

Middle School Menu

Contact US!

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October 2026

AVAILABLE DAILY

BREAKFAST: Cereal, Pop-Tarts, Graham Crackers, Cheese Stick, PBJ Uncrustable, Fresh Fruit, Juice, Milk
LUNCH: Cheese & Pepperoni Pizza, Cheeseburger, Crispy or Spicy Chicken Sandwich, Deli Sandwich, Chef or Chicken Salad, Pack Lunch, PBJ Sandwich, Dinner Roll, Fries or Tater Tots, Fresh Fruit, Juice, Milk, Condiments



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 LIMITED TIME OFFER Pesto Chicken Flatbread	 HOT CHOCOLATE Available every Tuesday starting Oct 20	 NATIONAL SCHOOL LUNCH WEEK Oct 12–16: No Cost Meals	1 BKFST: Blueberry Muffin Top, French Toast Sticks, Chocolate Chip Muffin, Blueberry Yogurt Parfait LUNCH: Pancakes, Turkey Sausage Links SIDES: Corn, Red Pepper Strips, Fresh Blueberries, Fresh Fruit Cup	2 BKFST: Mixed Berry Scone, French Toast Sticks, Chocolate Chip Muffin, Strawberry Yogurt Parfait LUNCH: Popcorn Chicken Potato Bowl, Breadstick, Cheese Pizza Sticks SIDES: Baby Carrots, Fresh Zucchini, Strawberry Applesauce
5 BKFST: Mini Strawberry Cream Cheese Bagels, Mini Confetti Pancakes, Blueberry Muffin, Blueberry Yogurt Parfait LUNCH: Cheese Pizza Sticks SIDES: Corn, Celery Sticks, Fresh Pineapple	6 BKFST: Chicken Biscuit, Glazed Donut, Blueberry Muffin, Strawberry Yogurt Parfait LUNCH: Beef & Cheese Nachos SIDES: Kickin' Pinto Beans, Baby Carrots, Fresh Grapes	7 BKFST: Yogurt Smoothie, Mini Confetti Pancakes, Blueberry Muffin, Peach Yogurt Parfait LUNCH: Fish Sandwich SIDES: Fresh Cooked Broccoli, Red Pepper Strips, Fresh Honeydew	8 BKFST: Maple Sausage Pancake Wrap, Mini Confetti Pancakes, Blueberry Muffin, Blueberry Yogurt Parfait LUNCH: Macaroni & Cheese, Teriyaki Wings, Biscuit SIDES: Green Peas, Cucumber Slices, Fresh Grapes, Fresh Fruit Cup	9  BKFST: Egg & Cheese Bagel Melt, Mini Confetti Pancakes, Blueberry Muffin, Strawberry Yogurt Parfait LUNCH: Southwest Crunch Burger, Cheese Pizza Sticks SIDES: Mashed Potatoes, Rainbow Vegetable Blend, Watermelon Craisins
12 BKFST: Dutch Funnel Cake Waffles, Apple Frudel, Chocolate Chip Muffin, Blueberry Yogurt Parfait LUNCH: Clown Car Rib Slider SIDES: Cucumber Slices, Green Peas, Clown-nose Strawberries	13 BKFST: Confetti Pancakes, Glazed Donut, Chocolate Chip Muffin, Strawberry Yogurt Parfait LUNCH: Walkin Tacos SIDES: Refried Beans, Fire-breather Carrots, Fresh Grapes	14 BKFST: Ring Master Sausage Muffin, Apple Frudel, Chocolate Chip Muffin, Peach Yogurt Parfait LUNCH: Ferris Wheel Waffles, Strong Man Omelet SIDES: Roasted Zucchini, Fresh Broccoli, Clown Bite Cantaloupe	15 BKFST: Apple Frudel, Scrambled Eggs with Cheese, Cinnamon Toast, Chocolate Chip Muffin, Blueberry Yogurt Parfait LUNCH: Honey-Stung Popcorn Chicken, Biscuit SIDES: Mashed Potatoes, Steamed Broccoli, Fresh Blueberries, Fresh Fruit Cup	16 BKFST: Biscuits & Gravy, Apple Frudel, Chocolate Chip Muffin, Strawberry Yogurt Parfait LUNCH: Chicken Quesadilla, Cheese Pizza Sticks, Flying Pizza Extravaganza SIDES: Corn, Right-Rope Red Pepper Strips, Strawberry Applesauce
19 BKFST: Chicken Muffin Melt, Waffles, Blueberry Muffin, Blueberry Yogurt Parfait LUNCH: Spicy Chicken Po' Boy Wrap SIDES: Cucumber Slices, Fries, Fresh Pineapple	20 BKFST: Cheese Pizza Sticks, Glazed Donut, Blueberry Muffin, Strawberry Yogurt Parfait LUNCH: Chicken, Bean & Cheese Burrito SIDES: BBQ Black Beans, Celery Sticks, Fresh Grapes	21 BKFST: Breakfast Sausage Pizza, Waffles, Blueberry Muffin, Peach Yogurt Parfait LUNCH: Chicken Alfredo Penne, Texas Garlic Toast SIDES: Parmesan Garlic Green Beans, Fresh Broccoli, Fresh Honeydew	22 BKFST: Powdered Sugar Donut, Waffles, Blueberry Muffin, Blueberry Yogurt Parfait LUNCH: French Toast Sticks, Turkey Sausage Links SIDES: Red Pepper Strips, Peas & Carrots, Fresh Grapes, Fresh Fruit Cup	23 BKFST: Egg & Cheese Bagel, Waffles, Blueberry Muffin, Strawberry Yogurt Parfait LUNCH: Boneless Wings, Biscuit, Cheese Pizza Sticks SIDES: Cucumber Slices, Steamed Broccoli, Watermelon Craisins
26 BKFST: Maple Sausage Pancake Wrap, Pumpkin Spiced Donut, Chocolate Chip Muffin, Blueberry Yogurt Parfait LUNCH: Salisbury Steak, Breadstick SIDES: Red Pepper Strips, Mashed Potatoes, Fresh Strawberries	27 BKFST: Egg & Cheese Croissant, Glazed Donut, Chocolate Chip Muffin, Strawberry Yogurt Parfait LUNCH: Soft Beef Tacos SIDES: Kickin' Pinto Beans, Fresh Zucchini, Fresh Grapes	28 BKFST: Chicken Biscuit, Cinnamon Roll, Chocolate Chip Muffin, Peach Yogurt Parfait LUNCH: Chicken Parmesan Patty, Garlic Knot Breadstick SIDES: Cooked Baby Carrots, Fresh Broccoli, Fresh Cantaloupe	29 BKFST: Sausage Muffin Sandwich, Cinnamon Roll, Chocolate Chip Muffin, Blueberry Yogurt Parfait LUNCH: Buffalo Wings, Macaroni & Cheese, Biscuit SIDES: Rainbow Vegetable Blend, Celery Sticks, Fresh Fruit Cup	30 BKFST: Yogurt Smoothie, Cinnamon Roll, Chocolate Chip Muffin, Strawberry Yogurt Parfait LUNCH: Bacon Cheeseburger, Halloweenie Dogs! SIDES: Cucumber Slices, Steamed Broccoli, Strawberry Applesauce