

FREEMAN JUNIOR-HIGH WIZARD RELAYS

May 5, 2025

FIELD EVENTS

2:30	Girls High Jump	3:30	Boys High Jump
	Girls Shot Put (6 Lb.)		Boys Shot Put (4 Kilo)
	Girls Triple Jump		Boys Triple Jump
	Boys Long Jump		Girls Long Jump
	Boys Discus (HS Girls Disc)		Girls Discus (HS Girls Disc)
	Boys Pole Vault		Girls Pole Vault

TRACK EVENTS

3:30	100 Meter Hurdles	Girls, Boys
3:50	Medley Relay	Girls, Boys (200, 200, 400, 800)
4:20	100 Meter Dash	Girls, Boys
4:45	800 Meter Relay	Girls, Boys
5:05	1600 Meter Run	Girls, Boys
5:20	400 Meter Relay	Girls, Boys
5:30	400 Meter Dash	Girls, Boys
5:55	Sprint Medley Relay	Girls, Boys (100, 100, 200, 400)
6:15	200 Meter Low Hurdles	Girls, Boys
6:30	800 Meter Run	Girls, Boys
6:45	200 Meter Dash	Girls, Boys
7:05	400 Meter Weight Relay	CO-ED
7:20	1600 Meter Relay	Girls, Boys

** We will run ahead of schedule if possible.