

Coaches and AD's

Here is some information regarding Cross Country Sub-State at Tribune's Prairie Ridge Golf Course.

The meet will start at 10:30 am CT/9:30 am MT..

Prairie Ridge Golf Course is located approximately ½ mile north of Tribune on the west side of state highway 27. Parking for school vehicles and most spectators will be located on the south side of the golf course. Entrance will be marked and is located about ¼ mile north of Tribune. Parking for elderly and handicap spectators will be located by the club house. Please see the course maps for location. Extra parking is available in our rodeo grounds located at the west end of Fairground Road/Zinade Street, on past the 4-H building and north of the Greeley County Schools bus barn. Again, please see the Extra Parking map.

The clubhouse will be used for and by coaches and helpers only!! Please help us keep spectators and students out of the clubhouse, off the greens and off tee-off boxes. We will have Porta-Potties available for athletes and spectators by the clubhouse.

Rocking H Coffee will have their coffee trailer at the meet. A PDF of the menu should be in with this email.

Schedule for the day will be

Coaches will be able to pick up their packets at the clubhouse or timing trailer when they get to the meet.

9:30 am CT/8:30 am MT - Coaches meeting

10:15 am CT/9:15 am MT - National Anthem

10:30 am CT/9:30 am MT - Girls A race

11:00 am CT/10:00 am MT - Girls B race-or as soon as all the Girls A race is finished.

11:30 am CT/10:30 am MT - Boys A race - or as soon as all the Girls B race is finished.

12:00 pm CT/11:00 am MT - Boys B race - or as soon as all the Boys A race is finished.

12:30 pm CT/11:30 am MT - Awards - or as soon as all the Boys B race is finished.

REMINDER - Entries will be put on Kansas MileSplit. All schools must submit their regional entries online through Kanas MileSplit. Entries will open after around noon central time on Wednesday, October 14. This is two days later than we've done in the past and what the manual says in order to get the seeding done correctly on Oct 13. Coaches have until Oct 12th to enter their times for teams. **Please keep your team times updated!!**

For those of you wanting to figure out if you are in Region A or Region B, that is explained on page 24 of the 2026 KSHSAA Cross Country Manual. As soon as I know the order of races and who is in what Region, I will let you know. FYI - Elkhart does NOT have any runners this year for those of you trying to figure out which Region you will be in.

State qualifying is the top 3 teams from each Region and the top 15 finishers in each Region. Uniform rule - See attached Uniform Rule Document. Please make sure your athletes are legally dressed. As the day gets closer, please keep checking the weather.

Medals will be awarded to the top 15 finishers and 2 plaques will be awarded. The top 3 teams still qualify for the State Meet.

FAT Dog Timing will be the timing company and will be using chip timing. If you enter more athletes than are going to run, PLEASE leave the extra numbers/chips at your camp or put them back in your school vehicle. This is the same procedure that will be asked of you at State.

The Jury of Appeals will be Ed Mense - Quinter; Mark Wildeman - Ellis; Patrick Younger - Ness City, Alex Granados - South Gray and Garrett Daugherty - Meade. Alternate on the JOA will be Karen Burrows from Satanta and myself if needed.

Starter will be Mr. John Niehues.

Other reminders

1. Only the top 4 per school will be counted toward team scoring.
2. May list/enter up to 10 runners.
3. Only 7 can run. If more than 7 run - entire team DQ'd!
4. No additions are allowed after the entry deadline
5. Substitutions are permitted only with KSHSAA for injury or illness and none after Wednesday, October 21, 2026.

Reminders

Those of you with teams, please try to keep your team times updated on the KSHSAA website. Read and review the "Legal Uniform Rule"

I do have a local business working on tee-shirts for the sub-state meet. As soon as I have a mock-up I will get it out.

Attachments

Course map

Extra Parking

Rocking H menu