



SAFETY TIPS

Stay Alert. Stay Safe.



Safe Walking Habits

Plan a safe route

Choose a route that has sidewalks and busy, well-lit streets.

Walk with a group

Always try to walk with at least one friend.

Stay Alert

Avoid distractions like headphones or phones, and be aware of surroundings.

Cross Streets Safely

Look left, right, and left again before crossing. Use crosswalks, and follow instructions from crossing guards.

Emergency Preparedness

Teach Emergency Numbers

Ensure your child knows their home phone number and emergency contacts.

Know Who to Trust

Teach children to go to trusted adults for help, such as teachers, coaches, or police officers.

Review Safety Rules Regularly

Stranger Danger Safety Tips

Define a stranger clearly

Explain to children that a stranger is anyone your family doesn't know. Help them identify "safe strangers," such as police officers, store clerks, and security guards, who they can ask for help if needed.

Never go with a stranger

Say "no" and stay far away from any stranger offering a ride or asking for help.

Don't talk to strangers

Do not give strangers your name, address, or phone number.

Yell and run for help

If a stranger follows you, run in the opposite direction and yell "No" or "Help!" Go quickly from the person. Immediately tell a trusted adult what happened.

Yell for attention if grabbed

In an emergency, instruct your child to scream "This is not my mom!" or "This is not my dad!" and make as much noise as possible to attract attention.

Trust your instincts

If a situation feels wrong or uncomfortable, seek help immediately from a trusted adult.

Report suspicious behavior

Tell a trusted adult, like a teacher or police officer, if you see strangers hanging around the school, playground, public bathrooms or if approached on your way to or from school or the bus stop.