

*Minatare Preschool Breakfast & Lunch Menu for
September 2026*

This Institution is an Equal Opportunity Provider

All meals are served with milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1. <u>Brkfst:</u> Cereal bar, cheese stick, fruit, juice <u>Lunch:</u> Sweet & sour chicken, rice, broccoli, cauliflower, fruit, juice	2. <u>Brkfst:</u> Egg cup, toast, potato rounds, juice <u>Lunch:</u> Soft taco, refried beans, tomatoes, fruit, juice	3. <u>Brkfst:</u> Poptart, yogurt, fruit, juice <u>Lunch:</u> Grilled cheese, tomato soup, beets, fruit, juice	4. <i>No Lunch Today</i>  <i>See you next time!</i>
7. 	8. <u>Brkfst:</u> Pancakes, sausage, fruit, juice <u>Lunch:</u> Cheeseburger, fries, pickles, fruit, juice	9. <u>Brkfst:</u> Scrambled eggs, toast, potato rounds, juice <u>Lunch:</u> Pepperoni pizza, tossed salad, celery, fruit, juice	10. <u>Brkfst:</u> French toast bites, cheese stick, fruit, juice <u>Lunch:</u> Breaded drumstick, mashed potatoes, peas, dinner roll, fruit	11. <i>No Lunch Today</i>  <i>See you next time!</i>
14. <u>Brkfst:</u> Donut, cheese stick, fruit, juice <u>Lunch:</u> Spaghetti, broccoli, peas, fruit, juice	15. <u>Brkfst:</u> Waffles, sausage, fruit, juice <u>Lunch:</u> Chicken sandwich, sweet potatoes, pickles, fruit, juice	16. <u>Brkfst:</u> Breakfast empanada, potato rounds, juice <u>Lunch:</u> Beef nachos, corn, cucumbers, fruit, juice	17. <u>Brkfst:</u> Cold cereal, cheese stick, fruit, juice <u>Lunch:</u> Hotdog, pork & beans, beets, fruit, juice	18. <i>No Lunch Today</i>  <i>See you next time!</i>
21. <u>Brkfst:</u> Apple filled churro, yogurt, fruit, juice <u>Lunch:</u> Chicken tenders, tossed salad, tomatoes, fruit, juice	22. <u>Brkfst:</u> Breakfast cookie, cheese stick, fruit, juice <u>Lunch:</u> BBQ pork sandwich, fries, pickles, fruit, juice	23. <u>Brkfst:</u> Omelet, toast, potato rounds, juice <u>Lunch:</u> Chicken fajitas, refried beans, corn, fruit, juice	24. <u>Brkfst:</u> Cherry strudel, sunflower seeds, fruit, juice <u>Lunch:</u> Mac & cheese, Lil smokies, carrots, peas, fruit, juice	25. <i>No Lunch Today</i>  <i>See you next time!</i>
28. <u>Brkfst:</u> Banana bar, cheese stick, fruit, juice <u>Lunch:</u> Taco salad, beans, cucumbers, fruit, juice	29. <u>Brkfst:</u> Cornbread, fruit, juice <u>Lunch:</u> Corndogs, sweet potatoes, peas, fruit, juice	30. <u>Brkfst:</u> Muffin, yogurt, fruit, juice <u>Lunch:</u> Chicken marinara, garlic bread, green beans, beets, fruit, juice		