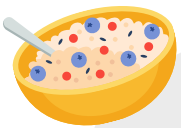


FREE SCHOOL BREAKFAST

NOW AVAILABLE FOR ALL STUDENTS



WHY WE'RE EXCITED



- When students can depend on receiving nutritious meals at school, it relieves the whole family of stress from the morning rush. No more drive-thru or convenience store lines making students late!
- Kids enjoy and need their sleep and may not be hungry first thing in the morning. Breakfast at school gives their bodies, bellies, and brains time to wake up.
- Breakfast at school can be a nourishing mid-morning snack for students who have long commutes to school or activities before the school day begins.
- Students perform better on tests, have a better attention span, and have fewer visits to the school nurse for headaches. When their brains and bodies are well-nourished, they are less likely to be irritable in the classroom!
- Each breakfast is required to meet USDA nutrition standards. School breakfasts include nutritious foods like whole grains, fruits, and milk.

