PEARSALL INDEPENDENT SCHOOL DISTRICT
318 Berry Ranch Road ● Pearsall, Texas 78061 ● 830.334.8001 ●Fax 830.334.8007 ● www.pearsallisd.org
We Are Pearsall

School Health Advisory Committee (SHAC)

Meeting Agenda

Date: Wednesday, February 4, 2026
Time: 5:00 p.m.
Location: Pearsall High School

1. Call to Order

- Welcome and roll call

2. Public Comments

- Opportunity for input from parents, staff, or community members
  (per TEC §28.004(d))

3. Review & Approval of Prior Minutes

- Review of December 4, 2025 SHAC meeting minutes
- Action: Approve minutes

4. District Wellness Policy Review

- Review of current Pearsall ISD Wellness Policy
  - Committee feedback and discussion
- Identification of recommended updates or revisions

5. SHAC Priority Focus Areas for 2025–2026

- Follow-up discussion on identified focus areas:
  - Mental health awareness and access
  - Child nutrition and food options

This school district does not discriminate on the basis of sex, disability, race, color, and national origin in its education programs, activities or employment as required by Title IX, Section 504, and Title VI.

- Health curriculum topics (including sex education)

- Alignment of priorities with SHAC advisory role

6. Subcommittee Reports

- **Child Nutrition Subcommittee**
  - Findings, concerns, and preliminary recommendations

- Discussion of next steps or additional subcommittee needs

7. Recommendations & Action Items

- Summary of SHAC recommendations developed during the meeting

- Timeline for submission to the Board of Trustees

8. Next Steps

- Determine future meeting dates

9. Adjournment

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