Maryvale UFSD
November 2026
K-12 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Chocolate Chip Muffin** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	3 **Cereal Bar w/ Graham Crackers** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	4 **Mini Donuts** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	5 **Pop Tart w/ Graham Cracker** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	6 **Oatmeal Breakfast Round** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety
9 **Blueberry Muffin w/ Graham Crackers** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	10 **Cereal Bar w/ Graham Crackers** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	11 	12 **Warm Banana Bread Slice** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	13 **Cinnamon Bun** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety
16 **Chocolate Chip Muffin** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	17 **Cereal Bar w/ Graham Crackers** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	18 **Mini Donuts** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	19 **Pop Tart w/ Graham Cracker** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	20 **Oatmeal Breakfast Round** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety
23 **Blueberry Muffin w/ Graham Crackers** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Varietv	24 **Cereal Bar w/ Graham Crackers** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	25 **Mini Donuts** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety	26 	27
30 **Chocolate Chip Muffin** Fresh Fruit Variety Fruit Cup 100 % Fruit Juice Milk Variety				



A reimbursable meal consists of a fruit/juice and two other items.

Students may take up to 1 cup of fruit:
Fresh, prepared or juice.

A complete Breakfast is served at all schools.

Choice of Milk Available with Breakfast:
Low-Fat White, Fat Free White,

sodexo

USDA and this institution are equal opportunity providers and employers

BRIGHT BITES KITCHEN @

Maryvale UFSD November 2026 K-5 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Cheesy Breadsticks w/ pasta** **Cheeseburger** Green Beans Carrots Peaches	3 **Pop Corn Chicken w/ fries** **Cheese Quesadilla** Carrot Coins Cucumber Slices Pears	4 **Waffle w/ Turkey Sausage** **Garden Salad w/ Flatbread** Tater Tots Celery Sticks Applesauce	5 **Pasta w/ meatballs Garlic Roll** **Vegetarian Chili** Broccoli Tomato Wedges Peaches	6 **Cheese Pizza Slice** **Turkey & Cheese Sandwich** Bean Salad Caesar Salad Mixed Fruit
9 **Mini Corn Dogs** **Egg & Cheese Sandwich** Vegetarian Baked Beans Baby Carrots Peaches	10 **Taco in a Bag w/ Rice** **Vegetable cheese Quesadilla** Carrot Coins Cucumber Slices Pears	11 Veteran's Day Choice of Fat-free White, Fat-free Chocolate or 1% White Milk offered with every meal.	12 **Chicken Drumstick w/ roll** **Grilled Cheese w/ Tomato Soup** Mashed Potatoes Corn Peaches	13 **Cheese Pizza Slice** **Turkey & Cheese Sandwich** Broccoli Caesar Salad Mixed Fruit
16 **Chicken Nuggets w/ roll** **Fish Nuggets w/ roll** Seasoned Wedges Carrots Peaches	17 **Macaroni & Cheese w/ Roll** **BBQ Pulled Chicken Sandwich** Broccoli Cucumber Slices Pears	18 **French Toast Sticks w/ Turkey Sausage** **Garden Salad w/ Flatbread** Tater Tots Celery Sticks Applesauce	19 **Turkey & Gravy Dinner** **Vegetarian Chili** Mashed Potatoes Corn Peaches	20 **Cheese Pizza Slice** **Turkey & Cheese Sandwich** Glazed Carrots Caesar Salad Mixed Fruit
23 **Orange Chicken w/rice** **Vegetable Cheese Quesadilla** Carrot Coins Carrots Peaches	24 **Hot Dog on a Bun** **Egg & Cheese Sandwich** Vegetarian Beans Cucumber Slices Pears	25 **Pancakes w/ Turkey Sausage** **Garden Salad w/ Flatbread** Tater Tots Celery Sticks Applesauce	26 Thanksgiving Holiday Break	27
30 **Popcorn Chicken w/ roll** **Garden Salad w/ Flatbread** Green Beans Celery Sticks Applesauce				

Alternate Daily Meals

Monday: Turkey & Cheese Sandwich
Tuesday: Strawberry Yogurt Flatbread
Wednesday: Ham & Cheese Sandwich
Thursday: Salad of the Day
Friday: Turkey & Cheese Sandwich

Available Daily
Peanut Butter & Jelly Sandwich

Choose 3 to 5 components each day,
which may include one entree.
One of the components must be a fruit or vegetable.



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.