



Wednesday

October 21, 2026





Student Birthdays

Cooper Rayburn



BREAKFAST

OCTOBER 2026

MIDDLE SCHOOLS

*All Students Eat FREE
Again This School Year!*

Monday

Tuesday

Wednesday

Thursday

Friday



5
Chicken Biscuit,
Glazed Honey Bun,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

6
Sausage Biscuit,
Mini Maple Pancakes,
Fruit Smoothie, Cereal,
Pop-Tarts, Raisels,
Fresh Fruit, Choice of Milk

7
Homestyle Breakfast
Plate, Chocolate Muffin,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

1
Breakfast Burrito,
Blueberry Muffin,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

2
Bacon Biscuit, Apple
Cinnamon Texas Toast,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

8
Cinnamon Biscuit &
Sausage Link, Donut Holes,
Pop-Tarts, Cereal,
Peach-Mango Applesauce,
Fresh Fruit, Choice of Milk

9
Bacon Biscuit,
Mini Cinnis,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

12

13

14

15

16

Have a Great Fall Break!

19
Chicken Biscuit,
Egg & Cheese Biscuit,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

20
Sausage Biscuit,
Strawberry Overnight Oats,
Chocolate Muffin, Raisels,
Pop-Tarts, Cereal
Fresh Fruit, Choice of Milk

21
Ham & Cheese Biscuit,
Mini Powdered Donuts,
Pop-Tarts, Cereal,
Peach-Mango Applesauce,
Fresh Fruit, Choice of Milk

22
Breakfast Burrito,
Blueberry Muffin,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

23
Bacon Biscuit, Apple
Cinnamon Texas Toast,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

26
Chicken Biscuit,
Glazed Honey Bun,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

27
Sausage Biscuit,
Mini Maple Pancakes,
Fruit Smoothie, Cereal,
Pop-Tarts, Raisels,
Fresh Fruit, Choice of Milk

28
Homestyle Breakfast
Plate, Chocolate Muffin,
Pop-Tarts, Cereal,
Fresh Fruit, Choice of Milk

29
Cinnamon Biscuit &
Sausage Link, Donut Holes,
Pop-Tarts, Cereal,
Peach-Mango Applesauce,
Fresh Fruit, Choice of Milk

30
Bacon Biscuit,
Mini Cinnis,
Pop-Tarts, Cereal,
Fresh Fruit,
Fruit Juice, Choice of Milk

Menus are subject to change.

Find all menus online at

<https://www.gcbe.org/page/menus>



USDA is an equal opportunity provider,
employer, and lender.



OCTOBER 2026
MIDDLE SCHOOLS

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Monday	Tuesday	Wednesday	Thursday	Friday
Our popular PBJ Pack is also available every day (jelly flavors vary).				
5 Oven-Fried Chicken, Steak Strips, Country Gravy, Biscuit, Mashed Potatoes, Pinto Beans, Craisins, Fresh Fruit, Choice of Milk	6 NATIONAL TACO DAY Beef Soft Taco & Toppings, Chicken Chunks & Roll, Pinto Beans, Mac & Cheese, Fresh Fruit, Fruit Juice, Choice of Milk	7  Asian Flatbread Pizza, Cheese Quesadilla, Asian Rice, Seasoned Broccoli, Cucumbers & Ranch, Fresh Fruit, Choice of Milk	1 Beef & Cheese Nachos, Chicken Tenders & Roll, Corn, Tropical Fruit Salad, Black Beans, Churro Cookie, Fresh Fruit, Choice of Milk	2 Chicken Wrap, Chicken Sandwich, Buffalo Chicken Dip & Chips, French Fries, Raisels, Fresh Fruit, Choice of Milk
12	13	14	15	16

Have a Great Fall Break!

Popcorn Chicken & Soft Pretzel, Cheese Sauce, Corn Dog, Onion Rings, Green Beans, Applesauce, Big Top Blueberries, Fresh Fruit, Choice of Milk	Hawaiian Roll Chicken Slider, Ringmaster Riblet Sandwich, Potato Smiles, Baby Carrots with Homemade Ranch, Fresh Fruit, Choice of Milk	Chicken & Waffles, Cheeseburger, BBQ Baked Beans, Corn on the Cob, Clown Nose Fruit Salad, Pineapple, Churro, Fresh Fruit, Choice of Milk	Smoked Turkey Leg, Loaded Cheesy Tots, Honey Glazed Carrots, Fresh Veggie Cup, Roasted Asparagus, Caramel Apple, Fresh Fruit, Choice of Milk	Dill Pickle Pizza, Hot Dog, Corn in a Cup, Roasted Cauliflower, Slaw, Fries, Stars & Stripes Sidekick, Animal Crackers, Fresh Fruit, Choice of Milk
26 Oven-Fried Chicken, Steak Strips, Country Gravy, Biscuit, Mashed Potatoes, Pinto Beans, Craisins, Fresh Fruit, Choice of Milk	27 Chicken Chunks & Roll, Manager's Choice Sub Sandwich, Mac & Cheese, Honey Glazed Carrots, Fresh Veggie Cup, Fresh Fruit, Choice of Milk	28 NATIONAL CHOCOLATE DAY Asian Flatbread Pizza, Cheese Quesadilla, Asian Rice, Seasoned Broccoli, Cucumbers & Ranch, Fresh Fruit, Choice of Milk	29 Ravioli with Pink Sauce, Homemade Pepperoni Pizza, Garlic Knot, Corn, Green Beans, Side Salad, Fresh Fruit, Choice of Milk	30 Cheeseburger, Hot Dog, Baked Beans, Chips, Creamy Cole Slaw, Special Halloween Treat! Fresh Fruit, Choice of Milk



National School Lunch Week Oct 19-23: Cafeteria Circus!
Special Circus Menus and Fun Treats

TAKE CENTER STAGE
OCT 19-23



**CAFETERIA
CIRCUS**



NATIONAL SCHOOL LUNCH WEEK
OCT 19-23 ★2026 ★

Voluntary Action Center

FOOD DRIVE

Top 3 Homerooms win a Pizza Party!

We need donations of non-perishable items like vegetables, soups, beans, tomatoes, Ramen noodles, etc.



OCT 19 -23

FCA SCHEDULE

FALL

HUDDLE

ALL GRADES INVITED

AMSGYM

8AM

**FRI
SEPT
25**

**FRI
OCT
23**

**FRI
NOV
13**

**FRI
DEC
11**

PICTURE RETAKE DAY

OCT 26th



OCT 26-30

A **RED RIBBON WEEK**
MAKE A DIFFERENCE.
BE A HERO.
STAY DRUG FREE.

OCTOBER 26-30



MONDAY
OCTOBER 26



SUPER COMFY HEROES!
Wear your school-appropriate pajamas!

TUESDAY
OCTOBER 27



HEROES INSPIRE!
Dress as your favorite hero!

WEDNESDAY
OCTOBER 28



RED-Y TO BE A HERO!
Wear red and crazy hair or crazy socks!

THURSDAY
OCTOBER 29



TEAM UP FOR A BRIGHTER TOMORROW!
Wear your favorite sports team!

FRIDAY
OCTOBER 30



HALLOWEEN COSTUME DRESS UP DAY!
Wear a school-appropriate costume!

BE KIND ★ BE BRAVE ★ MAKE GOOD CHOICES ★ STAY DRUG FREE!



OCTOBER

30th

\$5.00

Ashworth Middle School
Teacher of the Year
2026-27



Savanna
Haynes



BACK TO SCHOOL

WITH SORA!

READ. LISTEN. LEARN.

Read on Sora The Student Reading app.



Sora

The student reading app

Check it out!

e-books & audiobooks



SCAN HERE TO...

Find a Book!



Surpass Cloud

See ALL Media Center
Resources!



AMS Media Center
website

Do Research!



GALILEO



Samaritan's Closet

Need hygiene items, clothing or food?
Scan a QR code and submit a request.
Items will be delivered in Homeroom.

Ashworth is a "Safe Place" for Youth in Crisis.



Safe Place is a national organization for youth under the age of 18, that are experiencing homelessness or who may be in crisis. The program is designed to provide a young person who is homeless with immediate shelter, resources and other basic needs.