Indiana
DEPARTMENT OF EDUCATION
Working Together for Student Success

Local School Wellness Policy: Triennial Assessment Template

Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years per United States Department of Agriculture (USDA) regulations; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment, as well as the current wellness policy, must be made available to the public. How these documents are shared publicly is the decision of the LEA. Many LEAs choose to post the results on their district website. Sponsors may use this template to organize the assessment conducted and make it available to the public.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. State agencies will assess compliance with the wellness policy requirements as a part of the General Areas of the Administrative Review every three years. Keep a copy of the results on file for at least three full school years plus the current year.

Section 1: General Information

School(s) included in the assessment: White Creek Lutheran School

Month and year of current assessment: October 2025

Date of last wellness policy revision: September 2024

Website address for the wellness policy and/or information on how the public can access a copy:
https://core-docs.s3.us-east-1.amazonaws.com/documents/asset/uploaded_file/2789/WCLS/4865499/White_Creek_Lutheran_School_Wellness_Policy_2024.pdf

Section 2. Compliance with the Wellness Policy and Progress Towards Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
  - ☐ Nutrition promotion
  - ☐ Nutrition education
  - ☐ Physical activity
  - ☐ Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages *sold* to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, *but not sold*, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the school is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Wellness Coordinator: Has identified at least one person as responsible for facilitating the wellness policy upkeep Name person responsible for facilitating the upkeep: Whitney Vandercar	☑	☐	☐
Describe progress and next steps: Describe progress and next steps			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Stakeholder Participation: Allow parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, evaluation and update of the wellness policy	☑	☐	☐
Describe progress and next steps: Describe progress and next steps			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
USDA Requirements for School Meals: Has assured school meals meet the USDA requirements	☑	☐	☐
Describe progress and next steps: Describe progress and next steps			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutritional Guidelines for all foods and beverages sold: Has set nutritional guidelines for foods and beverages sold on the school campus during the school day	☑	☐	☐
Describe progress and next steps: Describe progress and next steps			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutritional Guidelines for non-sold foods and beverages: Has set nutritional guidelines for foods and beverages not sold but made available on the school campus during the school day	☑	☐	☐
Describe progress and next steps: Describe progress and next steps			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Food & Beverage Marketing: Allow marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements (Smart Snacks)	☐	☐	☑
Describe progress and next steps: Some posters are allowed that advertise special events with non-compliant treats.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Education: Has at least 2 goals for nutrition education List goals: 1. Engage students in learning that prepares them to choose a healthy diet. 2. Build students ' confidence and competence in making healthy nutrition choices.	☐	☑	☐
Describe progress and next steps: Goals are vague and general - could be revised to be more specific.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Promotion: Has at least 2 goals for nutrition promotion List goals: 1. make posters for a Healthy PLUS snack group which includes food options with limited sugar and dye content 2. Encourage students and their parents to send healthy snacks to school for recess time	☐	☑	☐
Describe progress and next steps: Generalized goals- need to be more focused and specific			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Physical Activity: Has at least 2 goals for physical activity List goals: 1. Provide enough functional equipment for each student to actively participate. 2. Keep all students involved in purposeful activity for a majority of the class period	☑	☐	☐
Describe progress and next steps: Describe progress and next steps			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Other Activities: Has at least 2 goals for Other School-Based Activities that promote student wellness List goals: 1. Provide available and applicable health services & information through the Bartholomew County Health Department as they align with the school ' s mission and purpose 2. Allow students and staff at White Creek Lutheran School to have water bottles in the classroom	☐	☑	☐
Describe progress and next steps: These goals are general procedural and policy based - more specific goals could improve programs			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Evaluation: Every three years LEA has evaluated the wellness policy with an evaluation tool and has notified the public of the results. The assessment will determine: ● to what extent the LEA is in compliance with the school wellness policy ● the extent to which the local wellness policy compares to model school wellness policies ● the progress made in attaining the goals of the school wellness policy Name person responsible for monitoring the policy: Whitney Vandercar	☐	☑	☐
Describe progress and next steps: The assessment is completed, but public notice is lacking			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Communication: Annually inform and update parents, students, staff, and the community about the content and implementation of the wellness policy and provide a way for additional stakeholders to be able to participate	☑	☐	☐
Describe progress and next steps: Annual Wellness Committee meeting is advertised and the public invited to attend.			

Include any additional notes, if necessary:

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Section 3. Comparison to Model School Wellness Policies

Indicate model policy language used for comparison. Model policies may be found here.

- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ Upgrade Sample Language
- ☑ Other (please specify): DOE Sample Wellness Policy

Describe how the school wellness policy compares to model wellness policies.

WCLS Wellness Policy does not detail specific requirements at length but references the School Nutrition and State requirements. It can be more precise.