Step 1

Extent To Which the Local Wellness Policy (LWP) Complies with USDA Requirements and Compares to a Model Policy Assessment Tool



Complete one of the LWP assessment tools listed below. Check the box next to the tool used. Retain a copy of the completed comparison assessment.

- ☐ Alliance for a Healthier Generation 10-step Checklist (see pages 2-5 of this document)
- ☒ The WellSAT School Assessment Tool

Open the completed comparison assessment and respond to the following questions based on the responses.

1. **List areas of strength in the wellness policy:**
   - **a.** Assures compliance with USDA nutrition standards for reimbursable school meals.
   - **b.** Free drinking water is available all day.
   - **c.** All meals and snacks are Smart Safe during the hours of breakfast and lunch.

2. **List opportunities for improvement in the wellness policy:**
   - **a.** Regulates food and beverages served at class parties and other school celebrations.
   - **b.** Addressing the amount of seat time students have to eat meals.
   - **c.** Addressing food and beverages containing caffeine at the high school level.

3. **As a result of the comparison, was new language adopted in the LWP?**
   - ☐ Yes (complete notes section & question 4)
   - ☒ No (skip to question 5)

   Notes: Delete this text and briefly describe what was adopted. If possible, include the location/page numbers in the updated wellness for any new language.

4. **Have the changes been approved by the board?**
   - ☐ Yes
   - ☐ No

5. **Describe the next steps for strengthening your LWP.**

   Getting more in depth in the policy to address some of the issues above.

Discussion/Notes:
(Optional) Delete this text and type any notes in this area....

Questions? Contact lauren.christensen@nebraska.gov