Monday

MARCH 23, 2026

ASHWORTH WARRIORS
PRIDE IN THE TRIBE





Student Birthdays

No Birthdays Today

2026

MARCH

MIDDLE SCHOOLS BREAKFAST



National School Breakfast Week:
The Quest for School Breakfast: March 2nd – 6th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NATIONAL SCHOOL BREAKFAST WEEK				
Emperor's Eggs & Toast, Chicken Biscuit, Cereal, Pop-Tarts, Fresh Fruit, Fruit Juice, Choice of Milk	**Prince & Princess Pancakes & Royal Fruit,** Sausage Biscuit, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk	**Dragon Eggs & Sausage,** Pop-Tarts, Cereal, Strawberry Applesauce, Fresh Fruit, Choice of Milk	**Medieval Muffin Tops,** Bagel Sandwich, Mini Donuts, Cereal, Raisels, Fresh Fruit, Choice of Milk	**Knight's Bread with Royal Icing,** Bacon Biscuit, Cereal, Honey Bun, Fresh Fruit, Fruit Juice. Choice of Milk
9 Mini Chicken Biscuits, Yogurt & Granola, Pop-Tarts, Cereal, Craisins, Fruit Juice, Fresh Fruit, Choice of Milk	10 French Toast & Sausage, Donut Holes, Cereal, Pop-Tarts, Diced Peaches, Pineapple Tidbits, Fresh Fruit. Choice of Milk	11 Sausage Biscuit, Chocolate Chip Muffin, Pop-Tarts, Cereal, Pear Halves, Fresh Fruit, Choice of Milk	12 Steak Biscuit, Vanilla Belgian Waffle, Cereal, Pop-Tarts, Mango-Peach Applesauce, Fresh Fruit, Choice of Milk	13 At-Home Learning Day
16 Chicken Biscuit, Apple Frudel, Pop-Tarts, Cereal, Mango-Peach Applesauce, Fresh Fruit, Choice of Milk	17 French Toast & Sausage, Mini Strawberry Bagel, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice. Choice of Milk	18 Homestyle Breakfast Plate, Chocolate Chip Muffin, Pop-Tarts, Cereal, Pear Halves, Fresh Fruit, Choice of Milk	19 Steak Biscuit, Donut Sticks, Pop-Tarts, Cereal, Diced Peaches, Fresh Fruit, Choice of Milk	20 Bacon Biscuit, Mini Maple Waffles, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk
23 Chicken Biscuit, Honey Bun, Pop-Tarts, Cereal, Craisins, Fresh Fruit, Choice of Milk	24 French Toast & Sausage, Blueberry Muffin, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk	25 Sausage Biscuit, Cinnamon Pancake, Pop-Tarts, Cereal, Tropical Fruit Salad, Fresh Fruit, Choice of Milk	26 Pancake on a Stick, Steak Biscuit, Pop-Tarts, Cereal, Diced Peaches, Fresh Fruit, Fruit Juice, Choice of Milk	27 Bacon Biscuit, Mini Powdered Donuts, Pop-Tarts, Cereal, Fresh Fruit, Choice of Milk
30 Mini Chicken Biscuits, Yogurt & Granola, Pop-Tarts, Cereal, Craisins, Fruit Juice, Fresh Fruit, Choice of Milk	31 French Toast & Sausage, Donut Holes, Cereal, Pop-Tarts, Diced Peaches, Pineapple Tidbits, Fresh Fruit, Choice of Milk			

All Students Eat Free this School Year!

Find all menus online at https://www.gcbe.org/page/menus

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

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2026

MARCH

MIDDLE SCHOOLS LUNCH

All Students Eat Free this School Year!

GORDON COUNTY SCHOOLS SCHOOL NUTRITION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Soft Pretzel & Cheese Sauce, Chicken Chunks, Steak Strips, Roll, Corn, Green Beans, Craisins, Fresh Fruit, Choice of Milk	3 Fish Sticks & Hushpuppies, Oven-Fried Chicken & Roll, Mashed Potatoes, Sweet Peas, Raisels, Fresh Fruit, Choice of Milk	4 Max Snac Mini Quesadillas, Chicken Tenders, Garlic Toast, Seasoned Broccoli, French Fries, Diced Peaches, Fresh Fruit, Choice of Milk	5 Cheeseburger, Taco Salad, Walking Taco, Pinto Beans, Lettuce & Tomato, Salsa, Mango-Peach Applesauce, Fresh Fruit, Choice of Milk	6 Pepperoni Pizza, Cheese Pizza, Corn Dog, Baby Carrots & Ranch, Garden Side Salad, Fresh Fruit, Choice of Milk
9 Mac & Cheese, Pulled Pork BBQ Sandwich, Pinto Beans, Creamy Cole Slaw, Raisels, Fresh Fruit, Choice of Milk	10 Chicken Enchilada, Beef & Cheese Nachos, Refried Beans, Sliced Peaches, Pineapple Tidbits, Fresh Fruit, Choice of Milk	11 Beef Spaghetti, Chicken Nuggets, Roll, Garden Side Salad, Corn, Rosy Applesauce, Fresh Fruit, Choice of Milk	12 Homemade Pepperoni Pizza, Chicken Tenders, Roll, Seasoned Broccoli, Sweet Potato Waffle Fries, Fresh Fruit, Choice of Milk	13 ***At-Home Learning Day***
16 Chicken & Waffles, Corn Dog, Sweet Potato Waffle Fries, Green Beans, Fruit Cocktail, Fresh Fruit, Choice of Milk	17 Pigs in a Blanket, Popcorn Chicken, Hot Ham & Cheese Sandwich, Potato Smiles, BBQ Baked Beans, Fresh Fruit, Choice of Milk **ST PATRICK'S DAY TREAT**	18 Jalapeno Mozzarella Bites, Pizza Dippers & Marinara, Roasted Squash, Broccoli Florets, Melon Medley, Diced Peaches, Choice of Milk	19 Homemade Cheese Pizza, Oven-Fried Chicken & Roll, Mashed Potatoes, Corn, Garden Side Salad, Fresh Fruit, Choice of Milk	20 Chicken Wings & Roll, Cheeseburger, Fresh Veggie Cup, Onion Rings, Sidekick, Fresh Fruit, Choice of Milk
23 Soft Pretzel & Cheese Sauce, Chicken Chunks, Steak Strips, Roll, Corn, Green Beans, Craisins, Fresh Fruit, Choice of Milk	24 Fish Sticks & Hushpuppies, Oven-Fried Chicken & Roll, Mashed Potatoes, Sweet Peas, Raisels, Fresh Fruit, Choice of Milk	25 Max Snac Mini Quesadillas, Chicken Tenders, Garlic Toast, Seasoned Broccoli, French Fries, Diced Peaches, Fresh Fruit, Choice of Milk	26 Cheeseburger, Taco Salad, Walking Taco, Pinto Beans, Lettuce & Tomato, Salsa, Mango-Peach Applesauce, Fresh Fruit, Choice of Milk	27 Pepperoni Pizza, Cheese Pizza, Corn Dog, Baby Carrots & Ranch, Garden Side Salad, Fresh Fruit, Choice of Milk
30 Mac & Cheese, Pulled Pork BBQ Sandwich, Pinto Beans, Creamy Cole Slaw, Raisels, Fresh Fruit, Choice of Milk	31 Chicken Enchilada, Beef & Cheese Nachos, Refried Beans, Sliced Peaches, Pineapple Tidbits, Fresh Fruit, Choice of Milk			

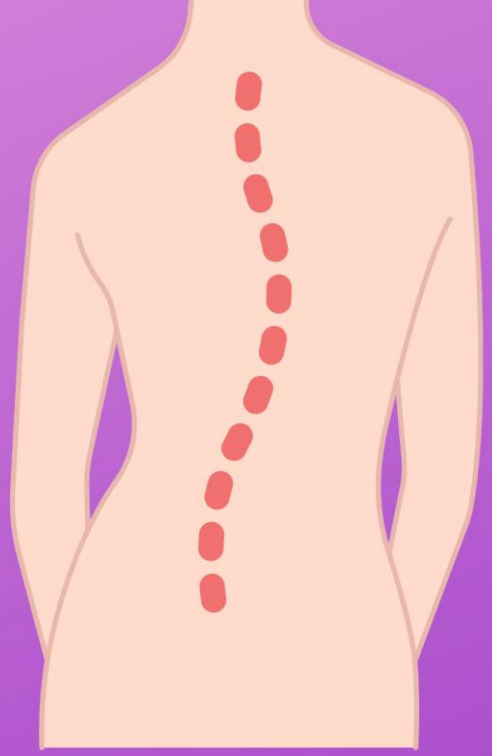
A PBJ Pack is Also Available Daily (Flavors Vary)

Find all menus online at https://www.gcbe.org/page/menus

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scoliosis screening



Monday, March 23rd
6th & 8th Grade



Parents should send an Opt-Out Form to the school nurse by 3/12 if they do NOT want their student screened.

AMS Tennis



March 23rd

@ Gladden

GC 4:15 PM

AMS Baseball

March 23rd

vs. Valley Point

@ AMS

4:30 PM



CelebWallpapers.net

AMS Tennis



March 24th
@ Pepperell
4:15 PM

AMS Baseball

March 24th

vs. Gladden

@ AMS

4:45 PM



CelebWallpapers.net

AMS Track & Field

March 25th

@ Coosa

4:15 PM

book fair

Ashworth Media Center

THIS WEEK

MARCH 23 - 27



ASHWORTH WARRIORS
PRIDE IN THE TRIBE

Connections Hangout



$5.00



MARCH 27

Friday, March 27

During Connections

AMS Soccer Field

- Enjoy hanging out with friends!
- Play games!
- Concessions will be sold!

AMS Tennis



March 30th
vs. Armuchee
@ GC 4:15 PM

AMS Track & Field

March 31st
@ Chattooga
4:00 PM

FCA SPRING HUDDLE SCHEDULE

JAN
30th

FEB
27th

MARCH
20th

APRIL
24th

ALL Grades Invited!
8:00 a.m.
AMS Gym

EOG MILESTONES & EOC ALGEBRA TESTING

APRIL 28 - MAY 13

GET PLENTY OF REST !



GET TO SCHOOL ON TIME!

ASHWORTH WARRIORS
PRIDE IN THE TRIBE

APRIL 28 - MAY 13 TESTING CALENDAR

GET PLENTY OF REST !

GET TO SCHOOL ON TIME!

27	28	April 29	30	May 1
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ELA Section 1	ELA Section 2	ELA Section 3	At-Home Learning Day
4	**5**	**6**	**7**	**8**
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATH Section 1	MATH Section 2	8th Grade SCIENCE 1 & 2	8th Grade SOC STUDIES 1 & 2	Make-Ups
11	**12**	**13**		
MONDAY	TUESDAY	WEDNESDAY		
ALGEBRA EOC 1	ALGEBRA EOC 2	Make-Ups		

ASHWORTH WARRIORS
PRIDE IN THE TRIBE

Ashworth Middle School

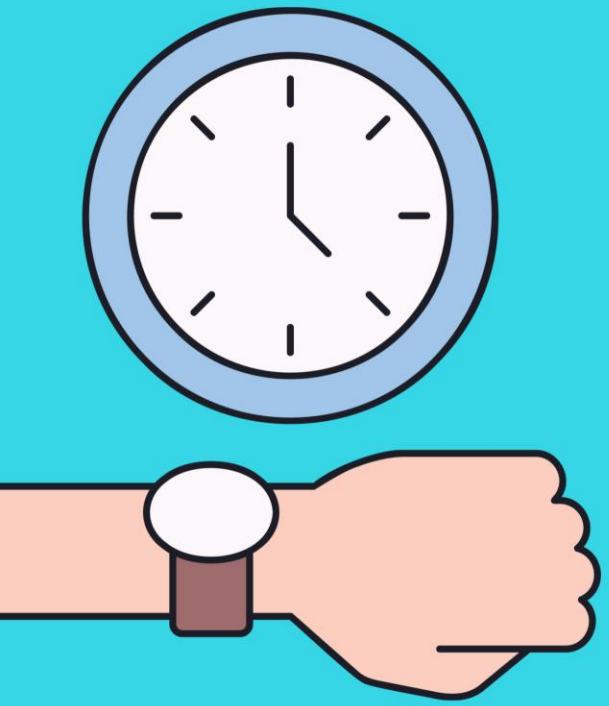
Teacher of the Year 2026-27

ASHWORTH WARRIORS
PRIDE IN THE TRIBE

Savanna Haynes







HAVE A HEADACHE?

TRY W.O.W.

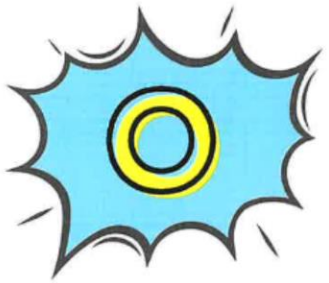
BEFORE YOU VISIT THE NURSE





WATER

Take **10** BIG gulps of water





OXYGEN

Take **20** slow, deep breaths





WAIT

Wait **30** minutes.
Does it feel better?
If it still hurts, tell your teacher

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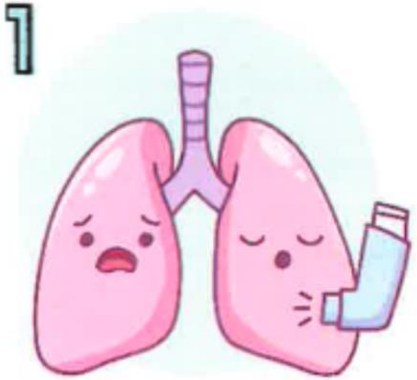


The 10 B's

THAT SHOULD GO SEE THE NURSE

If you're not sure if you should visit the nurse, ask your teacher to help you decide.

1



Breathing Trouble

2



BIG Bleeds

3



Brain Bumps

4



Broken Bone

5



BIG Bumps

6



Barfing

7



Burning Up

8



Bee Stings

9



Burns

10



By Doctor's Order

I DON'T FEEL WELL. WHEN SHOULD I SEE THE NURSE?

1 

I am okay.
I don't know why I am complaining.

2 

Something feels off,
but I can make it through the day.

3 

I do not feel great, but I can try
some things in class to keep going.

4 

I do not feel well.
I think the nurse can help me.

5 

I feel horrible.
I think I may need to go home.



SCAN HERE TO...

Find a Book!

Surpass Cloud

See ALL Media Center Resources!

AMS Media Center website

Do Research!

GALILEO

Samaritan's Closet

Need hygiene items, clothing or food?

Scan a QR code and submit a request.

Items will be delivered in Homeroom.

Ashworth is a "Safe Place" for Youth in Crisis.



Safe Place is a national organization for youth under the age of 18, that are experiencing homelessness or who may be in crisis. The program is designed to provide a young person who is homeless with immediate shelter, resources and other basic needs.