THE SFA WEEKLY Newsletter

SEPTEMBER 2
2026

IN THIS ISSUE

BULLETIN BOARD

LETTER FROM COUNSELOR

REMEMBRANCE MASS FOR 9/11

SCHOOL PICNIC

PICNIC T-SHIRTS

MUM SALES

HOME & SCHOOL

SFA FUN COLOR RUN

STL DIGITAL PICTURE DAY

SAVE THE DATES

ALUMNI

MARTIAL ARTS

SHADOW DAYS



FROM THE DESK OF DR. MCINNIS, PRINCIPAL

Dear SFA Families,

As we approach the long weekend, it is hard to believe that Labor Day is already here. Coming so quickly after the start of the school year, this holiday can easily feel like a brief pause in our busy new routines. In the rush, it is easy to forget the deeper meaning of the day—a time dedicated to honoring the dignity, value, and purpose of human labor.

In our school and parish community, we see this labor lived out every single day. We are deeply grateful for the tireless work of our faculty, support staff, and rectory team, whose daily efforts lay the foundation for our school to thrive. Their work is more than a job; it is a true ministerial labor of love, building up the Body of Christ through service to our children.

For our students, labor looks a bit different right now. Their primary and vital work is to be the best students they can possibly be—putting their full hearts, minds, and talents into their learning, growth, and faith. As we strive to live out our school theme this year, "Make Me a Channel of Your Peace," we encourage our students to see their efforts not just as schoolwork, but as a way to use their God-given gifts to bring Christ's peace into our classrooms and the world.

Finally, I want to express my heartfelt gratitude to you, our parents and guardians. We recognize the profound labor of raising children in today's world, as well as the daily sacrifices you make to provide your children with a Catholic education here at St. Francis of Assisi. Your hard work, dedication, and partnership make our community complete.

May God bless you and your families with a peaceful, restful, and safe Labor Day weekend!

Warm regards,

Dr. Tim McInnis
Principal, St. Francis of Assisi Catholic School
Class of 1984

This Week at St. Francis

6th Grade: Our 6th graders practiced problem-solving strategies and completed their first Tree Sense activity, putting their observation skills to work!

7th Grade: Our 7th graders put their engineering skills to the test, building spaghetti towers while working toward their goals and staying within budget!

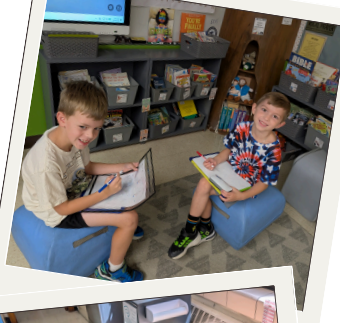
8th Grade: Our 8th graders explored prepared slides under the microscope and created their own slides to investigate what they could discover!

Prayer Chalice: Each week, a different class has the opportunity to take the Prayer Chalice to their classroom. What a beautiful way to share in prayer!

Preschool Fun: Our preschoolers are learning, playing, and having fun! We love seeing all the smiles and excitement in our preschool classrooms!

2nd Grade: Second grade enjoyed phonics games, team-building activities, and recess. In religion, students used balloons to learn about our souls—unseen, but very real, just like the air inside the balloon!















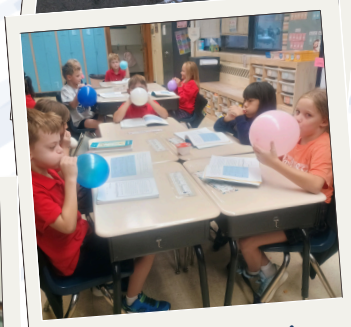
Preschool fun!



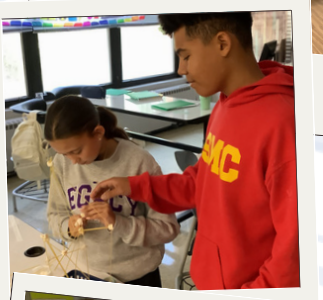


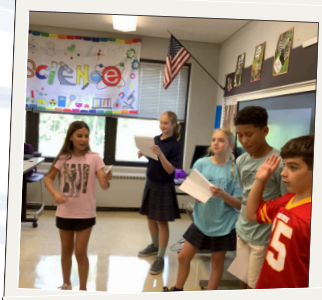




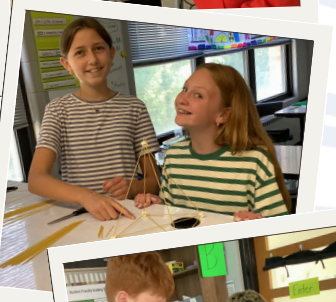


2nd Grade Learning, teamwork & faith



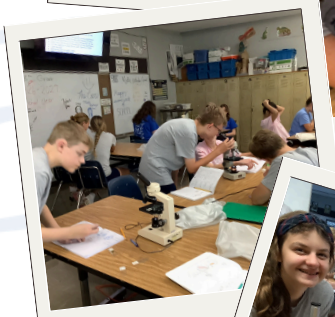


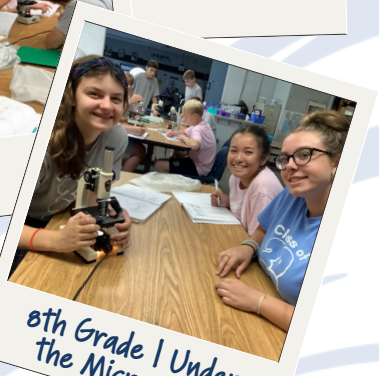




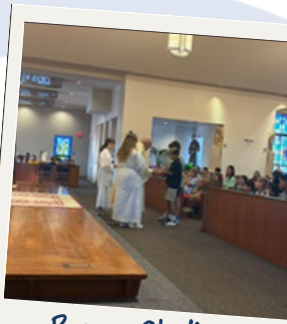


6th Grade | Problem Solving & Tree Sense





8th Grade | Under the Microscope



Prayer Chalice



7th Grade | Spaghetti Tower Challenge

BULLETIN BOARD

HOMEPAGE

25TH ANNIVERSARY

SEPTEMBER 11TH MEMORIAL MASS

Friday, September 11, 2026

ALL SCHOOL MASS

7:45 A.M.

Join our parish and school community as we pause to observe the 25th anniversary of September 11. Our readings, petitions, and prayer intentions for this special Mass will be offered for our country, the victims of this national tragedy, the brave first responders, and all families whose lives were forever changed.

"May the Lord grant eternal rest to the departed, comfort to those who mourn, and bestow His grace and peace upon our nation. We will never forget."

All parishioners, parents, and community members are warmly invited to attend and pray with us.

LEARN MORE

Get Ready to ShakeOut

October 15, 2026

Register: ShakeOut.org



Don't forget to return the bright orange

Economic Deprivation Survey

sent home this week! Every response helps our school access the federal program services available to our students!

MEDIA AUTHORIZATION FORM

Haven't signed yet? Please complete the Media Authorization Form in FACTS to let us know your preferences for photos, videos, and school communications!

SAINT LOUIS COUNSELING
A MINISTRY OF CATHOLIC CHARITIES

Dear Families,

As we embark on a new year at Saint Francis of Assisi, I am delighted to introduce myself and share some exciting news. My name is Kara Dunn. I will be your dedicated therapist/school counselor for the 2026-27 academic year through Saint Louis Counseling's School Partnership Program, a service of Catholic Charities of the Archdiocese of St. Louis. I will be on-site four days a week, on Monday, Tuesday, Thursday, and Friday, and I am here to support our students' emotional and mental health needs throughout the year.

With my background in clinical mental health, I have dedicated my career to working with children and adolescents, helping them overcome challenges and thrive in their school environment. My passion lies in supporting students as they grow and develop, and I am committed to ensuring they have the resources they need to succeed.

If your student experiences difficulties such as heightened anxiety, depression, emotional dysregulation, or is facing a significant life event, please do not hesitate to reach out to me or any school staff member so we can arrange a consultation. We will support your child's well-being and ensure they have the necessary resources to succeed.

I can be reached directly at counselor@sfaschoolstl.org. Teachers can help arrange a visit at the most convenient time for your student.

Please know that services from Saint Louis Counseling's School Partnership Program are free to students! This is thanks to the generous support of Catholic Charities, investment from your school, and our wonderful donors who care deeply about our communities.

It is my honor to be a part of the Saint Francis of Assisi community this year. If the need arises, please reach out to me as a resource for you and your student. Together, we can make this school year a positive and fulfilling experience for all.

Warm regards,

Kara Dunn, MA, PLPC
Clinical Therapist
School Partnership Program
Saint Louis Counseling

ST. FRANCIS OF ASSISI

HOME & SCHOOL

VOLUNTEER. CONNECT. BUILD COMMUNITY.

HOMEPAGE

FALL
Volunteer Opportunities

Help with events, activites, special projects this FALL!

Sign Up!

SPRING
Volunteer Opportunities

Help with exciting events, celebrations, and more this SPRING!

Sign Up!



Mrs. Rutledge's 5th Grade list was cleared!

Support Our School
Clear the Lists!

Our teachers have put together classroom wish lists with items that would be helpful throughout the school year. If you'd like to help, take a look and see if there's anything you'd like to check off their lists! Thank you for supporting our teachers and students!

- PK2 - Mr. Adams
- PK4 - Mrs. Soell
- Kindergarten - Mrs. Della Croce & Mrs. Irvin
- 1st Grade - Mrs. Wayne
- 2nd Grade - Mrs. Terriault
- 5th Grade - Mrs. Rutledge
- 6th Grade - Ms. Mayer
- 7th Grade - Mrs. Schmitz
- Stream - Mrs. Watson
- Gym - Mrs. Smith
- Performing Arts - Dr. Jordan

**Don't see a teacher? Their list is on the way!*

A huge thank you to the families who helped clear Mrs. Rutledge's 5th-grade wish list! Your generosity is truly appreciated, and both Mrs. Rutledge and her students are so grateful for your support in making their classroom shine.

ST. FRANCIS OF ASSISI COLOR FUN RUN

COLOR FUN RUN IS LIVE!

Register your student today and share with family and frineds!

See flyer for details

SEPTEMBER 22

Planning Meeting

6:30pm, SFA School RM 21/23 (Middle School, 2nd floor). All are welcome to join us at these meetings!

When SFA Comes Together, Amazing Things Follow.

Together, we make SFA a place where faith, family, and community thrive. Thank you for being part of it.

FOR QUESTIONS TO THE HOME & SCHOOL BOARD PLEASE CONTACT US AT: SFAHS@SFASTL.ORG

ST. FRANCIS of Assisi

PARISH PICNIC & ADULT NIGHT at the picnic | OCT 9 6–10 PM

OCTOBER 10, 2026
10am - 10pm

GET YOUR PARISH PICNIC EXTRAS!

Presale Tickets • Ride Bracelets • Centennial Cups • Sponsorships • Tables & More

ON SALE NOW!

GO TO: https://saint-francis-of-assisi-parish-picnic-2026.square.site/

SCAN QR CODE
for picnic website

PRESALE TICKETS
Get your tickets ahead of time and skip the wait!

RIDE BRACELETS
Purchase your ride bracelet in advance and get ready for a day of fun!

SPONSORSHIPS
Interested in supporting the picnic? Sponsorship opportunities and tables are available through the website.

TABLES
Want a place to gather with family and friends? Reserve your picnic table in advance!

CENTENNIAL CUPS
Enjoy draught beer pours in our commemorative cup—or purchase one as a keepsake!
*Cup color may vary from the image shown on the website.

HELP US STOCK *the game booths!*

We're collecting prizes for the Parish Picnic game booths!
If you'd like to help, please consider donating:

- **Individually wrapped candy & full-size candy bars**
- **Full-size Skittles, Sour Punch Straws & Airheads**
- **Hostess snacks**
- ***Homemade treats**
  (Please bring homemade treats no earlier than the week of the picnic.)

Donations can be dropped off at the school office.

MORE ABOUT THE PICNIC
Check back weekly!

QUESTIONS
Contact Abby LeCroy at 314.369.1051
or abigaillecroy@gmail.com

PARISH PICNIC
FACEBOOK PAGE

ST. FRANCIS OF ASSISI
100 YEARS
1927 - 2027

Thank you for helping make our Centennial Parish Picnic a celebration to remember!

ST. FRANCIS of Assisi

PARISH PICNIC

PICNIC T-SHIRTS

on sale now!

Celebrate the

St. Francis of Assisi Parish Picnic, Franciscan Jubilee & Centennial!

Get your commemorative 2026 Parish Picnic T-Shirt and wear it with SFA pride before, during, and after this special celebration of our parish!

Students can wear their Parish Picnic shirts on any **Spirit Wear Mondays** and on **Wednesday, October 7!**

Order yours today and be part of the celebration!



ORDERS MUST BE RECEIVED BY

SEPT 15, 2026

ST. FRANCIS OF ASSISI

Make me a CHANNEL OF YOUR PEACE

HOMEPAGE

100 YEARS

1927 - 2027

100 Years of Faith, Service & Community

Celebrating Our Past, Inspiring Our Future

Join us throughout this special Centennial year as we honor a century of Catholic education, Franciscan values, and a community that grows together in faith.











Our Next CENTENNIAL EVENT

ALUMNI MASS & RECEPTION

Sunday, September 20, 2026

11 AM ALUMNI MASS

Reception & Tour to follow

Join us for a special day as we come together to celebrate **100 years of St. Francis of Assisi**. Reconnect with old friends and see how our school and parish continue to grow in faith and community.

All Alumni, former faculty & friends of SFA are invited!

Save the Dates

Oct 9-10, 2026

PARISH PICNIC

A special Centennial edition of our annual Parish celebration.

Details to come!

Nov 2026

ST. VINCENT DE PAUL MONTH

Throughout November, our school and parish community will participate in a month long food drive to benefit those in need.

Dec 2026

ORNAMENT SALE

Commemorate this milestone year with a limited edition 100th Anniversary ornament.

STAY CONNECTED!

Scan the QR code to join our Alumni Database!

ST. FRANCIS OF ASSISI

100 YEARS

ST. FRANCIS OF ASSISI

COLOR FUN RUN

Get Movin's FUND HUB

DATE of RUN SEPT 25

READY, SET, COLOR!

OUR BIGGEST FUNDRAISER IS BACK —
AND IT'S GETTING A LOT MORE COLORFUL!

Fundraising is live!!!

www.getmovinfundhub.com
School Id: 64ef805e4e441

BANNER ORDER FORM
DUE SEPT 9
Click Here!

Your participation helps Home & School provide fun and meaningful opportunities for our students throughout the year!

If you do nothing else, please REGISTER your child!

LET'S MAKE THIS OUR BEST FUNDRAISER YET!

REGISTER TODAY!

Then start spreading the word and get ready to RUN!

***To register** scan the QR code or visit the Get Movin Fund Hub and use our **School ID** to register each of your SFA students!*

Our goal is 100% participation — we want EVERY student registered!

Please email **sfahs@sfastl.org** if you have any questions

SCAN HERE
TO REGISTER & DONATE



GO TO STLDIGITAL.COM AND CLICK
"FIND MY PHOTOS"
TYPE IN YOUR STUDENTS PASSCODE
(OR SCAN YOUR STUDENTS QR CODE)

RETAKES & ALL SCHOOL PHOTO

Tuesday, September 22

Retake photos will begin at 7:35 AM and will be completed by 9:00 AM, when we will take our All-School Photo!

STUDENTS GETTING RETAKES:

Students may dress out of uniform for their retake photo, but please bring your class shirt to change into for the All-School Photo.

If your preschooler does not attend on Tuesdays and needs a retake, you may bring them to the SFA playground at 8:00 AM.

ALL OTHER STUDENTS:

Please wear your class shirt with uniform bottoms.

8th grade: Please wear your royal blue class shirt.

STLDIGITAL.COM



SCHOOL PORTRAITS

VIEW BEFORE YOU PURCHASE

How it Works:

1. Be dressed & ready for Photo Day! There is nothing to hand in and every child will be photographed.
2. Your child will bring home a QR Code Flyer that explains the order process, and provides a link to your own private online gallery.
3. Log-in, choose your package, pick one, two, or all the images. Adjust the Crop if you want and order!
4. Order by your deadline to take advantage of free delivery to the school.

Easy Online Ordering!

GET IN TOUCH www.stldigital.com * info@stldigital.com * 314-472-3111

HOMEPAGE

CLASS of 2027

MUM FUNDRAISER

PRE-ORDER your mums now!

Complete the Google form here. Send in payment to school office or rectory via Cash or Check, please put on envelope ATTENTION: Sarah Rehagen (make checks payable to St. Francis of Assisi and put in the memo line Mums Class of 2027) OR you can click this Venmo link and pay via Venmo, please put in memo/subject "Mums."

- $15 each (9-inch pot)



WHITE ORANGE YELLOW PURPLE RED



ORDERS DUE

SEPT 18th

@SFAEighthGrade-2027

venmo

Wiethop Greenhouse offers the 5 colors of mums (shown above). They are expected to be blooming mid-September, but this is an estimate subject to weather conditions. Order pickup will be in the SFA North Lot on September 26th, 2026. More info to come on pickup.

Orders are not confirmed until Payment is received.

For questions, please contact Sarah Rehagen 314-450-6654 OR sarahrehagen0@gmail.com

HOMEPAGE

Hot Lunch

FALLLING BACK INTO THE ROUTINE

- AUG&SEPT B-DAY LUNCH - 9/11
- 6TH GRADE CAMP - SEPT 14,15,16
- FUN RUN/11:30 DISMISSAL - 9/25

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUG 31 TOASTED RAVIOLI W/ MARINARA SAUCE SALAD (RANCH OR ITALIAN DRESSING) ORANGE SLICES	1 HOT DOG ON A BUN TATOR TOTS PEAS ORANGE SLICES	2 NACHOS: CHEESE OR BEEF&CHEESE (CHOOSE IN FACTS) CORN ORANGE SLICES BROWNIE	3 GRILLED CHEESE SANDWICH POTATO CHIPS COOKED BROCCOLI ORANGE SLICES	4 DOMINO'S PIZZA (CHEESE, PEP OR SAUSAGE) CHEEZ-ITS BELL PEPPERS W/RANCH FOR DIPPING ORANGE SLICES
7 HAPPY LABOR DAY NO SCHOOL	8 MAC & CHEESE GREEN BEANS APPLE SLICES S'MORE	9 CHICKEN SANDWICH (BUFFALO OR REGULAR) (CHOOSE IN FACTS) CURLY FRIES PEAS APPLE SLICES	10 WAFFLES BACON YOGURT APPLE SLICES	11 DOMINO'S PIZZA (CHEESE, PEP OR SAUSAGE) CHIPS SALAD (RANCH OR ITALIAN DRESSING) APPLE SLICES
14 NATIONAL HOAGIE DAY TURKEY & CHEESE SANDWICH BUTTERED NOODLES GREEN BEAN CASSEROLE CANTALOUPE	15 TACO SALAD (GROUND BEEF, CHEESE, LETTUCE IN SHELL. OTHER ITEMS AVAILABLE TO ADD) SPANISH RICE CORN CANTALOUPE	16 CHICKEN ALFREDO DINNER ROLL BROCCOLI CANTALOUPE	17 PRETZEL PIZZA RAW BABY CARROTS W/RANCH FOR DIPPING CANTALOUPE RICE KRISPY TREAT	18 CHICK-FIL-A SALAD PRETZELS CANTALOUPE
21 MOZZARELLA STICKS MARINARA SAUCE BAKED BEANS VEGETABLE MEDLEY GRAPES	22 SCRAMBLED EGGS (PICK W/ OR W/O CHEESE IN FACTS) SAUSAGE BISCUIT GRAPES	23 ORANGE CHICKEN FRIED RICE STEAMED BROCCOLI GRAPES	24 SOFT PRETZEL WITH CHEESE SALAD (RANCH OR ITALIAN DRESSING) PINEAPPLE SUGAR COOKIE	25 HALF DAY FUN RUN 11:30 DISMISSAL
28 HOT HAM & CHEESE BAGEL TATER TOTS COOKED CARROTS PINEAPPLE	29 CHICKEN PARMESAN BUTTERED NOODLES VEGETABLE MEDLEY PINEAPPLE	30 FRENCH BREAD PEPPERONI PIZZA GREAN BEANS PINEAPPLE CHOCOLATE CHIP COOKIE	OCT 1 CHEF JOJO'S RAVIOLI (BEEF RAVIOLI IN RED SAUCE) SALAD GARLIC BREAD GRAPES	OCT 2 DOMINO'S PIZZA (CHEESE, PEP OR SAUSAGE) PRETZELS CELERY SLICES PINEAPPLE

AUG & SEPT B-DAY LUNCH

PLEASE DON'T ORDER LUNCH IF YOU ARE BRINGING A LUNCH FOR YOUR KIDDO

REMINDER: 6TH GRADE CAMP. DON'T BUY LUNCH FOR YOUR 6TH GRADER SEPT 14TH-16TH.

CHICK-FIL-A OPTIONS & PRICING:

1. FULL LUNCH W/ SANDWICH OR 8 PIECE NUGS = $6.50
2. FULL LUNCH W/ 5 PIECE NUGGET= $5.00
3. ONLY SANDWICH OR 8 PIECE NUG= $4.50
4. ONLY 5 PIECE NUGGETS = $3.00

BIRTHDAY LUNCH FRIDAYS!

If your child is one that celebrates their birthday this month, you or another significant adult can come eat with your child during their lunch period. You can bring fast food or homemade lunch for the birthday child and for yourself!

Birthday Lunch Arrival:

Please sign-in (in gym lobby sign-in sheet) You may enter the gym, have a seat at a table and wait for them to arrive.

Check the school calendar for Dates of Birthday lunch! Lunch times are on this page!



The School LUNCH periods

11:20 - 11:40 // 3,4,5
11:30 // Preschool
11:45 - 12:05 // K, 1, 2
12:15 - 12:35 // 6,7,8

FOR ANY LUNCH QUESTIONS OR TO CANCEL LUNCH CONTACT JO HUFKER AT JO.HUFKER@SFASCHOOLSTL.ORG OR CALL 314-487-5736 X126

LUNCH ORDERING INSTRUCTIONS

HOMEPAGE

SAFETY FIRST

IMPORTANT SAFETY UPDATE: Traffic Flow and Safety Reminders

Closing the Gaps at Morning Drop-Off

Thank you for your initial efforts to keep the morning line moving—we saw great progress after our last reminder! However, we are starting to notice large gaps opening up between vehicles again. To help prevent dangerous backups onto Telegraph Road, please make every effort to pull up as close as safely possible to the vehicle in front of you.

Keeping the line tight not only gets cars off the main road quickly, but it also improves the overall efficiency and safety of the entire drop-off process for our students.

Paying Attention to Parking Lot Supervisors

Please exercise extra caution at the top of the south lot. Early morning sun glare can make it difficult to see our staff and volunteers, but they are actively directing traffic to keep vehicles moving and pedestrians safe. Even if the sun makes visibility tough, please stay alert, look out for their signals, and follow their directions

Thank you for your attention and cooperation in helping make morning drop-off more efficient and, most importantly, safer for everyone!

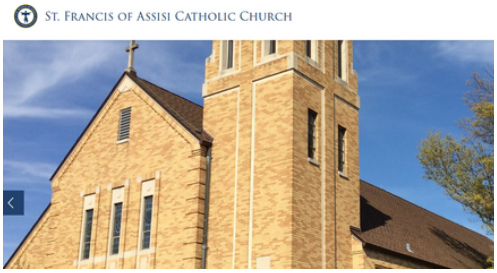
Snack & Scripture

FOR MIDDLE SCHOOL
Every Wednesday
3-3:45PM
IN YOUTH MINISTRY ROOM

SUBSCRIBE

*To our weekly **Bulletin** to see what's going on in the Parish!*

And check out our Parish website for more events and all things SFA!



SFA DRESS CODE

SCHOOL UNIFORMS
Just Me Apparel
www.justmeapparel.com

ARRIVAL & DISMISSAL

Reminder

If you received a welcome yard sign please remember to return it to the school office. Thank you!



save the date!

september



2 Sch Brd Mtg
7 Labor Day – No School
11 *9/11 25th Anniversary Mass* Mid-Q1 | 🥳BDAY Lunch AUG/SEP
14-16 6th Grade Camp
22 Picture Retakes & All School Photo
25 SFA Fun Run | Half Day
30 7 Gr Conf. Parent & Student Meeting 6:30PM Gym

Volunteering at SFA

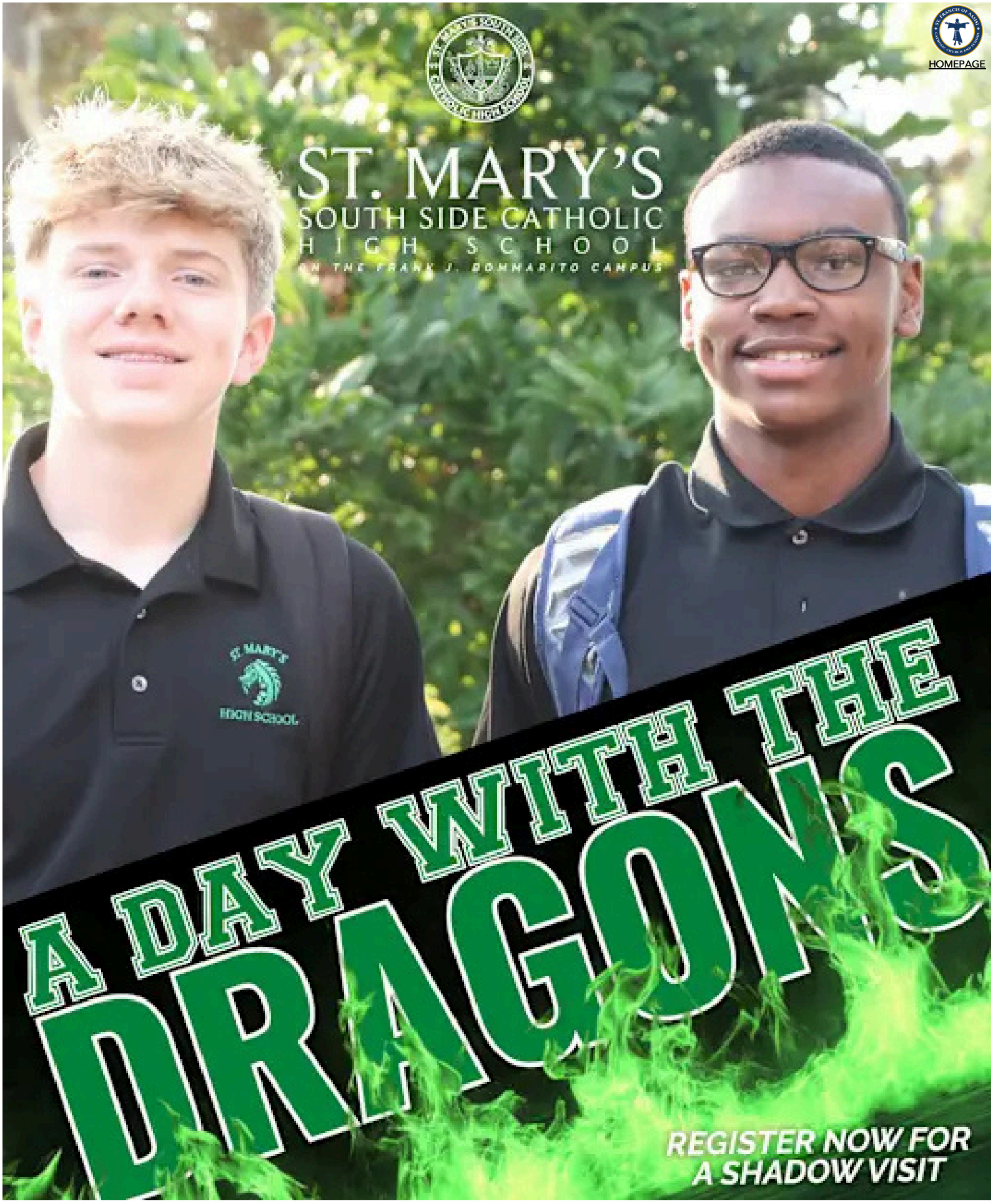
If you're planning to volunteer at the school in any capacity, please make sure you've completed the Protecting God's Children training. 👉 Click here to visit the Archdiocese of St. Louis website and register for an upcoming training session. If you've already completed the training through another school or parish, you will need to log in to your account and add **St. Francis of Assisi** to your profile to verify your training and so you will be included on our approved volunteer list.

sfastl.org
St. Francis of Assisi Catholic School
4550 Telegraph Rd. St. Louis, MO 63129
Phone: 314.487.5736 **Fax:** 314.416.7118
School ext: 121 // **Preschool ext:** 132 // **Parish ext:** 150

Tuition Questions

Please contact **Dan Denton** our business manager at businessmanager@sfastl.org or 314.487.5736 ext: 142

FACTS Parent Helpline: 866-441-4637



SMSSC SHADOW DAY LINK

HOMEPAGE



UPCOMING Admissions Events NDHS

Shadow Days

Open to 8th Graders

SEPTEMBER - NOVEMBER

SELECT DATES

Rebel Reveal Night

Open to 6th - 8th Graders & Families

OCTOBER

07

Open House

Open to 6th - 8th Graders & Families

OCTOBER

25

ARCHDIOCESE OF ST. LOUIS

EDUCATION WITH A HIGHER CALLING

CATHOLIC HIGH SCHOOL
2026 Fall Fairs

Families with students in grades 5 and up can explore exciting educational opportunities by meeting representatives from Catholic high schools in the Archdiocese of St. Louis!

Meet representatives from over ***20 CATHOLIC HIGH SCHOOLS,*** including all-girls, all-boys, and coeducational options, at each fair.

To see the full list of schools, please check our website:
ARCHSTLSCHOOLS.ORG

HOSTED BY
St. Joseph's Academy

Thursday
September 10
5:30-7:00 p.m.

2307 S Lindbergh Blvd.
St. Louis, MO 63131
314.394.4321

HOSTED BY
St. Louis University High School

Wednesday
September 23
5:30-7:00 p.m.

4970 Oakland Ave.
St. Louis, MO 63110
314.269.2097

HOSTED BY
Duchesne High School

Tuesday
October 6
5:30-7:00 p.m.

2550 Elm St.
St Charles, MO 63301
636.757.6932

SCAN HERE TO LEARN MORE

Gateway Tang Soo Do

St. Francis of Assisi Family Martial Arts

Martial Arts Classes

MONDAYS: August 17 – Dec 14, 2026

NO CLASS LABOR DAY OR CONFIRMATION

6:30pm in the Parish Center (Gym)

Fall 2026 Pricing: *(discounts apply to **Immediate Family**)*

$60 for 1st Family Member
$45 for 2nd Family Member
$30 for 3rd Family Member
$15 for 4th Family Member
FREE for 5th, 6th … Family Members

New Students Welcome

- *No Experience Needed*
- *Ages 5 – Adult*
- *Try a class for FREE*

Net Proceeds Donated to SFA School STEM / STREAM Program*

Information and registration forms can be found at:

https://sites.google.com/site/gatewaytsd/

Head Instructor: Jack Pereira
Instructor/Admin: Jeremy Loscheider
Phone/Text: 314-814-2831
Email: stochastic.one@gmail.com

*We may use up to 5% for WTSDA fees or equipment repair
SFA has received to date more than $94,000 from the martial arts program