

COOL

FRIDAY
AUGUST 7, 2026

Ashworth Middle School



WELCOME BACK



Warriors!



BREAKFAST

AUGUST 2026

MIDDLE SCHOOLS



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
All Students Eat FREE Again This School Year!				
Chicken Biscuit, Fruit & Granola Yogurt Parfait, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk	Sausage Biscuit, Apple Pie Overnight Oats, Mini Chocolate Donuts, Pop-Tarts, Cereal, Fresh Fruit, Choice of Milk	Breakfast Nachos w/ Tajin Sauce, Super Donut, Cereal, Pop-Tarts, Strawberry Applesauce, Fresh Fruit, Choice of Milk	Bacon, Egg & Cheese Bagel, Breakfast Grilled Cheese, Pop-Tarts, Cereal, Fresh Fruit, Choice of Milk	Bacon Biscuit, Glazed Honey Bun, Cereal, Pop-Tarts, Fresh Fruit, Fruit Juice, Choice of Milk
Chicken Biscuit, Egg & Cheese Biscuit, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk	Sausage Biscuit, Strawberry Overnight Oats, Chocolate Chip Muffin, Pop-Tarts, Cereal Fresh Fruit, Choice of Milk	Ham & Cheese Biscuit, Mini Powdered Donuts, Pop-Tarts, Cereal, Peach-Mango Applesauce, Fresh Fruit, Choice of Milk	Breakfast Burrito, Blueberry Muffin, Pop-Tarts, Cereal, Fresh Fruit, Choice of Milk	Bacon Biscuit, Apple Cinnamon Texas Toast, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk
Chicken Biscuit, Glazed Honey Bun, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk	Sausage Biscuit, Mini Maple Pancakes, Cereal, Strawberry-Banana Smoothie, Pop-Tarts, Fresh Fruit, Choice of Milk	Homestyle Breakfast Plate, Chocolate Chip Muffin, Pop-Tarts, Cereal, Fresh Fruit, Choice of Milk	Cinnamon Biscuit & Sausage Link, Donut Holes, Pop-Tarts, Cereal, Peach-Mango Applesauce, Fresh Fruit, Choice of Milk	Bacon Biscuit, Mini Cinnis, Cereal, Pop-Tarts, Fresh Fruit, Fruit Juice, Choice of Milk
Chicken Biscuit, Fruit & Granola Yogurt Parfait, Pop-Tarts, Cereal, Fresh Fruit, Fruit Juice, Choice of Milk				



Menu is subject to change.
USDA is an equal opportunity provider,
employer, and lender.



Find all menus online at
<https://www.gcbe.org/page/menus>



AUGUST 2026

MIDDLE SCHOOLS



Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

All Students Eat Free Again This School Year!

Oven-Fried Chicken,
Fish Sticks & Hushpuppies,
Roll, Mashed Potatoes,
Butter Parmesan Broccoli,
Fresh Fruit, Choice of Milk

10

Chicken Tenders & Roll,
Asian Meatballs & Egg Roll,
Asian Rice,
Broccoli Slaw,
Fresh Fruit, Choice of Milk

11

BREAKFAST 4 LUNCH:
Pancake on a Stick, Breakfast
Flatbread, Corn Nuggets, Sweet
Potato Souffle, Spiced Apples,
Fresh Fruit, Choice of Milk

12

Beef & Cheese Nachos,
Chicken Wings & Roll
Pinto Beans, Corn, Tropical
Fruit Salad, Gelatin Fruit Cup,
Fresh Fruit, Choice of Milk

13

Pepperoni Pizza,
Chicken Filet Sandwich,
Tater Tots, Garden Side
Salad, Sidekick,
Fresh Fruit, Choice of Milk

14

Baked Ziti, Garlic Knot,
French Bread Cheese Pizza,
Garden Side Salad, Craisins,
Butter Parmesan Broccoli,
Fresh Fruit, Choice of Milk

17

Southwest Flatbread
Pizza,
Italian Breadstick Pull-Apart,
Green Beans, Peaches,
Fresh Fruit, Choice of Milk

18

Corn Dog,
Popcorn Chicken & Roll,
Mashed Potatoes,
Fried Okra, Fresh Fruit,
Fruit Juice, Choice of Milk

19

Beef & Cheese Nachos,
Chicken Tenders & Roll,
Black Beans, Corn, Churro,
Tropical Fruit Salad,
Fresh Fruit, Choice of Milk

20

Chicken Wrap,
Chicken Filet Sandwich,
Buffalo Chicken Dip & Chips,
French Fries, Raisels,
Fresh Fruit, Choice of Milk

21

Steak Strips,
Oven-Fried Chicken,
Biscuit, Mashed Potatoes,
Pinto Beans, Craisins,
Fresh Fruit, Choice of Milk

24

Chicken Chunks & Roll,
Manager's Choice Sub
Sandwich, Mac & Cheese,
Honey Glazed Carrots,
Fresh Veggie Cup,
Fresh Fruit, Choice of Milk

25

Asian Flatbread Pizza,
Cheese Quesadilla,
Butter Parmesan Broccoli,
Asian Rice, Fortune Cookie,
Fresh Fruit, Choice of Milk

26

Baked Ravioli,
Homemade Pepperoni Pizza,
Garlic Knot, Corn,
Green Beans, Side Salad,
Fresh Fruit, Choice of Milk

27

Cheeseburger,
Hot Dog,
Baked Beans, Chips,
Creamy Cole Slaw,
Fresh Fruit, Choice of Milk

28

Oven-Fried Chicken,
Fish Sticks & Hushpuppies,
Roll, Mashed Potatoes,
Butter Parmesan Broccoli,
Fresh Fruit, Choice of Milk

31

Our popular PBJ Pack is
also available every day (jelly flavors vary).

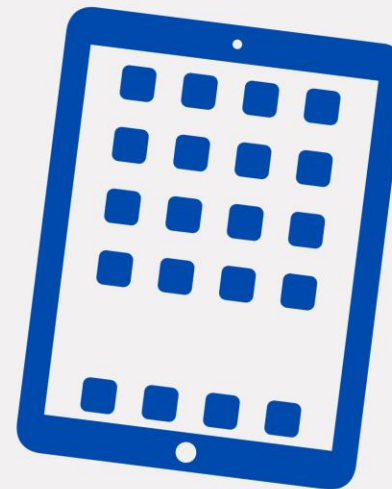
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Exact Path

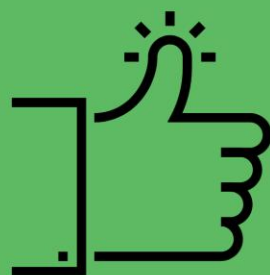
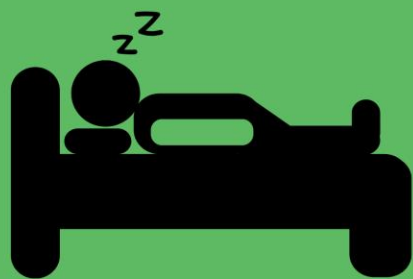
Diagnostic



Tues & Wed AUGUST 11-12

We will be running a modified schedule.

Get plenty of rest, and do your best!



LIBRARY BOOK CHECKOUT BEGINS



AUGUST

18





GOLF
AUG 11th
vs. Adairsville, Dalton,
Red Bud
@ Fields Ferry – 4:00 PM

AUG 17

4:30 PM

@ Pepperell





GOLF
AUG 17th
vs. Cedartown, Rockmart,
Woodland
@ Meadow Lakes – 4:00 PM

vs. Darlington

@ GC

AUG 18

4:45 p.m.



GOLF
AUG 18th
vs. Cass, Dalton &
Adairsville
@ Spring Lakes – 4:00 PM



AUG19

4:30 PM

@ AMS

vs. Coosa





Aug 22nd 9:45 AM

GA Highlands Invit.

GA Highlands College

PICTURE DAY

SEPT 21





Parent Meeting

CHORUS

August 25 @ 6:00

AMS Cafeteria

Ashworth Middle School
Teacher of the Year
2026-27



Savanna
Haynes



BACK TO SCHOOL

WITH SORA!

READ. LISTEN. LEARN.

Read on Sora The Student Reading app.



Sora

The student reading app

Check it out!

e-books & audiobooks



SCAN HERE TO...

Find a Book!



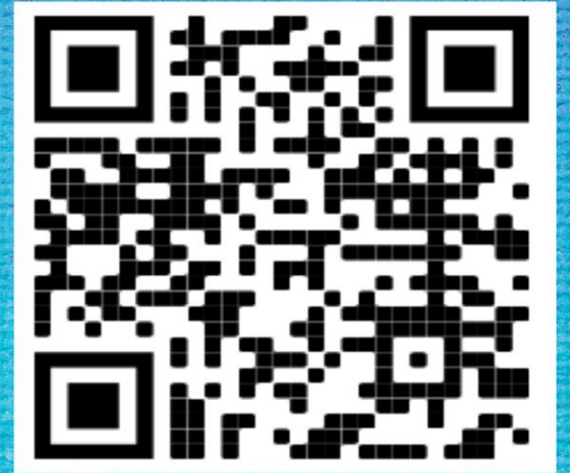
Surpass Cloud

See ALL Media Center
Resources!



AMS Media Center
website

Do Research!



GALILEO



Need hygiene items, clothing or food?
Scan a QR code and submit a request.
Items will be delivered in Homeroom.

Ashworth is a "Safe Place" for Youth in Crisis.



Safe Place is a national organization for youth under the age of 18, that are experiencing homelessness or who may be in crisis. The program is designed to provide a young person who is homeless with immediate shelter, resources and other basic needs.