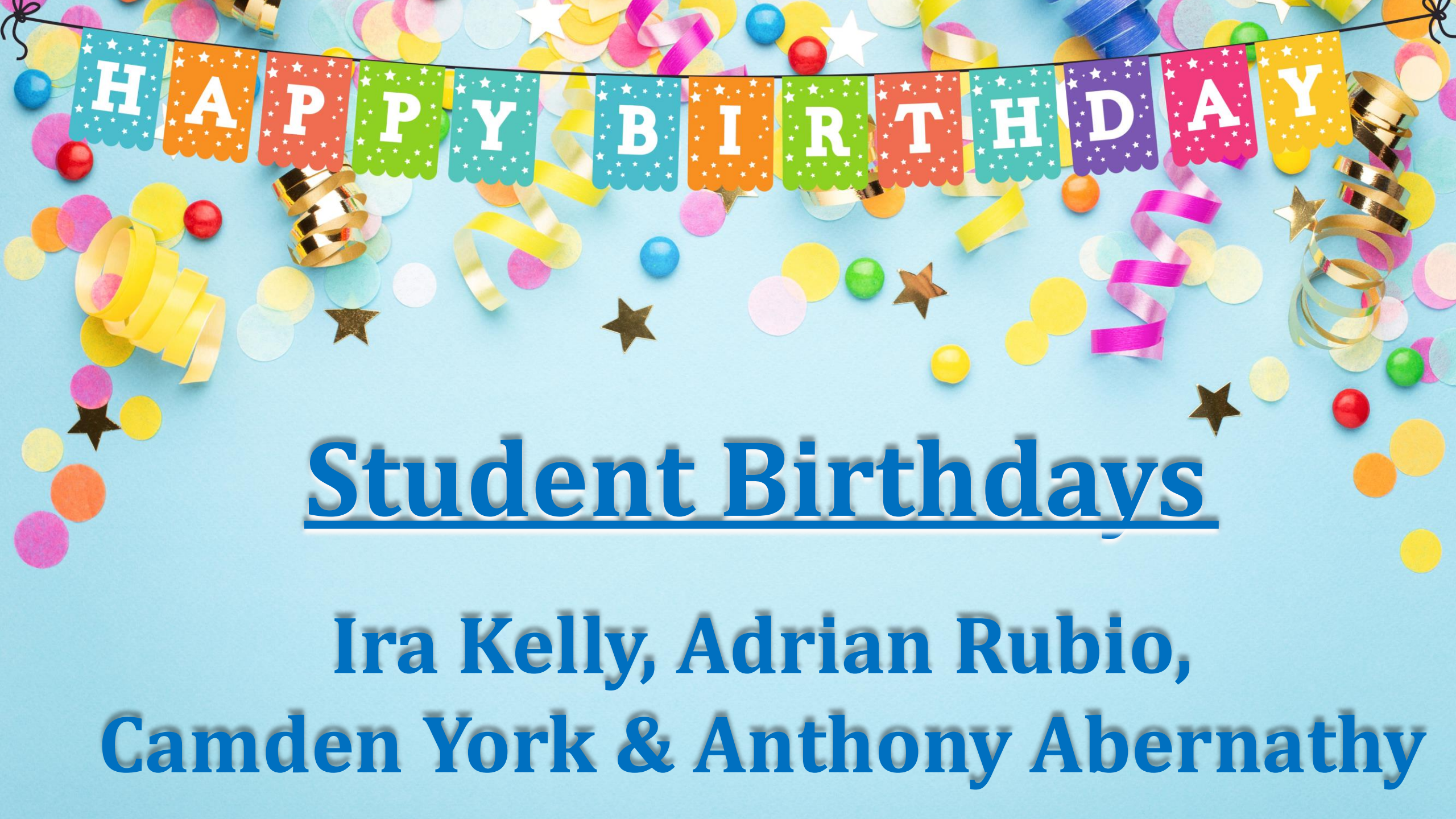


January 29, 2026





HAPPY BIRTHDAY

Student Birthdays

**Ira Kelly, Adrian Rubio,
Camden York & Anthony Abernathy**

2026

JANUARY

MIDDLE SCHOOLS

BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Students Eat Free in the 2025-2026 School Year! Find all menus online at https://www.gcbe.org/page/menus			1	2
			WINTER BREAK	
5 STUDENT HOLIDAY TEACHER PL/PLANNING DAY	6 French Toast & Sausage, Donut Holes, Cereal, Pop-Tarts, Diced Peaches, Pineapple Tidbits, Choice of Milk	7 Sausage Biscuit, Chocolate Chip Muffin, Pop-Tarts, Cereal, Pear Halves, Fresh Fruit, Choice of Milk	8 Steak Biscuit, Belgian Waffle, Pop-Tarts, Cereal, Peach Mango Applesauce, Fresh Fruit, Choice of Milk	9 Bacon Biscuit, Glazed Honey Bun, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk
12 Chicken Biscuit, Apple Frudel, Pop-Tarts, Cereal, Peach Mango Applesauce, Fresh Fruit, Choice of Milk	13 French Toast & Sausage, Mini Strawberry Bagel, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk	14 Homestyle Breakfast Plate, Chocolate Chip Muffin, Pop-Tarts, Cereal, Pear Halves, Fresh Fruit, Choice of Milk	15 Steak Biscuit, Donut Sticks, Pop-Tarts, Cereal, Diced Peaches, Fresh Fruit, Choice of Milk	16 Bacon Biscuit, Mini Maple Waffles, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk
19 MARTIN LUTHER KING HOLIDAY	20 French Toast & Sausage, Blueberry Muffin, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk	21 Sausage Biscuit, Cinnamon Pancake, Pop-Tarts, Cereal, Tropical Fruit Salad, Fresh Fruit, Choice of Milk	22 Pancake on a Stick, Steak Biscuit, Pop-Tarts, Cereal, Diced Peaches, Fresh Fruit, Fruit Juice, Choice of Milk	23 Bacon Biscuit, Mini Powdered Donuts, Pop-Tarts, Cereal, Fresh Fruit, Choice of Milk
26 Mini Chicken Biscuits, Yogurt & Granola, Pop-Tarts, Cereal, Craisins, Fresh Fruit, Fruit Juice, Choice of Milk	27 French Toast & Sausage, Donut Holes, Cereal, Pop-Tarts, Diced Peaches, Pineapple Tidbits, Fresh Fruit, Choice of Milk	28 Sausage Biscuit, Chocolate Chip Muffin, Pop-Tarts, Cereal, Pear Halves, Fresh Fruit, Choice of Milk	29 Steak Biscuit, Belgian Waffle, Pop-Tarts, Cereal, Peach Mango Applesauce, Fresh Fruit, Choice of Milk	30 Bacon Biscuit, Glazed Honey Bun, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk

2026

All Students Eat Free in the
2025-2026 School Year!

JANUARY

MIDDLE SCHOOLS

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Also Available Daily (Flavors Vary): PBJ Pack Find all menus online at https://www.gcbe.org/page/menus		1	2
			WINTER BREAK	
5 STUDENT HOLIDAY TEACHER PL/ PLANNING DAY	6 Chicken Enchilada, Beef & Cheese Nachos, Refried Beans, Diced Peaches, Return-to-School Treat , Fresh Fruit, Choice of Milk	7 Beef Spaghetti, Chicken Nuggets & Roll, Garden Side Salad, Corn, Rosy Applesauce, Fresh Fruit, Choice of Milk	8 Chicken Tenders & Roll, Homemade Pepperoni Pizza, Seasoned Broccoli, Sweet Potato Waffle Fries, Fresh Fruit, Choice of Milk	9 Chicken Filet Sandwich, Hot Dog, Tater Tots, BBQ Baked Beans, Creamy Cole Slaw, Fresh Fruit, Choice of Milk
12 Chicken & Waffles, Corn Dog, Green Beans, Sweet Potato Waffle Fries, Fruit Cocktail, Fresh Fruit, Choice of Milk	13 Pigs in a Blanket, Popcorn Chicken, Fish Sticks & Hushpuppies, Roll, Potato Smiles, BBQ Baked Beans, Fresh Fruit, Choice of Milk	14 Pizza Dippers with Marinara, Chicken Sandwich, Seasoned Broccoli, Roasted Squash, Diced Peaches, Fresh Fruit, Choice of Milk	15 Cheese Pizza, Oven-Fried Chicken & Roll, Mashed Potatoes, Corn, Garden Side Salad, Fresh Fruit, Choice of Milk	16 COLLEGE FOOTBALL TAILGATE! Chicken Wings & Roll, Cheeseburger, Fresh Veggie Cup, Onion Rings, Sidekick, Fresh Fruit, Choice of Milk
19 MARTIN LUTHER KING HOLIDAY	20 Fish Sticks & Hushpuppies, Oven-Fried Chicken & Roll, Mashed Potatoes, Sweet Peas, Raisels, Fresh Fruit, Choice of Milk	21 Max Snac Mini Quesadillas, Chicken Tenders, Garlic Toast, Seasoned Broccoli, French Fries, Diced Peaches, Fresh Fruit, Choice of Milk	22 Cheeseburger, Taco Salad, Walking Taco, Pinto Beans, Lettuce & Tomato, Salsa, Mango-Peach Applesauce, Fresh Fruit, Choice of Milk	23 Pepperoni Pizza, Cheese Pizza, Corn Dog, Baby Carrots with Ranch, Garden Side Salad, Fresh Fruit, Choice of Milk
26 Mac & Cheese, Pulled Pork BBQ Sandwich, Creamy Cole Slaw, Pinto Beans, Raisels, Fresh Fruit, Choice of Milk	27 Chicken Enchilada, Beef & Cheese Nachos, Refried Beans, Melon Medley, Pineapple Tidbits, Fresh Fruit, Choice of Milk	28 Beef Spaghetti, Chicken Nuggets & Roll, Garden Side Salad, Corn, Rosy Applesauce, Fresh Fruit, Choice of Milk	29 Chicken Tenders & Roll, Homemade Pepperoni Pizza, Seasoned Broccoli, Sweet Potato Waffle Fries, Fresh Fruit, Choice of Milk	30 Chicken Filet Sandwich, Hot Dog, Tater Tots, BBQ Baked Beans, Creamy Cole Slaw, Fresh Fruit, Choice of Milk

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

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FCA SPRING HUDDLE SCHEDULE

**JAN
30th**

ALL Grades Invited!
8:00 a.m.
AMS Gym

**FEB
27th**

**MARCH
20th**

**APRIL
24th**





FFA Meeting

FEBRUARY 4th

3:30 – 4:45 pm

in Mrs. Wyatt's room

AMS Baseball

FEB 12th

@ Cass

5:30 PM



Valentine's Dance

THURSDAY, FEBRUARY 12th

3:45 - 5:00 pm

\$5.00 admission

School dress code applies. Concessions will be sold.

PICK UP INSTRUCTIONS

6th grade - front of the school

7th grade - in the bus lanes

8th grade - by the gym.

HOOPS FOR HEART

FEB 13



**American
Heart
Association®**

Lightning & Half-Court Contests

25 cents/game

5 v. 5 Tournament \$5/team or \$1/person

Candy-Grams - \$1

Concessions will be sold.

WINTER BREAK

FEB 16-20



Ashworth Middle School
Teacher of the Year
2026-27



Savanna
Haynes





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Resources!



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website

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Need hygiene items, clothing or food?
Scan a QR code and submit a request.
Items will be delivered in Homeroom.



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\$40
MARCH 20

Ashworth is a "Safe Place" for Youth in Crisis.



Safe Place is a national organization for youth under the age of 18, that are experiencing homelessness or who may be in crisis. The program is designed to provide a young person who is homeless with immediate shelter, resources and other basic needs.