SEPTEMBER 2026

EASTON VALLEY

NEWSLETTER

"EVERY STUDENT, EVERY DAY"



INSIDE THIS ISSUE

- EV Greenhouse STEM BEST Summer Internship Program
- Back to School Nurse information
- Info from your Special Ed Director, Mr. Trenkamp
- Message from your School Counselor, Mrs. Collister
- Easton Valley Hall of Fame nominees





STEM BEST Explore helps Easton Valley Greenhouse Summer Internship Program Succeed

When considering summer programming options, Easton Valley school leaders wanted to find a way to incorporate their greenhouse, which has to run whether it is in use or not. They also recognized that summer programming for elementary-aged students in their community is a sought after resource.

Read more from the Dept of Ed's official page by clicking on the link below.

https://educate.iowa.gov/headline-story/2026-08-12/stem-best-explore-helps-easton-valley-greenhouse-summer-internship-program-succeed

ELEMENTARY
(563) 682-7131
439 Wilson St
Miles, IA 52064

JUNIOR/HIGH SCHOOL
(563) 689-4221
321 W. School St
Preston, IA 52069



Please visit our website for the links to sign up.

The Easton Valley Boosters will once again be raising funds to support our 7-12 grade student athletes. We ask all families of student athletes in grades 7-12 to sign up for a minimum of 6 events throughout the academic school year. Many helping hands make light work for all involved. All River Hawk Athletic Programs and Athletes benefit from these funds. There are many different tasks within the concession stand. We are willing to help you find a concession task you are comfortable doing. The concession stand is a great fundraiser for the EV Booster Club. We need everyone's participation. Thank you in advance for all of your help and support!

The Easton Valley Community School District is an Equal Opportunity Affirmative Action employer and does not discriminate in its educational programs and activities on the basis of age, color, creed, national origin, religion, marital status, sex, sexual orientation, gender identity, and socioeconomic status

Erica Felkey

Director of Curriculum and Instruction

Curriculum Connection ♦ STEM BEST Explore helps Easton Valley Greenhouse Summer Internship Program Succeed

♦

We are excited to share that one of our very own Easton Valley teachers, Patty Schmidt, and Easton Valley's Greenhouse Summer Internship Program were recently featured on the ***Iowa Department of Education's website!***

This recognition is incredibly well deserved. Patty recognized an opportunity to keep our greenhouse operating throughout the summer while creating meaningful, hands-on learning experiences for Easton Valley students.

Through the STEM BEST Explore grant, Patty created a program in which ten high school students served as paid summer interns. They gained hands-on experience maintaining the greenhouse, working with hydroponic systems, supporting younger students, and developing responsibility, confidence, leadership, and real-world skills.

This is a wonderful example of what happens when an educator combines creativity, initiative, and a genuine commitment to students. Patty didn't simply create a summer program, she created opportunities for students to discover new interests, step outside their comfort zones, and recognize abilities within themselves they may not have known they had.

The program brought curriculum to life by connecting classroom learning with authentic, hands-on experiences. Students applied concepts from science, agriculture, technology, and math as they monitored hydroponic systems, measured nutrient and pH levels, cared for plants, and problem-solved. This real-world approach allowed students to see the purpose behind what they were learning,

Congratulations to everyone who helped make the Easton Valley Greenhouse Summer Internship Program such a success! Your creativity, dedication, and hard work showcase the incredible learning experiences happening right here at Easton Valley. We are so proud of all involved!

Please take a few minutes to read and celebrate this wonderful statewide recognition:
https://educate.iowa.gov/headline-story/2026-08-12/stem-best-explore-helps-easton-valley-greenhouse-summer-internship-program-succeed

Phone
(563) 689-4221

Email
erica.felkey@eastonvalleycsd.com

MR. TRENKAMP

SPECIAL ED DIRECTOR

Your student's Individualized Education Plan:



As we begin a new school year, now is a great time to review your child's Individualized Education Plan (IEP). The IEP is a legal document that is designed to meet your child's individual learning needs. The IEP is created through a team effort and is reviewed every year. Planning for an IEP meeting can be challenging as a parent/guardian. Here is a great resource to use ahead of your IEP meeting to help with planning: https://educate.iowa.gov/media/6265/download?inline
Questions regarding your child's IEP don't have to wait until the annual review. You can contact your student's special education teacher or me (my email is found below) at any time.

Access ACHIEVE

ACHIEVE
Iowa IDEA

Families with students receiving special education services can stay connected with the ACHIEVE Family Portal. ACHIEVE Family Portal is a secure and easy-to-use online platform that gives families direct access to view their child's Individualized Family Service Plan (IFSP) or Individualized Education Program (IEP). The ACHIEVE Family Portal launched 18 months ago, yet only approximately 8% of eligible family contacts have an active account today.

The portal gives families the ability to access their child's records electronically, track real-time progress toward their learner's outcomes and goals, view upcoming meetings, and sign consent forms electronically.

Families can learn more about the ACHIEVE Family Portal here: https://educate.iowa.gov/pk-12/special-education/parent-information/achieve-family-portal. If you still can't access your account, please reach out to me at nick.trenkamp@eastonvalleycsd.com

We look forward to partnering with you in the 2026/2027 school year!
Nick Trenkamp, Director of Special Education

563-689-4221

nick.trenkamp@eastonvalleycsd.com

September Newsletter

Brooke Collister
7-12 School Counselor
brooke.collister@eastonvalleycsd.com

Get ready for Homecoming!

Save the date for all of the fun activities! The last week of September, students will engage in many team-building events

Communication

To keep up with your students please follow us on facebook! Or check google classroom

Student checklist

- Xello
- Class meetings
- ACT Prep
- Career Planning
- Class presentations

Important Dates

9/10 Junior Class presentation by National Guard
9/25 Homecoming
9/30 3:30-7 JH/HS Conferences
10/6 ACT for Juniors

Taking care of yourself

Help your student establish a healthy routine.
Provide opportunities for checking in.

Community Announcements:

Your student can begin preparing to study for the ACT Exam at any age. Links are posted in Google Classroom.

Easton Valley

ATTENDANCE

SENATE FILE 2435

PRE-K - 12TH GRADE CHRONIC ABSENTEEISM

Statewide Threshholds

4-6 DAYS	1st Notice - Email
7-9 DAYS	2nd Notice - Email
9-12 DAYS	3rd Notice - Letter Home
10%	Notice sent to County Attorney and Law Enforcement
15%	Family Engagement Meeting
20%	4th Notice - Letter home (cert)
20% +	Truancy Referral to County Attorney (ages 6-16)

BROOKE.COLLISTER@EASTONVALLEYCSD.COM

JODY.BOLSINGER@EASTONVALLEYCSD.COM

563-689-4221

563-682-7131

EDUCATE.IOWA.GOV/

EASTON VALLEY

ACT

SAVE THE DATE

JUNIOR CLASS

Tuesday 10/6

8:00AM-12:00PM

HS Flex Room

Contact Brooke Collister with any questions



Elementary School Counselor

Happy New (School) Year!

I am pleased and grateful to be serving EVES as School Counselor this year. School Counselors incorporate the ASCA model in the areas of academic success, access to counseling activities, along with career and life readiness. I received a Masters in School Counseling from Loras in 2020. My experience also includes teaching grades 4-6, along with working in non-profit and government. I have four children, three sons-in-law and nine grandchildren.

My approach is one of service and support for students, teachers, staff and families.
Twice a month, I will provide SEL classroom lessons. During the alternating week, we will have "Lunch Bunch" groups for 2nd - 6th grades. Students enjoy Lunch Bunch groups, which are helpful by being proactive, positive, and supportive. Small group and individual sessions will also be offered.

Therapists are available at school (through a referral process) with Life Connections and Classroom Clinic (telehealth option) for social/emotional and behavioral health needs. Please contact us with any questions. I am here to help.

A highlight for September is establishing solid, positive routines. This month's focus is on a healthy sleep regime. The National Institute of Health's sleep guideline includes the following - ages 3-5: 10-13 hours of sleep per day; ages 6-12: 9-12 hours and adults: 7-9 hours. As part of developing healthy sleep, the recommendation is to refrain from screens one-two hours prior to sleep. Remember that 'sleep is like medicine' for everyone.

Please contact me with questions or concerns, as I am here to serve the EVES community. Enjoy the 2026-27 school year!

Ms. Kuhl

margaret.kuhl@eastonvalleycsd.com
563.682.7131 Ext. 3063



Welcome Back To School

Come join our Before and after school program.

- Reading
- Movies
- Crafts
- Games

Questions?
Contact:
andrea.reuter@eastonvalleycsd.com

EV LEAP BEFORE & AFTER SCHOOL PROGRAM

Send those sign up sheets in! We start August 31

Easton Valley LEAP: **L**eadership **E**ducation through **A**fterschool **P**rograms K-6th Grades

Session 1 August 31 - October 27

No PM LEAP Oct. 28 - 29 (conferences) No LEAP Sept. 7, Oct. 30

Name _____ **Grade**_____ **Teacher**_____

Will your student be attending morning LEAP? Daily 7am-7:50am _____

- ☐ Mondays Aug. 31, Sept. 14, 21, 28, Oct. 5, 12, 19, 26
  K-3rd- Crafts with Mrs.Andrea
  4th-6th- Art Club with Ms.Houzenga
- ☐ Tuesdays Sept. 1, 8, 15, 22, 29, Oct. 6, 13, 20, 27
  K-6th- Building Night
- ☐ Wednesdays Sept. 2, 9, 16, 23, 30, Oct. 7, 14, 21
  K-6th- Card Game Night
- ☐ Thursdays Sept. 3, 10, 17, 24, Oct. 1, 8, 15, 22
  K-6th- Bingo Night
- ☐ Fridays Sept. 4, 11, 18, 25, Oct. 2, 9, 16, 23
  K-6th Outside light

Parent/Guardian Contact Form

All participants must be checked out with the program supervisor when parents/guardians arrive.

Parent/Guardian_____

Phone_____

Email Address_____

Emergency Contact (someone outside of the home)

Name_____ **Phone**_____

_____Please check here if your child has food or other allergies. You will be contacted to learn more.

_____(Y or N) Photo/Video Release: I give my permission for Easton Valley LEAP to photograph/video my child in the promotion of the program. (School website, LEAP Facebook group, Newsletter, etc.)

WAIVER AND RELEASE OF LIABILITY

The undersigned parents of our child, _____ (insert name of child), hereby give permission to participate in the following program/activity sponsored by the Easton Valley Community School District: Easton Valley Community Schools: Before & After School Programs

We hereby release, waive and forever discharge Easton Valley Community School District, and its officers, agents, employees and representatives, from any and all claims or liability for bodily injury or death, on our behalf and on behalf of our child, arising out of our child's participation in the above-described program/activity, including, but not limited to, claims for medical expenses, loss of services, companionship, society and lost wages.

I hereby certify that I am of lawful age(18 years or older) and otherwise legally competent and authorized to sign this release and waiver. In signing this release and waiver, we acknowledge reading the foregoing release and waiver and have voluntarily signed it on behalf of ourselves and our child.

Dated_____

Signature of Parent/Guardian_____

LEAP DISCIPLINARY SYSTEM

Parents/Guardians

Easton Valley Community School is very fortunate to be able to offer the after school LEAP program to its students. Due to us receiving the 21st Century Grant, this program is available free to students and families. As you can imagine there are many families participating in this opportunity.

In order for everyone to participate fully, it is vital for the students to exhibit positive behaviors. Not only will this ensure students can listen and participate fully, but it will also ensure outside programming (such as Iowa State Extension Office, YMCA, Mississippi River Museum, etc.) want to continue to partner with the Easton Valley LEAP Program. We expect the students to conduct themselves in the same manner as during the school day. We are implementing a 3 strike disciplinary system and information about this system is below.

The ***1st Strike*** will be a documented **WRITTEN WARNING** that will be handed to the person picking the student up that day. The student will still be able to participate in LEAP the next day or time they are scheduled.

The ***2nd Strike*** will be a documented **WRITTEN WARNING** with a ***suspension from LEAP for a week.***

The ***3rd Strike*** will be a documented **WRITTEN WARNING** with a ***suspension from LEAP for the rest of the school year.***

Please review the disciplinary action policy with your children.

Please sign and return acknowledging you have read and understand this policy.

Thank you,

Andrea Reuter — Easton Valley LEAP Coordinator

Austin Daniels — Easton Valley School Principal

==========**Cut here and return to school**==========

Easton Valley LEAP Behavior Contract

As a family, we have gone over the behavior expectations with our child and both of us understand what behavior is expected during LEAP Before and After-School programming.

As the parents, we understand that the person picking up our child from LEAP may be the person receiving the written documentation and it is our responsibility to talk with this person to know if there was a behavior concern. We also have contacted LEAP staff if we have a question or need some clarification on what is expected during LEAP Before and After-School programming.

Please have students sign their own name and you sign below

Student Signature :_____ Grade:_____

Parent/Guardian Signature:_____ Date:_____

****KEEP THIS PAGE WITH LEAP INFO!!**

Welcome to our LEAP program!

Here are a few things you need to know:

Morning LEAP is from 7am-7:50am. Please don't drop off your student(s) any earlier.
Afternoon LEAP is from 3:20 pm-5:25 pm on M-TH.
On Fridays, LEAP is from 2:00 pm-5:25 pm.

Please have your student picked up by **5:25pm**. You may pick up your student at any time during the program if you would like (unless we are on a field trip-early out Fridays).

We have a strike policy for end of day pickups.
*Pickups that are 10 or more minutes late will result in 1 strike.
*Pickups that are 15 or more minutes late will result in 2 strikes.
*If you get 3 strikes, you will no longer be allowed to send your child to LEAP(morning or afternoon).
*We are very understanding in case of emergencies and will work with you to assure your child is safe until someone arrives.

Please read the **LEAP Disciplinary System** with your student, **sign and send it back to me**.

Email or text is the best way to get a hold of me if you have questions or to let me know your student won't be attending LEAP that day.

Please contact me at **andrea.reuter@eastonvalleycsd.com** or you can text or call me at **712-551-6890**.
Please join our Facebook group that is just for LEAP parents. Here I will post weekly schedules, pictures of our adventures and updates related to weather/canceled days.
https://www.facebook.com/groups/548763509520080
I will also post this same message on the Easton Valley Website/EV App.

Session 1 August 31 - October 27

No PM LEAP Oct. 28 - 29 (conferences)
No LEAP Sept. 7, Oct. 30

We do not hold LEAP in the afternoons on Elementary Conference Days



2026 NATIONAL FINALIST

FIBER AND OIL CROP PRODUCTION

Houston Holdgrafer

Congratulations to Houston Holdgrafer of the Easton Valley FFA! Houston has been named a National Finalist in the Agricultural Proficiency Award area!

Only four FFA members nationwide are selected as national finalists in each proficiency award area.

Agricultural Proficiency Awards recognize FFA members who develop valuable skills and career experience through their Supervised Agricultural Experiences (SAEs).

We are incredibly proud of Houston and this outstanding accomplishment! Good luck at Nationals!

Easton Valley FFA

Easton Valley FFA Summer Highlights:

Written by: Amber Hartung, Bridgette Moeller, and Tenley Miller

Over the summer, the Easton Valley FFA members have been busy participating in a variety of contests and activities. We're excited to highlight our members and showcase their accomplishments and experiences throughout the summer!



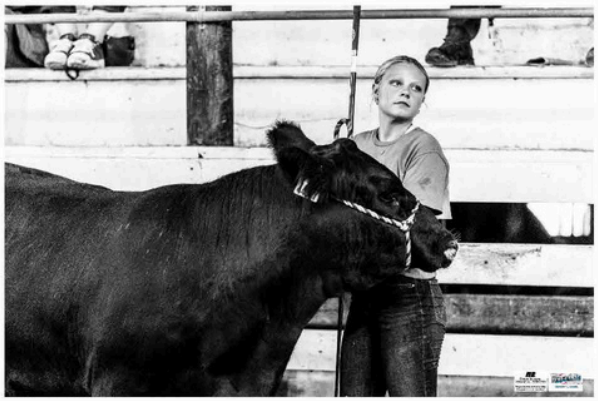
State Floriculture CDE: First we're going to start off with the floriculture contest held at Kirkwood in June. The girls that participated were Bridgette Moeller, Ana Bredekamp, Presleigh Mattheisen, and Kedley Holdgrafer. They did a series of problem-solving quizzes, math quizzes, and a general knowledge quiz. After that, they then got to work as a team creating a centerpiece, bud vases, and a bridal bouquet. They got a silver rating.



Easton Valley Greenhouse Internship: This summer, students had an opportunity to apply for a summer greenhouse internship that started with interviews with Mrs. Patty Schmidt. For the internship, 10 girls were then hired. Bridgette Moeller, Casey Scoff, Kendyl Driscoll, Lilly Fier, Tenley Miller, Chelsae Schmidt, Ryleigh Franzen, London Bredekamp, Lila Burken, and Alexis Jess. They hosted the Easton Valley and Andrew Leap kids for a few sessions to do activities and learn all about the greenhouse. The girls took turns coming in each day to check the lettuce and tomato units, water plants, harvest produce, and check the outdoor garden.



Jackson County Fair: Then came the Jackson County Fair. Sunday was the pancake breakfast where Abby Schmidt was crowned Jackson County Fair Queen. Thursday was the Swine show; we had Bridgette Moeller and Kambree Schwager. Friday was the Bucket Bottle show. We only had one participant for FFA, and it was Bridgette Moeller. That day was also the second-year bucket bottle show; Bridgette Moeller was the only participant also. Saturday was the beef show. Amber Hartung and Bridgette Moeller showed a home raised steer, Amber got reserve champion home raised steer. Justin Johnson showed a Market and Breeding heifer; he got reserve champion Semmental steer. Anna Cota showed a breeding heifer. Kambree Schwager showed a steer and heifer. Makenna Klemme had a crossbred market beef steer. Amber Kremer showed her steer. Overall, it was a great fair for our FFA members.





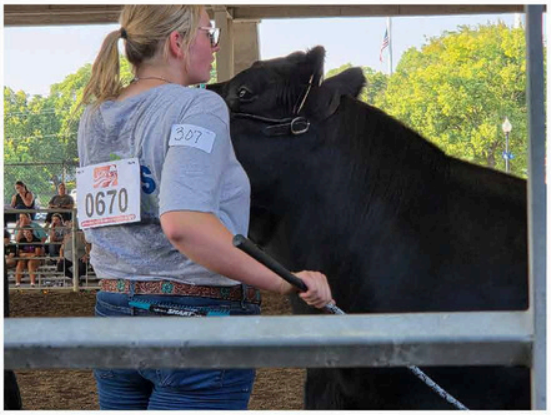




Iowa State Fair

Wednesday was the performance beef show; Alia Holdgrafer showed and got Champion Window B Produce on foot. Kambree Schwager got Champion Window B on foot. Molly Mattheisen also showed performance beef. Anna Cota showed her heifer at the State Fair. Kambree Schawger also showed her breeding and market swine.









Iowa Governor's Charity Steer Show

Justin Johnson representing Jackson County in the Governor's Charity Steer show at the Iowa State Fair; His celebrity was Brenna Bird, Iowa Attorney General showing his steer, Thunder.







CHALK THE WALK

ELEMENTARY

The elementary students spent the beautiful day being very creative with chalk. They created beautiful artwork on the walkway in front of the building. Here are a few pics of these smiling faces enjoying the beautiful sunshine, while putting their creative skills on display.









Collaborative Murals





Elementary students got to also put their art skills to the test, and participated in adding beautiful and colorful collaborative murals in the elementary cafeteria.





EASTON VALLEY

2026-2027

Dear Families,

We are happy to share that the Easton Valley Community School District will again offer our weekly Backpack Food Program. The Backpack Program provides food for your child, at no cost to you. A bag of non-perishable food will be placed in your child's backpack on Thursday. This food is for your family to eat over the weekend. The bag is delivered to your student confidentially by school staff. This program will continue each week until the end of the school year.

If you would like your child/family to participate in this program, please return this note to the office or to Ms. Kuhl. If you have any questions or would like to sign up via email, please email Ms. Kuhl at margaret.kuhl@eastonvalleycsd.com.

Child(ren) Name(s) and Grade(s):_____

_____

_____

Allergies:_____

Parent/Guardian name & contact information:

_____

_____

Free Vision Screening

Nurse Amy and Nurse Kelli are dedicated to providing high-quality healthcare for our students and staff.



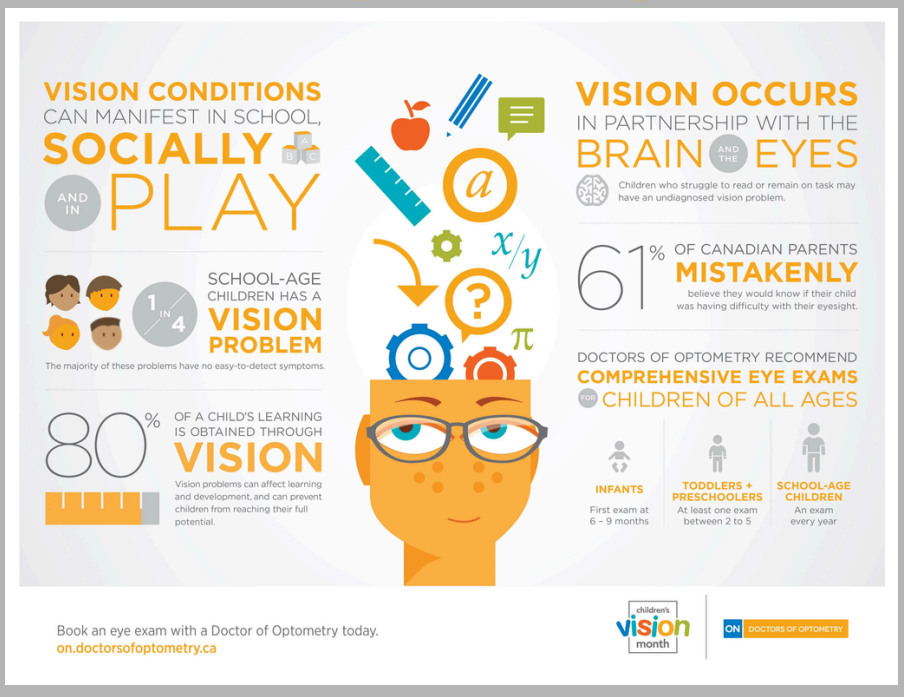
Vision Bus

The Vision Bus will be here September 15 and 16 for full eye exams.

"Quick" evaluations were completed at the end of the last school year.

You will receive a letter soon if your child requires a further evaluation.

We are hoping by doing this earlier in the school year, students will receive their glasses as soon as possible once the school year begins, rather than later.



The Nurse's Corner

NURSE'S HOURS
Elem: 7:45a-8:45a and 11:45a-3:15pm
JH/HS: 9a-1130a and 9a-Noon on early out days

Health Information from the Nurse

One of the problems most often confronting parents of school-age children occurs when a child complains of not feeling well on a school day. A decision must be made as to whether the child stays home or goes to school.

The information on this sheet is not intended as medical advice, but designed to provide guidelines to be followed until your doctor can be contacted for his opinion.

If you have questions you may contact the school nurse by phone 563-682-7131 or by email at: amy.roling@eastonvalleycsd.com

Fever: if your child has a temperature of 100 degrees or more they should stay home. They should be fever free, without Tylenol/Ibuprofen for 24 hours before returning to school.

Stomachache, vomiting, diarrhea: If your child's stomachache limits his/her activity see your doctor, if your child throws up and can't keep food down, please keep your child home. A child with diarrhea should be kept home. Call your doctor if any of the above systems do not resolve in 24 hours. Be sure to feed your child a nutritious breakfast as many mid-morning stomachaches are due to be hungry.

Cold, sore throat, cough: A child with a very bad hacking cough should be kept at home to rest. It is very distracting for your child and to the rest of the class. If your child complains of sore throat and has no other symptoms, they may go to school. If the throat is very red, they have a fever, stomachache, and headache keep your child home and see your doctor as this could be strep infection.

Rash: A rash may be the first sign of one of the many childhood illnesses. Please keep your child home if you do not know the origin of the rash.

Toothache, earache, headache: if it is mild and no fever is involved your child may attend school. Please contact your dentist for a toothache.

Head lice: You must notify the nurse if your child has head lice. They will not be excluded from school but must be treated before returning to school

Medications: Please contact the nurse before sending medications to school. Strict state policy is followed in administering medications at school. If your child needs meds three times a day or less they can be given at home unless ordered by the doctor to be given at school.

Nutrition and rest: Studies show that students do better in school when they eat a healthy breakfast and get plenty of rest and exercise. Also, in order to follow our Wellness Policy goals please send nutritious, low fat, low calorie snacks to school.

Thank you for your cooperation in making your child's academic success a priority!

Healthy students are learning students!

The Nurse's Corner

NURSE'S HOURS
Elem: 7:45a-8:45a and 11:45a-3:15pm
JH/HS: 9a-1130a and 9a-Noon on early out days

Dear Parents/Guardians,

The state of Iowa passed a law that requires student entering the 9th grade to have a dental screening. This screening must occur no earlier than one year prior to enrollment and no later than four months after enrollment. Screenings can only be performed by a dentist or dental hygienist. The purpose of this law is to improve the oral health of Iowa's children.

Good oral hygiene is a big part of your child's overall health. Poor hygiene may result in needless pain and poor learning. Healthy teeth make it possible for your child to eat, speak, learn, and feel confident in smiling.

A dental certificate form has been included in the envelope to be completed by your family dentist. Please return the completed certificate to your school, as soon as possible, as they are due at the beginning of the school year. We have a dental audit every year and the forms are requirement. If you have an appointment lined up, please inform the school so we can document the date and watch for the form to be returned.

Feel free to call or email with any questions:

Phone 563-689-4221 ext 5002

Kelli.seiverding@eastonvalleycsd.com

Amy.roling@eastonvalleycsd.com

Kelli Sieverding BSN/RN and Amy Roling BSN/RN

EVCSD School nurse

LET'S LIGHT UP

THE EASTON VALLEY Community!

We want to spread
EASTON VALLEY LOVE
through the entire
school district,
and we need **YOUR HELP!**

2026 HOMECOMING GAME
SEPTEMBER 25TH

THIS YEAR'S THEME:

NEON NIGHTS

We invite all **BUSINESSES** and **FAMILIES**
to help decorate the Easton Valley Community
for the 2026 *Homecoming!*

STUDENT COUNCIL WILL BE HOSTING A CONTEST!

1ST PLACE
BUSINESS DIVISION
will win bragging rights
for a year, and your name
will be featured on a plaque
at the school for years to come!

1ST PLACE
HOUSEHOLD DIVISION
will win bragging rights
for a year, and your name
will be featured on a plaque
at the school for years to come!

JUDGING WILL TAKE PLACE
Monday, September 21st

Please email MRS. KELLER
at courtney.keller@eastonvalleycsd.com

WE LOOK FORWARD TO SEEING THE *RIVER HAWK SPIRIT!*

EASTON VALLEY

HOMECOMING WEEK

RIVER HAWKS 2026

NEON HOMECOMING

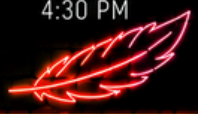
MONDAY
SEPTEMBER 21



JUDGING FOR THE RIVERHAWK SPIRIT AWARD



JUNIOR HIGH & HIGH SCHOOL CROSS COUNTRY @ BELLEVUE 4:30 PM



TUESDAY
SEPTEMBER 22



VOLLEYBALL
@ CALAMUS-WHEATLAND

JH @ 4:00 PM
FRESH/SOPH @ 5:15 PM
JV @ 6:15 PM
VARSITY @ 7:15 PM



#RIVERHAWKPRIDE

WEDNESDAY
SEPTEMBER 23

BONFIRE NIGHT

PARENTS & COMMUNITY ARE INVITED TO COME WATCH THE RIVERHAWK SPIRIT BETWEEN THE CLASSES!



VOLLEYBALL STARTS AT 6:00 PM
POWDER PUFF FOOTBALL TO FOLLOW!

THURSDAY
SEPTEMBER 24



VOLLEYBALL
VS. MARQUETTE
AT HOME
JH @ 4:00 PM
FRESH/SOPH @ 5:15 PM
JV @ 6:15 PM
VARSITY @ 7:15 PM



8TH GRADE FOOTBALL
VS. WEST CARROLL
AT HOME
5:00 PM

FRIDAY
SEPTEMBER 25



PEP RALLY
AT NOON

HOMECOMING PARADE
TO FOLLOW





VARSITY FOOTBALL
VS. HVL/TC
AT HOME
7:00 PM

SATURDAY
SEPTEMBER 26



VOLLEYBALL
VARSITY
@ NORTH CEDAR
9:00 AM



HIGH SCHOOL
HOMECOMING DANCE
8:00 - 11:00 PM

ONE SCHOOL. ONE TEAM. ONE RIVERHAWK FAMILY.

GO RIVERHAWKS!

EASTON VALLEY

HALL OF FAME

BY
CAROLINE BREDEKAMP

Each year, the Easton Valley Hall of Fame selection committee meets to review past nominations and consider any new nominations made since the last induction class. At a subsequent meeting (or meetings), the committee then closely scrutinizes and discusses the "finalists". After discussion, using a voting procedure designated by the Chairperson (or other voting procedure adopted by the majority of committee members present), a “target” of 5 nominees becomes the Induction Class for that year. At the discretion of the Selection Committee, the charter member class and any subsequent induction class may exceed the annual target of 5 inductees

The Hall of Fame is designed to honor impactful, positive contributions to the communities of Miles, Preston, Sabula, Spragueville. The purpose of the Easton Valley High School Hall of Fame is threefold: (1) To honor those River Hawks (or former members of retired schools of the district) who have accomplished extraordinary feats in extra-curricular activities; (2) To honor those who have made great contributions to Easton Valley High School activities over a period of many years; (3) To honor those Easton Valley High School graduates who have distinguished themselves in life after high school.

If you have the name of someone that you believe should be nominated for consideration, please provide the committee with name and stats on the person's/team's accomplishments so that they are on the annual list when the voting process takes place.

It is the honor of the Easton Valley Community School District to announce the next class of the Easton Valley Hall of Fame have been formally selected.

ERIC JOHNSON - 17 VARSITY SPORTS LETTER WINNER AND COE HALL OF FAMER

Eric Johnson is a 1988 graduate of East Central High School. Eric focused his passion for athletics in 4 programs while in high school: Cross Country, Basketball, Track and Baseball. Eric earned 17 varsity sports letters during his 4 years at East Central High School. Eric was a 4 year varsity letterman in basketball, track, cross country and a 5 year letter winner in baseball.

Eric’s high School basketball career was highlighted by leading his EC Raider’s team to a 3rd place finish at the 1988 state tournament. Eric averaged 18.8 points and 8.8 assists per game for his 4 year career. Eric was named Mideast All Conference for 4 years, Mideast Conference Unanimous MVP for 3 years, All Eastern Iowa 1st team for 3 years, Iowa Coaches Association All State, and Des Moines Register All State (Elite 35 all classes). Just to mention a few.

Eric was also a gifted and talented Baseball player. Eric took the starting shortstop position as an 8th grader and held the position for the next 5 years. He was a 1st team Unanimous selection to the Mideast All Conference team 4 years and named conference MVP his senior year.

Eric was a state qualifier in track in his Junior and Senior years. Eric was voted as the “Most Valuable Runner” in Cross Country and led the EC Raider Cross country team to the State competition in 1987.



Eric took his passion for basketball and signed with Coe College of Cedar Rapids. Eric became a 4 year starter for the Kohawks and started all 91 games of his college career. Eric basically rewrote the scoring and assist records during his 4 years at Coe. His Junior year Eric led the Nation in assists with 9.9 assists a game while scoring 17 points a game. Coe retired his #10 jersey following his final game at Coe and Inducted Eric into the Coe College Athletic Hall of Fame in 2007.

Eric currently resides in Minneapolis and is an Account Manager with Element Fleet Management. Eric’s current passion is supporting his daughters in their academic and athletic journey with Lauren attending the University of Wisconsin & Rachel attending the University of Kansas.

EASTON VALLEY

HALL OF FAME

CONTINUED

JIM AND MARY VORLAND- 53 YEAR EASTON VALLEY TEACHING DUO AND COMMUNITY LEADERS AND VOLUNTEERS



It is fitting that Mary and Jim are entering the Easton Valley High School Hall of Fame together, as they were a team for a little over fifty-three years. They started teaching at Preston in 1972, fresh out of college and newly married.

In her career, Mary taught junior high spelling, reading, and language arts. She moved to high school and taught 10th, 11th, and 12th grade language arts, and at times humanities or practical communications. Jim was certified to teach all sciences and psychology. Over the years, he always taught biology and chemistry. He also taught earth science, physiology, psychology, physics, advanced biology, general science, and 8th grade earth science. Of course, not all at the same time. Jim was also the NHS advisor for many years.

Mary was the drama director for 28 years. In her husband's, possibly biased, opinion, she moved an already healthy drama and musical program to one of the best in eastern Iowa. Jim helped with building and repairing sets, painting, finding or making props, hanging lights, and other things, but not sewing costumes. They had lots of great student actors and set and stage workers, and adult volunteer help. Music teachers did the music part and some of the directing of the musicals.

The projects they are most proud of are their two boys, Mike and David.

DR. KYLE KREINBRING- MULTI SPORT PARTICIPANT AND RECORD HOLDER AT PRESTON AND WARTBURG AND DOCTOR OF RADIOLOGY



Kyle Kreinbring was a 1987 graduate of Preston High School. He was a part of teams that won multiple conference titles, including 1985/86 Football, 1985 Basketball and Track. During his junior and senior seasons, the Football team had a 19-2 record, with the only losses happening in the playoffs to the eventual state champions. Kyle was a member of the All Conference, All State Academic and All State Football Teams, was an All-Conference and All State Basketball Team member, and was a Track Conference Champ, record holder and state qualifier in the long jump.

After high school, Kyle attended Wartburg College from 1987-1991. He was a four-year letterman in football, serving as team co-captain in his senior year. That year his team had a 9-1 record which was the best regular season record in Wartburg history at that time. He was part of an 11-game win streak spanning his junior and senior years at Wartburg. Kyle was a 2-time unanimous all-conference defensive back, 2-time All -American (1st for a Wartburg player), an Academic All-American. He has the single game interception record (3), is second on the all-time list for career interceptions (20), and second on the career list for single season interceptions (7) which happened in both his junior and senior years. He led the team in tackles in his junior and senior years as well.

Kyle graduated Wartburg College in 1991 and was inducted into the Wartburg Hall of Fame in 2006. His brother Koby also played at Wartburg and was also inducted into the Hall of Fame a few years later, making them the only set of Football playing brothers in the Wartburg Hall of Fame.

After Wartbug, Kyle attended the University of Iowa Medical School from 1991-1995 on a US Airforce Health Professions Scholarship and completed his residency training in Diagnostic Radiology at the University of Southern Illinois from 1995-1999. He then served honorably in active duty in the United States Air Force at Kessler AFB from 1999-2003, leaving service with the rank of Major.

He is currently a partner with Advanced Radiology Quad Cities from 2003- present. Kyle is married to his wife Christina and they have three children, Kole, Kade and Kaleb. Kyle resides in Davenport, Iowa.

EASTON VALLEY

HALL OF FAME

CONTINUED

DR. CHARLES BORMANN- PIONEER AND INTERNATIONAL LEADER IN FERTILITY MEDICINE



Charles Bormann, a proud Preston, Iowa native, earned his B.A. in Animal Science from Iowa State University before going on to earn two Master's degrees and a Ph.D. in Reproductive Physiology from Purdue University and the University of Connecticut, followed by postdoctoral training at the University of Michigan. He is today an Associate Professor at Harvard Medical School and Director of the IVF Laboratory at Massachusetts General Hospital and Brigham and Women's Hospital in Boston, together comprising the largest academic fertility center in the nation. A pioneer in applying artificial intelligence to fertility medicine, Charles has dedicated his career to helping countless families build their dreams through IVF and assisted reproductive technologies, and has helped establish fertility preservation programs allowing cancer patients and others facing gonadotoxic treatments to safeguard their ability to have children in the future. With more than 200 publications, multiple patents, and lectures delivered across dozens of countries, he is recognized internationally as a leader in his field. At home, he is a devoted husband and father of three, a son and two daughters.

JERRY JOCHUM- GREEN BERET AND CARETAKER WITH BEST DEFENSE FOUNDATION

Jerry Jochum graduated from East Central in 1979. He enlisted directly into Special Forces (Green Berets) in 1981 and completed Airborne School at Ft. Benning, Georgia in January 1982. Later that year, he continued onto Special Forces training as a Radio Operator and was assigned to the 10th Special Forces Group in Ft. Devens, Massachusetts followed by the 12th Special Forces Group in Arlington Heights, Illinois. Jerry was commissioned a 2nd Lieutenant in the Medical Service Corps in 1986 and served additional assignments with the 10th Special Forces, 528th Special Operations Support Battalion, Special Forces Surgeons Office in Ft. Bragg, North Carolina and 3rd Special Forces in Port-a-Prince, Haiti. He is qualified as a Jump Master with nearly 100 parachute jumps. Jerry retired from the military in 2006 after 25 years. While in Afghanistan he worked to establish schools for the residents. He has been volunteering as a caretaker with the Best Defense Foundation since 2021.



DOUG BECK – WARTBURG COLLEGE TRACK AND CROSS COUNTRY ALL-AMERICAN



Doug Beck achieved All-American honors in both Track and Cross Country in 1970, and was the Conference Cross Country Most Valuable Performer in '68, '69, & '70. He was the Conference Track and Field Most Valuable Performer in '69, '70, & '71

In Cross Country, while at Wartburg, the team won the Conference Championship all four of his years, and Doug broke school records in the 5-mile and 4-mile runs. In track, Doug placed 4th in the NCAA 6-mile run – his 29:36.2 time is still a school record. And he also broke school records for track in the Indoor 2-mile and 3-mile runs, and the Outdoor 2-mile run.

Doug was also an excellent student at Wartburg, making the Dean's List on several occasions. After graduating from Wartburg, he went on to graduate school at North Dakota State University, where he served as a Grad Assistant for the Cross Country and Track teams.

In high school, Doug was a valuable member of the Preston 1966 State Indoor Championship Team in Track, as well as the State Runners-Up of 1965. He held the Preston School Record in the mile run from 1967 until the consolidation of Preston and East Central to form Easton Valley. (At that time all Preston and East Central records were eliminated.)

Doug had to quit playing football due to a back injury after his junior year. As a result, he switched to running Cross Country his senior year. In his only high school meet, Doug won the Iowa Individual State Championship.

EASTON VALLEY

HALL OF FAME

CONTINUED

MILES HIGH SCHOOL CLASS B STATE CHAMPIONS
1956, 1957, 1958 ONE MILE TEAM RACE

The five member teams of the 1956, 57, and 58 Miles High School One Mile Team Race won the Iowa State Championships in Class B. Running on a cinder track in Iowa City, team members ran as a group, with scoring similar to today's cross country scoring. With all competitors running together, the races started with 60+ high school students, each running four laps around the 440 yard cinder track. Members of the victorious team in the fall of 1956 were Gary Fischer, Fred Lennon, Roger Jansen, Edwin Jepsen, and Dennis Richman. Their coach was Dick Deshriver, described by team members as an "outstanding person and a great track coach, who instilled in us the passion for running". Unfortunately, Mr. Deschriver left after the 1956-57 school year. The nucleus of the 1956 team; Gary Fischer, Fred Lennon, and Dennis Richman were so touched by the enthusiasm of Coach Deschriver that they recruited additional runners for the subsequent seasons. With Edwin Jepsen graduating, a new look was evident in the 1957 team. Fischer, Lennon, and Richman were joined by Lonney Feddersen and freshman Gary Caven. Again, they took home the Championship Plaque. Following the successful season of 1957, Fischer, Lennon, and Richman were joined again by Lonney Feddersen and newcomer Roger Richman, Dennis' brother. This 1958 group completed the three-peat for Miles High School and the communities it served. It was a very proud moment for students, fans, staff and the communities in the area!



Left to right: Fred Lennon, Lonnie Feddersen, Gary Fischer, Dennis Richman, and Gary Caven (1957 State Champions One Mile Team Race)



STANDING, Left to Right: Fred Lennon, Gary Fischer, Ed Jepsen. KNEELING: Roger Jansen, Dennis Richman.

School Breakfast









FRUITS: Fruit is available every day in the form of 100% fruit juice, applesauce and sometimes fresh fruit. It is important for kids' health, such as potassium, dietary fiber, vitamin C and folic acid.

PROTEIN: Some breakfast menus may offer items such as eggs, nuts, or meats to pair with whole-grain products.
Check out what Easton Valley Schools serves as your protein every day.

MILK: Kids and teens need the calcium, protein, and vitamin D found in milk for strong bones, teeth, and muscles.
We offer 2 kinds of milk every day.
Choose one!!!!

GRAINS: Starting every day the whole grains way gives kids and teens B vitamins, minerals, and fiber to feel fuller longer so they stay alert to concentrate at school.



VEGETABLES: Every breakfast does not include vegetables, but schools may offer them in addition or in the place of fruit.

WAYS TO DEPOSIT FUNDS INTO YOUR LUNCH ACCOUNT
~ JMC
~ Check
~ Cash

Free & Reduced Meal Benefits for the 2026-2027 School Year

Applications for Free & Reduced Meal Benefits for this school year are available on our website at **eastonvalleycsd.com.**
All Free & Reduced applications are kept confidential.
You can apply for Free & Reduced benefits throughout the school year.

2026-2027 Meal Prices
Breakfast - $1.20
Reduced - $.30 cents
Lunch (JH/HS) - $2.50
(Elem) - $2.30
Reduced Lunch - $.40 cents
Extra Milk - $.50 cents

A La Carte items available at the JH/HS level only. Positive lunch accounts only will be allowed to purchase from the a la carte selection. A la carte selections are smart snack approved.



JOIN US FOR BREAKFAST EVERY SCHOOL DAY AT EASTON VALLEY SCHOOLS. BREAKFAST FUELS LEARNING, PROVIDES BETTER NUTRITION AND SAVES TIME.

Easton Valley CSD is an equal opportunity provider

Be A

School Wellness Champion



Parents, we need your help to make our school healthier!

Children spend most of their day at school. So, it's important that they have healthy foods and drinks while they are there. Good nutrition also helps kids learn better at school. Parents can help update the school wellness policy and put it into action.

4 ways parents can help:

1. **Join the school wellness committee.** The wellness committee meets once a year to discuss our current wellness policy and what we can do to make it better. You do not need any special training to be on the committee, just an interest in keeping our school healthy!



2. **Read the school wellness policy** at our website: **eastonvalleycsd.com**



3. **Support classroom and school events** to have healthy foods and get kids physically active. Keep the wellness policy in mind when planning what foods and beverages to have at events and celebrations.



4. For questions or to share how our school is doing with our wellness policy, please contact the school.



What is in our school wellness policy?

The full school wellness policy is online at: eastonvalleycsd.com

Interesting topics are:

- **Nutrition education** and **promotion**
- **Physical activity**
- **Other wellness activities** (walk/bike to school)
- **Nutrition standards** for all foods and drinks **sold** to kids at school
- Foods and drinks that may be **given** to students (such as at classroom celebrations or foods given as rewards for behavior)
- **Celebrations in the classroom** (healthy snacks vs unhealthy snacks)

We are always looking for new ideas to ensure that we continue to keep our school healthy.

Better Health = Better Learners

Easton Valley CSD is an equal opportunity provider

SERVICE LEARNING

Service Learning Requirement: Students will be required to complete service learning projects which constitutes the required hours of volunteer service based on your grade, to be served outside of school class time. These service hours may begin in May of your 8th grade Freshman, Sophomore or Junior year. The service learning requirements are as follows:

- 10 service hours Freshman year
- 10 service hours Sophomore year
- 20 service hours Junior year
- 20 service hours Senior year

These hours must be documented using the official service learning tracking form (available in the main high school office), signed off by the supervisor of the volunteer experience, and turned in to the main high school office no later than April 30th of each school year. ***SENIORS ARE REQUIRED TO TURN IN THEIR COMPLETED SERVICE LEARNING FORM NO LATER THAN APRIL 1ST IN ORDER TO MEET THE GRADUATION REQUIREMENT. Late submission of these forms may result in a student not receiving their diploma until the school board meets to revisit the student's completion of the graduation requirement.

The high school principal will be responsible for ensuring the volunteer experiences meet the designated criteria in order for him/her to sign off on the completion of hours each year. Hours will be monitored quarterly. Students who are not on pace to complete their required yearly hours, will have a letter and email sent to their parents after the first and second quarter of the school year. A parent phone call will be made to parents if their child is not on pace to complete their required hours after the third quarter of the school year.

Students who do not submit documentation that they completed their required number of hours prior to April 30th, will be ineligible for extra-curricular participation the following Fall until their completed forms are turned in and signed off on.

ATHLETIC PASSES

Family Pass - $200
~Family passes are only for immediate family living in the same household

Single Pass - $100

Senior Citizen Pass FREE
~ Age 60+
No Expiration

Passes required at all EV sporting events

Passes not accepted for any tournaments, regional or district games

ATHLETIC PHYSICALS AND CONCUSSION FORMS

All students in grades 7-12 who plan on participating in any extra -curricular activities, MUST read and complete the HEADS UP-Concussion in High School Sports form annually. All athletes MUST also complete an annual sports physical before they are able to participate in any sports. Forms can be downloaded from our website or are available in the JH/HS office.

REMINDERS

- Sept 15 - Picture Day
- Sept 25 - Homecoming Parade/Pep Rally
- Sept 26 - Homecoming Dance
- Sept 30 - JH/HS Conferences
- Oct 6 - ACT for Juniors
- Nov 5 - Picture Retake Day

ADMINISTRATION

SUPERINTENDENT: Chris Fee
BUSINESS MANAGER: Adam Crigger
ELEMENTARY PRINCIPAL: Austin Daniels
JH/HS PRINCIPAL: Brandon Krusey

BOARD MEMBERS

PRESIDENT: Seth Lawson
BOARD MEMBERS: Chris Matthiesen ~ Walt King ~ Joe Kilburg ~ Dylan Meyer ~ Corey Driscoll ~ Brandon Marburger

Yearbook

Order your yearbook online today for $45. Order forms are available in Ms. Ratermann's room and the JH/HS office.

EASTON VALLEY ATHLETIC BOOSTERS

WE'RE LOOKING FOR DRINK TRUCKS!

FOR HOME FOOTBALL GAMES

Partner with the Easton Valley Athletic Boosters and serve our community while supporting our student athletes!





HOME GAME DATES

SEPTEMBER 4	SEPTEMBER 18	SEPTEMBER 25	OCTOBER 9

THE BOOSTERS WILL ASK DRINK TRUCKS TO **KICK BACK A PERCENTAGE OF THEIR SALES** TO HELP US RAISE FUNDS FOR OUR STUDENT ATHLETES AND PROGRAMS!

INTERESTED?

PLEASE CONTACT THE ATHLETIC BOOSTERS TO LEARN MORE!

THANK YOU FOR SUPPORTING EASTON VALLEY ATHLETICS!

Easton Valley Youth Football Schedule



2026 Easton Valley Youth Football

- Sept. 13 @ Durant, 2 pm
- Sept. 20 vs West Liberty, 1 pm
- Sept. 27 vs Tipton, 1 pm
- Oct. 4 @ Monticello Black, 2:30
- Oct. 11 vs Wilton, 1 pm
- Oct. 18 @ Dyersville White, 2:30

CATHOLIC

Religious Education

CLASSES

Starting

WEDNESDAY, SEPTEMBER 9TH, 2026

St. Joseph Catholic Church
Preston, Iowa

KINDERGARTEN THROUGH 6TH GRADE

3:30 – 5:30 PM



MIDDLE / HIGH SCHOOL CLASSES

7:00 – 8:30 PM



REGISTRATION

will be available before and after Mass on:

AUGUST 30 & SEPTEMBER 6, 2026

Growing in Faith. Growing in Love. Growing with Christ.

St. Joseph Church-Preston, IA

39TH ANNUAL

Parish Festival

Kalmes' Chicken & Ham Dinner
Homemade mashed potatoes & gravy,
vegetable, dressing, large salad bar & desserts

27 SEPTEMBER

Serving 11am- 2pm

Adults $15, Children (6-12) $6
Ages 5 & under- FREE

Mass- 10 AM

Music by: "Children of St. Joe's Parish

LIVE MUSIC BY "MOMMA J"
CARSHOW /BASKET AUCTION
RAFFLES / BINGO/ BAKE
SALE/KIDS ACTIVITIES

PFD WOMEN'S AUXILIARY

FALL VENDOR FAIR

OCTOBER 11TH FROM 9AM TO 1PM

PRESTON TOWN HALL

42 W. GILLET ST. PRESTON, IA 52069

$20 / 10X10 SPACE (TABLE INCLUDED)

24 SPACES AVAILABLE

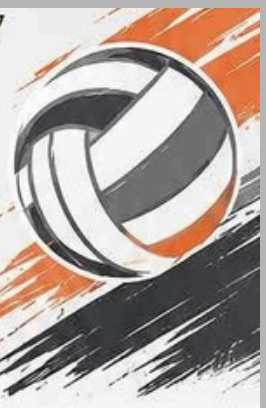
EMAIL PFDWOMENSAUX@GMAIL.COM

TO RESERVE YOUR SPACE TODAY!

THIS WILL BE IN CONJUNCTION WITH THE PFD OMELETTE BREAKFAST



EASTON VALLEY
RIVER HAWKS
VOLLEYBALL
2026–27 SEASON SCHEDULE



DATE	OPPONENT / EVENT	FRESHMAN / SOPHOMORE	JV	VARSITY	LOCATION
AUG. 24 MON	@ NORTH SCOTT (FRESHMAN)	6:00 PM 7:00 PM	—	—	MAQUOKETA HS AWAY
AUG. 25 TUE	BELLEVUE	5:45 PM	5:45 PM	7:00 PM	BELLEVUE AWAY
AUG. 31 MON	JV TRIANGULAR	—	5:00 PM	—	CALAMUS-WHEATLAND AWAY
SEPT. 1 TUE	MONTICELLO	5:15 PM	6:15 PM	CANCELLED	EASTON VALLEY HOME
SEPT. 3 THU	EAST BUCHANAN	5:15 PM	6:15 PM	7:30 PM	EASTON VALLEY HOME
SEPT. 5 SAT	MIDLAND TOURNAMENT	—	—	8:30 AM	MIDLAND HS AWAY
SEPT. 10 THU	@ EDGEWOOD-COLESBURG vs BELLEVUE	—	—	5:15 PM (vs EC) 6:15 PM (vs B)	EDGEWOOD-COLESBURG AWAY
SEPT. 14 MON	MAQUOKETA VALLEY	5:15 PM	6:15 PM	7:30 PM	EASTON VALLEY HOME
SEPT. 19 SAT	LISBON INVITATIONAL	—	—	9:00 AM	LISBON HS AWAY
SEPT. 22 TUE	@ CALAMUS-WHEATLAND	5:15 PM	6:15 PM	7:30 PM	CALAMUS-WHEATLAND AWAY
SEPT. 24 THU	MARQUETTE CATHOLIC	5:15 PM	6:15 PM	7:30 PM	EASTON VALLEY HOME
SEPT. 26 SAT	NORTH CEDAR INVITATIONAL	—	—	9:00 AM	NORTH CEDAR HS AWAY
SEPT. 29 TUE	@ NORTH CEDAR	5:15 PM	6:15 PM	7:30 PM	NORTH CEDAR HS AWAY
OCT. 1 THU	MIDLAND	5:15 PM	6:15 PM	7:30 PM	EASTON VALLEY HOME
OCT. 6 TUE	@ PRINCE OF PEACE	5:15 PM	6:15 PM	7:30 PM	CLINTON (POP) AWAY
OCT. 8 THU	@ CASCADE	—	5:30 PM	7:00 PM	CASCADE HS AWAY
OCT. 12 MON	TRC TOURNAMENT (FIRST ROUND)	—	—	5:00 PM	MIDLAND HS AWAY

HOME · AWAY · TOURNAMENT · CT = CENTRAL TIME · C CONFERENCE MATCH

3rd Annual

FALL HIKE

Thursday, September 17th at 5:30PM

PLASTICS UNLIMITED PARKING LOT

FREE HOT DOG MEAL PROVIDED BY LIONS CLUB

SCAVENGER HUNT BY JACKSON CO. CONSERVATION

GLOW STICKS, S'MORES & HOT CHOCOLATE!



PRESTON Iowa GROWTH & DEVELOPMENT

Jackson County Conservation

This FREE family event is brought to you by Preston Growth & velopment, Preston Lions Club & Jackson County Conservation.