Daily Vegan Options
- Black Bean Veggie Burger Whole Wheat Bun
- Grilled Vegetable & Hummus Wrap

New Canaan High School
November 2026

Hot Lunch (menu below) $4.40
Hot Main Entrée, whole fruit, vegetables, beverage (small milk, small OJ, 8 oz water).

Allergy questions?
Please contact Michelle Santelli michelle.santelli@ncps-k12.org

Soup- Chicken Noodle

Daily Lunch Stations
Hot Lunch
Grill Station
Salad Station
Deli/Panini Station
Grab & Go
Snacks & Beverages

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hamburger- Beef or Cheeseburger American Cheese Lettuce, Tomatoes, Pickles Brioche Bun Potato Wedges	**Professional Learning**	**4** Cheese Pizza- Whole Grain Pizza Crust Non-GMO Tomato Sauce Mozzarella Cheese Fruit & Vegetables	**5** Chicken Fajitas- Marinated Chicken Sauteed Peppers & Onions Tomato Salsa Shredded Cheddar Whole Grain Tortilla	**6** Pasta- Plain Pasta Non-GMO Marinara Sauce Rotini, Pesto (no Nuts) Grilled Chicken *Roasted Local Zucchini Whole-Grain Dinner Roll Fruit
9 Meatball Grinder- Meatballs Melted Mozzarella Non-GMO Marinara Sauce Toasted Club Roll Seasoned Broccoli Fruit	**10** Baked Macaroni & Cheese- Elbow Macaroni Cheese Sauce Sauteed Broccoli Fruit	**11** Cheese Pizza- Whole Grain Pizza Crust Non-GMO Tomato Sauce Mozzarella Cheese Fruit & Vegetables	**12** Thanksgiving Lunch- Turkey Breast, Gravy Roasted Butternut Squash Classic Herb Stuffing Fruit	**13** Pasta- Penne Pasta Non-GMO Marinara Sauce Bolognese Roasted Mushrooms Whole-Grain Dinner Roll Fruit
16 Crispy Chicken Sandwich- Breaded Chicken Cutlet American Cheese (Optional) Lettuce & Tomato Potato Puffs Whole Grain Bun	**17** Chicken Panini- Grilled Marinated Chicken Provolone Cheese Avocado Lettuce, Tomatoes, Onions Chipotle Mayo Panini Bread Fruit	**18** Cheese Pizza- Whole Grain Pizza Crust Non-GMO Tomato Sauce Mozzarella Cheese Fruit & Vegetables	**19** Brunch for Lunch- Whole Grain Pancakes Breakfast Sausage Potato Puffs, Syrup Fruit	**20** Pasta- Plain Pasta Non-GMO Marinara Sauce Grilled Chicken Rigatoni, Alfredo Sauce *Roasted Local Zucchini Whole-Grain Dinner Roll Fruit
23 Sweet & Sour Chicken Tempura- Tempura Chicken Sweet & Sour Sauce Vegetable, Scallion Rice Sauteed Vegetables Fruit	**24** Cheese Pizza- Whole Grain Pizza Crust Non-GMO Tomato Sauce Mozzarella Cheese Fruit & Vegetables	**26- HALF DAY** **A La Carte Menu**	**HOLIDAY**	
30 Brunch for Lunch- Whole Grain French Toast Sticks Breakfast Sausage Potato Puffs, Syrup Fruit	**1** Beef Burritos- Seasoned Beef Spanish Rice & Beans Cheddar Cheese Lettuce, Tomato, Salsa Whole Grain Wrap	**2** Cheese Pizza- Whole Grain Pizza Crust Non-GMO Tomato Sauce Mozzarella Cheese Fruit & Vegetables	**3** Grilled Cheese Toasted Texas Toast American Cheese *Roasted Local Zucchini Fruit	**4** Pasta- Penne Pasta Non-GMO Marinara Sauce Meatballs Roasted Broccoli, Dinner Roll