

BREAKFAST MIDDLE SCHOOL 6-8

AUGUST 2026



Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

10

11

12

13

14

Cereal
Whole Wheat Toast
Fruit
Milk

Fresh Baked
Cinnamon Roll
or Cereal
String Cheese, Fruit and/or
Fruit Juice, Milk

Ultimate Breakfast
Burrito
or Cereal
Whole Wheat Toast, Fruit
Milk

17

18

19

20

21

Egg & Cheese Biscuit
w/ Sausage,
Tony's Breakfast Pizza,
or Cereal
String Cheese, Fruit and/or
Fruit Juice, Milk

Smoothie,
Ultimate Breakfast Burrito,
or Cereal
Cinnamon Whole Wheat
Toast, Fruit
Milk

Fresh Baked
Cinnamon Roll,
Yogurt Parfait, or Cereal
String Cheese, Fruit
Milk

Smoothie
& Doughnuts,
Ultimate Breakfast Burrito,
or Cereal
Whole Wheat Toast
Fruit, Milk

Maple Baked French
Toast Squares w/ Sausage,
Bagel w/ Cream Cheese,
or Cereal
String Cheese, Tater Tots
Fruit, Milk

24

25

26

27

28

Protein Power
Breakfast Bowl, Tony's
Breakfast Pizza or Cereal
String Cheese, Fruit and/or
Fruit Juice, Milk

Smoothie,
Ultimate Breakfast Burrito,
or Cereal
Cinnamon Whole Wheat
Toast, Fruit
Milk

Breakfast Bento,
Yogurt Parfait,
or Cereal
String Cheese
Fruit and/or Fruit Juice
Milk

Smoothie
& Doughnuts,
Ultimate Breakfast Burrito,
or Cereal
Whole Wheat Toast
Fruit, Milk

Egg & Cheese Biscuit
w/Sausage,
Bagel w/ Cream Cheese,
or Cereal
String Cheese, Tater Tots
Fruit, Milk

31

Egg & Cheese Biscuit
w/ Sausage,
Tony's Breakfast Pizza,
or Cereal
String Cheese, Fruit and/or
Fruit Juice, Milk



USDA is an equal opportunity provider, employer, and lender. Menu is subject to change. Whole & 1% Plain milk will be offered at Breakfast each day.

Updated 8/5/26