

# Minatare Public Schools Breakfast & Lunch Menu for September 2026

*This Institution is an Equal Opportunity Provider*

All meals are served with milk.

| MONDAY                                                                                                                                            | TUESDAY                                                                                                                                                 | WEDNESDAY                                                                                                                                        | THURSDAY                                                                                                                                                      | FRIDAY                                                                                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                   | <b>1. <u>Brkfst:</u></b> Cereal bar, cheese stick, fruit, juice<br><b><u>Lunch:</u></b> Sweet & sour chicken, rice, broccoli, cauliflower, fruit, juice | <b>2. <u>Brkfst:</u></b> Egg cup, toast, potato rounds, juice<br><b><u>Lunch:</u></b> Soft taco, refried beans, tomatoes, fruit, juice           | <b>3. <u>Brkfst:</u></b> Poptart, yogurt, fruit, juice<br><b><u>Lunch:</u></b> Grilled cheese, tomato soup, beets, fruit, juice                               | <b>4. No Lunch Today</b><br><br><b>See you next time!</b>                |
| <b>7.</b><br>                                                     | <b>8. <u>Brkfst:</u></b> Pancakes, sausage, fruit, juice<br><b><u>Lunch:</u></b> Cheeseburger, fries, pickles, fruit, juice                             | <b>9. <u>Brkfst:</u></b> Scrambled eggs, toast, potato rounds, juice<br><b><u>Lunch:</u></b> Pepperoni pizza, tossed salad, celery, fruit, juice | <b>10. <u>Brkfst:</u></b> French toast bites, cheese stick, fruit, juice<br><b><u>Lunch:</u></b> Breaded drumstick, mashed potatoes, peas, dinner roll, fruit | <b>11. REGULAR SCHOOL DAY</b><br><b><u>Brkfst:</u></b> Muffin, yogurt, fruit, juice<br><b><u>Lunch:</u></b> Burrito, sweet potatoes, tomatoes, fruit, juice |
| <b>14. <u>Brkfst:</u></b> Donut, cheese stick, fruit, juice<br><b><u>Lunch:</u></b> Spaghetti, broccoli, peas, fruit, juice                       | <b>15. <u>Brkfst:</u></b> Waffles, sausage, fruit, juice<br><b><u>Lunch:</u></b> Chicken sandwich, sweet potatoes, pickles, fruit, juice                | <b>16. <u>Brkfst:</u></b> Breakfast empanada, potato rounds, juice<br><b><u>Lunch:</u></b> Beef nachos, corn, cucumbers, fruit, juice            | <b>17. <u>Brkfst:</u></b> Cold cereal, cheese stick, fruit, juice<br><b><u>Lunch:</u></b> Hotdog, pork & beans, beets, fruit, juice                           | <b>18. No Lunch Today</b><br><br><b>See you next time!</b>             |
| <b>21. <u>Brkfst:</u></b> Apple filled churro, yogurt, fruit, juice<br><b><u>Lunch:</u></b> Chicken tenders, tossed salad, tomatoes, fruit, juice | <b>22. <u>Brkfst:</u></b> Breakfast cookie, cheese stick, fruit, juice<br><b><u>Lunch:</u></b> BBQ pork sandwich, fries, pickles, fruit, juice          | <b>23. <u>Brkfst:</u></b> Omelet, toast, potato rounds, juice<br><b><u>Lunch:</u></b> Chicken fajitas, refried beans, corn, fruit, juice         | <b>24. <u>Brkfst:</u></b> Cherry strudel, sunflower seeds, fruit, juice<br><b><u>Lunch:</u></b> Mac & cheese, Lil smokies, carrots, peas, fruit, juice        | <b>25. No Lunch Today</b><br><br><b>See you next time!</b>             |
| <b>28. <u>Brkfst:</u></b> Banana bar, cheese stick, fruit, juice<br><b><u>Lunch:</u></b> Taco salad, beans, cucumbers, fruit, juice               | <b>29. <u>Brkfst:</u></b> Cornbread, fruit, juice<br><b><u>Lunch:</u></b> Corndogs, sweet potatoes, peas, fruit, juice                                  | <b>30. <u>Brkfst:</u></b> Muffin, yogurt, fruit, juice<br><b><u>Lunch:</u></b> Chicken marinara, garlic bread, green beans, beets, fruit, juice  |                                                                                                                                                               |                                                                                                                                                             |