THE SFA WEEKLY Newsletter

NOVEMBER 4
2026

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FROM THE DESK OF DR. MCINNIS, PRINCIPAL



Dear School Community,

As we move through November, our hearts turn toward reflection, gratitude, and prayer. This season invites us to give thanks for the countless blessings in our lives, especially the fundamental freedoms we enjoy every day.

All-School Veterans Day Mass
Date: Friday, November 6th
Time: 7:45 a.m.
Location: St. Francis of Assisi Catholic Church

Please join us this Friday, November 6th, as our student body, faculty, and staff gather for a special All-School Mass dedicated to honoring our nation's veterans. We warmly invite all parents, grandparents, parishioners, and community members—especially those who have served or are currently serving in the Armed Services—to worship with us.

While the official observance of Veterans Day is Wednesday, November 11th, we want to begin our prayers of thanksgiving early as a school family.

Our veterans hold a deeply profound place in my heart. The selfless service of these men and women is a powerful witness to Gospel values—putting others before self, standing up for justice, and guarding the innocent.

It is vital for our students to understand that the freedoms we hold dear—most notably our freedom of religion and the ability to gather openly in faith and prayer—were secured through the courageous sacrifices of our military personnel. Many of these brave souls made the ultimate sacrifice, laying down their lives so that we may live, worship, and learn in peace.

"Greater love has no one than this: to lay down one's life for one's friends." *— John 15:13*

Please join me in keeping all veterans and active-duty service members in your prayers this week. We look forward to seeing many of you in the pews this Friday as we celebrate, pray, and give thanks together.

Blessings,

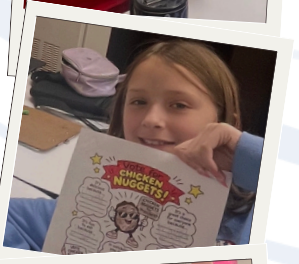
Timothy M. McInnis, Ph.D.
Principal, St. Francis of Assisi Catholic School
Class of 1984

This Week at St. Francis

- **5th Grade Election Day:** Our 5th graders learned all about the election process and why voting is such an important part of being an American! They even held their own election: Senator Pizza vs. Senator Chicken Nugget. And the winner is…Senator Pizza!
- **5th, 6th & 7th Grade Monster Mashup Fashion Show:** A little performing arts, a little STEM, and a whole lot of creativity! Our 5th, 6th, and 7th graders brought some spooky fairytale mashups to life in their Monster Mashup Fashion Show. Can you spot Red Spiderhook, Frankerella, and Skeleshrek?
- **8th Grade Scientist Presentations:** Our 8th grade scientists took the spotlight, sharing their research and putting their science knowledge on display!
- **6th Grade Solar System:** Our 6th graders took a trip through the solar system, learning about the planets and what makes our universe so fascinating!



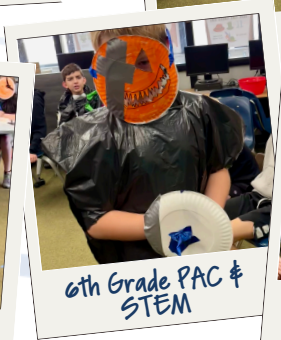






5th Grade Election





6th Grade PAC & STEM







7th Grade PAC & STEM



5th Grade PAC & STEM













6th Grade Solar Systems







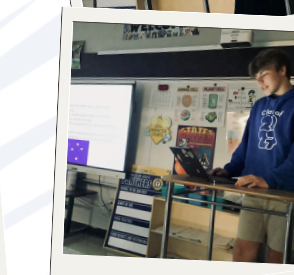


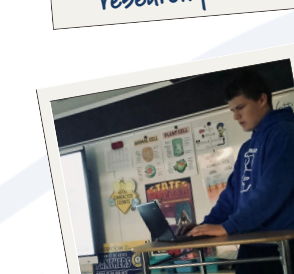


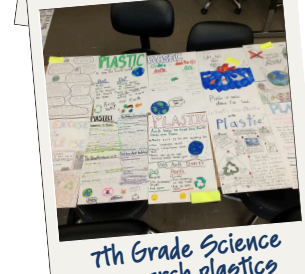




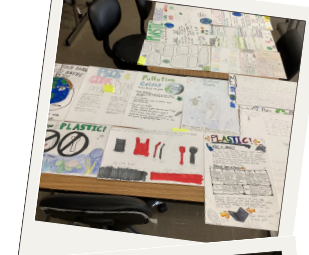








7th Grade Science research plastics



8th Grade Presentations

SFA CELEBRATES HALLOWEEN

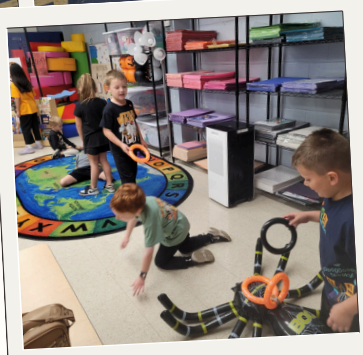
































BULLETIN BOARD

HOMEPAGE



HOMEPAGE

CANCELLED



After taking a look at registrations, we've decided to cancel the SFA Mouse Races.

Thank you to everyone who expressed interest!

~ SFA Athletic Association

*Any payments received will be refunded.



MARATHON KIDS

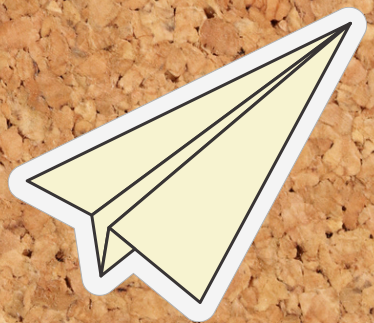
WE ARE AT: **805 MILES**

CLUB GOAL: **2100 MILES**

Nice work SFA Marathon Kids!



KEEP UP THE PACE!





Advent Family Night

Join us for an evening to enjoy the season of Advent together.

TUESDAY
Dec 8 | 5:30—6:45 PM | St. Francis of Assisi
on the Feast of the Immaculate Conception

Take a break from the busyness of the season and enjoy an evening of prayer, simple crafts, and time together as a family. Let's slow down, be present, and prepare our hearts for Christmas!

All SFA school and parish families are welcome!

PLEASE RSVP BY NOVEMBER 30
Please complete the Google Form linked so we can plan for the evening.

Make an evening of it! Join us afterward for the 7:00 PM Candlelight Mass at SFA as we celebrate the Feast of the Immaculate Conception.

ST. FRANCIS OF ASSISI 7TH GRADE CLASS

WELCOMES

VETERANS

ACTIVE & RETIRED MILITARY



FOR OUR ANNUAL

VETERANS DAY CELEBRATION

Join us for a special morning at St. Francis of Assisi as we come together to honor the brave men and women who have served our country. We'll begin with Mass, followed by a breakfast reception as we celebrate and thank our Veterans for their service and sacrifice.

Veterans are welcome to bring photos, memorabilia, and stories to share. If you have photos you'd like included in our celebration, please email copies to the address below. We look forward to honoring you and sharing in this meaningful morning together!

NOV	MASS AT SFA	FRI
6	FOLLOWED BY A RECEPTION WITH BREAKFAST IN THE GYM	7:45
2026		A.M.

RSVP BY NOV 2

contact the school office:
314.487.5736 or email
sarah.bundren@sfaschoolstl.org

Mini Vinnies

FOOD DRIVE



November 3 – 10

The Mini Vinnies are holding their annual food drive to help our St. Vincent de Paul Society provide Thanksgiving and Christmas food baskets for families in need in our parish.

With the rising cost of groceries, more families than ever are turning to St. Vincent de Paul for assistance. Our SFA families have always been so generous in supporting this important cause, and we are grateful for your continued kindness!

This year, we're partnering with our Prayer Partners to collect specific food items needed to fill the baskets. Each grade has been assigned items to donate. Please see the list below!

Your donations will help provide families with the ingredients they need to prepare a special meal and celebrate Thanksgiving and Christmas together in their own homes. Thank you for helping us make the holidays a little brighter for our neighbors in need!

GRADE-LEVEL DONATIONS

- **8TH & 2ND GRADE:** CANNED GREEN BEANS, FRENCH-FRIED ONIONS, CANNED CHICKEN
- **7TH & 1ST GRADE:** INSTANT MASHED POTATOES, TURKEY STUFFING, CEREAL
- **6TH GRADE & KINDERGARTEN:** CANNED CRANBERRIES, STRAWBERRY OR GRAPE JELLY, PASTA SAUCE
- **5TH GRADE & PK2:** CREAM OF MUSHROOM SOUP, CANNED CHEF BOYARDEE
- **4TH GRADE & PK3:** CANNED CORN, TURKEY GRAVY, JIFFY MUFFIN MIX
- **3RD GRADE & PK4:** CANNED SWEET POTATOES, SPAGHETTI



Thank you, SFA families, for always finding ways to care for others and live out our Franciscan spirit of service!

PANTHERS

ST FRANCIS OF ASSISI

WRAP YOURSELF IN

CHRISTMAS SPIRIT

with SFA's New Holiday gear!

Order Window

11/3-11/13

Spread Cheer, Wear the Gear

SCAN THE QR CODE OR GO TO:
http://sfa.314printco.com



CANCELLED



After taking a look at registrations, we've decided to cancel the SFA Mouse Races.

Thank you to everyone who expressed interest!

~ SFA Athletic Association

Any payments received will be refunded.

ST. FRANCIS OF ASSISI

HOME & SCHOOL

VOLUNTEER. CONNECT. BUILD COMMUNITY.

HOMEPAGE

FALL
Volunteer Opportunities

Help with events, activites, special projects this FALL!

Sign Up!

SPRING
Volunteer Opportunities

Help with exciting events, celebrations, and more this SPRING!

Sign Up!

Support Our School **Clear the Lists!**

Our teachers have put together classroom wish lists with items that would be helpful throughout the school year. If you'd like to help, take a look and see if there's anything you'd like to check off their lists! Thank you for supporting our teachers and students!

- Mrs. Faust/Atrium
- PK2 - Mr. Adams
- PK4 - Mrs. Kircher
- Kindergarten - Mrs. Della Croce & Mrs. Irvin
- 1st Grade - Mrs. Wayne
- 2nd Grade - Mrs. Terriault
- 5th Grade - Mrs. Rutledge
- 6th Grade - Ms. Mayer
- 7th Grade - Mrs. Schmitz
- Stream - Mrs. Watson
- Gym - Mrs. Smith
- Performing Arts - Dr. Jordan

**Don't see a teacher? Their list is on the way!*

PIZZA FUNDRAISER

Now through Nov 16

WREATH FUNDRAISER

Now through Nov 15

MOMMY & ME PLAYDATE

***November** 6th*

MOTHER-DAUGHTER EVENT

***November 8th** the Craft Social: A mother-daughter crafting event!*

FATHER/SON EVENT

November 14th

When SFA Comes Together, Amazing Things Follow.

Together, we make SFA a place where faith, family, and community thrive. Thank you for being part of it.

FOR QUESTIONS TO THE HOME & SCHOOL BOARD PLEASE CONTACT US AT: **SFAHS@SFASTL.ORG**

PIZZA FUNDRAISER



STOCK YOUR FREEZER!

TO SUPPORT ST. FRANCIS OF ASSISI

45%
OF THE PROCEEDS GO TO SFA

Ordering Window:
NOW - NOV 16
SCAN HERE TO ORDER ONLINE!

Pick Up:
12/11 3-6 PM & 12/12 12PM -2PM

SFA Home and School

Live Holiday Wreath Sale

Scan the QR Code to Order Online

Now through November 15th!



Pickup Options:

11/28 or 11/30 at SFA

Send any questions to:
sfahs@sfastl.org

ST. FRANCIS OF ASSISI SCHOOL

THE CRAFT SOCIAL

A Mother-Daughter Crafting Event!

CREATE, CONNECT & MAKE MEMORIES

SUNDAY, NOV 8

2PM - 5PM ❤ SFA GYM

Crafting Stations

1. **Hair Clip Bar** Create your own adorable hair clips and add charms to make them uniquely yours!
2. **Cosmetic Bag Bar** Personalize a cosmetic bag with fun patches to create a cute accessory you can take everywhere!
3. **Keychain Charm Bar** Design your own custom keychain with colorful charms and a special photo to make it extra meaningful!
4. **Picture Frame** Get creative and decorate a picture frame to take home as a keepsake of your special day together.
5. **Tie-Dye Mom + Me Shirts** Make matching memories with custom tie-dye shirts for Mom and daughter(s)!
6. **Slime Bar** Mix, customize, and create your own slime with fun charms and colorful sprinkles. Get creative and make it your own!
7. **Selfie Stations** Strike a pose and capture some fun memories together! Visit our themed photo spots for the perfect mother-daughter snapshots.
8. **Ribbon Charm Bar** Create a fun, personalized ribbon accessory by choosing your favorite colors and adding charms for a look that's all your own!

An SFA Home & School Event

HOMEPAGE

ST. FRANCIS OF ASSISI PRESCHOOL

HOME OF THE BABY PANTHERS

MOMMY and me PLAY DATE

PLAY ♥ CONNECT ♥ GIVE BACK

FRIDAY
NOVEMBER 6TH

6:00 - 8:00 PM

TOT SPOT
SOCIAL

A FUN NIGHT FOR MOMS AND LITTLE ONES
ALL WHILE SUPPORTING OUR SCHOOL!

RAFFLE
to support our
NEW PLAYGROUND!

1 TICKET
$5

5 TICKETS
$20

LOTS OF AMAZING PRIZES
FROM LOCAL BUSINESSES!

brighter futures start with play



let's play
FOR A BRIGHTER TOMORROW

ST. FRANCIS OF ASSISI
BABY PANTHERS
FAITH FRIENDS BRIGHT FUTURES

LINK
for **Tot Spot Social**
TICKETS

Find us at both Panera locations!

5696 Telegraph • 6904 Lindbergh

RAISE SOME
DOUGH
Help support us!

25% of sales will benefit
ST FRANCIS OF ASSISI CATHOLIC CHURCH
OAKVILLE
November 20, 2026
4:00 pm to 8:00 pm
5696 Telegraph Road
St Louis, MO

In Cafe • Drive-Thru • Pick-Up • Delivery
Enter promo code FUND4U at online checkout.

Panera
FUNDRAISING



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DOUGH
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Panera
FUNDRAISING



HOMEPAGE

Hot Lunch

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SOFT PRETZEL WITH CHEESE SALAD (RANCH OR ITALIAN DRESSING) GRAPES SUGAR COOKIE	3 BURGER ON A BUN (CHOOSE CHEESEBURGER OR HAMBURGER IN FACTS) CURLY FRIES COOKED BROCCOLI GRAPES	4 CHICKEN STRIPS TOTS GRAPE TOMATOES GRAPES	5 WAFFLES BACON YOGURT GRAPES	6 DOMINO'S PIZZA (CHEESE, PEP OR SAUSAGE) GOLDFISH SALAD APPLESAUCE
9 MOZZARELLA STICKS MARINARA SAUCE BAKED BEANS VEGETABLE MEDLEY PINEAPPLE	10 NACHOS: CHEESE OR BEEF&CHEESE (CHOOSE IN FACTS) CORN PINEAPPLE BROWNIE	11 CHICKEN SANDWICH (BUFFALO OR REGULAR) (CHOOSE IN FACTS) CURLY FRIES PEAS PINEAPPLE	12 GRILLED CHEESE SANDWICH CUP OF CHILLI GREEN BEANS PINEAPPLE	13 DOMINO'S PIZZA (CHEESE, PEP OR SAUSAGE) PRETZELS CUCUMBER SLICES (RANCH OR ITALIAN DRESSING) PINEAPPLE
16 TOASTED RAVIOLI W/ MARINARA SAUCE SALAD (RANCH OR ITALIAN DRESSING) ½ BANANA	17 MAC & CHEESE COOKED BROCCOLI ½ BANANA S'MORE	18 QUESADILLAS (CHICKEN OR CHEESE) (CHOOSE IN FACTS) REFRIED BEANS CORN ½ BANANA	19 PRETZEL PIZZA RAW BABY CARROTS W/RANCH FOR DIPPING ½ BANANA RICE KRISPY TREAT	20 CHICK-FIL-A CHEEZ-ITS CELERY STICKS WITH RANCH TO DIP MANDARIN ORANGES
23 ORANGE CHICKEN FRIED RICE STEAMED BROCCOLI KIWI	24 SLICED TURKEY BREAST MASHED POTATOES WITH GRAVY GREEN BEAN CASSEROLE PUMPKIN DESSERT	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL

Happy THANKSGIVING

MIDDLE SCHOOL FIELD TRIP REMINDER TO NOT ORDER LUNCH

WELCOME VETERANS TO SFA'S VETERAN CELEBRATION!! CHECK THE NEWSLETTER FOR DETAILS AND ON HOW TO RSVP

NOVEMBER B-DAY LUNCH
PLEASE DON'T ORDER LUNCH IF YOU ARE BRINGING A LUNCH FOR YOUR KIDDO

CHICK-FIL-A OPTIONS & PRICING:
1. SANDWICH
2. NUGGETS 5 PIECE
3. NUGGETS 8 PIECE

PRICING:
1. FULL LUNCH W/ SANDWICH OR 8 PIECE NUGS - $6.50
2. FULL LUNCH W/ 5 PIECE NUGGET -$5.00
3. ONLY SANDWICH OR 8 PIECE NUG -$4.50
4. ONLY 5 PIECE NUGGETS - $3.00

The School LUNCH periods

11:20 - 11:40 // 3,4,5
11:30 // Preschool
11:45 - 12:05 // K, 1, 2
12:15 - 12:35 // 6,7,8

FOR ANY LUNCH QUESTIONS OR TO CANCEL LUNCH CONTACT JO HUFKER AT JO.HUFKER@SFASCHOOLSTL.ORG OR CALL 314-487-5736 X126

LUNCH ORDERING INSTRUCTIONS

HOMEPAGE



Snack & Scripture

FOR MIDDLE SCHOOL
Every Wednesday
3-3:45PM
IN YOUTH MINISTRY ROOM

ST. FRANCIS OF ASSISI CATHOLIC CHURCH



*Subscribe to our weekly **Bulletin** to see what's going on in the Parish!*

SFA DRESS CODE

SCHOOL UNIFORMS
Just Me Apparel
www.justmeapparel.com

ARRIVAL & DISMISSAL

ST FRANCIS OF ASSISI
SPIRITWEAR
Perfect for school spirit Mondays, games, weekends, and all things SFA!

SOUTH CITY Sporting Goods
Since 1965
Saint Louis, Missouri

Lost & Found Reminder!

Parents are welcome to stop by and check the bins just outside the school office. Items left unclaimed after a few weeks may be added to the SFA Uniform Exchange *(if applicable)* or donated. Friendly reminder to label your child's belongings so we can get them back to the right owner.

Volunteering at SFA

If you're planning to volunteer at the school in any capacity, please make sure you've completed the Protecting God's Children training. 👉 Click here to visit the Archdiocese of St. Louis website and register for an upcoming training session. If you've already completed the training through another school or parish, you will need to log in to your account and add **St. Francis of Assisi** to your profile to verify your training and so you will be included on our approved volunteer list.

november

4 Sch Brd Mtg
6 Veterans Day Celebration
8 Mother/Daughter Event
13 🥳 BDAY Lunch
14 Father/Son Event
15 8 Gr Confirmation Practice after 11AM Mass
16 8 Gr Confirmation 7PM
18 Enroll. Mgmt. Mtg.
20 Mid-Q2 // PANERA NIGHT
21 First Reconciliation 2 Gr 10AM
25-27 No School | Thanksgiving Break

Updated School Calendar

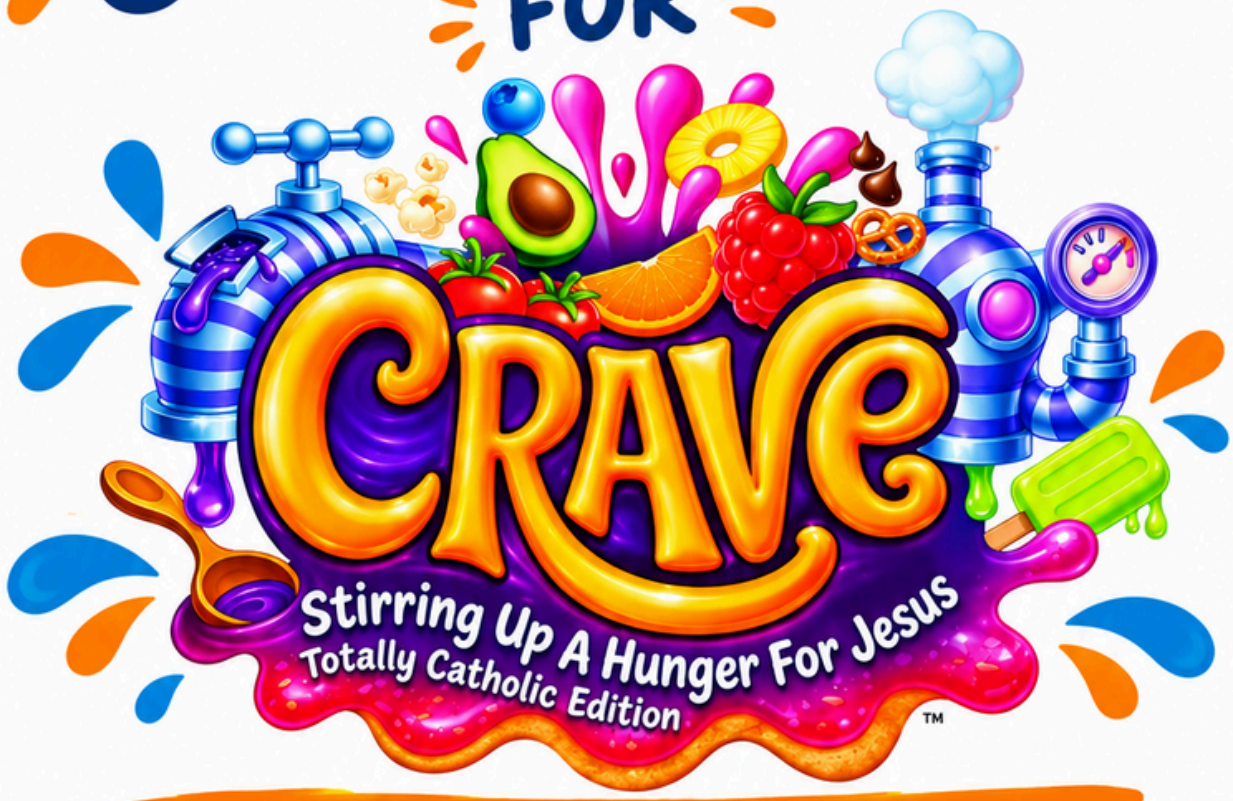
sfastl.org
St. Francis of Assisi Catholic School
4550 Telegraph Rd. St. Louis, MO 63129
Phone: 314.487.5736 **Fax:** 314.416.7118
School ext: 121 // **Preschool ext:** 132 // **Parish ext:** 150

Tuition Questions

Please contact **Dan Denton** our business manager at businessmanager@sfastl.org or 314.487.5736 ext: 142

FACTS Parent Helpline: 866-441-4637

SAVE THE DATE FOR



JULY 26 - 30, 2027

Now seeking a Volunteer Director/
Assistant Director and Adult Volunteer Leaders.

Email vbs@sfastl.org for more info!

High School/Middle school volunteer
sign ups will open in January.

VBS will be open to students who will have completed at least PK2 through students entering 5th grade in the Fall of 2027!

SFA PARISH NEWS

Upcoming Parish Events



Let the MEN'S MINISTRY *Do the cooking this year!*

SFA Men's Ministry will be smoking turkey breasts this Thanksgiving season.

Please place your order no later than November 18th, choose either a SWEET or SAVOR rub Turkey breast is three pound boneless breast meat Turkey breast will not be sliced.

Cost will be $40 per breast

ORDER: SFAMENSMINISTRY@gmail.com

ORDER BEFORE 11/18



New Parishioner MEET & GREET

SUNDAY NOVEMBER 8TH AT 12PM
- OR -
WEDNESDAY NOVEMBER 11TH AT 7PM

This event is a small group setting intended to bring new parishioners together to learn more about the rich history of the parish, understand some of our ministries, and get to know some great people.

We hope to see you there!

Located in the Rectory Meeting Room

RSVP mkosta@sfastl.org or 314-487-5736 ext. 150

Not Registered?

REGISTER HERE
parishoffice@sfastl.org

Mass of Remembrance

Monday, November 2nd at 7pm



Please submit the names of loved ones lost in the last year by returning this form to the rectory or placing in the collection basket no later than October 24th.

You may display pictures of these loved ones on the window ledges during this Mass if you wish, please remember to take them with you.

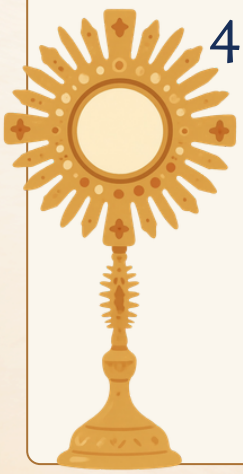
YOUR NAME: _____

YOUR PHONE #: _____

NAME OF DECEASED (IN THE LAST YEAR): _____

_____

OR you can email: parishoffice@sfastl.org



40 Hours of *Adoration*

Please consider offering an hour to Eucharistic Adoration.

6pm Friday November 6th through 4pm Sunday November 8th

Sign-ups are in the back of church
Questions?: sfaadoration@gmail.com

On the Eucharist: Jesus is really present to the world, just as when his apostles and disciples saw him walk the streets of Jerusalem.
– Carlo Acutis

Coat & Blanket Drive

The SFA parish will once again be holding its gently used coat and blanket drive, (or new). The drive will benefit St. Francis Community Services in the Bevo Mill area. The beneficiaries of these coats and blankets, many times come to this country without warm clothing. There will be a bin in the back of church for you to place your items. Thanks in advance for all your donations.

Questions: please call Kathy Schaeperkoetter at 314-378-1031.



You're Invited!

ST FRANCIS OF ASSISI

Advent by Candlelight

SUNDAY NOVEMBER 29TH

ALL WOMEN ARE WELCOME!

Step away from the rush of the season for a quiet evening of candlelight, Scripture, and contemplative prayer. The word Advent means not only a coming but a Presence: God is not far off, waiting to arrive someday, but here and now, nearer to us than our own breath.

Fr. Phil Krill, a retired priest of the Archdiocese of St. Louis, retreat director, and author of 40 books on the spiritual life, will help us awaken to the hidden Presence that fills every moment.

All women are welcome, whatever your faith background.



Fr. Philip Krill

Awakening to the God Who Is Already Here

CNEWA 100

Donations will go to Catholic Near East Welfare Association

REGISTER HERE:
https://wkf.ms/4pcaexv

Gift Market 5:30-6PM
Dinner 6PM
Followed by Presentation

Catering by Andre's: $25 p/p
RSVP by November 16th
Carol Smith 618-691-8735
carol_smith232@yahoo.com parishoffice@sfast.org

Shop Hand-made Gifts!

Candlelight-Prayer-Scripture

Vocation Day



SATURDAY NOV 7th
St. Gianna Church
8 am - 4 pm

For Youth: 10-19 years old
Admission: $5 per person

SCAN HERE



A day that includes food, games, talks by priests & religious, breakout groups, Mass, Adoration & more.



636-327-3639
stgiannaparish.org



NDHS
NDHS
NDHS

NOTRE DAME HIGH SCHOOL
SAINT LOUIS, MISSOURI
VIRTUS ET SCIENTIA

Discover Notre Dame High School!

6th, 7th, and 8th grade girls and their families are invited to experience Notre Dame High School! Meet our teachers, coaches, administrators, and staff. Tour our beautiful campus, and discover the academics, community, and mission that make ND a special place to learn, grow, and thrive.

Sunday, October 25, 10 AM–2 PM.

Tours depart every 15 minutes. Registration is required.
Please visit the following website to register today:
https://www.ndhs.net/page/visit.

Step right up and see all you are meant to be at ND!



Join us at
URSULINE ACADEMY!

Ursuline Academy is excited to host in-person events this fall! Please join us for the following upcoming events, we hope to see you there!

URSULINE ACADEMY

PICTURE YOURSELF AT URSULINE!
REGISTER TODAY!
Scan the QR code to register for events and VISIT UA!

HOMEPAGE





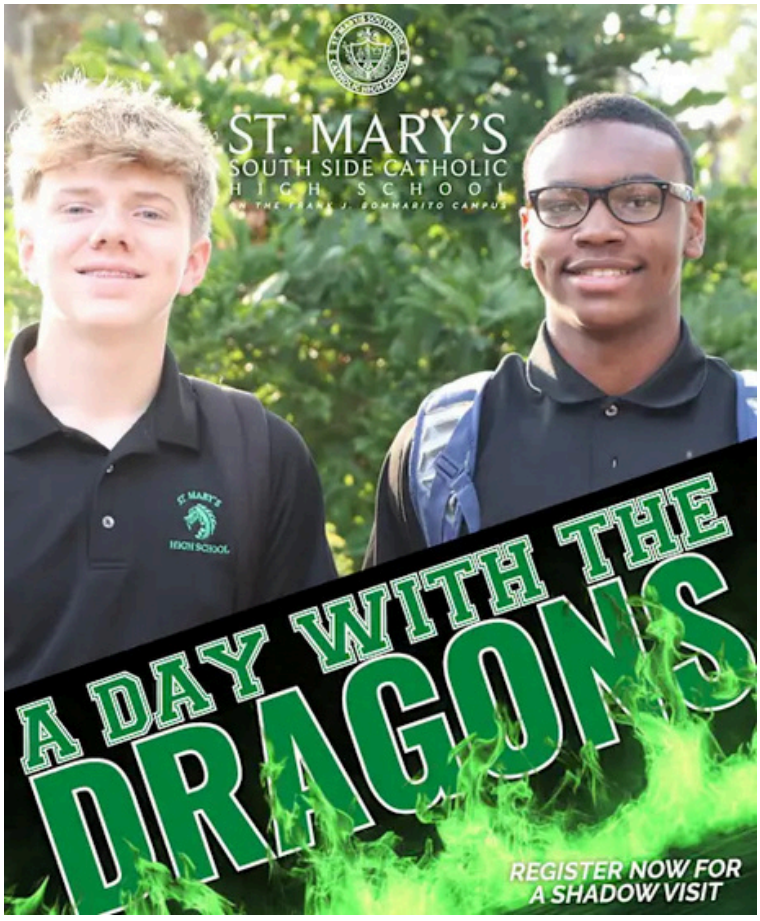
HIGH SCHOOL 101:
Discover OHS

📅 November 5th
📍 OHS Library
⏰ 6:00–7:00 PM

This event is open to students of all ages who are considering attending Oakville High School. The evening will highlight the wide range of academic and extracurricular opportunities available at OHS, including our STEM initiatives and other unique programs. Guests will also have the chance to tour the school.

Looking ahead, for families who have chosen to attend OHS: join us in February for Curriculum Night to explore courses, clubs, and meet department reps!

OAKVILLE HIGH SCHOOL
5557 Milburn RD. St. Louis, MO 63129



SMSSC SHADOW DAY LINK