VPSS CHILD NUTRITION PROGRAM

October 2026

LUNCH

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	 TRICK OR TREAT		1 Spaghetti & Meat Sauce Seasoned Green Beans Garlic Bread Fruit Cocktail	2 Chicken Filet Sandwich Smiley Fries Sweet Peas Fresh Orange Slices
5 Red Beans & Sausage Steamed Rice Cucumber & Tomato Salad Ranch Dressing Diced Pears Hot Roll	6 Mandarin Chicken Lo Mein Steamed Broccoli Buttered Carrots Fruit Cocktail	7 Meat & Cheese Nachos Salsa Cup Corn Pineapple Tidbits	8 BBQ Chicken Rice Dressing Baked Beans Sweet Peas Chilled Peaches	9 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL
12 Walking Tacos Shredded Cheese Salsa Cup Corn Fruit Cocktail	13 Chicken Alfredo Buttered Carrots Sweet Peas Diced Pears Hot Roll	14 Pulled Pork Sandwiches Smiley Fries Seasoned Green Beans Rosy Applesauce	15 Salisbury Steak & Gravy Steamed Rice Broccoli & Cheese Black-eyed Peas Chilled Peaches	16 Boneless Wings Macaroni & Cheese Tater Tots Cucumber & Tomato Salad Ranch Dressing Fresh Orange Slices
19 FALL BREAK NO SCHOOL	20 FALL BREAK NO SCHOOL	21 PARENT-TEACHER CONFERENCE NO SCHOOL	22 Sausage & Potato Stew Steamed Rice Broccoli & Cheese Chilled Peaches	23 Chicken Filet Sandwich Tater Tots Shredded Lettuce Fresh Apple Wedges
26 Sausage Creole Steamed Rice Broccoli & Cheese Blushing Pears Garlic Bread	27 Chicken Nuggets Roasted Potatoes Sweet Peas Pineapple Tidbits Vanilla Bear Graham	28 Meat & Cheese Nachos Salsa Cup Corn Fruit Cocktail	29 Chicken Stew Steamed Rice Sweet Potatoes Seasoned Green Beans Chilled Peaches	30 Hot Dogs with Chili Baked Beans Cucumber Slices Ranch Dip Fresh Orange Slices

FUN FACTS:

Pumpkins are a Fruit

Pumpkin Seeds are Edible

Carrots Come in Many Colors

More Than 73 Million Children Go Trick or Treating!

Available Daily:

- All Grades Milk Choice
- High School Fruit Juice Choice

HAPPY HALLOWEEN

This institution is an equal opportunity provider