Saints
Emmanuel-Faith
Lutheran School

School Lunch Menu

September 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 **Chicken Fried Rice (GF)** Green Beans Orange Pears Fruit & Veggie Bar Milk	2 **Fiestada** Corn Strawberries Fruit Cocktail Fruit & Veggie Bar Milk	3 **Rib Sandwich (GFw/NB)** Bun Baked Beans Watermelon, Peaches Fruit & Veggie Bar Milk	4 **Pork Steak** Dinner Roll Mashed Potatoes & Gravy Fruity Friday Fruit & Veggie Bar Milk	5
6	7 **No School** LABOR Day	8 **Italian Chicken Sandwich** Bun Mixed Vegetables Apple, Mixed Fruit Fruit & Veggie Bar Milk	9 **Macaroni & Cheese** Peas Orange Pears Fruit & Veggie Bar Milk	10 **Tater Tot Grande (GF)*** Tortilla Chips Refried Beans Pineapple, Peaches Fruit & Veggie Bar Milk	11 **Chicken Nuggets** French Fries Fruity Friday Fruit & Veggie Bar Milk	12
13	14 **Maid Rite Sandwich** (GFw/NB) Bun Baked Beans Apple, Fruit Cocktail Fruit & Veggie Bar Milk	15 **Asian Chicken (GF)** Rice Peas & Carrots Blueberries, Pears Fruit & Veggie Bar Milk	16 **Breaded Beef Patty** Dinner Roll Mashed Potatoes & Gravy Orange, Peaches Fruit & Veggie Bar Milk	17 **BBQ Pork Nachos (GF)*** Tortilla Chips Green Beans Strawberries, Applesauce Fruit & Veggie Bar Milk	18 **Spaghetti** Breadstick Mixed Vegetables Fruity Friday Fruit & Veggie Bar Milk	19
20	21 **Breaded Chicken Sandwich** Bun Green Beans Banana, Peaches Fruit & Veggie Bar Milk	22 **Pork Enchilada** Tortilla Chips & Salsa Corn Pineapple, Pears Fruit & Veggie Bar Milk	23 **Chicken Alfredo** Breadstick Peas & Carrots Strawberries, Applesauce Fruit & Veggie Bar Milk	24 **Sloppy Joe (GFw/NB)** Bun Smiley Fries Watermelon, Fruit Cocktail Fruit & Veggie Bar Milk	25 **Goulash** Broccoli Fruity Friday Fruit & Veggie Bar Milk	26
27	28 **Hamburger (GFw/NB)** Bun French Fries Orange, Pears Fruit & Veggie Bar Milk	29 **BBQ Chicken Pizza** Peas Pineapple Peaches Fruit & Veggie Bar Milk	30 **Walking Taco (GF)** Corn Strawberries Applesauce Fruit & Veggie Bar Milk			

Daily Fruit & Vegetable Bar is available to students ordering the main or option dish.
A variety of milk choices are offered daily, 1% White Milk, 1 % Chocolate Milk, and Fat-Free Strawberry Milk.

An alternative "Option" may be ordered instead of the main (bolded) hot meal.
It will include a Yogurt, String Cheese and a bread or grain item.

Menu is subject to change at anytime
Milk is available for students bringing cold lunch for $0.50
(Students are encouraged to have money in their lunch account and not bring milk money to school daily.)

GF - Gluten Free
GFw/NB - Gluten Free with no bread or bun *Cheese Sauce is NOT Gluten Free, but added separately
Student Lunch $3.30 Reduced Price Lunch $0.00 Extra Entrée (MS only) $1.50 Guest Lunch $4.70

This institution is an equal opportunity provider.