EASTON VALLEY

IMPORTANT DATES

Apr 3-6 - Spring Break
Apr 17-19 - JH/HS Spring Musical - Shrek
Apr 20 - Elem Spring Music Concert
Apr 24 - JH/HS Spring Concert
Apr 25 - Prom
Ap 29 - JH/HS Conferences
May 2 - Plant Sale/FFA Banquet
May 5-6 - HS Art Show
May 12 - Senior Awards Night
May 14 - Elem Track & Field Day
May 17 - Graduation
May 18 - JH Awards

REMINDERS

~School doors do not open until 7:45am. Please be mindful of this during the colder months when dropping your student(s) off.

~ The Leap After School program runs from 7am-7:50am and 3:30pm-5:30pm.

~ School is dismissed every Friday at 1:30pm for professional development.

~ Please call the office by 1:30pm if your child's after school plans change on any given day to eliminate confusion and school bus delays. Early out Fridays, please call by 12:00pm.

ATHLETIC PASSES

Family Pass - $200
~Family passes are only for immediate family living in the same household

Single Pass - $100

Senior Citizen Pass FREE
~ Age 60+
No Expiration

Passes required at all EV sporting events

Passes not accepted for any tournaments, regional or district games

COLLEGE AND CAREER FAIR
APRIL 29
3:30 - 7

EASTON VALLEY DIGITAL SIGN SABULA

Due to the expansion of the Island City Cafe in Sabula, the Easton Valley digital sign is being relocated. We are currently exploring options for a new location and will keep you updated. Stay Posted!

CONTACT

ELEMENTARY OFFICE:
(563) 682-7131
439 Wilson St
Miles, IA 52064

JH/HS OFFICE:
(563) 689-4221
321 W. School St -
Preston, IA 52069

BOARD MEMBERS

PRESIDENT: Seth Lawson
VICE PRESIDENT: Joe Kilburg
Chris Matthiesen ~ Walt King ~ Dylan Meyer ~
Corey Driscoll ~ Brandon Marburger

ADMINISTRATION

SUPERINTENDENT: Chris Fee
BUSINESS MANAGER: Adam Crigger
ELEMENTARY PRINCIPAL: Austin Daniels
JH/HS PRINCIPAL: Brandon Krusey

APRIL 2026

The Easton Valley Community School District is an Equal Opportunity Affirmative Action employer and does not discriminate in its educational programs and activities on the basis of age, color, creed, national origin, religion, marital status, sex, sexual orientation, gender identity, and socioeconomic status

"EVERY STUDENT, EVERY DAY"

Our Daily Photo







Counselor Corner

"Success is not final, failure is not fatal: it is the courage to continue that counts."
— Winston Churchill

April News

By Brooke Collister

April is a great month to focus on growth, stress management, and preparing for transitions as the school year winds down. Students are encouraged to create a "Letter to My Future Self" (end-of-year reflection + goals). Spring tends to bring social drama—this is a great reset point.

Event Reminders

- **4/3-4/6 Spring Break**
- **4/7-4/10 ISASP Testing**
- **4/21 U of Iowa Visit**
- **4/29 College and Career Fair**
-

CAREER FAIR



SAVE THE DATES!!!

Erica Felkey

Director of Curriculum and Instruction

Phone

(563) 689-4221

Email

erica.felkey@eastonvalleycsd.com

Why Accuracy Must Come Before Fluency

This month, we're focusing on an important idea from the Science of Reading: why accuracy in reading must come before fluency, and how this supports long-term success for our students.

When children are learning to read, it can be tempting to encourage them to read faster and smoother right away. While fluency is an important goal, research shows that ***accuracy is the true foundation*** of strong reading skills.

At the heart of this is a process called Orthographic Mapping. This is how the brain stores words so they can be recognized instantly. Every time a student reads a word correctly, they strengthen that word in their memory. Over time, this leads to automatic word recognition — what we often think of as "sight words."

However, if a student frequently reads words incorrectly, the brain may store those errors. This can make it harder for them to read accurately in the future and slows overall progress. In other words, practicing mistakes can unintentionally build habits that are difficult to undo.

It's also important to remember that fluency is more than just speed. True fluency includes ***accuracy, appropriate pace, and expression***. When students focus on reading quickly before they are ready, they may begin to guess at words or skip over unfamiliar ones. While this can make reading sound smoother, it often leads to misunderstandings and reduced comprehension.

Strong reading development follows a clear progression:

- First, students learn to ***decode words accurately***
- Then, they begin to ***recognize words automatically***
- Next, they develop ***fluency*** (smooth and expressive reading)
- Finally, this leads to ***deep comprehension***

By prioritizing accuracy first, we help students build a solid foundation that allows fluency to develop naturally and meaningfully.

As a district, our goal is to support students in becoming confident, capable readers. This means encouraging careful, accurate reading, so that students can grow into fluent readers who truly understand what they read.

Thank you for your continued support as we work together to build strong literacy skills for all Easton Valley students.

A Message from our SRO

Chad Gruver

Preston Police Department
School Resource Officer Newsletter
April 2026 – Autism Awareness Month

As we enter the month of April, we recognize Autism Awareness Month, a time dedicated to increasing understanding, acceptance, and inclusion of individuals on the autism spectrum within our schools and community.

As your School Resource Officer, I want to take a moment to highlight the importance of awareness—not just for one month, but year-round. Autism Spectrum Disorder (ASD) affects individuals in many different ways. Some students may have challenges with communication, social interaction, or sensory sensitivities, while others may simply process the world differently than their peers. Each individual is unique, and that uniqueness should be understood, respected, and supported.

Within Easton Valley schools, we are fortunate to have dedicated staff who work hard every day to create an inclusive and supportive learning environment for all students. As law enforcement, it is equally important that we understand these differences so we can respond appropriately, communicate effectively, and build trust with every student we serve.

Why Awareness Matters
For first responders and school staff, awareness can make a critical difference. Situations that may seem like non-compliance or unusual behavior could actually be a response to sensory overload, anxiety, or difficulty communicating. Recognizing these signs allows us to approach situations with patience, understanding, and the appropriate level of care.

Our Continued Commitment
As part of our ongoing commitment to building understanding and supporting all members of our community, the Preston Police Department will be wearing autism awareness patches on our uniforms throughout the month of April. This is a small but visible way for us to show our support, raise awareness, and reinforce our dedication to inclusive and compassionate policing.

How We Can Support
- Practice patience and understanding
- Use clear, calm communication
- Be mindful of sensory sensitivities
- Promote inclusion and kindness among students

A Message from our SRO

Officer Chad Gruver

Community Commitment
The Preston Police Department is committed to ongoing training and education to better serve individuals with autism and other special needs. Building relationships with students, families, and staff helps ensure that every child feels safe, supported, and valued.

Throughout April, you may see students and staff participating in activities that promote autism awareness and acceptance. I encourage everyone to take part, ask questions, and continue learning.

Together, we can build a stronger, more inclusive community where every individual is respected and understood.

Stay safe,

Chief Chad Gruver
School Resource Officer
Preston Police Department

Easton Valley

ATTENDANCE

SENATE FILE 2435

PRE-K - 12TH GRADE CHRONIC ABSENTEEISM

3 DAYS	Courtesy Call
4-6 DAYS	1st Notice - Email
7-9 DAYS	2nd Notice - Email
9-12 DAYS	3rd Notice - Letter Home
15%	Family Engagement Meeting
20%	4th Notice - Letter home (cert)
20% +	Truancy Referral to County Attorney

BROOKE.COLLISTER@EASTONVALLEYCSD.COM

MARGARET.KUHL@EASTONVALLEYCSD.COM

563-689-4221

563-682-7131

EDUCATE.IOWA.GOV/

EV FFA plant sale

MAY 2

WATCH FOR MORE DETAILS!!



ISTEP PRESENTS

THE JR/SR HIGH ISASP CHILL ZONE!

COMMONS HANGOUT!

JUST FINISHED TESTING? DON'T RUSH OFF YET! DURING THE 30-MINUTE BREAK BETWEEN ISASP AND CLASSES, ISTEP IS HOSTING A CHILL ZONE IN THE COMMONS FOR ALL JUNIOR HIGH AND HIGH SCHOOL STUDENTS.
COME HANG OUT, PLAY GAMES, COLOR, LAUGH WITH FRIENDS, AND RELAX BEFORE THE SCHOOL DAY STARTS. THIS IS YOUR TIME TO RESET YOUR BRAIN AND FIND HEALTHY WAYS TO DEAL WITH STRESS — INSTEAD OF TURNING TO THINGS LIKE VAPING OR TOBACCO.

PRIZES ALERT!

IF YOU TRY YOUR BEST ON YOUR ISASP TEST AND JOIN THE CHILL ZONE ACTIVITIES, YOU CAN EARN ENTRIES INTO OUR FRIDAY PRIZE GIVEAWAY.
EVERY DAY YOU PARTICIPATE = ANOTHER CHANCE TO WIN!
ALL PRIZES ARE PICKED TO HELP YOU HANDLE STRESS IN POSITIVE WAYS AT HOME — BECAUSE TAKING CARE OF YOUR MENTAL HEALTH MATTERS.
BRING A FRIEND. BRING YOUR POSITIVE VIBES.
LET'S RELAX, RECHARGE, AND MAKE HEALTHY CHOICES TOGETHER!



ELEMENTARY ART





The Elementary Art students presented a spectacular, collaborative neon display "Into the Jungle" on the stage during conference nights last week.

DRAMA DEPT



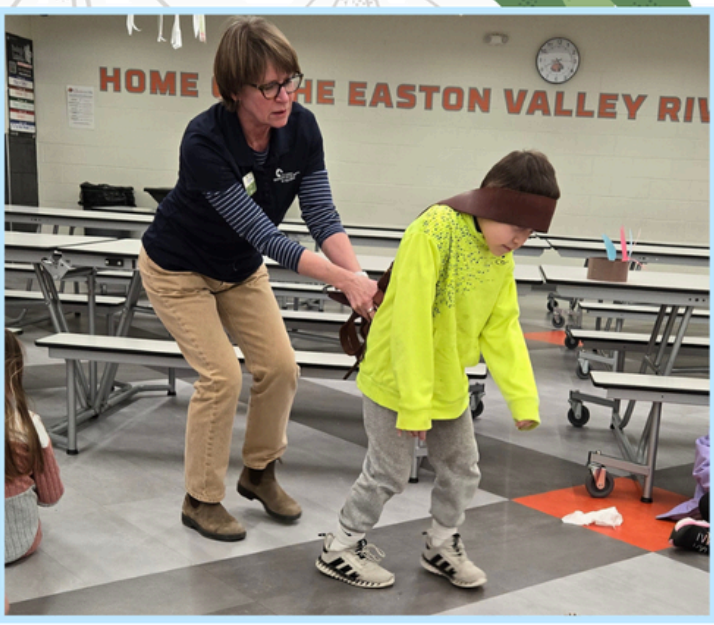
SHREK





The Easton Valley Schools Performing Arts Department is excited about our upcoming production of Shrek The Musical! coming April 17th, 18 & 19th, with 7 oclock performances on Friday and Saturday night and a Sunday matinee at 2 oclock. A cast and crew comprised of nearly 40 students from the elementary, junior high and high school under the combined direction of Mr Pauley and Miss Houzenga, with the invaluable musical assistance of Miss Diemer, make this production the most ambitious and challenging show at Easton Valley School in many years. But, as Mr Pauley and the Drama Students like to say, "if it's not challenging, it's not worth doing!" We hope the community will make plans to attend this fun, family-oriented show that is sure to entertain all!







Playing in the gym is so fun!





Even our parents love to see the animals!











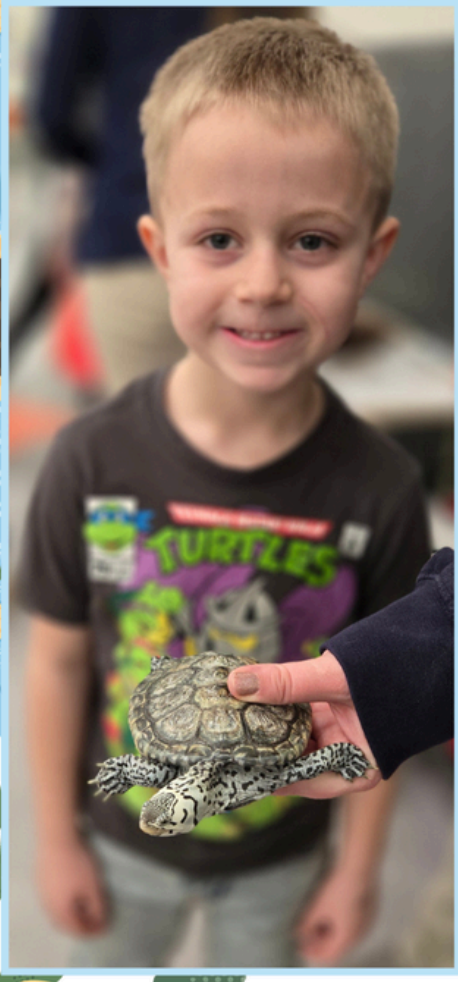








New books are always nice!













EV LEAP

Reptiles, snakes and frogs - oh my!













Save the Date

EV ELEMENTARY UPCOMING EVENTS

- Tuesday, March 3 (5– 6:30pm) - Game On! Family Reading and Math Night!
- Monday, April 20 (5:30 – 7pm) - Spring Music Concert
- Friday, May 8 (8:45-10:30am) -LEADERSHIP DAY!
- Thursday, May 14 - Track & Field Day!

Family Engagement Hour (2-3pm) - details to come from grade level teachers



Thursday, Jan 29	2nd
Thursday, Feb 12	Preschool
Thursday, Feb 26	5th
Thursday, March 12	6th
Thursday, March 26	1st
Thursday, April 9	K
Thursday, April 23	4th
Thursday, April 30	3rd

LEAP THEATER



THE CASE OF THE GIGGLING GOBLIN

We had a very enthusiastic bunch of students this year for LEAP theater club.

They picked a script, thought of costumes, made props, rehearsed their parts, and presented their play for their parents and students PK-3.

BUS SAFETY POSTER CONTEST

5th grade students entered the first ever, State of Iowa, Bus Safety poster contest this year. The winners were:
Lane McDonald
Abrym Roling
Jaxon Rittmer



MAQUOKETA MARLINS SWIM SEASON

XAN DOANE

Results from Xan's State Swimming meets:

- Xan Doane – 8 and under division
- 50 back – 48.01 finishing 10th
- 25 back – 23.41 finishing 17th
- 25 free – 18.30 finishing 17th





Xan qualified for the North Central Regional Championship on his 50 yard back stroke event #24. He will be swimming on Saturday, and on Sunday morning, he will be swimming the 25 yard freestyle #104 and back stroke #122.

Great Job Xan!



Watch it live
https://www.youtube.com/@dsmymarlins9205/streams

Easton Valley Quiz Bowl Team Concludes Extraordinary Season



Row 1: Jordan Boehde, Tyler Kunde
Row 2: Tyson Tubbs
Row 3: Lucas Kunde, Nizhonia Schmidt

On Saturday, March 28th, the River Hawk Quiz Bowl Team played their last tournament of the year at the Iowa High School Quiz Bowl Championships in Waukee at Northwest High School. Fourteen teams competed in the Small School Division. They included: Lawton-Bronson, Boyer-Valley, Bishop Heelan B, Boyden Hull, Rivermont Collegiate, Bishop Heelan A, Chariton, Riverside A, Sergeant Bluff-Luton, Newman Catholic, Bellevue, Des Moines Christian, Riverside B, and of course, Easton Valley.

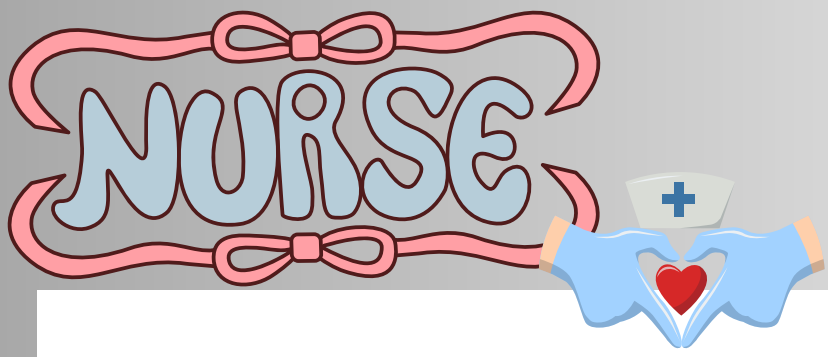
Easton Valley overall ended the day with 5 wins and 2 losses. Their only two losses came to the first place team of Bishop Heelan B and the second place team, Boyden-Hull. Unfortunately, those two losses came at the beginning of the day in pool play. (Yes, EV ended up in a pool with the champion and runner-up.) Finishing third in our pool automatically kicked us into the consolation bracket instead of the playoff bracket. The remainder of the day would be all wins for EV.

Tyler Kunde led the team in toss-up questions answered correctly with 18, Tyson Tubbs and Lucas Kunde each contributed 16, Nizhonia Schmidt and Jordan Boehde added 3 and 1 respectively. One thing that isn't tracked individually is bonus points answered as the team can confer on these points, however I truly feel that all five players contributed immensely to these. All toss-ups and bonus points are worth 10 points on their own, but a team can be given 15 points for a toss-up if it is answered within a certain amount of time and correctly. This is called a "power" when this happens. Tyler had two powers and Nizhonia and Tyson each had one each.

I've had people in the community ask, "what makes a good quiz bowl team?" Usually teams that have players that can specialize in certain areas seem to be the most successful when they all come together. The River Hawks are a great example of that. Tyson's specialities include: all things political from presidents to branches of government, history and math. Lucas and Tyler cover geography, history, other cultures, and science. Nizhonia is our literature specialist, music background, religion, and Greek and Roman myth. Jordan tends to be referred to as our sports guy, technology and other misc. questions. All five kids contribute to plays, musicals, art, current musicians, movies, composers and current event type questions. As you can see, a lot needs to be covered! With all five members being juniors, they will be able to compete again next year as seniors.

Some noted accomplishments so far for these juniors include: Three-time National Championship Qualifiers, Two-time Clinton Community College Tournament winners (winning two, $1200, scholarships for their school), Tri-Rivers Champions, Groger's National Rankings for Quiz Bowl and several top three finishes at numerous tournaments. Some memorable team memories: Pizza Ranch, the Chip Mart, the State Capitol, the Des Moines Museum of Art, the Cheesecake Factory, all time favorite Beatle's songs, quarter-zip days, helping at the Lion's Club Breakfast, the duct tape ball and many many belly laugh moments. Lastly, the team would like to thank all of our many fans and supporters. Without your donations, the team would struggle to get to all of our competitions. Parents, kids at school and the community have made us feel like "celebrities" at times, and we love all of the support for an academic extracurricular that we strongly believe in. You are the greatest!

by jenny knutsen



Dear Preschool Parents/Guardians,

To ensure our students have a healthy start, there are certain health requirements that must be met before your child starts the school year. Listed below are the requirements. Please return the completed forms before the start of school in August. You can drop them off at the elementary office anytime.

School Physical Exam **Completed by our child's medical Physician.** The state of Iowa requires all Preschool students have an Annual physical.

Up to date Immunization Record (state requirement)

The school district required is to have an up to date immunization record for all the students. If there are medical reasons or religious beliefs for not receiving immunizations, the appropriate certificate of exemption must be completed by your physician.

Vision Screening (recommended)

Health History (recommended)

We have enclosed the forms needed. Please complete and return to the school office. All forms **MUST BE RETURNED** before the child attends school this fall.

If you have any questions or concerns, please feel free to call or email us.

amy.roling@eastonvalleycsd.com

kelli.sieverding@eastonvalleycsd.com

563-682-7131 ext 3043

Amy Roling & Kelli Sieverding

School Nurse

Easton Valley Elementary

NURSE'S HOURS
Elem: 7:45a-9a and 12p-3:15pm
JH/HS: 9a-12p

563-689-4221
amy.roling@eastonvalleycsd.com
kelli.sieverding@eastonvalleycsd.com



Dear Parent/Guardian,

The Iowa Department of Public Health has made changes to the Iowa Immunization law for the start of the school year. This change requires that all student's entering 7th grade have both Meningococcal Vaccine and a Tdap (Tetanus, Diphtheria, and Pertussis/whooping cough) booster before school starts in the fall.

The Tdap requirement has been in place since 2013/2014 school year and requires a booster dose of Tetanus, Diphtheria, and acellular Pertussis containing vaccine for students entering 7th grade, *regardless of the interval since the last Tetanus/Diphtheria containing vaccine.* Pertussis (whooping cough) is a very contagious disease that causes violent coughing fits that make it hard to breathe.

Meningococcal disease is a life threatening illness that is caused by bacteria that infects the brain, blood, and spinal cord. It easily spreads in crowded settings. The vaccine will be required prior to both the 7th and 12th grades.

All students entering 7th grade must have proof of having both the meningococcal and the Tdap vaccines **before school starts in August,** unless the student has a Certificate of Immunization Exemption. If your child was given the vaccination through Genesis at school, we just need a copy.

There will be no grace/extension period for the implementation of this requirement.

Now is a great time for your child to receive these immunizations requirements and beat the back-to-school rush by making an appointment for your incoming 7th grader.

If you have questions, do not hesitate to contact us at 563-689-4221 ext 5002 or via email kelli.sieverding@eastonvalleycsd.com or amy.roling@eastonvalleycsd.com

Thank you for your time and attention to this requirement,

Kelli Sieverding BSN/RN and Amy Roling BSN/RN

Easton Valley CSD Nurse



Dear Parent/Guardian,

The Iowa Department of Public Health has made changes to the Iowa Immunization law for the start of the school year. This change requires that all students entering 12th grade have the Meningococcal vaccine before school starts this fall.

Meningococcal disease is a life threatening illness that is caused by bacteria that infects the brain, blood and spinal cord. It easily spreads in crowded settings and typically affects older teens and young adults.

All students entering 12th grade must have proof of having the Meningococcal vaccine **before school starts in August,** unless the student has a certificate of Immunization Exemption. If your child received the vaccination through Genesis at school, we just need a copy.

There will be no grace/extension period of the implementation of this requirement.

Now is a great time for your child to receive these immunization requirements and beat the back-to-school rush by making an appointment for your incoming 12th grader.

If you have questions, do not hesitate to contact us at 563-689-4221 ext 5002 or via email Kelli.sieverding@eastonvalleycsd.com or amy.roling@eastonvalleycsd.com

Thank you for your time and attention to this requirement,

Kelli Sieverding, BSN/RN and Amy Roling, BSN/RN

Easton Valley CSD Nurse



Dear Parents/Guardians,

The state of Iowa passed a law that requires student entering the 9th grade to have a dental screening. This screening must occur no earlier than one year prior to enrollment and no later than four months after enrollment. Screenings can only be performed by a dentist or dental hygienist. The purpose of this law is to improve the oral health of Iowa's children.

Good oral hygiene is a big part of your child's overall health. Poor hygiene may result in needless pain and poor learning. Healthy teeth make it possible for your child to eat, speak, learn, and feel confident in smiling.

A dental certificate form has been included in the envelope to be completed by your family dentist. Please return the completed certificate to your school, as soon as possible, as they are due at the beginning of the school year. We have a dental audit every year and the forms are requirement. If you have an appointment lined up, please inform the school so we can document the date and watch for the form to be returned.

Feel free to call or email with any questions:

Phone 563-689-4221 ext 5002

Kelli.seiverding@eastonvalleycsd.com

Amy.roling@eastonvalleycsd.com

Kelli Sieverding BSN/RN and Amy Roling BSN/RN

EVCSD School nurse



FROM THE ELEMENTARY NURSE'S DESK

There are a few items to get completed before the beginning of the 2025/2026 School year.

PRESCHOOL:

Students entering Preschool need to have the following:

*Annual School Physical Exam (State Requirement)

*Immunization Record (State Requirement)

*Vision screening (recommended)

KINDERGARTEN

Students entering Kindergarten need to have the following:

*School Physical Exam (Required)

*Immunization Record (Required) Booster are needed

*Lead Screening (Required)

*Dental Screening (Required)

*Vision Screening (Required)

Third Grade:

Third Grade students are required by the state of Iowa to have a vision screening assessment. It has been estimated that as much as 80% of what a person learns during the first 12 years of life is the product of the sense of vision.

All forms are available in the Elementary office.

If you have any questions or concern's, please feel free to email or call us.

Elementary office: 563 682 7131 ext 3043

Amy Roling BSN/RN amy.roling@eastonvalleycsd.com

Kelli Sieverding BSN/RN kelli.sieverding@eastonvalleycsd.com

Elementary School Nurses



REMINDER

Performing Arts Boosters Meeting

Thursday, April 2

6PM High School Library

We'd love for band, choir and theater parents to attend and be part of the conversation.

If you have any questions, email tracy.andresen@eastonvalleycsd.com

Reminder

LEAP Pickup Reminder

Pickup Time: Please pick up your student by 5:25 PM.
Early pickups are welcome anytime during the program.

⏰ Late Pickup Strike Policy:
10+ minutes late → 1 strike
15+ minutes late → 2 strikes
3 strikes → student may no longer attend LEAP

We understand emergencies happen and will ensure your child's safety until pickup.
Thank you for helping us keep our program safe and on schedule!

— LEAP Coordinator, Elementary Principal

SERVICE LEARNING

Service Learning Requirement: Students will be required to complete service learning projects which constitutes the required hours of volunteer service based on your grade, to be served outside of school class time. These service hours may begin in May of your 8th grade Freshman, Sophomore or Junior year. The service learning requirements are as follows:

- 10 service hours Freshman year
- 10 service hours Sophomore year
- 20 service hours Junior year
- 20 service hours Senior year

These hours must be documented using the official service learning tracking form (available in the main high school office), signed off by the supervisor of the volunteer experience, and turned in to the main high school office no later than April 30th of each school year. ***SENIORS ARE REQUIRED TO TURN IN THEIR COMPLETED SERVICE LEARNING FORM NO LATER THAN APRIL 1ST IN ORDER TO MEET THE GRADUATION REQUIREMENT. Late submission of these forms may result in a student not receiving their diploma until the school board meets to revisit the student's completion of the graduation requirement.

The high school principal will be responsible for ensuring the volunteer experiences meet the designated criteria in order for him/her to sign off on the completion of hours each year. Hours will be monitored quarterly. Students who are not on pace to complete their required yearly hours, will have a letter and email sent to their parents after the first and second quarter of the school year. A parent phone call will be made to parents if their child is not on pace to complete their required hours after the third quarter of the school year.

Students who do not submit documentation that they completed their required number of hours prior to April 30th, will be ineligible for extra-curricular participation the following Fall until their completed forms are turned in and signed off on.

Little River Hawks Daycare

Little River Hawks Daycare
A safe, fun, and educational environment
Accepts kids ages 6 weeks-12 years
Full time and part time options available
NOW HIRING!
Daycare staff's children attend free

Email today
taylor.olson@eastonvalleycsd.com



ATHLETIC PHYSICALS AND CONCUSSION FORMS

All students in grades 7-12 who plan on participating in any extra -curricular activities, MUST read and complete the HEADS UP-Concussion in High School Sports form annually. All athletes MUST also complete an annual sports physical before they are able to participate in any sports. Forms can be downloaded from our website or are available in the JH/HS office.

Kitchen Subs

**Are you interested in subbing in our kitchens?
If so, give us a call to be on our call list.
563-689-3431 Ext: 2112**

Yearbook

Order your yearbook online today for $45. Order forms are available in Ms. Ratermann's room and the JH/HS office.

Be A

School Wellness Champion



Parents, we need your help to make our school healthier!

Children spend most of their day at school. So, it's important that they have healthy foods and drinks while they are there. Good nutrition also helps kids learn better at school. Parents can help update the school wellness policy and put it into action.

4 ways parents can help:

1. **Join the school wellness committee.** The wellness committee meets once a year to discuss our current wellness policy and what we can do to make it better. You do not need any special training to be on the committee, just an interest in keeping our school healthy!



2. **Read the school wellness policy** at our website: **eastonvalleycsd.com**



3. **Support classroom and school events** to have healthy foods and get kids physically active. Keep the wellness policy in mind when planning what foods and beverages to have at events and celebrations.



4. For questions or to share how our school is doing with our wellness policy, please contact the school.



What is in our school wellness policy?

The full school wellness policy is online at: eastonvalleycsd.com

Interesting topics are:

- **Nutrition education** and **promotion**
- **Physical activity**
- **Other wellness activities** (walk/bike to school)
- **Nutrition standards** for all foods and drinks **sold** to kids at school
- Foods and drinks that may be **given** to students (such as at classroom celebrations or foods given as rewards for behavior)
- **Celebrations in the classroom** (healthy snacks vs unhealthy snacks)

We are always looking for new ideas to ensure that we continue to keep our school healthy.

Better Health = Better Learners

This institution is an equal opportunity provider



School Breakfast







FRUITS: Fruit is available every day in the form of 100% fruit juice, applesauce and sometimes fresh fruit. It is important for kids' health, such as potassium, dietary fiber, vitamin C and folic acid.

PROTEIN: Some breakfast menus may offer items such as eggs, nuts, or meats to pair with whole-grain products.
Check out what Easton Valley Schools serves as your protein every day.

MILK: Kids and teens need the calcium, protein, and vitamin D found in milk for strong bones, teeth, and muscles.
We offer 2 kinds of milk every day.
Choose one!!!!

GRAINS: Starting every day the whole grains way gives kids and teens B vitamins, minerals, and fiber to feel fuller longer so they stay alert to concentrate at school.



Free & Reduced Meal Benefits for the 2025-2026 School Year

Applications for Free & Reduced Meal Benefits for the 2025-2026 school year are available on our website at **eastonvalleycsd.com.**
All Free & Reduced applications are kept confidential.
You can apply for Free & Reduced benefits throughout the school year.

2025-2026 Meal Prices
Breakfast - $1.20
Reduced - $.30 cents
Lunch (JH/HS) - $2.50
(Elem) - $2.30
Reduced Lunch - $.40 cents

A La Carte items available at the JH/HS level only. Positive lunch accounts only will be allowed to purchase from the a la carte selection. A la carte selections are smart snack approved.



VEGETABLES: Every breakfast does not include vegetables, but schools may offer them in addition or in the place of fruit.

WAYS TO DEPOSIT FUNDS INTO YOUR LUNCH ACCOUNT
~ JMC
~ Check
~ Cash

JOIN US FOR BREAKFAST EVERY SCHOOL DAY AT EASTON VALLEY SCHOOLS. BREAKFAST FUELS LEARNING, PROVIDES BETTER NUTRITION AND SAVES TIME.

This institution is an equal opportunity provider



Applebee's
GRILL + BAR

Join Applebee's in a fundraiser for:

Great River Threshers

Please mention this fundraiser or show this flyer to your server on April 27. Applebee's will contribute 25% of your order to support our community.

When

April 27, 2026

All day

Where

2414 Lincoln Way
Clinton, IA 52732

Offer valid only on select date(s). Only approved non-profit organizations and tax-exempt organizations are eligible to participate in the fundraising program. Restaurant will donate 25% of food and beverage sales to the organization. Tax and tip are excluded from the donation. Offer void if flyer is distributed in or near the restaurant. For more information about fundraising, visit https://applebees.force4good.com.

EASTON VALLEY TRAP TEAM
ANNUAL RAFFLE

WIN ONE OF THESE GREAT PRIZES

E-bike
Kingbull Rover 2.0



Pellet Grill
Green Mountain Grill
Ledge Prime 2.0



Yeti Cooler Package
Tundra 65 Cooler
Hopper Flip 12 Soft Cooler
(2) Rambler 30oz Travel Mugs
(2) Rambler Tumblers



TICKETS

CONTACT ONE OF OUR SHOOTERS TO PURCHASE

1 TICKET $20

6 TICKETS $100

ONLY 500 TICKETS AVAILABLE
GET YOURS BEFORE THEY'RE GONE!

WINNERS WILL BE DRAWN AT OUR ANNUAL MEET APRIL 18th

Questions? Contact Steve Harms: 319-480-1577

READY TO SERVE YOUR COMMUNITY?

— Join the Preston Fire Department —

JUNIOR FIREFIGHTER PROGRAM



High school student?
Looking for something **EXCITING, MEANINGFUL,** and **DIFFERENT?**

Step up. Gear up. Get involved.

Train Like a Firefighter

- Learn basic firefighting skills
- Train alongside real firefighters
- Get hands-on experience
- Help at community events
- Explore careers in fire & emergency services



More Than Just Experience

- Confidence
- Leadership Skills
- Teamwork
- New Friendships
- Community Service Hours
- College & Job Application Boost

We're Looking For Students Who Are:

- Responsible
- Willing to Learn
- Ready to be part of a Team

YOUR COMMUNITY YOU

Be someone others can count on.

Interested in Joining?

Reach out to the Preston Fire Department today:

prestonfireandrescue1@gmail.com

Preston Fire Department • Serving. Protecting. Training the Next Generation.

PFD WOMEN'S AUXILIARY

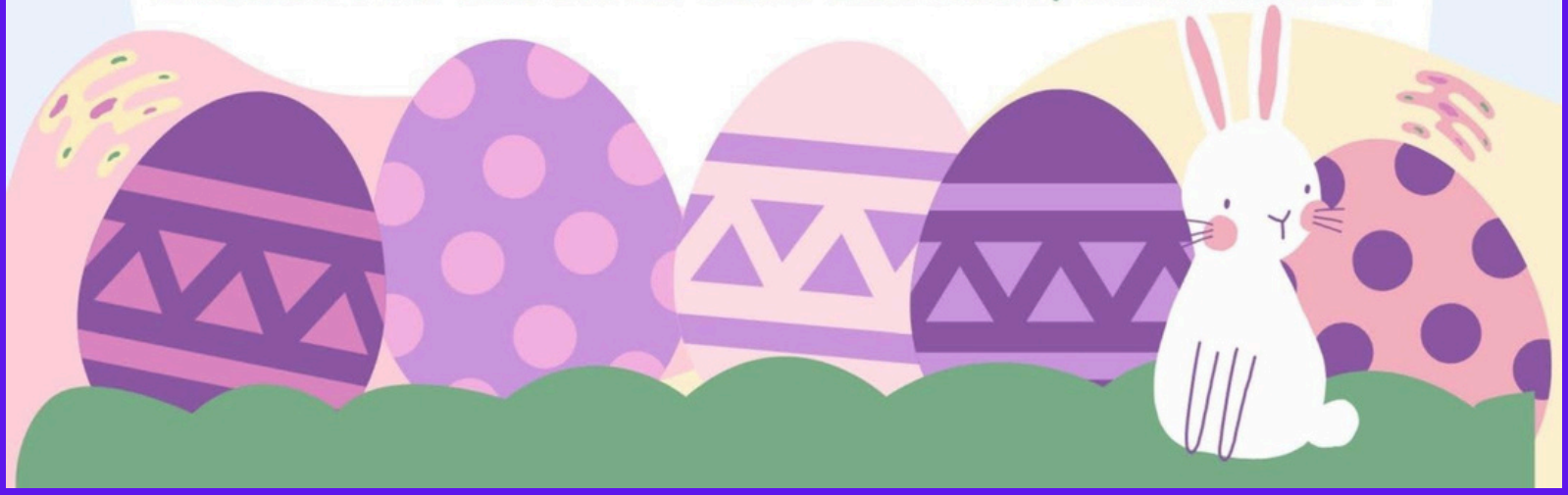
3RD ANNUAL

EASTER SPECTACULAR

SATURDAY, APRIL 4TH
10:00-11:30 AM
PRESTON FIRE STATION

COME 'HOP' AROUND THE FIRE STATION AND ENJOY AN EGG-CITING MORNING OF CRAFTS, GAMES, BABY ANIMALS, RAFFLE PRIZES AND SWEET TREATS!

AFTERWARDS, HEAD ON OVER TO ST. JOE'S CATHOLIC CHURCH FOR THE LIONS CLUB EGG HUNT, NOON SHARP!




Easton Valley
EASTON VALLEY
BAKE SALE!
April 4th • 11:30 - 1:00
At the Sabula Easter Egg Hunt
Delicious Baked Goods • Cookies • Pies!
PROCEEDS WILL BENEFIT ALL TEAMS!

Jackson County 4-H Sewing Club

For 4th-12th grade

Space is limited!

Dates:

February 14
February 28
March 14
March 28
April 11
May 9
June 9- Tuesday

- Tour of the Galena Hot Air Balloon Factory in Galena!

Already in a 4-H Club? You can join this one too, without additional membership expense!

New to 4-H? Join our club for $20!

Join at 4-HOnline
v2.4honline.com

Meetings are at the Extension Office from 9am-1pm
Bring a packed lunch!

Expenses will come at the cost of the 4-Her- Financial assistance can be applied for!

For more information contact Halie at the extension office 563-652-4923 or hmaier@iastate.edu

SCHOOL MENTAL HEALTH SERVICES

NOW AVAILABLE!

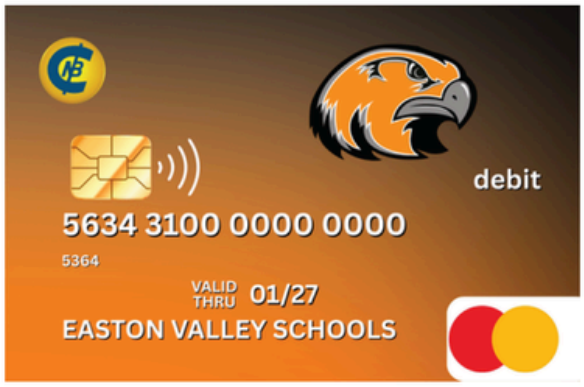
Classroom Clinic



Classroom Clinic's telehealth services are now offered in your child's school!

- Psychiatric Evaluations
- Medication Management
- Individual Therapy

Contact your child's teacher, school nurse, counselor, or principal to refer your child for services.



Get YOUR School Spirit Debit Card!

Clinton National Bank's School Spirit Debit Cards show school spirit AND financially support your school!

The Details:

- Our School Spirit Debit Cards donate a portion of the transaction amount back to the school each quarter. **There is NO cost to the school.**
- To get a School Spirit Debit Card, you just need a personal checking account with us. **There is NO cost to the customer.** To open a checking account, you can apply online at clintonnational.com or visit one of our branches.
- If you have a personal checking account with us already, just let us know you'd like to **upgrade your debit card at NO cost.** We can print it onsite at our Lincolnway, Main and Preston locations. Your debit card number stays the same.

The more people who use your School Spirit Debit Card, the MORE MONEY your school makes!

CLINTON NATIONAL BANK
SAFE • SOUND • SECURE

JOIN THE PERFORMING ARTS BOOSTERS – SUPPORT OUR STUDENTS!

Did you know our school's Performing Arts Boosters directly support students in grades 6–12 who participate in band, theater, and choir?

The Easton Valley Performing Arts Boosters support our band, theater, and choir students by funding equipment, costumes, and unique experiences—and by organizing exciting fundraisers that build community.

☀️ Big News: We're planning a Summer 2027 Performing Arts Trip for all current Performing Arts 6th–11th grade students!
Your support helps make this unforgettable opportunity possible.

👨‍👧‍👧 All parents & guardians are invited to join!
🗓️ **Meetings: 2nd Wednesday of each month, 6:00 p.m.**
(locations rotate)

🙌 Whether you can volunteer, share ideas, or simply stay informed, your participation makes a difference. Together, we can ensure all Performing Arts students have the tools and opportunities to succeed!

🎭 How Performing Arts Boost Academics
Improves focus & memory
Enhances language & literacy
Reinforces math skills
Builds confidence & teamwork
Encourages creativity & problem-solving
Supports college readiness

Join us and help our students' talents take center stage!



CHILDREN WHOSE PARENTS LIMIT SCREEN TIME TO UNDER 2 HOURS DAILY PERFORM BETTER IN SCHOOL AND SLEEP LONGER





IOWA 4-H FISHING CLUB

ICE FISHING, BASS FISHING, AND HABITAT MANAGEMENT



Cost: $45 for one-year membership and includes eligibility for all tournaments.

Location: All tournaments are restricted to fishing in Iowa.

Ages: Open to youth in grades 4-12.

Prizes will be awarded to tournament winners. Each tournament entry nominates you for a chance to win the grand prize at the end of the year.

IOWA STATE UNIVERSITY
Extension and Outreach

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/legal.

Statewide Fishing Club with Iowa 4-H

Casting Across Iowa 4-H

The Statewide Fishing Club with Iowa 4-H is an immersive program designed to engage youth across Iowa in grades 4-12. This club focuses on Iowa's aquatic ecosystems, improving fishing techniques, and promoting environmental stewardship.

Whether you're looking to become a skilled angler or just want to try a new outdoor hobby, this program will enhance your connection to nature and foster a lifelong passion for fishing!



Membership is just $45, which includes eligibility to participate in all club tournaments. Please note, all tournaments are restricted to fishing in Iowa. Tournament winners will receive prizes, generously sponsored by the Iowa 4-H Foundation, and every tournament entry earns a chance to win the grand prize at the end of the year.

Beyond the competitions, members will gain access to educational resources, interactive challenges, and opportunities to connect with fellow youth who share an interest in the outdoors. So, grab your gear, cast your line, and get ready for a year of learning and fishing fun with Iowa 4-H!

Program Structure

The club consists of live webinars, self-guided tournaments and NEW this year: hands-on learning field day.

- **Engaging Webinars** – Prepares members with expert insights for each species, Iowa ecosystems and more.
- **Tournaments** – Four, species-focused competitions spanning over eight months of the year. Tournaments are self-led.
- **NEW Field Days** – in-person field days across the state in 2026.

What to Expect

Alright, anglers, listen up! Before casting the line, there's a few things to do first.
Register in 4-H Online as a member and register through the events tab to make payment.

- If you are under the age of 16 in Iowa, you are not required to have a fishing license but may need to purchase a trout stamp if fishing on your own.
- If you are 16 years or older you are required to purchase a fishing license and trout stamp (when applicable). For more licensing and permit guidance refer to Iowa DNR. https://www.iowadnr.gov/things-do/fishing/fishing-licenses.
- Next, you'll need to acquire the right fishing rod and reel for your fish and fishing style.
- Gather essentials like hooks, sinkers, and bait (live or artificial).
- Most importantly, always stay alert to your environment. Pay attention to water conditions like currents, and potential hazards like rocks or submerged objects. Take necessary precautions like wearing a life jacket if on water.
- Be mindful of weather changes. When it comes to sun safety, protect yourself from harmful UV rays by wearing sunscreen, a hat, and UV-blocking clothing, stay hydrated and take breaks in the shade.
- Tell a trusted adult where you plan to go, and when you plan to return.

Iowa State University
Extension and Outreach

How to Join



Members enroll using 4-H Online. Enrollment and event registration is a two-step process and both are required to participate.

1. To join, enroll using 4-H Online. Help sheets for creating a profile are available https://www.extension.iastate.edu/4h/4-h-online
2. Choose your county and "Statewide Fishing Club." If you are already an Iowa 4-H member, choose "Statewide Fishing Club" as a secondary club in your profile.
3. Choose "Outdoor Adventures" from the project list. Current members skip to step five.
4. Next a county Extension and Outreach staff will approve your enrollment (this may take a few days).
5. Once approved, login to your 4-H Online profile and choose events from the left-hand menu.
6. Find and select "Iowa 4-H Fishing Club" and complete the steps.
7. A $45 annual fee applies and will be assessed in the event tab. Financial support is available through the Iowa 4-H Foundation or contact your local ISU Extension and Outreach office.

2025-26 Schedule of Events			
Date	**Time**	**Topic**	**Location**
September 22	7:30 PM	Welcome and Tournament Kick-off	Zoom
September 23	12:00 AM	Bass Tournament Opens	Iowa, on your own
November 10	11:59 PM	Bass Tournament Closes	
November 17	7:00 PM	Iowa Ecosystems and Water	Zoom
December 29	9:30 AM	Ice Fishing and Tournament Kick-off	Zoom
December 29	12:00 AM	Crappie and Perch Tournament Opens	Iowa, on your own
February 23	7:00 PM	Habitat Highlights	Zoom
March 2	11:59 PM	Crappie and Perch Tournament Closes	
March 30	7:00 PM	Tournament Kick-off	Zoom
March 31	12:00 AM	Trout and Walleye Tournament Opens	Iowa, on your own
May 31	11:59 PM	Trout and Walleye Tournament Closes	
June 1	7:00 PM	Tournament Kick-off Webinar	Zoom
June 1	12:00 AM	Bluegill and Catfish Tournament Opens	Iowa, on your own
July 31	11:59 PM	Bluegill and Catfish Tournament Closes	
August 10	9:30 AM	Final Cast Year End Celebration and Grand Prize Drawing	Zoom

This program is supported by the Iowa 4-H Foundation, Iowa 4-H, Iowa State University Extension and Outreach, and Iowa State University. The fees for service will be used to offset direct expenses and to support the Iowa 4-H Youth Development Program.

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/legal

The Leader in Me



Easton Valley Bus Expectations

I use the Seven habits when I Act, Talk, & Move on the bus.

#1 Be Proactive
I am a responsible person.

➡ I treat everyone on the bus with respect.

#2 Begin with the End in Mind
I look for ways to be a good citizen.

➡ I follow directions and make a good choice while choosing my seat.

#3 Put First Things First
I set priorities and am organized.

➡ I stay in my personal space and keep my belongings and body out of the aisle.

#4 Think Win-Win
I want everyone to be safe & successful.

➡ I follow the bus safety rules and adult instructions.

#5 Seek 1st to Understand then to be Understood
I listen to other people's ideas & feelings.

➡ I talk in a soft voice with appropriate language so others can hear directions from the adult.

#6 Synergize
I appreciate the differences in others & treat people the way I want to be treated.

➡ When I recognize a problem, I tell the adult.

#7 Sharpen the Saw
I take time to find meaningful ways to help others.

➡ I only visit with others seated near me while staying seated.