YWCA WNY & BESTSELF BEHAVIORAL HEALTH PRESENTS...

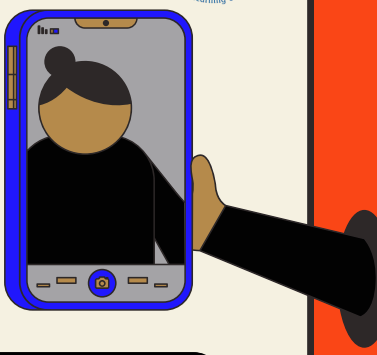
LACKAWANNA SCHOOLS

PARENT ENGAGEMENT WORKSHOP

# WIRED MINDS: THE IMPACT OF SCREEN TIME & SOCIAL MEDIA ON KIDS' MENTAL HEALTH

bestself BEHAVIORAL HEALTH

Soaring Beyond Expectations — 21st Century Community Learning Centers



*With a focus on:*
*COPING SKILLS & FAMILY TIME*

FIDELIS CARE®

## K-5th Families

**MAY 4TH, 2026**

**6:00 PM – 7:30 PM**

Martin Rd Elem. Cafeteria

*No transportation this date

## 6th-12th Families

**MAY 14TH, 2026**

**5:00 PM – 6:30 PM**

High School Cafeteria

*Ride reservation deadline 5/12

**BRING YOURSELF - WE'LL HANDLE THE REST**

- Free childcare
- Refreshments
- Transportation*

*Call 716-821-5610 ext 4306 to reserve a ride today!

**PRIZES! GIVEAWAYS! & MORE!**

UNTIL JUSTICE JUST IS

eliminating racism empowering women ywca Western New York

**QUESTIONS? CALL 716-994-5580**