BREAKFAST

OCTOBER 2026

Elmwood Murdock Public Schools

[Enter Menu Details]



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancake on a stick – Sausage, Egg, & Cheese Croissant – M Fruit Juice / Milk	2 Frudel – E Omelet & Toast – M Fruit Juice Milk
5 Breakfast pizza Fruit Juice Milk	6 Cream cheese bagel – Ham, Egg, & Cheese croissant – M Fruit Juice / Milk	7 No School	8 Cinni mini – E Sausage, Egg, & Cheese Croissant – M Fruit Juice / Milk	9 Cereal bar & yogurt - Omelet & Toast – M Fruit Juice Milk
12 Toast crunch bar – E Breakfast pizza – M Fruit Juice Milk	13 Mini French toast – E Ham, Egg, & Cheese croissant – M Fruit Juice / Milk	14 Cereal & Yogurt – E French toast sticks – M Fruit Juice Milk	15 Pancake on a stick – Sausage, Egg, & Cheese Croissant – M Fruit Juice / Milk	16 Frudel – E Omelet & Toast – M Fruit Juice Milk
19 Breakfast pizza Fruit Juice Milk	20 Cream cheese bagel – Ham, Egg, & Cheese croissant – M Fruit Juice / Milk	21 Ham combo & Muffin – French toast sticks – M Fruit Juice Milk	22 Cinni mini – E Sausage, Egg, & Cheese Croissant – M Fruit Juice / Milk	23 Cereal bar & yogurt - Omelet & Toast – M Fruit Juice Milk
26 Toast crunch bar – E Breakfast pizza – M Fruit Juice Milk	27 Mini French toast – E Ham, Egg, & Cheese croissant – M Fruit Juice / Milk	28 Cereal & Yogurt – E French toast sticks – M Fruit Juice Milk	29 Pancake on a stick – Sausage, Egg, & Cheese Croissant – M Fruit Juice / Milk	30 No School

Menus are subject to change, this could be very last minute. All students will continue to be offered meals that meet the requirements and nutrition standards. Milk offered at all meals
This institution is an equal opportunity provider

LUNCH

OCTOBER 2026

Elmwood Murdock Public Schools

[Enter Menu Details]



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pulled pork WG Bun Corn Pineapple Milk	2 French bread pizza Salad bar Mixed fruit Milk
5 Mini corn dogs- E Corn dogs – M Green beans snack cracker Mandarin oranges Milk	6 Ham patty WG Bun Au gratin potato Pineapple Milk	7 No School	8 Soft taco Refried beans Topping Peaches Milk	9 Fiestada Salad bar Pears Milk
12 Chicken nuggets Mashed potato Gravy Peaches Milk	13 Quesadilla Spanish rice Applesauce Milk	14 Chicken parmesan Over WG noodles Broccoli Mixed fruit Milk	15 Cream turkey over WG Biscuit Mixed vegetables Pears Milk	16 Pizza salad bar Tropical fruit Milk
19 Hamburger Cheese slice WG Bun Baked beans Mandarin oranges Milk	20 Breaded steak Mashed potato Gravy WG Dinner roll Mixed fruit Milk	21 Italian Dunker WG Garlic toast Pears Milk	22 Mandarin chicken Fried rice Broccoli WG muffin Pineapple Milk	23 Cheese breadstick Salad bar Peaches Milk
26 Pasta with meat sauce WG Breadstick Tropical fruit Milk	27 Breaded pork WG Bun Peas Pears Milk	28 Chicken noodle or tomato Soup Grilled cheese sandwich Applesauce Milk	29 Pizza stick Salad bar Orange jello Dessert Milk	30 No School

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