boys – 6:30

NOV 12 @ 4:30 p.m.



**vs. Cass/Red Bud/Eastbrook
@ AMS**



@ Eastbrook

NOV 12th

JV Boys - 4:30

V Boys - 5:30

NOV 17 @ 4:30 p.m.



**vs. New Hope/Gordon Lee
@ Northwest HS**

Ashworth Middle School
Teacher of the Year
2026-27



Savanna
Haynes





SCAN HERE TO...

Find a Book!



Surpass Cloud

See ALL Media Center
Resources!



AMS Media Center
website

Do Research!



GALILEO



Samaritan's Closet

Need hygiene items, clothing or food?
Scan a QR code and submit a request.
Items will be delivered in Homeroom.

Ashworth is a "Safe Place" for Youth in Crisis.



Safe Place is a national organization for youth under the age of 18, that are experiencing homelessness or who may be in crisis. The program is designed to provide a young person who is homeless with immediate shelter, resources and other basic needs.