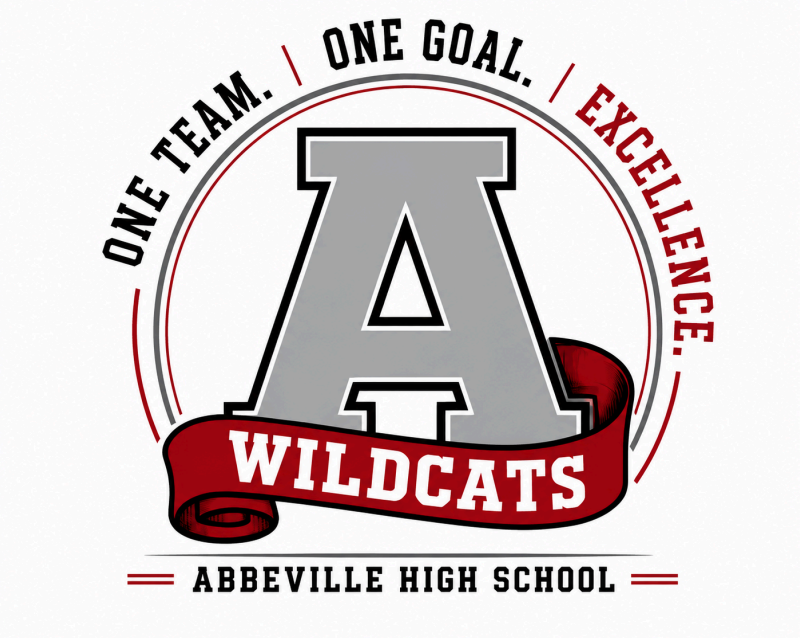
It's a great day to be a Wildcat!

Wildcat Weekly Newsletter



November 9, 2026

We have **two full five-day weeks** before Thanksgiving break. That's **ten chances** to show up, ask questions, and make progress in every class. Think about one thing you'd like to improve before break and use these ten days to work on it. Families, if getting to school is a challenge, please reach out so we can work through it together. Let's make every day count as we work toward our **95% attendance goal**.

One Team. One Goal. Excellence.

STAY CONNECTED WITH AHS



2026-2027 Administrative Team

Name	Role	Email Address
Jenni Frick	Principal	jennifer.frick@vpsb.net
Jabain August	Assistant Principal	jabain.august@vpsb.net
Elizabeth Buatt	Assistant Principal	elizabeth.buatt@vpsb.net
Nikia Johnson	ASA	nikia.johnson@vpsb.net
Brent Indest	Athletic Director	brent.indest@vpsb.net
Shannon Sewell	Student Services Specialist	shannon.sewell@vpsb.net
Malinda Roy	504/RTI/SBLC Facilitator	malinda.roy@vpsb.net

Reminder: Meeting Appointments Required

To help us ensure that we are available and able to give families the time and attention they deserve, we ask that meetings with members of the administrative team be scheduled in advance. Our administrative team is available for meetings Monday through Friday from 8:15–11:15 a.m. and 1:00–2:15 p.m. Special accommodations for after-school meetings may also be arranged as needed. Please call our office at (337) 893-1874 to schedule an appointment.

Thank you for working with us as we strive to serve our students and families effectively.

Wildcat Family Resources

Click the image below to access the November *Parents Make the Difference* Newsletter. This newsletter offers practical, research-based tips and strategies to support student academic success and overall well-being.



High School Parents
still make the difference!
November 2026
Vol. 34, No. 3
Vermilion Parish Schools

Help your teen use artificial intelligence in ethical ways

According to the *2026 Common Sense Media Census*, 85% of high school students use artificial intelligence (AI) for academic support. As this technology becomes a part of daily life, it is vital that students learn to avoid its pitfalls and use it responsibly.

By understanding what AI can and cannot do, your teen can verify the information it provides and use it to boost learning.

Share these facts with your teen:

- **AI is created by people.** It is not alive and does not know everything.
- **AI learns from us.** AI analyzes information from humans, but it cannot tell if facts are true and may provide wrong answers.
- **AI can be biased** and present one-sided information.
- **AI is not a human expert.** For important life questions, it's vital to talk to a trusted adult instead of relying on a chatbot.

Help your teen learn to use AI as a tool to enhance learning rather than as a shortcut to cheat or copy work. Students can use AI to:

- **Provide explanations** of challenging school topics, like the Pythagorean theorem.
- **Brainstorm new ideas,** spark creativity and find new ways to approach an assignment.
- **Sharpen new skills** by building self-tests or exploring a language.
- **Break down large assignments** into manageable tasks.

Source: *The Common Sense Media Census: AI Use by Tweens and Teens, 2026.*

Listen to your teen's ideas and opinions

"Could you please hear me out?" You have likely asked this question at work or with a family member. Even if you do not get your way, you want to know that your point of view was heard.

It should be no surprise that teens feel the same way. Giving them a chance to share their thoughts makes them happier, more engaged and more confident.

When your teen has something to say, take the time to listen carefully. If your teen makes a good point, really think about it. For example, your teen might have a fair idea about changing chore responsibilities, or a solid reason for wanting to stay up a bit later on a Friday night.

You may not always agree with your teen, but by listening, you show respect. This helps build the confidence your teen will need to speak up and succeed in school and in life.

Source: K.N. Marbell-Pierre and others, "Parental Autonomy Support in Two Cultures: The Moderating Effects of Adolescents' Self-Construals," *Child Development.*

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Important Dates!

- **Band State Marching Assessment:** Tuesday, November 10, 2026
  - Cajun Field
  - 10 am Performance Time
- **Afterschool Tutoring:** Tuesday 2:35-3:35 p.m. in the AHS cafeteria.
  - Transportation and snacks provided.
  - Sign up using the tutoring link in "Class of" Google Classrooms.
- **Veterans Day:** Wednesday, November 11, 2026
  - Please join us in honoring our veterans this Veterans Day.
  - A special thank you to all our Wildcat veterans!
- **Graphic Literacy WorkKeys Testing:** Wednesday, November 11, 2026 and Thursday, November 12, 2026
  - Students scheduled to test have been notified by Ms. Roy.
  - Please arrive on time and be ready to test.

- **Afterschool Tutoring:** Thursday 2:35-3:35 p.m. in the AHS cafeteria.
    - Transportation and snacks provided.
    - Sign up using the tutoring link in “Class of” Google Classrooms.
- **Upward Bound:** Thursday 2:35-3:35 p.m. in Room 100.
    - Transportation provided.
    - Email Cassie Mcclelland for more information.
- **World Kindness Day:** Friday, November 13, 2026

Keep ROARing, Wildcats!

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